



**Department of Public Health – County of Los Angeles  
Maternal, Child, and Adolescent Health Services**

**PROBATION-PRENATAL OUTREACH PROJECT  
("P-POP")**

**PREGNANT AND INCARCERATED:  
Meeting the Needs of Pregnant Juveniles**

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# PROBATION-PRENATAL OUTREACH PROJECT (“P-POP”)

## OBJECTIVES

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- Identify, assess, and link pregnant minors within Los Angeles County (CA) detention facilities to case management programs, upon discharge.
- Identify lessons learned in collaborating with the Dept. of Probation, Dept. of Health Services, and the Dept. of Public Health to provide outreach to detained pregnant minors.
- Define the role of the Liaison Public Health Nurse (LPHN).

# PROBATION-PRENATAL OUTREACH PROJECT (“P-POP”)

## BACKGROUND / HISTORY

- ➔ The incarcerated pregnant teens
  - Highest of high-risk mothers
  - The most vulnerable and the most dysfunctional
- ➔ Outreach to pregnant “minors” in the Juvenile Halls and Camps started in 1997



# PROBATION-PRENATAL OUTREACH PROJECT (“P-POP”)

## CHALLENGES

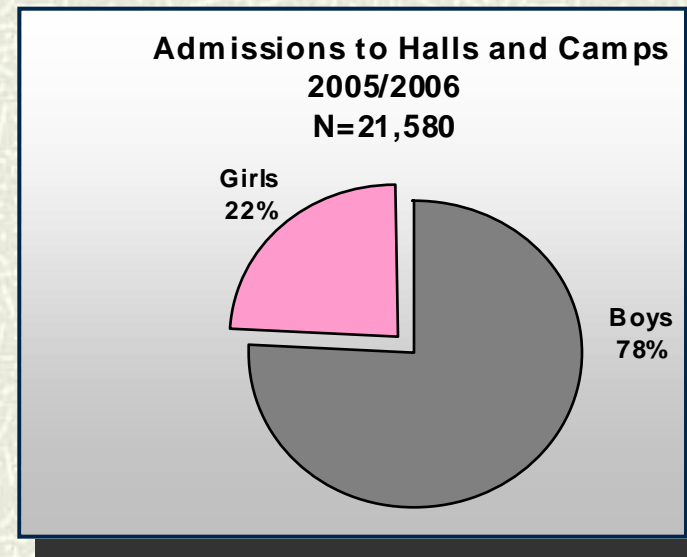
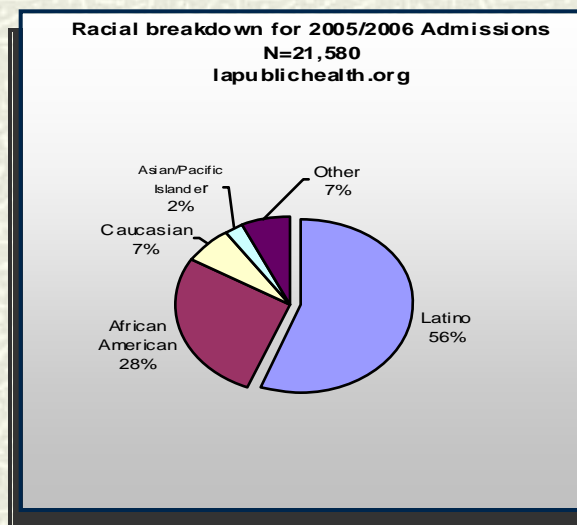
- Each facility functioned differently
- Unpredictable client schedules
- Constant client movement between facilities
- Lack of formal relationship between Department of Public Health (DPH) and Department of Probation
- Lack of information sharing between large “County” Departments



# PROBATION-PRENATAL OUTREACH PROJECT ("P-POP")

## ASSESSMENT/DEMOGRAPHICS

- ➔ Total admission for 05-06 = 21,580
- ➔ Total female minor admission = 4,759 (22%)
- ➔ On any given day 25-40 pregnant minors are housed in the Juvenile Halls
- ➔ All pregnant minors must be assessed at the Juvenile Halls
- ➔ From July 2005-July 2007, 283 (68%) of 461 pregnant minors have been assessed 178 (63%) have been referred to case management services



