

The Environmental Nutrition and Activity Local Policy Database:

A tool for health advocates
to address disparities in
unhealthy eating and
activity environments

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**APHA Annual Meeting
November 5, 2007**



www.preventioninstitute.org



“It is unreasonable to expect that people will change their behavior easily when so many forces in the social, cultural, and physical environment conspire against such change.”

Institute of Medicine

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One Key Fact

Useful policy

is often

developed

locally.



ENACT Local Policy Database

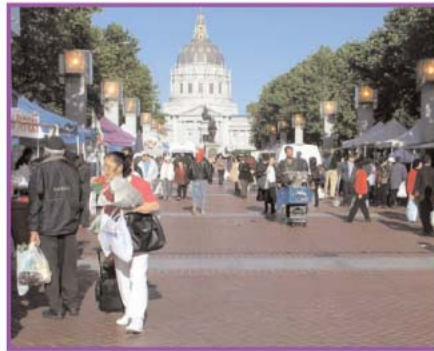
Promising Practices in Nutrition and Physical Activity



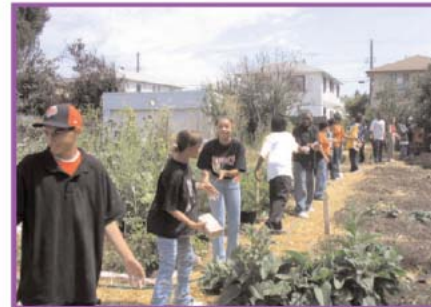
Catalogues promising policies in nutrition and activity at the local level

<http://www.preventioninstitute.org/sa/policies/>

ENACT



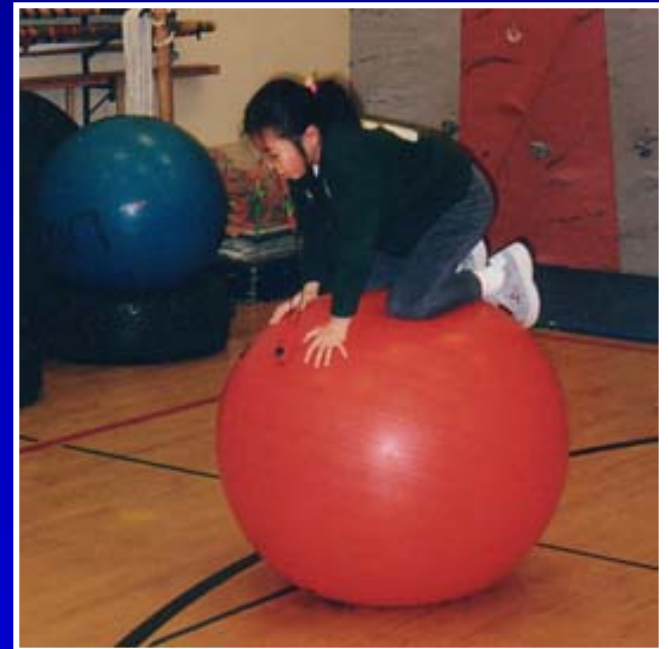
Environmental
Nutrition and
Activity
Community
Tool



Printed Courtesy of
The California Obesity Prevention Initiative

What is ENACT?

- ◆ An online tool that offers a specific menu of *achievable* strategies for implementation
- ◆ Each strategy is complemented by practical how-to information including: tools, resources, model policies and more



ENACT is designed to...

- ◆ Compliment current education and community efforts
- ◆ Empower local action to address priority issues
- ◆ Engage users so that implementation can become a reality

ENACT History

- ◆ Based on best practices and promising approaches from around the country
 - Comprehensive
 - Environmental
 - Sustainable



ENACT Environments

- ◆ Neighborhoods
- ◆ Preschools
- ◆ Schools
- ◆ After School Programs
- ◆ Workplaces
- ◆ Health care
- ◆ Government Institutions and Practices



Injury Free Coalition for Kids of Philadelphia

SEARCH POLICIES

[Search Help](#)

Simple Search

Type in a keyword below:
(leave blank to show all policies)

