### A Study of Immigrant Housing Conditions in Commerce City, CO



Litt, J.S.,<sup>1</sup> Goss, C.,<sup>1</sup> Hendrikson, E.,<sup>2</sup> Miller, S.,<sup>3</sup> Bardwell, A.,<sup>4</sup> Diaz-Castillo, S.,<sup>1</sup> DiGuiseppi, C.<sup>1</sup>

University of Colorado School of Medicine; Salud Clinic; University of Colorado at Boulder; Bardwell Consulting

Contact Information: 303-315-7595 or jill.litt@uchsc.edu

# Dedication

#### Alyssa Heberton-Morimoto

We will remember her for her spirit, her generosity, her determination and her willingness to take risks.

1983-2007

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# **Presentation Overview**



- To introduce "Hogares Sanos, Ninos Sanos," a healthy homes technical study in Colorado.
- To describe preliminary results from home visits conducted between 2005-20007.
  - Content area: residential hazards and related health effects.
  - Geographic focus: Historic Commerce City
  - Focus: injury, lead, and asthma/allergy
  - Eligibility:
    - Monolingual Spanish-speaking families
    - Families living in the US 10 years or less.
    - Families with children 18 years or younger

# Specific Aims



Establish Healthy Housing Network in support of community-academic partnership.

Develop and implement outreach and education strategies.

Characterize housing conditions and related health hazards.

Examine state and local housing policies and services.

# Why Residential Environments?

Hazards in the home have been shown to cause adverse health effects among children.

- Lead-based paint; dampness and fungi; pests; rodents; chemicals, fine particulate matter and CO, and fire, fall and electrical hazards.
- Underlying causes are rooted in structural and maintenance issues, heating, water damage, and excess moisture.

Home hazards tend to concentrate in deteriorated housing in low-income and/or transitional neighborhoods.

Citations: Lanphear (2002); Brunekeef (1989); DiGuiseppi (1998); Shai (2006); Jacobs (2002); Klitzman, S. (2007)

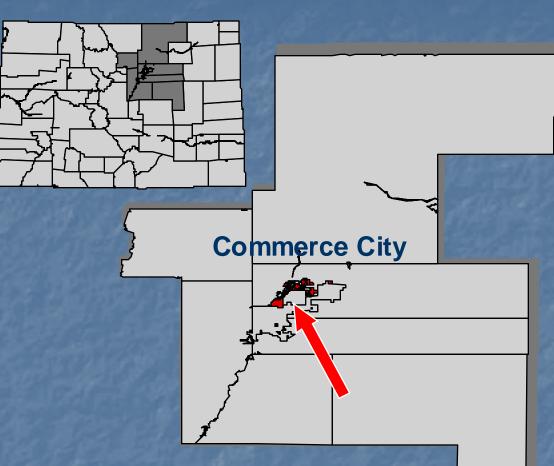
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# Why Monolingual Spanish-Speaking Families and Children?

- Latinos are the largest minority group of children in the US, representing more than 12 million (1 in 6 children).
- Latino children in the US experience disproportionate exposures to home and neighborhood hazards.
  - Such exposures may contribute to higher rates of asthma, lead poisoning, and injury among this population.

Citations: Carter-Pokras (2006); American Community Survey, Census, 2006





30 percent of the Latino population are under 18 years

20 percent of the Colorado population is Latino (934,410).



# Why Commerce City?

Population: 27,452 Percent Hispanic: 52% (US: 12.5%) Percent < 18 years of age: 32% Percent < 6 years of age: ~10% Education: 42% Less than HS degree 34% HS or equiv

24% Some college +

#### Language:

18% do not speak English "very well"
38% speak a language other than English at home.
Foreign born: 20%
Citizenship: 79% are not citizens.

Race/Ethnicity	Commerce City %	Commerce City #
White	66.1	18,153
Black or African American	1.8	489
American Indian or Alaskan Native	1.1	302
Asian	1	278
Native Hawaiian and Other Pacific Islander	0	5
Some other race alone	25.6	7,016
Two or more races	4.4	1,209
TOTAL	100	27,452
Not Hispanic or Latino	47.7	13,097
Hispanic or Latino	52.3	14,355
TOTAL	100	27,452
Age		
Less than 5	8.7	2,384
5 to 12	14.6	4,005
13 to 14	2.7	751
15 to 18	6.2	1,705
19 to 24	9.6	2,646
25 to 34	15.7	4,302
35 to 44	14.5	3,988
45 to 54	11.8	3,244
55 to 64	7	1,926
65 +	9.1	2,501
TOTAL	100	27,452
Household Income		
< \$25,000	34	2,968
\$25,000 to \$49,999	36.5	3,187
> \$50,000	29.5	2,581
TOTAL	100	8,736

### **Understanding Healthy Homes ...**

Intermediate Outcomes	Mold	<i>Other</i> <i>Allergens</i>	Fire	Air Quality (CO, PM2.5)	Lead
Hazards					
Heating / Cooling	✓	$\checkmark$	<b>√</b>	✓	
Stains/	$\checkmark$	$\checkmark$		✓	$\checkmark$
Dampness					
Mold/Odor	<b>√</b>	$\checkmark$		$\checkmark$	
Pests/Pets/Insecticides		$\checkmark$			
Fire Escape		$\checkmark$			
Smoking/Combustibles			<b>√</b>	$\checkmark$	
Gas Stoves/				✓	
Ventilation					
Lead (blood, paint, env)					<b>√</b>