## FINDINGS

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- ➔ Detained pregnant minors lack knowledge on pregnancy related health education
- ➔ Detained pregnant minors have limited awareness and/or access to resources and programs available to them once released from Juvenile Halls or Camps.
- ➔ Limited Support Systems

# PROBATION-PRENATAL OUTREACH PROJECT (“P-POP”)

## P-POP IMPLEMENTATION

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- ➔ The P-POP project was implemented with the collaboration of the Department of Public Health, Probation, and Department of Health Services(DHS)
- ➔ Role of the Liaison Public Health Nurse (LPHN) is to:
  - Identify pregnant minors within the probation system of halls and camps
  - Provide health assessment and health education
  - Refer clients to Nurse Family Partnership(NFP)/Prenatal Care Guidance(PCG) and to other programs upon release from detention centers

# PROBATION-PRENATAL OUTREACH PROJECT (“P-POP”)

## P-POP GOALS

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- ➔ All pregnant minors will have increased knowledge on pregnancy related information and issues.
  - Identify all pregnant minors within the detention facilities
  - At least 60% of the detained pregnant minors will be interviewed & educated by LPHN
- ➔ Pregnant minors, upon release, will be referred to NFP/PCG or other case management programs
  - At least 50% of the clients that were interviewed by LPHN will be referred to NFP/PCG program.
- ➔ Pregnant minors, upon release, will receive information on resources that are available within the their local communities.



# PROBATION-PRENATAL OUTREACH PROJECT (“P-POP”)

## PRELIMINARY EVALUATION

- ➔ LPHN has established relationships with various departments within the facilities, (probation, nursing, mental health, medical records, religious leaders)
- ➔ LPHN established a system to identify all pregnant minors within the facilities.
- ➔ Manual data collection was initiated and shared with probation and nursing departments 😊

