

# Advancing Reproductive Health Through Policy Advocacy: Increasing EC Access in Latin America

Lessons Learned From
The Emergency Contraception
Leadership Initiative

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### EC Leadership Initiative

- International Health Programs (IHP) of the Public Health Institute (PHI)
- Compton & WestWind Foundations
- Focus Countries: Belize, El Salvador, Guatemala, Honduras, Mexico, Nicaragua









- Limited EC knowledge & access
- Conservative policy frameworks
- Gender-based violence & inequality
- Strong religious influence
- Unwanted pregnancy
- Unsafe abortion
- Maternal mortality





#### National Contexts

- Belize Women not using contraception: 53%
- El Salvador Abortion status: total ban & penalization
- Guatemala Total fertility rate: 4.4
- Honduras Teen pregnancy rate: 49%
- Mexico Abortion rate: 20% reported
- Nicaragua Unmet need for family planning: 15%















#### National EC Status

Country	Legalized	Availability
México	2004	Widely Available - FP clinics, pharmacies
Honduras	1999	Available – FP clinics, pharmacies
El Salvador	1999	Available – Providers, pharmacies
Guatemala	2007	Limited – Few FP clinics, some hospitals
Nicaragua	1997	Limited – Few providers, some pharmacies
Belize	_	Very Limited – Few pharmacies & FP clinics







## EC Leadership Initiative

- 70 participants / 3 years
- IHP Leadership Network International Family Planning Leadership Program & Youth Leadership in SRH Program
- Annual Regional Training
- Country Plans & TA
- **EC Outreach Process**



## Regional Training

- Evidence-based scientific approach
- Policy advocacy strategies
- Responses to religious opposition
- Media communications strategies
- Indigenous & youth populations
- Program design & proposal development







## Country Plan Development

- Country-level analysis
- Country-based plans & proposals
- Ongoing technical assistance
  - Proposal development
  - Program implementation









#### Outreach Process

- Institutional trainings
- Local & national dissemination efforts
  - Policymakers
  - Journalists
  - Service providers & educators
  - Religious leaders
  - Youth & indigenous groups
  - Police & military





- Individual & institutional capacity
- Creation & implementation of EC programs:
  - Belize Belize EC Advocates
  - Honduras ENMUNEH (Network of Black Women)
  - Guatemala CDH (Center for Human Development)













#### Lessons Learned

- Depth Country plans
- Breadth Outreach process
- Diversity Gender, ethnicity, age, profession
- Participatory training methodology
- Cross-cultural learning
- Technical assistance
- Policy challenges ongoing











## Thank You!





