



# Parent Ambassador Program

## Parent Health Advocacy Program

*The Parent Ambassador Training Program, a program of the Maricopa County Department of Public Health, is designed to train parents in school districts on the West side of Maricopa County on the basic principles of public health and how they can create needed change in their local school districts. The goal of the Public Health Ambassador program is to empower parents to make a difference in the health of their children even while their children are off at school. This may mean advocating for a recess policy or for healthier lunch options, or it could be as simple as advocating that the playground stay open after school.*

The Maricopa County Department of Public Health worked with The Arizona Public Health Training Center and The Mel and Enid Zuckerman College of Public Health at the University of Arizona in the development of this curriculum. The Parent Ambassador Training Program curriculum was compiled by Martin F. Celaya and Sofia Gómez, MPA.

The Parent Ambassador Training Curriculum is designed for public health school advocates to train parents in school districts on the basic principles of public health and how parents can create needed change in their local school districts.

- ◆ To find out more about this training opportunity visit the Arizona Public Health Training Center website: [www.azphtc.arizona.edu](http://www.azphtc.arizona.edu)
- ◆ Contact the Arizona Public Health Training Center to find out how to schedule a Parent Ambassador Program Training.

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