Match ALL words

[Search Database](#)

[Search Policy Documents](#)

Guided Search

Choose one or more of the following:

Topic

--Select Issue Area--

Environment

--Select ENACT Environment--

Keywords

--Select Keyword--

State

CA

Jurisdiction

--Select Jurisdiction--

STRATEGIC ALLIANCE

221 Oak Street
Oakland, CA 94607
Tel: 510.444.7738
Fax: 510.663.1280

Find a local policy



Use the **search tools** on the left to find one or more local policies that are of interest to you. You can search using your own **key words** like farmer's market or open space, or you can use the **Guided Search** tool to identify policies by topic, setting, jurisdiction and a pre-determined set of key words.

Need more information to **Get Started?**

Submit a local policy

Have you worked on a local policy to make healthier eating easier for your community or developed a local plan to improve walkability?

We'd love to hear from you!



Learn More



[What is the ELPdB?](#)
[How do I get started?](#)
[Why do local policies matter?](#)

[What can I do](#) to improve opportunities for healthier eating and physical activity?

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Search Results

Click a policy title below for more information. Choose the related ENACT Environment to learn more about related community health strategies, and how you can make improvements on a local level.

Policy Title	Synopsis	Date Enacted	Locale Enacted	ENACT Environment
Healthy Beverage Resolution	Prohibits the sale of soda in vending machines, student stores, and cafeterias at LAUSD school sites.	01-01-2004	Los Angeles Unified school district, CA	 School
Nutrition & Physical Activity Policy	Ensures that students receive high quality, nutritious foods, nutrition education, and establishes standards based on physical education and physical activity at all grade levels.	09-16-2003	Santa Monica-Malibu Unified school district, CA	 School
Sustainable City Plan	Goals include increasing the consumption of fresh, locally produced organic produce, presence of bicycle lanes and paths, and accessibility of parks for city residents.	02-11-2003	Santa Monica, CA	 Healthcare  Government  Neighborhood 

Strategic Alliance ENACT Local Policy Database

an online resource of local policies that can improve opportunities for healthy eating and physical activity

[Site Map](#) | [Home](#) | [About](#) | [Act Locally](#) | [Submit a Policy](#) | [Policy Profiles](#) | [Contact](#)

SEARCH POLICIES

[back to search results](#)

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Policy Detail

[back to search results](#)

Policy Title	Sustainable City Plan
Policy Number	
Measure Type	City Plan
Issue Area	nutrition and physical activity
Date Enacted	02-11-2003
Jurisdiction	City
County	Los Angeles
City	Santa Monica
State	CA
Legislative Entity	City Council
Sponsor	
Synopsis	Goals include increasing the consumption of fresh, locally produced organic produce, presence of bicycle lanes and paths, and accessibility of parks for city residents.
Brief Description	<ul style="list-style-type: none"> • Delineates goals, indicators and targets across 6 core areas: Environmental and Public Health, Resource Conservation, Transportation, Economic Development, Housing, Open Space and Land Use, Community Education and Participation and Human Dignity. • Lays out a vision for sustainable planning within and across local

Increase Access to Parks and Sidewalks

Olympia, WA



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Limit Restrictive Land Use Covenants

Chicago, IL

- ◆ Prevents blight caused by vacant retail parcels designed for grocery and drug stores.
- ◆ Believed to be the first ordinance of its kind.



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Promote Joint Use of Recreational Facilities

