# Racial Disparities in Access to Medicare Home Health Care: The Disparate Impact of Policy

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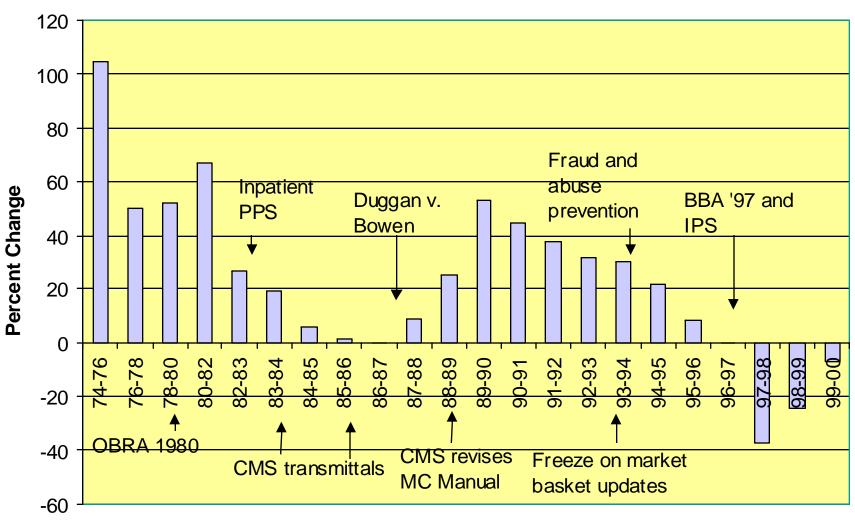


#### Research Questions

- Do health policies which are on their face "neutral" have a disparate impact on vulnerable subgroups of older adults?
  - Specifically looked at BBA '97 changes and access to MC HHC?
- Did these changes decrease access to care differentially by race?



#### **Rate of Change: HHC Total Expenditures**



#### Disparities in Health & Health Care

- Pressure to reduce HHC to chronic Pts.
- Older minority pts. more likely to have severe and chronic conditions
  - More likely to experience adverse impact
- Critical to understand racially disparate impact of policy
  - Future access set by this policy (PPS)
  - Other capitated payment systems



## Conceptualization

- Access = "those dimensions which describe the potential and actual entry of a given population to the health care system" (Andersen, 1968; 1980; 1995)
- Dimensions = Potential, Realized& Equitable

#### Access to Care

#### Individual Level Determinants

## Predisposing

## **Enabling**

#### Need

Age
Sex
Race
Marital status
Education
Cognitive Status

MA eligibility
Supplemental insurance
Census region
Rural residence
Number of caregivers

Health status
ADL function
IADL function
Physical function
# of diagnoses

## Methodology

- Data Source: Medicare Current Beneficiary Survey (MCBS) Access to Care File with matching claims files
- Sample: Medicare beneficiaries, 65+, fee-forservice, living in the community.
- 11,467 respondents in 1996; 10,540 respondents in 1998.
- Home Health Users:
- 2,437 users, 1,240 in 1996 and 1,197 in 1998

## Key Variables

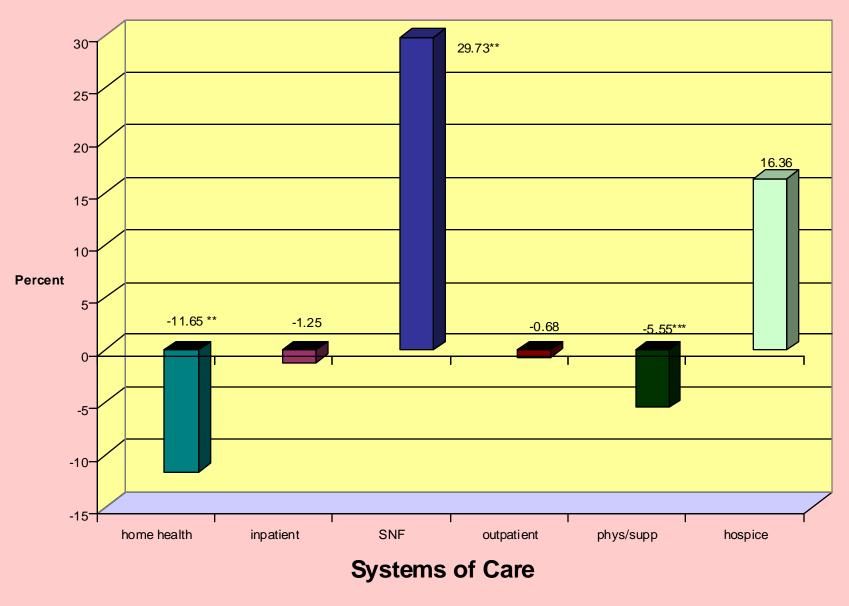
- Independent: Race (A.A. Other, W.), year
- Dependent: any use (total visits), any use (specific services), number of visits by visit type, number of visits, reimbursements
  - Controls: education, MA eligibility, age, sex, census region, rural residence, number of caregivers, cognitive impairment, supplemental insurance, marital status, functional status, number of diagnoses, health status

