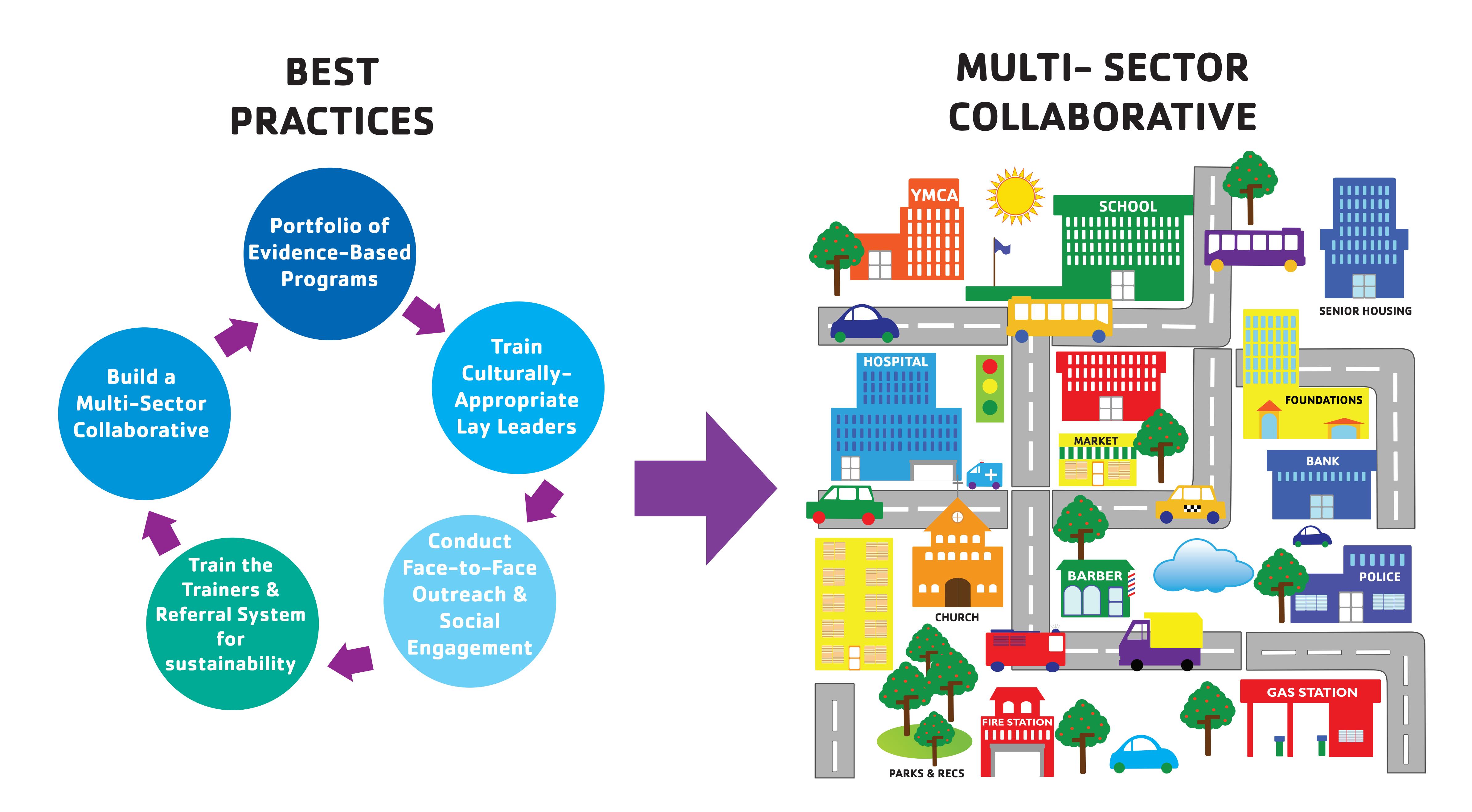


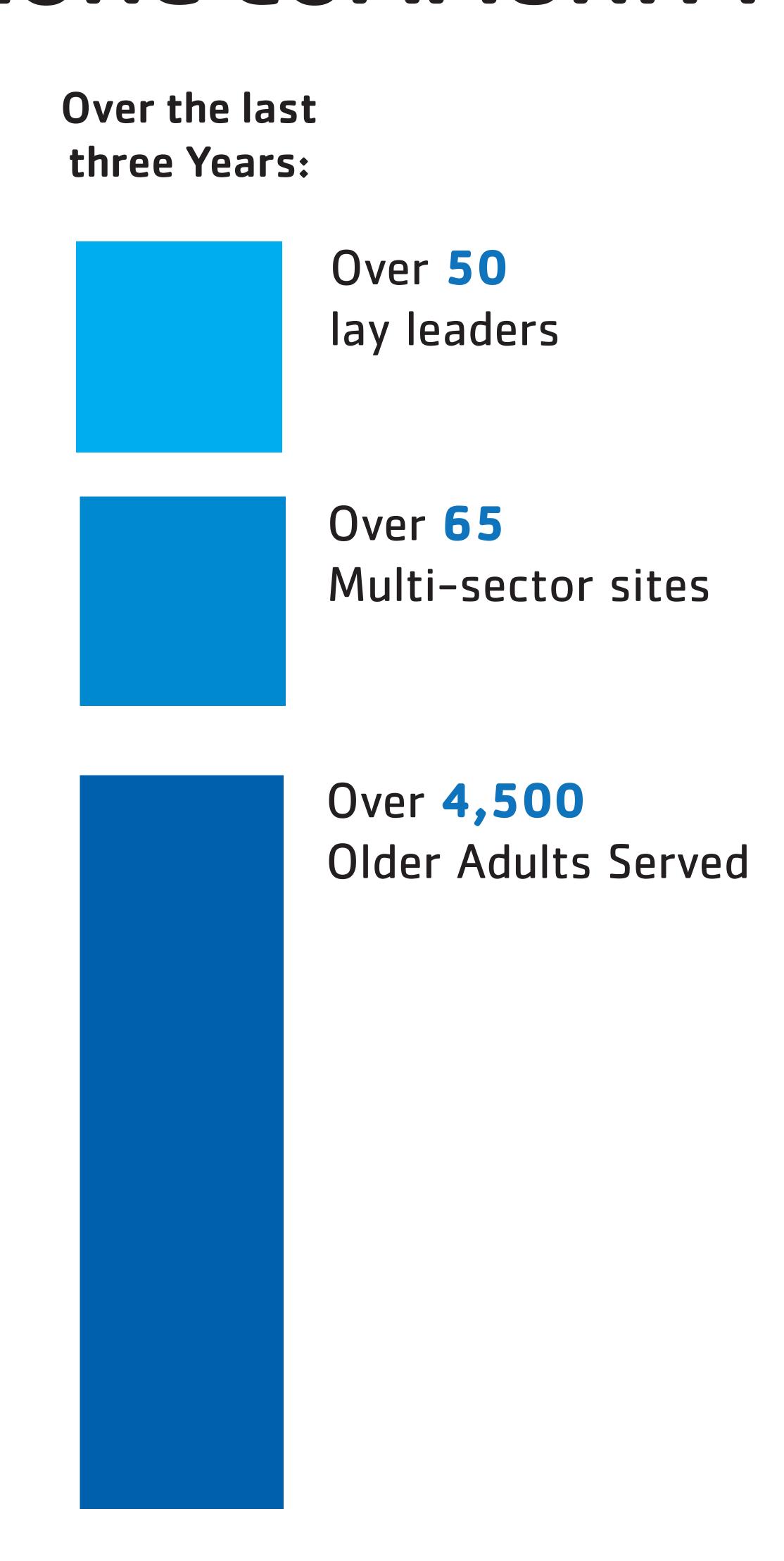
STRENGTHENING THE COMMUNITY

Lesson learned and best practices approach to health promotion and creation of healthy aging communities in Broward County, FL

The YMCA of Broward County, under the umbrella of the Healthy Aging Regional Collaborative of South Florida is creating healthy aging communities in collaboration with over 65 community partners, by delivering culturally sensitive, evidence-based programs to older adults through peer led education instruction in Broward County.



RESULTS OF A STRONG COMMUNITY



Discussion: Utilizing culturally sensitive lay leaders, buiding a multi-sector partner collaborative and establishing community buy-in has been critical in establishing healthy aging communities across all racial, social economic and educational levels.