HEALTHY ENVIRONMENTS IN CHILD CARE FACILITIES AND PRESCHOOLS (HECCP)

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CHILDREN'S ENVIRONMENTAL HEALTH NETWORK (CEHN)

Our mission:

To protect the fetus and the child from environmental hazards and promote a healthy environment.

Our Goals:

- Promote the development of a sound public health and child-focused national **policy**; with an emphasis on children most at risk;
- 2) Elevate public **awareness** of environmental hazards to children;
- 3) Educate health professionals, policy makers, and community members in preventive strategies; and
- 4) Stimulate prevention-oriented research

WHY ENVIRONMENTAL HEALTH?





- Exposure to the more well-published environmental hazards like **lead**, **tobacco smoke**, **pesticides** only represent a **fraction** of the toxicants in our environment.
- 70,000 chemicals that are commonly used are **not adequately tested** for their impact on human health.
- We spend up to **90% of our time indoors**. Not only do we have to worry about outdoor air pollution but also indoor air quality.
- We are **constantly exposed** to potentially hazardous chemicals wherever we are.





HEALTH EFFECTS OF ENVIRONMENTAL HAZARDS

- Poor Air Quality: traffic pollutants, mold, smoking
 - Headaches, breathing difficulties, severe asthma symptoms, allergy reactions
- Chemicals from art supplies, cleaning products, pesticides
 - Irritation to eyes, ears, nose and throat, exposure to heavy metals, affect brain development
- Radon
 - Leading cause of lung cancer among non-smokers
- Lead
 - Decreased IQ, increased learning disabilities
- Mercury
 - Affects brain development

WHY FOCUS ON CHILDREN?







Children are **particularly vulnerable** to environmental hazards because :

- Still growing and developing
- Cannot metabolize toxins as well as adults.
- Breathe up to twice as much air as adults

Crawl on the floor and put things they pick up in their mouths Chemicals are not adequately regulated for their impact on children

KEY OPPORTUNITY

- 60 % of the children below age 6 are enrolled at licensed and unlicensed childcare and preschools facilities, spending up to 40 hours per week.
- Apart from overall licensing requirements for safety measures, **child care providers and staff do not receive specific training around environmental health threats**.
- Most states **do not require** providers to have **Early Childhood Education Preservice Qualifications**.
- Only 12 states require **environmental tests** for lead, asbestos and radon in child care centers.







HEALTHY ENVIRONMENTS FOR PRESCHOOLS AND CHILD CARE SETTING (HECCP)

- A pilot program in California's Alameda and Contra Costa counties
- Trained child care providers and administrators to:
 - Identify environmental hazards,
 - Remove/alleviate environmental hazards, and
 - Identify useful resources and contacts for support.
- Over 100 child care providers trained in February 2006



HECCP IN ATLANTA, GA

• Audience:

Child care providers, preschool teachers, and facility administrators

• Teaching modules:

- Air Quality, Motor Vehicle Diesel, Radon
- Built Environment, Indoor Mold, Asbestos, Arsenic, Lead, Mercury, Physical Education and Nutrition, Noise Pollution
- Chemicals in Art Supplies, Safe Cleaning Alternatives, Pesticides and Integrated Pesticide Management









HECCP TRAINING

- **o** 2.5 3 hours
- Children's environmental health 101:
 - children's vulnerabilities
 - why our focus on child care centers
- Introduction to the education modules in the training packet
 - radon test kit demonstration EPA Region IV
 - list of local contacts and national organizations
- Question and Answer
 - A staff member from the Bright From The Start Georgia Department of Early Care and Learning will be present to assist with licensing related questions.
- Pre/Post Assessments and Evaluation





PROGRESS OF HECCP IN GEORGIA

- Began in October 2006
- Established a local Atlanta Advisory Team
- 70 child care resource and referral agencies, Head Start programs, and preschools recruited
- Organized the extensive peer-review process of the 14 education modules

• Currently,

- Submitting application to the Georgia Early Care and Education Professional Development System for licensing credits.
- Training in GA will begin winter 2008.
- Received grant from CDC to expand the progra Washington, DC (2007-2010)







Any Questions for me?



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