## Data Analysis

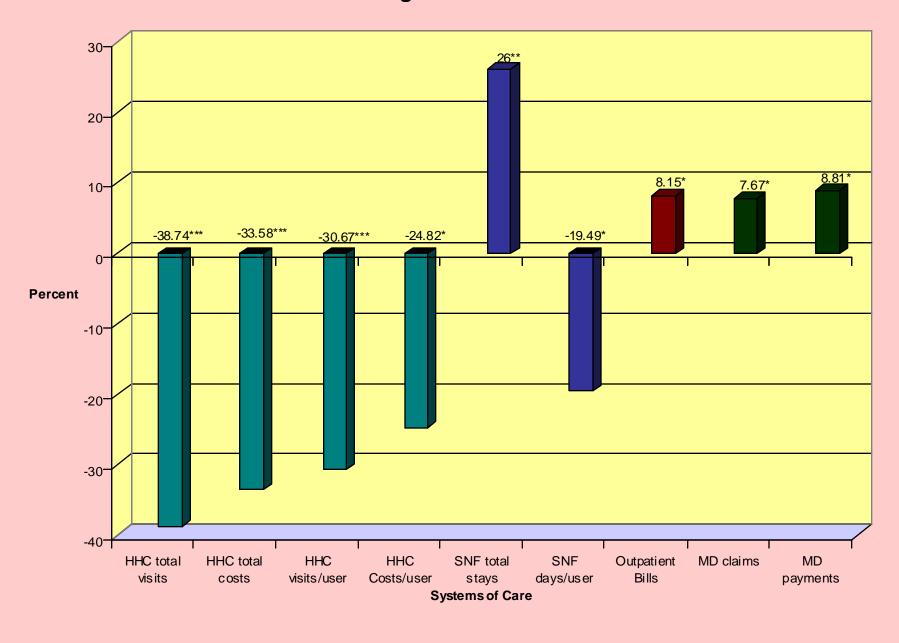
- 2-part model
  - Logistic likelihood of any use
  - Log Linear Reg. amount of use for users
- Balanced Repeated Replicate procedures used to estimate net changes in use over time.







#### **Percent Change in Totals and Means**



## Rate of Change in Users By Race

Variable	Us	ers	Rate of Change
	1996	1998	
African American	13.36%	14.93%	1.76%
Other race	5.54%	8.43%	69%*
White	9.54%	8.50%	-18%*

## Change in All, Skilled Nursing, & Non-skilled Visits By Race and Year

Variable	Visits Per User		Unadjusted Percent Change	Adjusted Percent Change <sup>a</sup>
All Visit Types <sup>b</sup>	1996	1998		
African American	135.62	78.20	-42.34***	-48.31**
Other	74.24	34.24	-53.88*	-46.20
White	67.70	49.22	-27.30***	-22.89
Skilled RN Visits <sup>c</sup>				
African American	51.65	34.68	-32.85*	-48.83*
Other	30.97	15.25	-50.76*	-50.34*
White	28.17	24.42	-13.28	-20.55
Non-skilled Visits <sup>d</sup>				
African American	121.39	52.48	-56.77***	-60.94*
Other	60.30	26.29	-56.40	-62.84
White	64.59	39.34	-39.09***	-34.29

#### Change in Reimbursements by Race and Year

Variable	Reimbursements Per User		Unadjusted % Change	Adjusted % Change <sup>a</sup>
All Visit Types <sup>b</sup>	1996	1998		
African American	8,351.43	5,570.22	-33.30**	-45.66*
Other	5,069.01	2,721.41	-46.30*	-43.45
White	4,319.01	3,339.24	-22.67***	-21.34

#### Discussion

- Most dramatic decreases for HHC
- Access to overall visits & specific types
- Disparities in use, not entry.
  - Skilled need at admission, Maintained?
  - Inappropriate use Pre-BBA?
- Controlled for health, functional status, etc.
  - Too brief time for health improvement

#### Discussion

- Agency Assumptions?
  - Race=proxy for high cost
  - Caregiver availability
- Service availability in community?



## Implications: Research

- Refine
  - SES
  - Service availability
  - Provider reactions
- PPS
  - PPS base rate derived from IPS costs
  - Transfers financial risk to providers
- Outcomes



#### Implications: Policy & Advocacy

- Patients with chronic care needs?
  - Is need driving access to care?
- Is this truly a race-neutral policy?