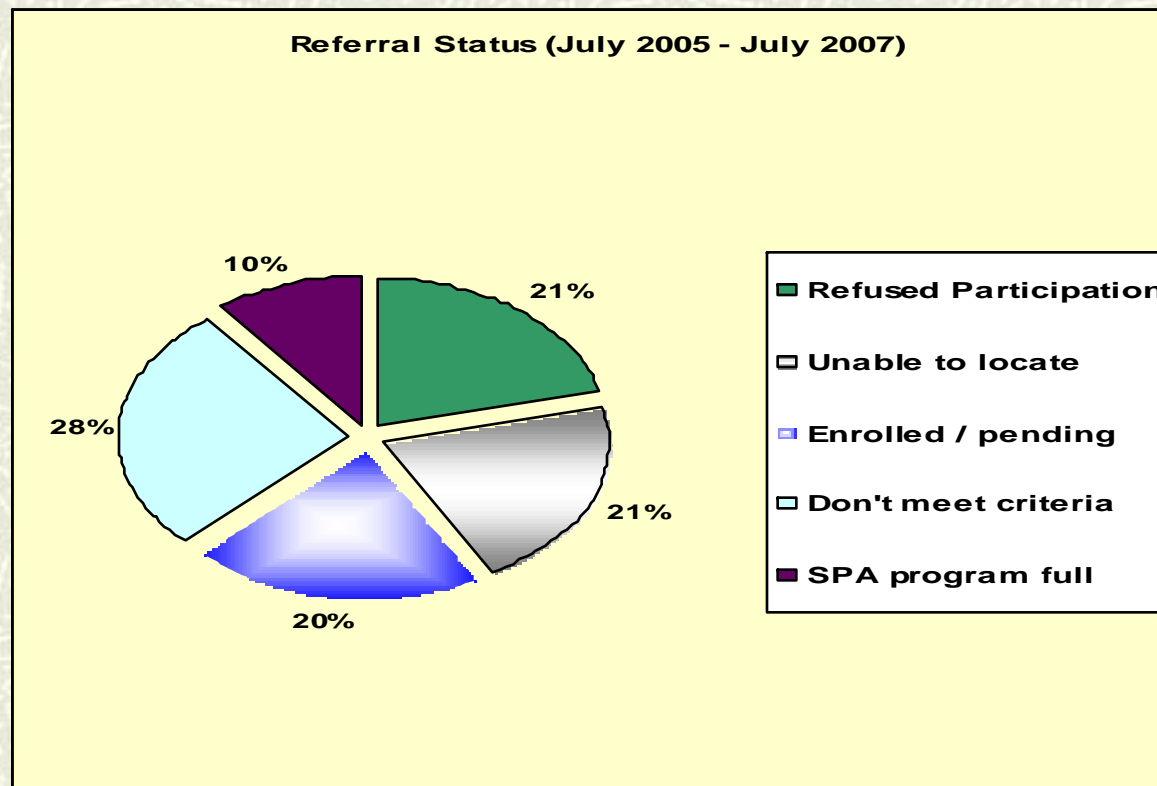
July 2005-July 2007

Program	Referred	Pending/Enrolled	Percent Enrolled
NFP	98	21	21%
PCG	78	13	17%

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## PRELIMINARY EVALUATION

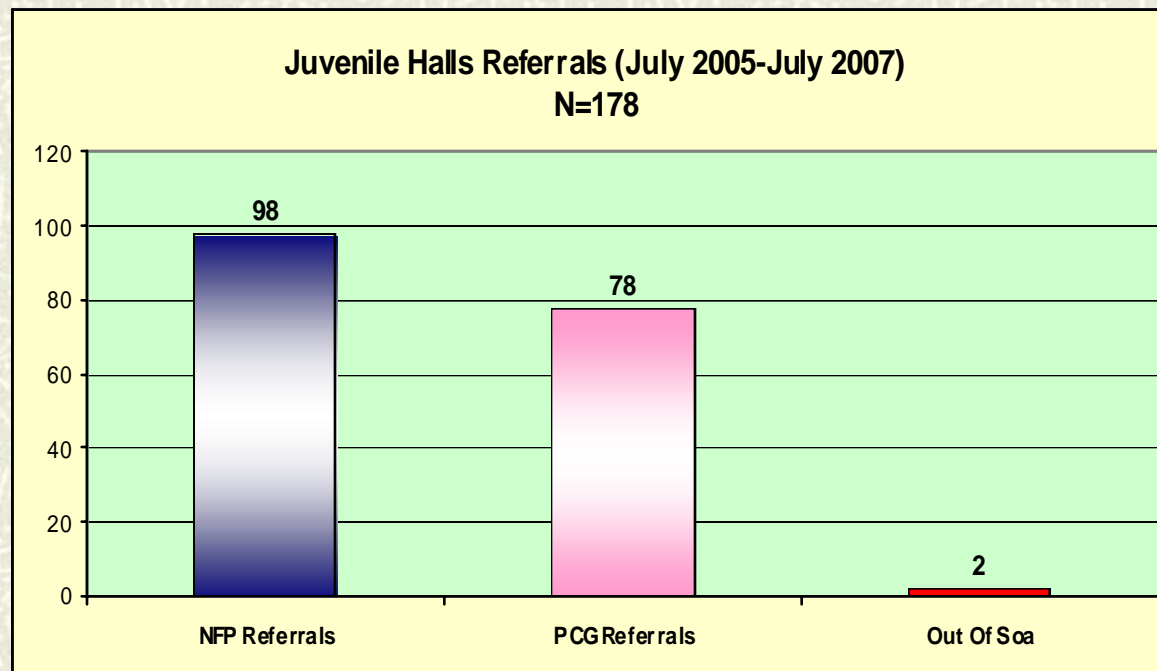
- ➔ Major challenge was locating those clients or getting them to respond after they were released.



# PROBATION-PRENATAL OUTREACH PROJECT ("P-POP")

## PRELIMINARY EVALUATION

- ➔ 98/178 clients (55%) were referred to NFP, and 21 (21%) were pending/enrolled in NFP.
- ➔ Goal is to see how many clients will complete the NFP program and if the results mirror NFP-LA results.



# PROBATION-PRENATAL OUTREACH PROJECT (“P-POP”)

## LESSONS LEARNED

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- ➔ Access to key stakeholders in the process of P-POP implementation
- ➔ MOU- detail roles and resources that will be provided
- ➔ Hire someone familiar with the system that will be collaborating in the process to help with implementation
- ➔ Understanding the mission, vision and objectives of the stakeholder/departments/agencies will assist in the success of implementation of the program