



HEALTHY MAINE STREETS

Where wellness works

MAKING WELLNESS WORK FOR SMALL BUSINESSES

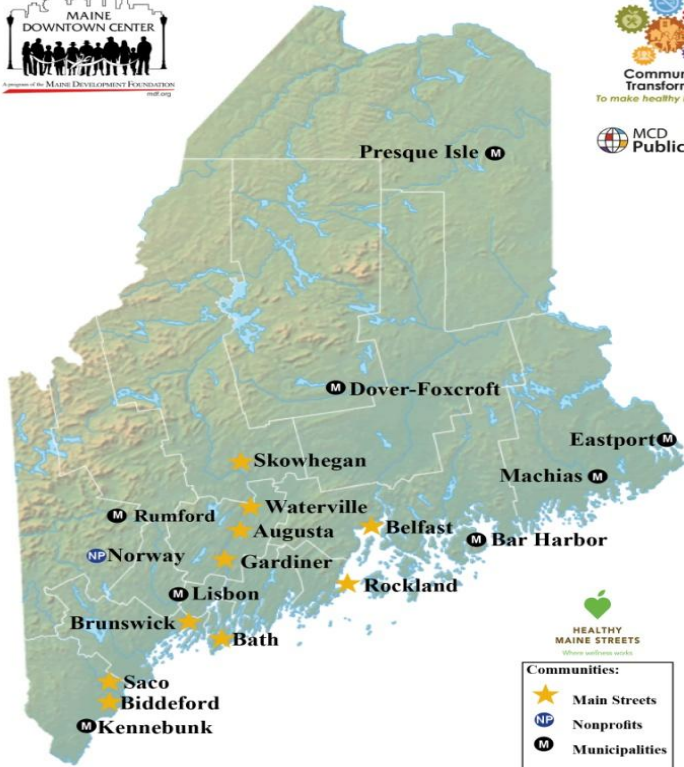
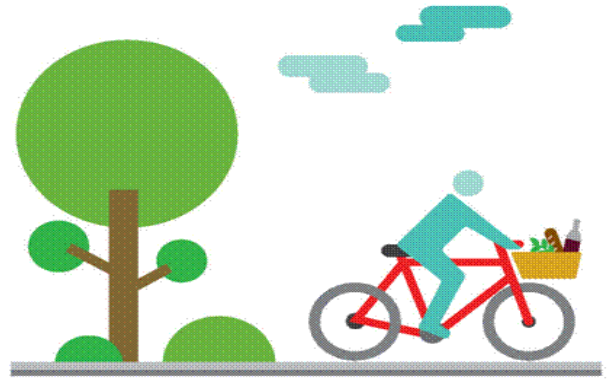
Creating vibrant downtowns through community leadership focused on developing place-based worksite wellness. *Healthy Maine Streets* connects small businesses with creative opportunities to make the healthy choice the easy choice. Healthy people build downtown vitality, fuel economic growth and strengthen our quality of place for future generations.

Worksite Wellness. Community Leadership. Downtown Vitality.



www.HealthyMaineStreets.org

Healthy Maine Streets



Communities:	
★	Main Streets
NP	Nonprofits
M	Municipalities

Healthy Maine Streets

- 19 Communities
- 15 Counties
- 203 Businesses
- 4,649 Employees

Phil DiRusso

Worksite Health Specialist
 MCD Public Health
 11 Parkwood Drive
 Augusta, ME 04330
 (207) 622-7566 x. 262
pdirusso@mcdph.org

Robin Hetzler

Project Coordinator
 MCD Public Health
 11 Parkwood Drive
 Augusta, ME 04330
 (207) 622-7566 x. 220
rhetzler@mcdph.org

Anne Ball

Program Coordinator
 Maine Development Foundation
 295 Water St. Suite 5
 Augusta, ME 04330
 (207) 415-5770
aball@mdf.org

“What are Small Business Owners saying about Healthy Maine Streets?”

“With this program, our employees feel more valued and they are healthier. We are all for one, here.”
 - Todd Smith, owner, Maine Fire Equipment



“This program helps me offer my employees something extra that is important to them. If I can keep good employees, I don’t have to pay to train someone new.”
 - Ray Levesque, owner, Bishop’s Store in Jackman



“It has been wonderful to access wellness policies and resources through this program.”
 - Amber Lambke, owner, Somerset Grist Mill



www.HealthyMaineStreets.org