

VENA

The First Step in
Quality Nutrition Services

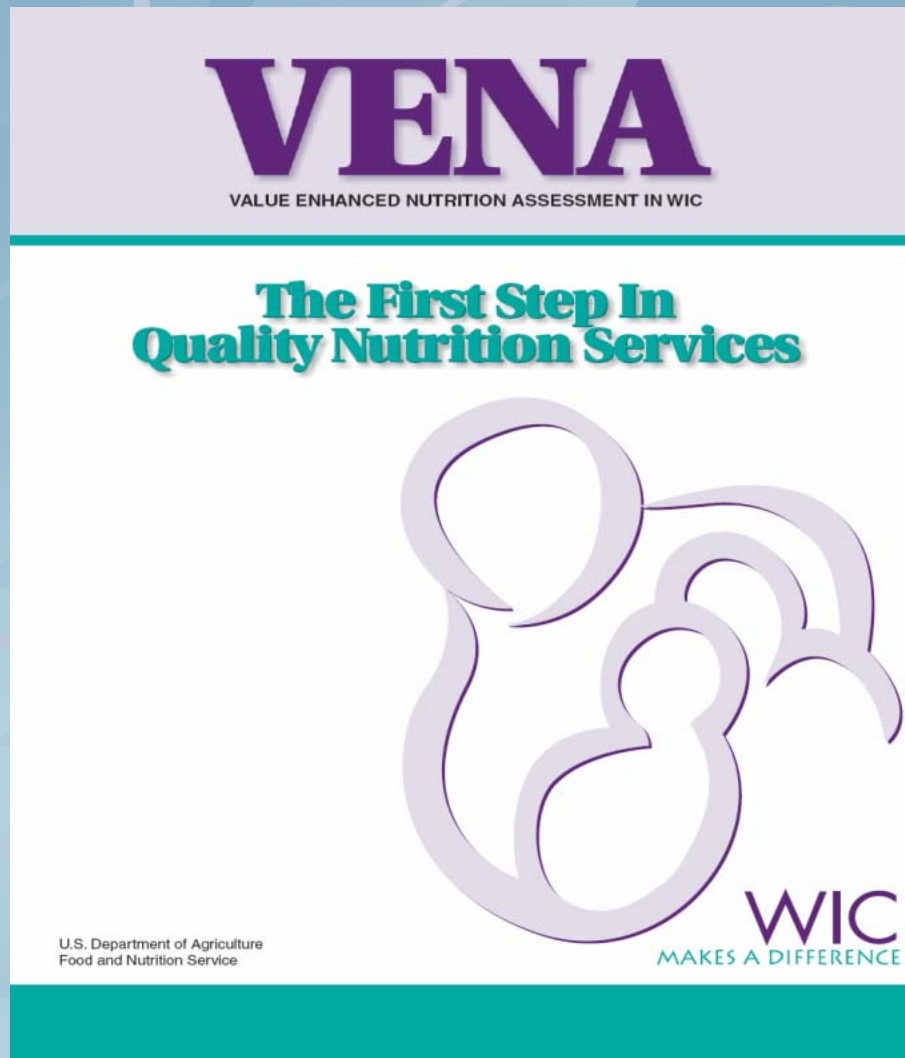


POLITICS, & PUBLIC POLICY & HEALTH

**APHA 135TH ANNUAL MEETING AND EXPO
NOVEMBER 3-7, 2007 WASHINGTON, DC**

Patricia Cumiskey-Czeto
Regional Director
Supplemental Food Programs

How to Implement VENA





Regional Overview

- **Preparation, Training & Tools**
- **Phase I, Self Evaluation**
- **Regional & State Resources**
- **Phase II, Implementation Plan**

VENA Competencies Training



- **Critical thinking skills**
- **Rapport building**
- **Health outcome based nutrition assessments**

VENA Strategy Session

- **Implementation process**
 - * **Self-Evaluation**
 - * **Implementation Plan**
- **Next Steps**



Phase I: VENA Self-Evaluation

**VENA IMPLEMENTATION
 PHASE I: VENA SELF-EVALUATION FORM***
 Due On or Before December 15, 2006

This form was developed to assist State agencies in completing Phase I: VENA Self-Evaluation. State agencies have the option to complete this form or use another format that summarizes their finding from the self-evaluation. Whatever format is used, the report must include the information requested (see "Self Evaluation Results" column) for each activity (see "Activity" column below) on this form.

Activity	Self-Evaluation Results	Comments/Additional Information
1 Evaluate the current nutrition assessment process in the 5 priority areas (items a-e) identified below, in the context of a value enhanced nutrition assessment, to establish a baseline of WIC nutrition assessment practices. The questions posed below are provided to give focus to the review process and are to be used as a framework for completing the self-evaluation. It is not intended that each question be answered individually.	Please provide a brief summary of existing resources and processes from your State agency's review of each priority area.	
a WIC Policies <ul style="list-style-type: none"> How do your existing State nutrition assessment policies support and/or enhance VENA implementation? How do your existing State nutrition assessment policies inhibit VENA implementation? Are there State policies (e.g., certification, breastfeeding promotion and support) that impact VENA implementation? Have staff competencies been identified for conducting specific parts of the nutrition assessment process? (Refer to Appendix D, <i>Essential Staff Competency Tables for WIC Nutrition Assessment</i>, of the VENA Guidance.) What State policy changes/revisions are needed to implement WIC Policy Memorandum 98-9, Revision 8? 	In considering the WIC policy questions: Please note that policy citations are not the desired responses for the self-evaluation results. Rather, a brief narrative summary of current policies that support VENA and a brief description of potential areas for policy enhancements are expected for the VENA Self-Evaluation results submission.	

