# Intimate Partner Violence and Unemployment among California Women

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## Study for Health and Employment

Conducts research and provides consultation to the CA Department of Social Services to address intimate partner violence (IPV) in CalWORKs programs



## Background

- Evidence of a directional effect of violence against women on employment instability (Byrne et al, 1999; Staggs et al, 2007)
- Other studies have mixed findings on relationship between IPV & employment
  - Definition of IPV, employment
  - Sample (welfare, high-risk, etc)



# Background (cont.)

Physical and psychological violence may affect women's functioning differently (Dutton, Goodman, & Bennett 1999)

- Physical/sexual violence → strategic response (i.e., attempts to leave relationship)
- Psychological violence → traumatic stress response



## Background (cont.)

IPV may impact employment outcomes directly or indirectly through mental health sequelae such as posttraumatic stress disorder (PTSD)



#### Research Questions

- 1. Are physical and psychological IPV associated with unemployment?
- 2. Does PTSD play a role in the relationship between IPV and unemployment?



#### Methods

#### California Women's Health Survey (CWHS)

- Sponsored by CA Department of Health Services in collaboration with other state agencies
- Annual telephone survey of CA women
- Large and diverse random probability sample (approx 4,000/year)
- Provides population estimates used to set state priorities

## **Participants**

- Participants in the CWHS from the years 2001, 2003, and 2004
- Respondents aged 18-65 years
- In the labor force\*
- N = 6,698



## **Employment Measure**

- Employed
  - full-time
  - part-time
  - self-employed

- Unemployed
  - "Out of Work"

\*Women who reported being a homemaker, student, retired, or disabled/unable to work were considered to be out of labor force and were excluded from the analyses.



## Measure of Past-year IPV

## Assessed whether a partner...

- 1. Physical violence: threw something at them; pushed, grabbed, shoved or slapped them; kicked, bit or hit them with a fist; beat them up or choked them; forced them to have sex against their will; or used a knife on or fired a gun at them.
- 2. <u>Psychological violence</u>: followed or spied on them; caused them to fear for their safety; or tried to control most or all of their daily activities.

## Posttraumatic Stress Disorder (PTSD)

- In your life, have you ever had any experiences that were so frightening, horrible or upsetting, that, in the past month, you....
- Have had <u>nightmares</u> about it or thought about it when you did not want to?
- 2. Tried hard not to think about it or went out of your way to avoid situations that reminded you of it?
- 3. Were constantly on guard, watchful, or <u>easily</u> startled?
- 4. <u>Felt numb or detached</u> from others, activities, or your surroundings?

(Hoge, Auchterlonie, & Milliken, 2006; Prins et al, 2004)



## Analysis

- Multivariate logistic regression, with 95% confidence intervals (CI)
- Covariates
  - Demographics (age, race/ethnicity, nativity, education)
  - Intimate partner violence (physical/sexual and psychological)
  - PTSD symptoms



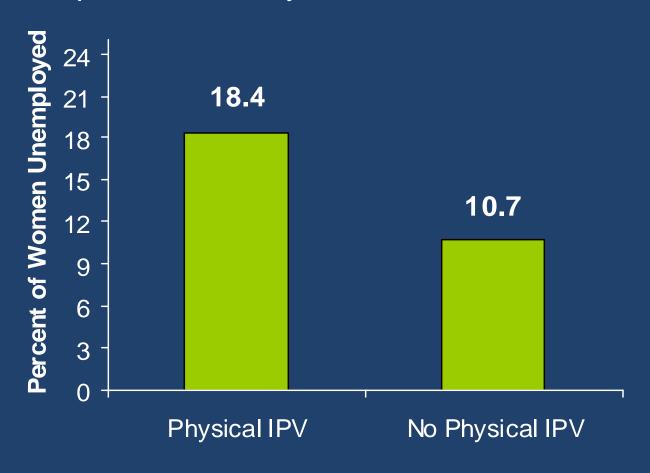
#### Results: Prevalence of IPV

- 6.2% of California women experienced recent physical IPV
- 9.0% of California women experienced recent psychological IPV
- Both types of violence were reported by 4.1% of women



## Physical IPV & Unemployment

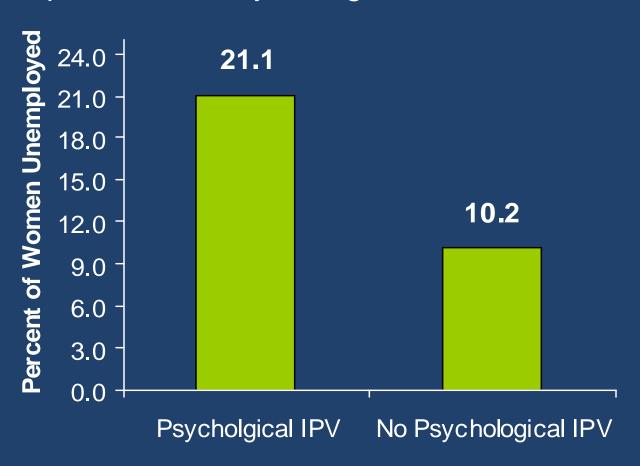
Unemployment among California Women by Recent Experience of Physical Intimate Partner Violence





## Psychological IPV & Unemployment

Unemployment among California Women by Recent Experience of Psychological Intimate Partner Violence





## Unemployment & IPV Exposure - OR

Odds Ratios & 95% CI's for Unemployment (N=6,698)		
	OR	95% CI
Physical IPV	1.87*	1.44-2.43
Psychological IPV	2.37*	1.91-2.93
PTSD	2.04*	1.59-2.62

\*95% CI does not include 1.00



## Unemployment & IPV Exposure - AOR

Adjusted Odds Ratios & 95% Cl's for Unemployment (N=6,698)			
	AORa	95% CI	
Physical IPV	0.98	0.71-1.36	
Psychological IPV	1.78*	1.36-2.32	
PTSD	1.60*	1.22-2.09	

<sup>&</sup>lt;sup>a</sup> Adjusted using logistic regression for age, race/ethnicity, education, education, nativity, and other variables in the table \*95% CI does not include 1.00



# Key Findings

- Findings indicate significantly higher rates of unemployment among women who have experienced recent physical and psychological IPV, as well as those with current PTSD symptoms.
- Psychological IPV and PTSD were independent risk factors for unemployment, after adjusting for key employment-related variables

#### What this does not mean:

These results do not necessarily rule out the role of physical IPV in women's employment outcomes, but do highlight the robust population-level association between psychological IPV and employment status.



#### Limitations

- Cross-sectional design
  - (Bi-)Directional relationship?
  - Report bias?
- Employment measure possibly insensitive
  - How do psychological and physical IPV affect hours worked, income received?
  - Economic self-sufficiency



## **Implications**

#### Prevent

 Increase awareness and education around the impact of IPV in the workplace

#### Identify

 Consider psychological abuse, as well as physical/sexual violence as an obstacle to women's ability to work

#### Treat

 Improve access to treatment for both the direct effects of IPV as well as its mental health sequelae

#### References

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and employment