

# The Environmental Nutrition and Activity Local Policy Database:

A tool for addressing  
disparities in food and  
activity environments

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APHA Annual Meeting  
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[www.preventioninstitute.org](http://www.preventioninstitute.org)



*From: Hungry Planet, Manzel, et. al., Ten Speed Press, 2005*





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“It is unreasonable to expect that people will change their behavior easily when so many forces in the social, cultural, and physical environment conspire against such change.”

*Institute of Medicine*

One Key Fact

*Useful policy  
is often  
developed  
locally.*





“ Policy making at this level  
is often undervalued and  
misunderstood, yet it is the  
central role of the city,  
town, and county  
legislative bodies.”

Municipal Research & Services Center

# ENACT Local Policy Database

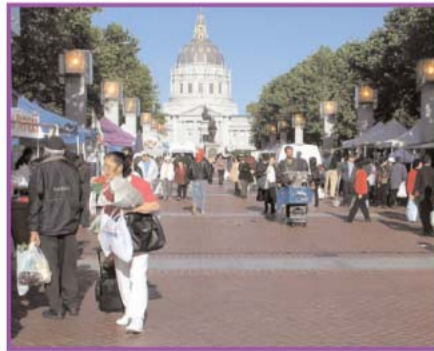
## *Promising Practices in Nutrition and Physical Activity*



Catalogues promising policies in nutrition and activity at the local level

<http://www.preventioninstitute.org/sa/policies/>

# ENACT



**E**nvironmental  
**N**utrition and  
**A**ctivity  
**C**ommunity  
**T**ool



Printed Courtesy of  
The California Obesity Prevention Initiative



SEARCH POLICIES

Search Help

Simple Search

Type in a keyword below:  
(leave blank to show all policies)

Match ALL words

Search Database

Search Policy Documents

Search

Guided Search

Choose one or more of the following:

Topic

--Select Issue Area--

Environment

--Select ENACT Environment--

Keywords

--Select Keyword--

State

CA

Jurisdiction

--Select Jurisdiction--

Find Now

STRATEGIC ALLIANCE

221 Oak Street  
Oakland, CA 94607  
Tel: 510.444.7738  
Fax: 510.663.1280

Find a local policy



Use the **search tools** on the left to find one or more local policies that are of interest to you. You can search using your own **key words** like farmer's market or open space, or you can use the **Guided Search** tool to identify policies by topic, setting, jurisdiction and a pre-determined set of key words.

Need more information to **Get Started?**

Submit a local policy

Have you worked on a local policy to make healthier eating easier for your community or developed a local plan to improve walkability?

We'd love to hear from you!



Learn More



- What is the ELPdB?
- How do I get started?
- Why do local policies matter?

What can I do to improve opportunities for healthier eating and physical activity?

**SEARCH POLICIES**

[Search Help](#)

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**Jurisdiction**







--Select Jurisdiction--

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**Search Results**

Click a policy title below for more information. Choose the related ENACT Environment to learn more about related community health strategies, and how you can make improvements on a local level.

Policy Title	Synopsis	Date Enacted	Locale Enacted	ENACT Environment
<a href="#">Healthy Beverage Resolution</a>	Prohibits the sale of soda in vending machines, student stores, and cafeterias at LAUSD school sites.	01-01-2004	Los Angeles Unified school district, CA	 School
<a href="#">Nutrition &amp; Physical Activity Policy</a>	Ensures that students receive high quality, nutritious foods, nutrition education, and establishes standards based on physical education and physical activity at all grade levels.	09-16-2003	Santa Monica-Malibu Unified school district, CA	 School
<a href="#">Sustainable City Plan</a>	Goals include increasing the consumption of fresh, locally produced organic produce, presence of bicycle lanes and paths, and accessibility of parks for city residents.	02-11-2003	Santa Monica, CA	 Healthcare  Government  Neighborhood 

Strategic Alliance Local Policy: Policy Detail - Microsoft Internet Explorer

File Edit View Favorites Tools Help

Address: [http://www.preventioninstitute.org/cal/policies/policy\\_detail.php?pid=44](http://www.preventioninstitute.org/cal/policies/policy_detail.php?pid=44)

Search

Bookmarks

2657 blocked

Check

Look for Map

AutoFill

Settings

**Strategic Alliance** ENACT Local Policy Database

*an online resource of local policies that can improve opportunities for healthy eating and physical activity*

Site Map | Home | About | Act Locally | Submit a Policy | Policy Profiles | Contact

**SEARCH POLICIES**

[back to search results](#)

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**Policy Detail** [back to search results](#)

<b>Policy Title</b>	Sustainable City Plan
<b>Policy Number</b>	
<b>Measure Type</b>	City Plan
<b>Issue Area</b>	nutrition and physical activity
<b>Date Enacted</b>	02-11-2003
<b>Jurisdiction</b>	City
<b>County</b>	Los Angeles
<b>City</b>	Santa Monica
<b>State</b>	CA
<b>Legislative Entity</b>	City Council
<b>Sponsor</b>	
<b>Synopsis</b>	Goals include increasing the consumption of fresh, locally produced organic produce, presence of bicycle lanes and paths, and accessibility of parks for city residents.
<b>Brief Description</b>	<ul style="list-style-type: none"> <li>• Delineates goals, indicators and targets across 6 core areas: Environmental and Public Health, Resource Conservation, Transportation, Economic Development, Housing, Open Space and Land Use, Community Education and Participation and Human Dignity.</li> <li>• Lays out a vision for sustainable planning within and across local</li> </ul>

Done

Local Intranet

start

Inbox

Private

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7/3



# Establish Nutrition Standards for Vending Machines

San Jose, CA

## The Mercury News MercuryNews.com **Falling out of favor**

San Jose city libraries will soon stock their vending machines with lower-fat snacks.

