Resource List

APHA 2013: Rethinking suicide prevention communications based on current research Linda Langford, Sc.D., llangford@edc.org
Suicide Prevention Resource Center, National Action Alliance for Suicide Prevention

Communications Planning Resources and Tools

- Making Health Communication Programs Work National Cancer Institute aka the "Pink Book" http://www.cancer.gov/cancertopics/cancerlibrary/pinkbook
- Strategic Communications Workbook for Garrett Lee Smith Grantees (Gallup)

 http://www.sprc.org/sites/sprc.org/files/event_materials/2Aand9A_handout_1.pdf
- Creating and Implementing a Communications Plan: A Step-by-Step Approach (from the Tribal Youth Program T/TA Center)
 - www.tribalyouthprogram.org/sites/tribalyouthprogram.org/files/TYP%20Communications%20Toolkit.pdf
- Communications Plan Template and Sample Plan (Kellogg Foundation) http://www.wkkf.org/knowledge-center/resources/2006/01/Template-For-Strategic-Communications-Plan.aspx
- CDC's Gateway to Communication Practice and Social Marketing http://www.cdc.gov/healthcommunication/
- Webinar: Make Your Campaign Count: How to Communicate Effectively (for grantees, 2013)
 www.sprc.org/news-events/events/make-your-campaign-count-how-communicate-effectively
- Webinar: Planning Strategic Communication Campaigns (webinar, State and Tribal Grantees, 2010) www.sprc.org/news-events/events/orientation-series-planning-strategic-communication-campaigns
- Webinar: What Makes Media Campaigns Effective: Planning for Success (for campus grantees, 2010) http://www.sprc.org/news-events/events/what-makes-media-campaigns-effective-planning-success
- PPT: Developing And Marketing Your Suicide Prevention Message: A Strategic Approach (2006) http://www.sprc.org/sites/sprc.org/files/library/strategicmessaging.pdf
- Guide to Choosing and Adapting Culturally and Linguistically Competent Health Promotion Materials http://nccc.georgetown.edu/documents/Materials_Guide.pdf

News and Entertainment Media

- Reporting on Suicide website (includes media recommendations) http://reportingonsuicide.org/
- Team-Up Toolkit for Entertainment & Media-Reporting on Mental Health (Entertainment Industries Council, for the California Mental Health Services Authority) http://www.eiconline.org/teamup/
- Guide to Engaging the Media in Suicide Prevention
 http://www.sprc.org/library_resources/items/guide-engaging-media-suicide-prevention
- Working with the Media (National Consumer Supporter Technical Assistance Center) http://www.ncstac.org/content/materials/WorkingWiththeMedia.pdf
- Picture This: Veteran Mental Health Challenges and Solutions (EIC) www.eiconline.org/VAMentalHealth.pdf
- Picture This: Depression and Suicide Prevention (EIC)
 http://www.eiconline.org/resources/publications/z_picturethis/Disorder.pdf
- Webinar: Suicide Narratives in the News Media: What Effect Might They Have and What Can We Do? http://www.sprc.org/training-institute/r2p-webinars/suicide-narratives-news-media-what-effect-might-they-have-and-what-1
- Webinar: The Economic Crisis and Suicide Risk: Covering the Story (2009)
 www.sprc.org/training-institute/r2p-webinars/economic-crisis-and-suicide-risk-covering-story

Stigma

- SAMHSA's Resource Center to Promote <u>Acceptance</u>, <u>Dignity and Social Inclusion Associated with Mental Health (ADS Center) <u>www.stopstigma.samhsa.gov</u></u>
- Beat the Stigma and Discrimination! Four Lessons for Mental Health Advocates www.dmh.ca.gov/PEIStatewideProjects/docs/CorriganBeattheStigmaandDiscrimination.pdf
- A Toolkit for Evaluating Programs Meant to Erase the Stigma of Mental Illness. www.dmh.ca.gov/PEIStatewideProjects/docs/CorriganTookitforEvaluation.pdf
- Anti Stigma Programme European Network (ASPEN) (includes a best practices toolkit) http://www.antistigma.eu/

Suicide Loss Survivor and Suicide Attempt Survivor Stories

 Special Considerations for Telling Your Own Story: Best Practices for Presentations by Suicide Loss and Suicide Attempt Survivors

http://www.suicidology.org/c/document library/get file?folderId=258&name=DLFE-542.pdf

Social Media

- CDC Social Media Resources: http://www.cdc.gov/socialmedia
 - The Health Communicator's Social Media Toolkit
 http://www.cdc.gov/socialmedia/Tools/guidelines/pdf/SocialMediaToolkit BM.pdf
 - Guide to Writing for Social Media <u>http://www.cdc.gov/socialmedia/Tools/guidelines/pdf/GuidetoWritingforSocialMedia.pdf</u>
- Creating Your Organization's Social Media Strategy Map http://beth.typepad.com/beths_blog/2009/01/creating-your-organizations-social-media-strategy-map.html
- Lifeline Online Postvention Manual (For postvention)
 http://www.sprc.org/sites/sprc.org/files/library/LifelineOnlinePostventionManual.pdf
- Webinar: Using New Technologies for Youth Suicide Prevention (2012)
 http://www.sprc.org/news-events/events/using-new-technologies-youth-suicide-prevention

Evaluation

- Are We There Yet? A Communications Evaluation Guide http://dev.comnetwork.org/resources/downloads/AreWeThereYet.pdf
- **Evaluating Communication Campaigns** (addresses evaluation of campaigns, policy-oriented communications, and advocacy efforts)
 - http://www.nhaha.org/docs/publichealthed/Evaluating comm campaigns 2008.pdf
- Lessons in Evaluating Communications Campaigns: Five Case Studies http://www.hfrp.org/evaluation/publications-resources?topic=18

Other Topics

- AAS Video Recommendations
 - http://www.suicidology.org/stats-and-tools/choosing-suicide-educational-videos
- Talking About Suicide and LGBT Populations
 http://www.lgbtmap.org/file/talking.about.suicide
 - http://www.lgbtmap.org/file/talking-about-suicide-and-lgbt-populations.pdf
- Creating an Effective Web Site
 - http://www.washington.edu/lst/help/planning/effectivewebsite
- Faces and Voices of Recovery "Recovery Messaging" (stories of people in recovery from addiction)
 http://www.facesandvoicesofrecovery.org/about/trainings_events/media_trainings.php

 (3.24 min video) http://www.youtube.com/watch?v=fDLCFGV4ekc&feature=mhum&lr=1