MEDICARE PART D: THE FIRST YEAR AND BEYOND

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INTRODUCTION

- •Medicare Part D was implemented on Jan.1, 2006.
- •Prescription drug "coverage" for Seniors (> 65 years old) and the disabled (most receiving SSD).
- •The new and complicated program was more or less thrust upon Medicare recipients with an approximate 5 month deadline to sign up.
- •Medicare Part D was developed and written into law in concert with the prevailing conservative political agenda (represents privatization to HMO insurance & drug companies).

Problems—the First Year

- 1) Assistance was needed for many respondents to enroll in Medicare Part D (the "sea of choices" & vast bureaucracy of implementing the policy).
- 2) Low-income Medicare respondents were eligible for a Social Security subsidy—most were unaware and did not sign up by the deadline.
- 3) "Sticker shock": Most respondents enrolled in Medicare Part D are now spending more or the same for prescriptions. Categories are used (Specialty Drugs, Non-Preferred Drugs, Preferred Drugs, Generics) for determining the copayment.
- 4) The existence of the "donut hole" (coverage gap) was not emphasized in the application process.

*Table 1: Prescription Drug Costs to Recipients Under Medicare Part D

| Copayment | Covered Prescription Drug | Cost Examples** | Cost with low-income subsidy** |
|---|--|---|--|
| Lowest Copay | Generic prescription drugs (e.g., Omeprazole) | \$2 | \$2 |
| Medium Copay | Preferred brand-name prescription drugs (e.g., Protonix) | \$5 | \$5 or 15% of drug cost |
| Higher Copay (no generic available) | Non-preferred brand- name prescription drugs (e.g., Niaspan) | \$25-\$35 | <15% of drug cost (e.g., \$20-\$30) |
| Highest Percent as Copay (no generic available) | Specialty drugs (e.g., Abilify) | 25-33% of drug cost (e.g., \$75-\$100) | \$75 |

^{*}Adapted from Medicare and You (2007) & Social Security Administration (2006).

^{**}Copayments for a 30-day supply of drugs: costs vary by plan and particular provider's formulary.

ACCESS TO PRESCRIPTION MEDICATIONS

•In the United States gaining *access* to necessary prescription medications depends upon:

Cost Age

Socioeconomic status Race/ethnicity

Educational level Type of disability

•The limited coverage provided by Medicare D in this brave new world of innovative and highly effective drugs coexists with soaring profits in the insurance and pharmaceutical industries.

"Hurdles to Jump"

- Navigating the "sea of choices" to sign up and to be aware of the coverage gap, copayments, insurance premium, differing formularies of pharmacies.
- •Plan is fraught with <u>too many choices & options</u>--leading most recipients to consult family, friends, & even attorneys to determine the best plan for their needs.
- •The next hurdle is the <u>coverage gap</u> (i.e., "donut hole"). Recipients in the "donut hole" face paying 100% out-of-pocket costs for medications (while they still must pay the monthly insurance premium).

Needed Interventions for Medicare Part D Recipients

- •A "wake-up" call to the existence and costly effects of a "donut hole" (coverage gap) in their Medicare Part D plan (so they can budget for it).
- •Most recipients, upon choosing a Medicare Part D plan, are unaware of the change in their overall spending for their prescription medications. Note that seniors and the disabled are our most friable group and may be taking several prescriptions.
- •Most are not aware of the policy premium.
- •A satisfaction and experience survey (possibly conducted by AARP) for plan members is necessary.

CONCLUSIONS--MEDICARE PART D:

- •Obstacles and barricades to accessing prescription medications focus on the *difficulty in signing up* for the proper plan and *awareness of the coverage gap* ("donut hole").
- •Medicare Part D has virtually universal acceptance by public and private pharmacies as providers.
- •Difficulties in signing-up for Medicare Part D plan is a "sea of choices"--crossing social/cultural and economic variables (race/ethnicity, age, educational level, type of disability).
- •Elements of the prescription drug plan are constantly changing--major changes are instituted annually (Jan. 1).
- •The goal is to influence policymakers to formulate changes to Medicare Part D policy to provide prescription savings for middle class seniors & the disabled with greater access for low-income recipients.



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