### In with the new: healthier snack options



### Out with the old: banned snacks



Source: Frito-Lay, Netgrocer.com and product labels; photos by Josie Lepe \* For 28-gram packages; \*\* Entire package

MERCURY NEWS

# Promote Local and Sustainable Food

## *Woodbury County, Iowa*



- ◆ County provides property tax break to landowners who convert farmland to organic
- ◆ Food bought by county must be organically produced and processed within 100-mile radius

# Promote Healthy Eating in Children's Environments

*New York, NY*



Prevention  
Institute



# Limit Restrictive Land Use Covenants

*Chicago, IL*

- ◆ Prevents blight caused by vacant retail parcels designed for grocery and drug stores.
- ◆ Believed to be the first ordinance of its kind.



# Limit Unhealthy Retail Establishments

*Los Angeles, CA*

## Los Angeles Times



Limits proposed on fast-food restaurants

Few will have the greatness to bend history itself; but each of us can work to change a small portion of events, and in the total of all those acts will be written the history of this generation.

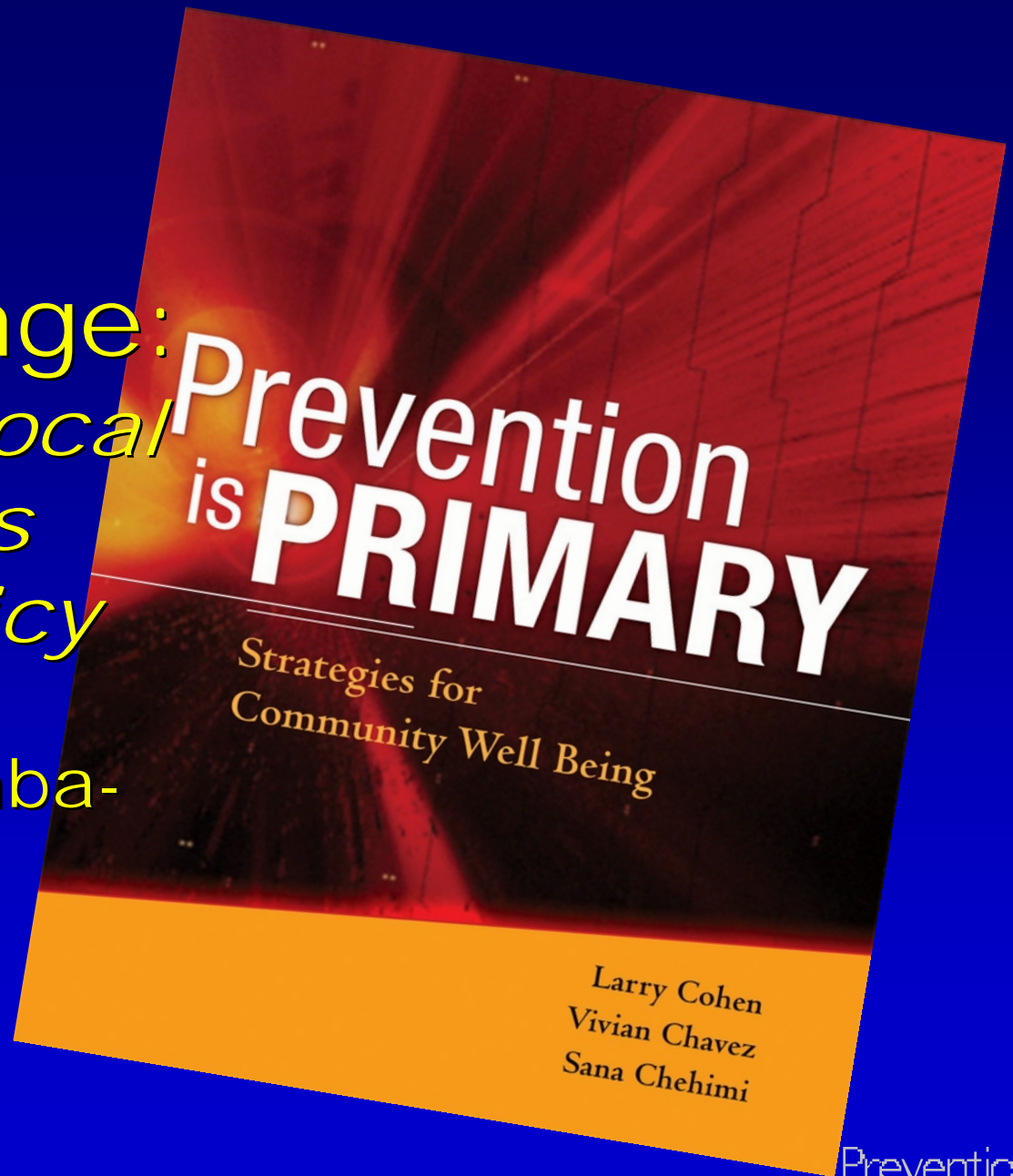
-Robert F. Kennedy



CHAPTER 8

**Making Change:**  
*The Power of Local  
Communities  
Fostering Policy*

By Makani Themba-  
Nixon

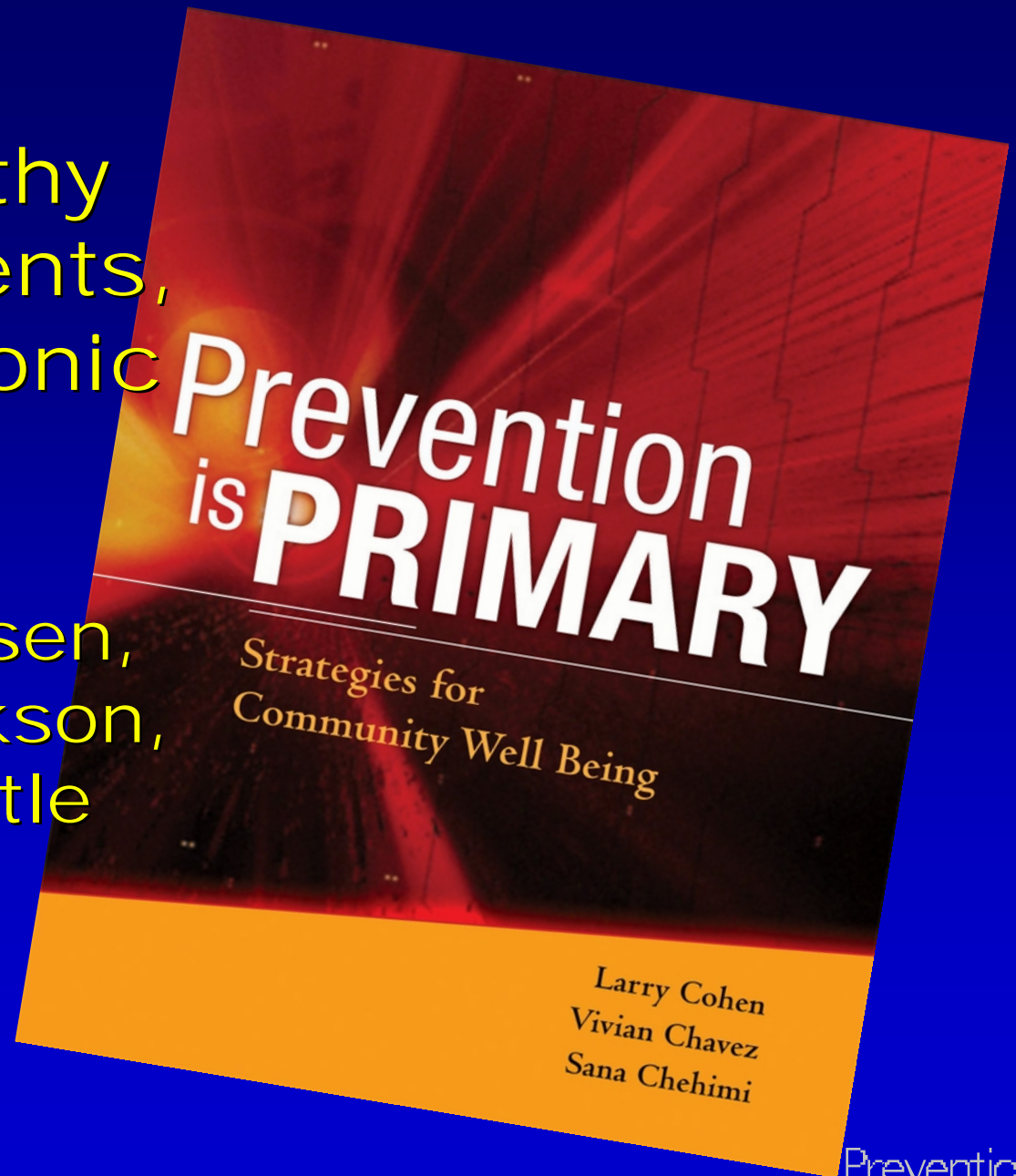


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CHAPTER 13

Creating Healthy  
Food Environments,  
Preventing Chronic  
Disease

By Leslie Mikkelsen,  
Catherine S. Erickson,  
and Marion Nestle



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Prevention  
Putting prevention  
at the center of  
Institute  
community well-being

[www.preventioninstitute.org](http://www.preventioninstitute.org)

Strategic  
Promoting healthy  
food and activity  
Alliance  
environments

[www.eatbettermovemore.org](http://www.eatbettermovemore.org)

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