Pitt County, NC



Include Health in the General Plan

Madison, WI and Chula Vista, CA



Limit Unhealthy Retail Establishments

Los Angeles, CA

Los Angeles Times



Limits proposed on fast-food restaurants

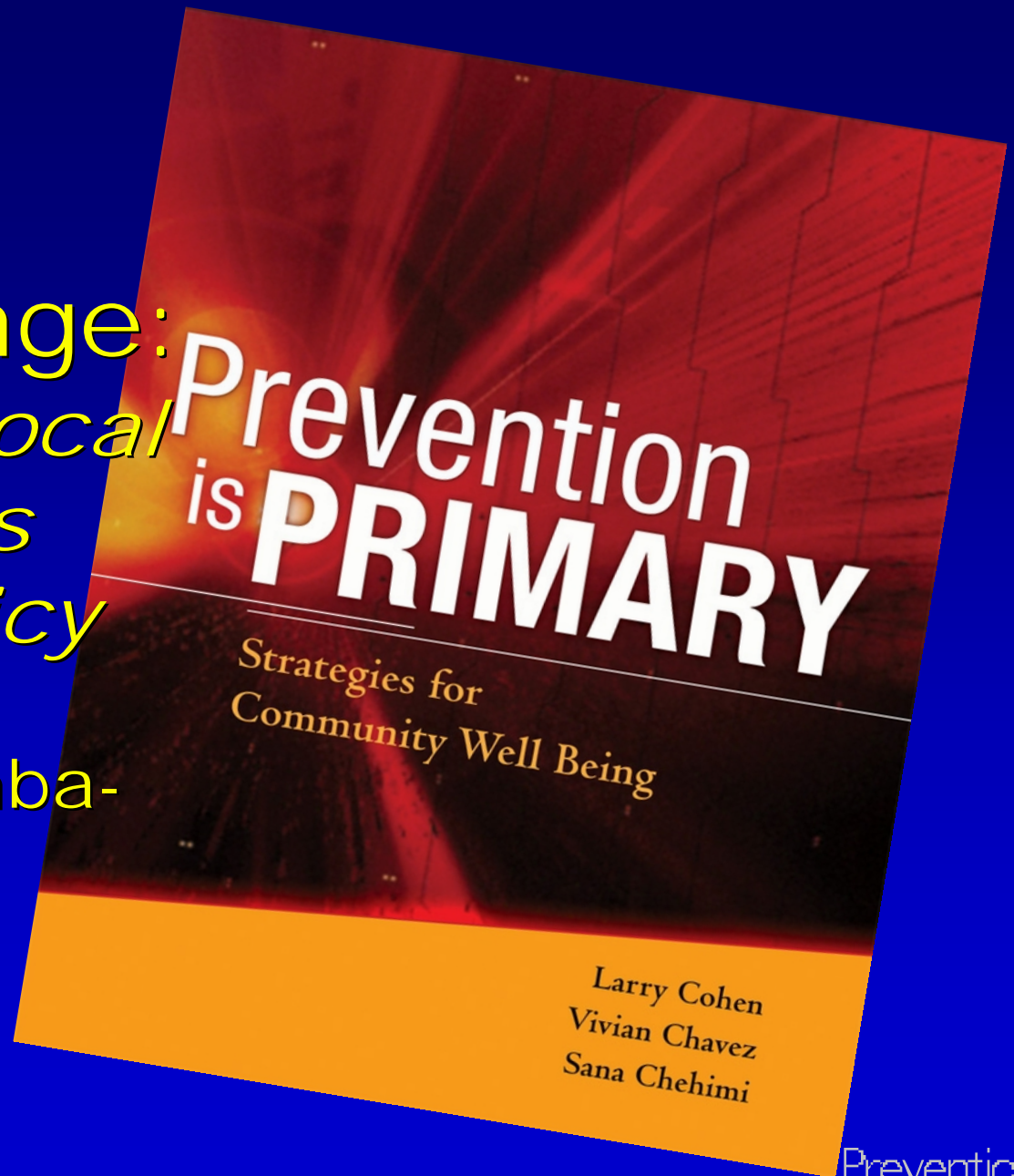
"Don't expect politicians,
even good ones,
to do your job for you.
Politicians
are like weather vanes.
Our job is to
make the wind blow."