* May be reported in another format.





VENA Tool Box - 1

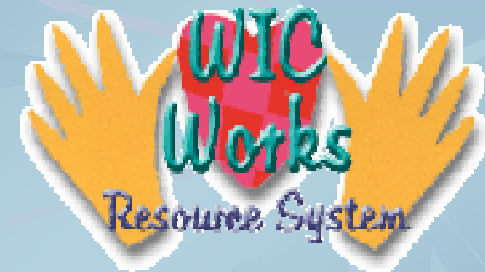


- **VENA Guidance**
- **WIC Program Regulations, Section 246.7**
- **VENA - WIC Nutrition Assessment Policy**
- **WIC Nutrition Education Guidance**
- **Policy Memorandum 98-9, Revision 8, WIC Nutrition Risk Criteria**
- ***Nutrition Services Standards, Standard 7 Nutrition Assessment***

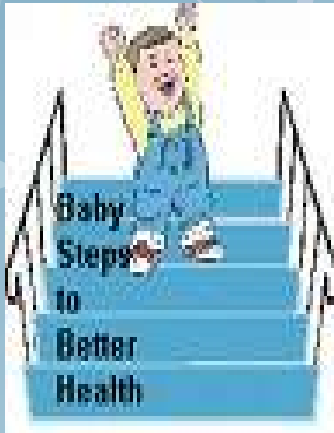
VENA Tool Box - 2



- Regional and State Training
- FNS Staff
- State Ambassadors



State Sharing-DC



Doris Kuehn, MS, RD, DEUG
Nutrition Education Coordinator
District of Columbia
WIC State Agency

Baby Step 1: Staff Training

Motivational Interviewing Special
Project Grant:



nutritionists have been
trained by Dr. Resnicow
in Motivational Interviewing
skills in a 2 day workshop in
May 2006



State Sharing-MD



Changing to VENA



WIC WINS - [Women's Medical Form]

File Scheduler Certification Checks Miscellaneous Reports Administration Help

---wcfamily.tracee (BE) * 200 082 837

Data Entry Using:
 English(SAE)
 Metric

Anthropometric Data

Date	LB	OZ	IN	1/8 in.	Weeks	Total Wt. Gain	Weight Gain/Loss	BMI
05/09/2003	140	0	63	0			-20	24.8

Bloodwork Data

Date	HGB	HCT	Lead
05/09/2003	11.2		

Pre-Preg. Weight: 130
Weight at Delivery: 160

Buttons: Add, Remove, Save, Cancel, Next

Data Saved Successfully. DALLAVAL 000000 State Agency Test

https://wwwtest.dhnh.md.gov - Woman Medical - Microsoft Internet Explorer provided by DHPH WIC Program

Monday 4/24/2006

---test, jane (PG) * 200 342 564

Active Record

test, jane
Cat: P0
ID: 200 342 564
DOB: 3/15/1980
Age: 26 yrs, 1 mos
Cert: 4/1/2006 - 11/5/06
Term:

Scheduling Tasks
Guided Script
Client Care
Logout

Pregnancy Information

Medical Information

WtHdBloodwork

English(SAE) Metric

Anthropometric Data

Date	lbs	oz	in	1/8 in	Weeks	Total Wt Gain	Weight Gain/Loss	BMI
4/12/2006	145	0	66	0	16	5		22.4

BloodWork Data

Date	Hgb	Hct	Lead
4/12/2006	11.1		

Prepregnancy Weight: 140 lbs
Weight at Delivery: lbs

Buttons: Add, Remove, Save, Cancel, Next

Version: 4.5

Mary Dallavalle, RD, LDN, MS
The Maryland WIC Program



State Sharing-PA

The Five Focus Areas

Shirley H. Sword, MS, RD, LDN
Chief, Nutrition Services Section
The Pennsylvania WIC Program



VENA Tool Box - 3



- VENA Track at NWA
- Resource grid
- List of concerns

MARO WIC VENA Resource Grid

	WIC Policies	WIC Nutrition Assessment Process and Practice	Staff Competencies/Training	MIS	Quality Assurance and Monitoring
Delaware					
District of Columbia					
Maryland					
New Jersey					
Pennsylvania					
Puerto Rico					
Virginia					
Virgin Islands					
West Virginia					



Phase II: VENA Implementation Plan

VENA
VALUE ENHANCES NUTRITION ASSESSMENT IN WIC

The First Step In
Quality Nutrition Services



U.S. Department of Agriculture
Food and Nutrition Assistance Administration

	Activity	Action(s) Needed	Priority	Target Dates	Anticipated Costs
Policies and Procedures	Develop or revise current policies and procedures to enhance the quality of WIC nutrition assessment (to include policies and procedures that enhance the use of assessment information for personalizing nutrition interventions).	Please identify actions needed for each activity.	Please prioritize actions needed for each activity.	Please identify target dates for completion of actions needed for each activity.	Please identify anticipated costs (if any) for actions needed for each activity.
Training	Identify VENA training needs and develop training plans for all staff related to WIC nutrition assessment, to include but not limited to the 3 areas covered in the Regional VENA Competency Trainings (critical thinking; rapport building and; Health Outcome-Based WIC Nutrition Assessment).				

VENA

VALUE ENHANCED NUTRITION ASSESSMENT IN WIC

State Plan Approvals: Quality Nutrition Services



VIENA

VALUE ENHANCED NUTRITION ASSESSMENT IN WIC

Thank you!

Patricia Cumiskey-Czeto
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