# Working in Partnership with different denominations to improve Sexual and Reproductive/Maternal and Newborn Health

Two success stories from rural CARE International projects in Ethiopia

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## Background

#### Ethiopia:

- Fertility rate of 5.4%
- Under five mortality rate of 123 per 1,000
- High maternal mortality (850 of 100,000 live births);
- 25% of deaths of women aged 15-49 are pregnancy related (WHO, 2006)
- Over 74% of girls undergo Female Genital Cutting/Mutilation (Demographic Health Survey, 2005)

### CARE's Interventions in Ethiopia



# Religion is part of the cultural identity

#### Dominant religions:

- Amhara Region: Ethiopian Orthodox Christians
- Afar Regional State: Muslims
- Oromyia Region: Muslims

# Religious leaders are the entry point in communities

- In Afar CARE implements Anti-FGM and SRH projects
- In Amhara CARE implemented a
   Mother and Child Health Project where priest took the role of health promoters
- In Oromiya CARE implements SRH program including Family Planning and HIV/AIDS awareness raising

# Methodology for Engagement of communities

- Awareness-raising
- Capacity Building
- Community mobilization
- Skill development
- Behavior change and community mobilization
- Increased quality and access to health services

#### Results



#### With Ethiopian Orthodox Church:

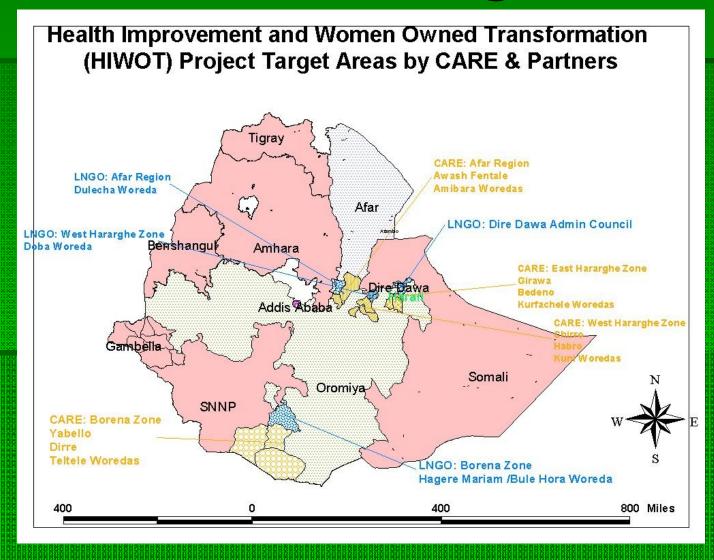
- Formed and trained 2464 Mother to Mother Support Groups (1 per village)
- Trained 527 religious leaders (3-4 per church)
- Project-attributed 28% drop in under-five mortality with 1,456 lives saved.

#### Results

#### With Islamic leaders:

- Prevalence of Female Genital Cutting (FGC) decreased from 95% in 2003 to 85.5%
- Increase in awareness of health implications of FGC
- Increase access to health facilities for women

# Results: SRH Program



# Results: SRH Program

- Both Muslim and
  EOC leaders were
  readily available
  to engage in the
  SRH project.
  FP messages were
  interpreted within
- economic context
- Abstinence fits with both faiths



### Results: FGM/C

- FGM although practiced widely by EOC believers is easy to address in absence of support by religious scripts
- FGM in Muslim communities faces more challenges although the Koran read properly does not support the practice.
   However scholars are reluctant to change teachings because afraid to loose credibility.

### PROs and CONs

#### PROs:

- Highly respected volunteers
- Use of existing resources
- BCC through "Saturation"—high coverage + high authority; simple messages, coordination

#### CONs:

- Low educational background
- Capacity building needs are high
- Concurrent commitments

### **Lessons Learned**

- Building linkages between government and communities is critical to success;
- Training PLUS supportive supervision are essential
- Cultural identity is the entry point for community mobilization
- Involvement of religious leaders in traditional societies is the key to successful interventions