David Brower, environmentalist

CHAPTER 8

Making Change:
*The Power of Local
Communities
Fostering Policy*

By Makani Themba-
Nixon

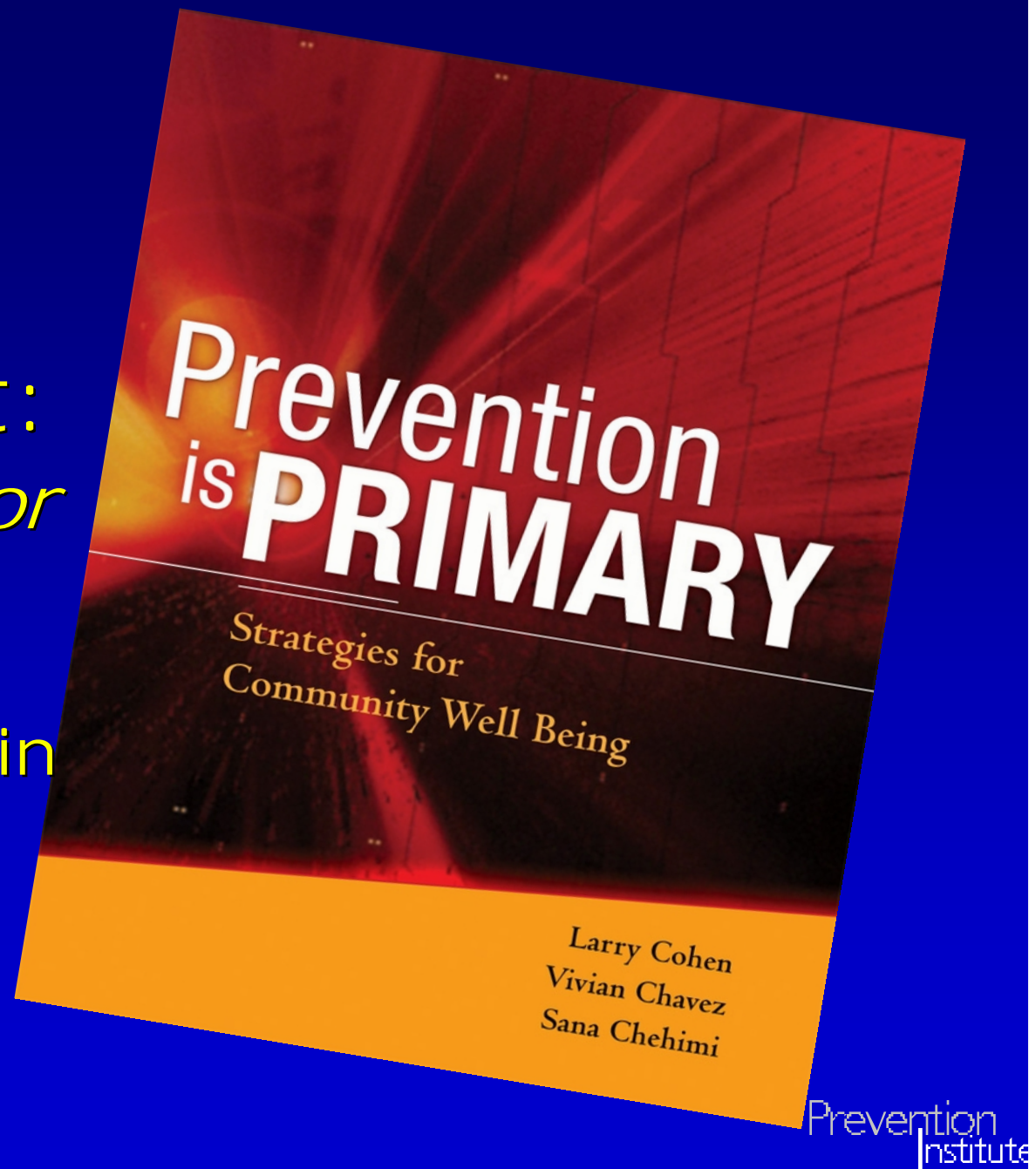


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CHAPTER 12

Health and
the Built
Environment:
*Opportunities for
Prevention*

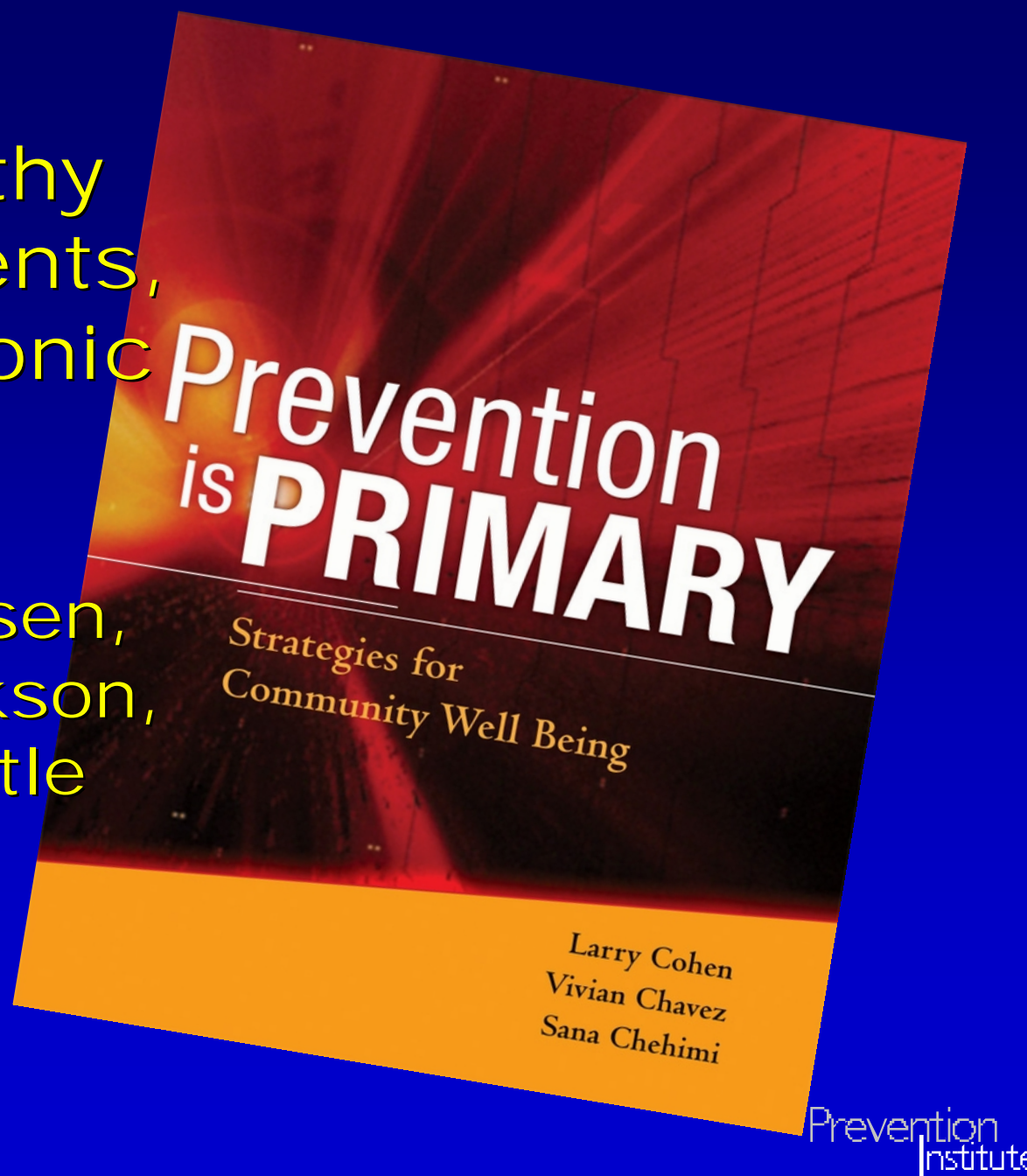
By Howard Frumkin
and Andrew L.
Dannenberg



CHAPTER 13

Creating Healthy
Food Environments,
Preventing Chronic
Disease

By Leslie Mikkelsen,
Catherine S. Erickson,
and Marion Nestle



Prevention
Putting prevention
at the center of
Institute
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Strategic
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food and activity
Alliance
environments

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