# Approach



- Health Interview and Inspection (n=250)
  - Risk factors for asthma, allergy, injury, and lead poisoning
  - Markers of exposure: safety practices, lead paint, air quality, allergens, structural form
  - Perceived neighborhood environment
- Environmental Sampling
  - Lead: dust, soil, paint
  - Air: allergens (cat, cockroach, dust mites), CO, PM2.5
  - Biomonitoring
    - Blood lead levels
- Interventions
  - In-home education on hazards found in home (n=251)
  - Minor repairs on subset of homes (n=25)

# Results: Demographics

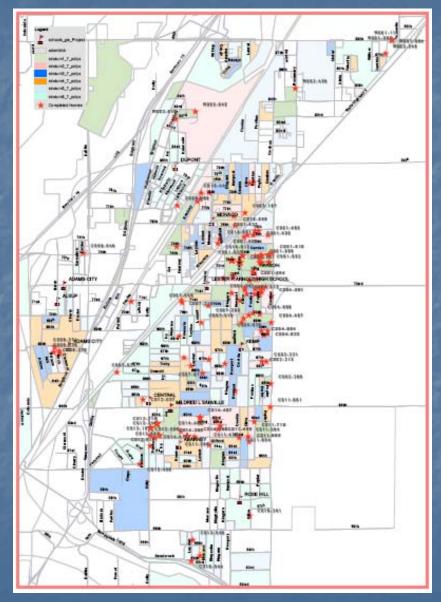


Demographics	Study Area #	Study Area %
Hispanic or Latino		
	251	100
Age		
18-19	12	5
20-24	34	14
24-29	70	28
30-39	97	39
40-49	27	11
50-59	9	3
Gender		
Female	227	90
Male	24	10
Education		
Elementary or Middle	89	35
High School or Vocational School	140	56
Some College	8	3
College Degree +	13	6
Income		
< 24,999	183	75
25,000-49,999	58	24
>=50,000	2	1
Occupation (Male)		
Construction	111	44
Other	140	56
Occupation (Female)		
Homemaker	173	69
Works outside home	78	31



## Results: Housing and Family Characteristics

Housing and Family Characteristics	Study Area #	Study Area %
Housing Type		
Single Family Detached	91	36
Duplex or Two Family	38	15
Row or Town Home	36	14
Low Rise Apt	44	18
High Rise Apt	1	<1
Trailer/Mobile Home	34	14
Quonset Home	6	2
Age of Housing		
Pre-1940	5	2
1940-1959	111	44
1960-1977	62	25
1978+	54	22
Unknown	19	8
Occupancy		
Renter-Occupied	163	65
Owner-Occupied	88	35
Persons Living in HH		
HH with Children < 6	202	80
Average Children per HH		2.3
More than 1 family in HH	64	27
Length of Residence		
Less than 1 year	101	40
1-4 years	117	47
5+ years	33	13



### The Home Environment: Mold

Evidence of Mold	Study Area #	Study Area %
Damp Areas		
Yes	48	20
No	198	80
Water Stains		
Yes	50	20
No	198	80
Visible Mold		
Yes	103	42
No	144	58
Mold / Musty Odor		
Yes	46	19
No	198	81
Presence of Any Dampness		
Yes	149	61
No	94	39
Dampness Score: Mold Presence		
No Households	94	39
1 Hazards	37	16
2 Hazards	32	14
3 Hazards	29	13
4 Hazards	20	9 6
5 Hazards	13	6
6 Hazards	4	2
Mean Symptoms of Mold		1.6
Median Symptoms of Mold		1



# The Home Environment: Air Quality

Predictors of Air Quality	Study Area #	Study Area %
Road Category		
Major arterial	4	2
Primary or Secondary	12	5
Collector Road	17	7
Local Traffic Street	215	86
Ventilation		
Stove w/o Adequate Venting	211	84
Stove w/ Adequate Venting	40	16
Gas Stove w/o Adequate Venting	103	81
Gas Stove w/ Adequate Venting	24	19
Sources of Heat		
Forced Air	228	91
Radiator	2	1
Electric Space Heater	8	3
Electric Base Board	3	1
Natural Gas	0	0
Other	8	3
Central Cooling		
No	133	53
Air Conditioning	42	17
Swamp Cooler	45	18
Other	21	8
Smoking		
Yes	95	38
No	155	62
Burning Solid Combustibles		
Solid Combustible Fuel	7	3
Cigarette Butts	9	4
Cigarette Odor	15	6
Candles	14	6



## The Home Environment: Fire-Related Hazards

Fire Hazards	Study Area #	Study Area %
Presence of Any Fire Escape Haz	ard	
Yes	202	81
No	48	19
Fire Escape Hazard Score		
No Hazards	48	20
1 Hazard	80	32
2 Hazards	76	30
3 Hazards	30	12
4 Hazards	9	4
Mean Score		1.5
Median Score		1
Presence of Any Fire Risk		
Yes	214	85
No	34	14
Fire Risk Score		
No Hazards	34	14
1 Hazard	78	31
2 Hazards	60	24
3 Hazards	28	11
4 Hazards	15	6
5 Hazards	6	2
6 Hazards	2	1
Mean Score		1.7
Median Score		1



# Conclusions



- The majority of homes in Commerce City had multiple problems, including moisture and mold (60%), fire hazards (80%), and risk factors for poor air quality including inadequate ventilation (84%).
  - Inherent barriers complicate and often preclude the implementation and sustainability of effective strategies to reduce hazards.
- Strategies are needed to begin to financially and technically support homeowners and tenants to construct, rehabilitate, and maintain homes that are safe and supportive of healthy living.

# Acknowledgements

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