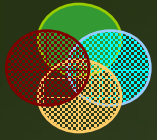
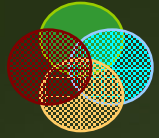


# Teaching Health and Social Justice



# Outline

1. Introduction
2. Educational programs we have developed
3. Lessons we're learning about pedagogy and program planning on HSJ

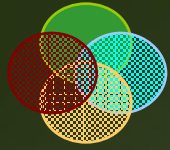


# Who We are

City College of SF: Dept of Health  
Education and Community Health  
Studies

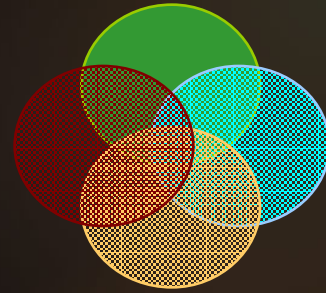
San Francisco State University: Dept of  
Health Education

Partnership formed in 1992:  
Community Health Works

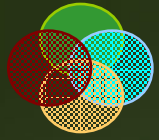


# What we mean by health

- Community health, not individual health
- When we look at populations,
  - genetics responsible for 1% of health outcomes;
  - medical care about 11%;
  - the rest is about the social structures, policies, institutions, history--conditions of life and work



# Innovative Programs in Higher Education



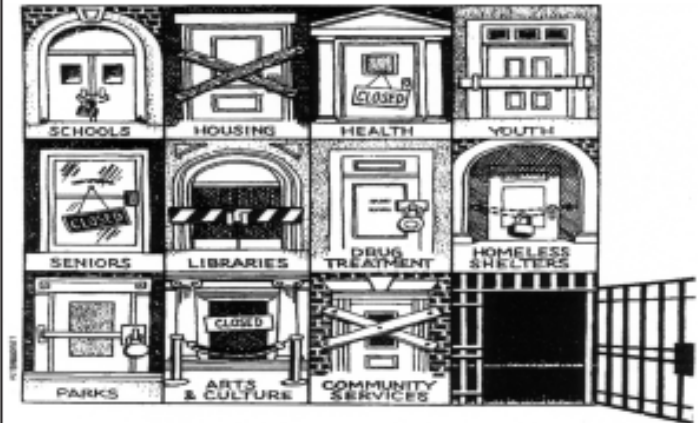
# Certificates at CCSF

- Drugs & Alcohol Studies
- Community Health Worker
- Health Care Interpreter
- HIV/AIDS Prevention Education

## URBAN HEALTH POLICY

### Health 40

The U.S. is in a health crisis. Although we spend much more on health care than any other country, our life expectancy is 29th in the world and our infant mortality is 26th. Our health is not just a result of individual bad habits or unlucky genes; it is also affected by the conditions in which we're born, live and work.



This course will use award-winning documentary films, participatory activities, and discussion to examine how racial, economic, and social inequality determine who is sick and who is healthy. We will explore how government policies affect the health of our communities, and how we can work for policies that foster health and social justice.

Thursdays, 5-8 pm, Starting August 16, 2007

Cloud Hall 332 ■ CRN 78125

Instructor: Vicki Legion

This course has no prerequisites

Health 40 satisfies CSJ GE Breadth Area D; General Education Area D for an AA/AS Degree; Elective for Community Health Worker Certificate, CCSF Major in Health Education/CIS, and Bachelor's in Health Education at SFSU.

# Metropolitan Health Academies

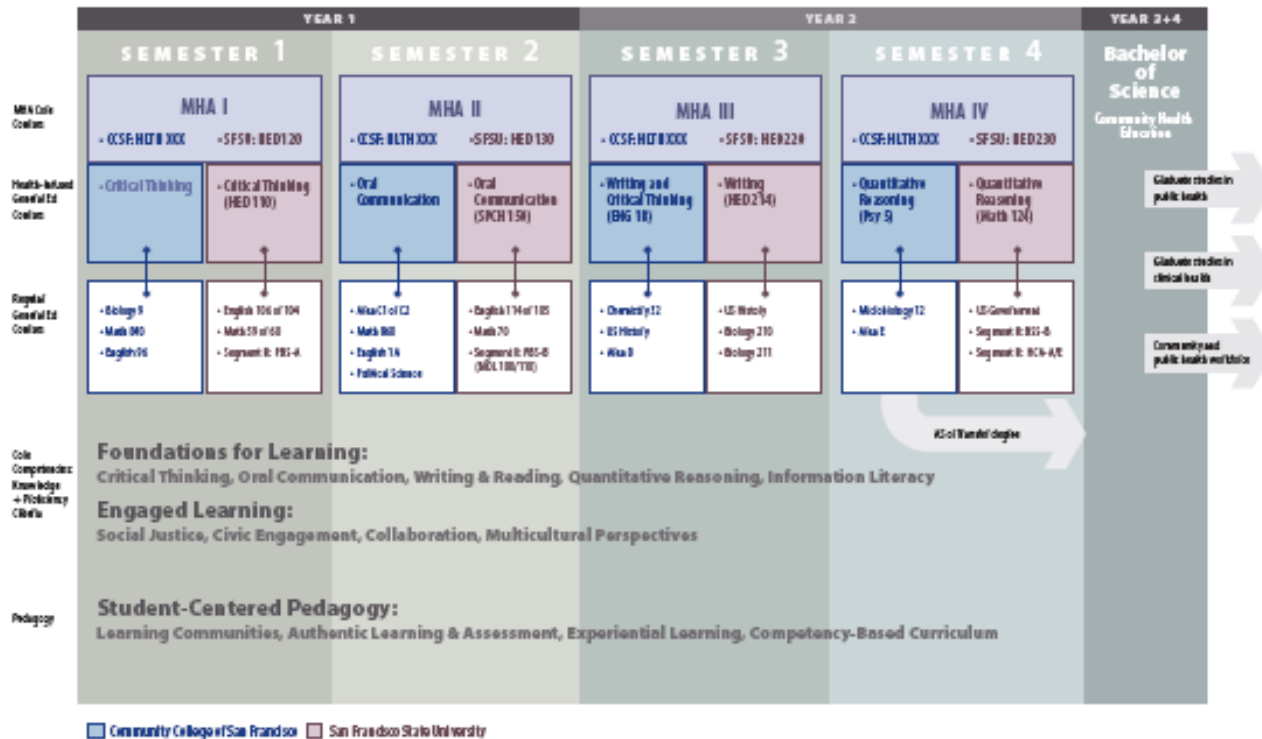
## SFSU/CCSF

### Metropolitan Health Academies

A National Model Program for the First Two Years of College  
Mastering General Education Skills and Knowledge through Deep Engagement with Real Challenges in Community Health

MSH-1-04-01

#### Neighboring Community College + University

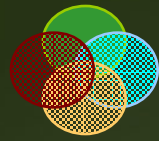


Metropolitan Health Academies is a joint project of City College of San Francisco and San Francisco State University, and is funded by a grant from the US Department of Education Fund for the Improvement of Post-Secondary Education (FIPSE).



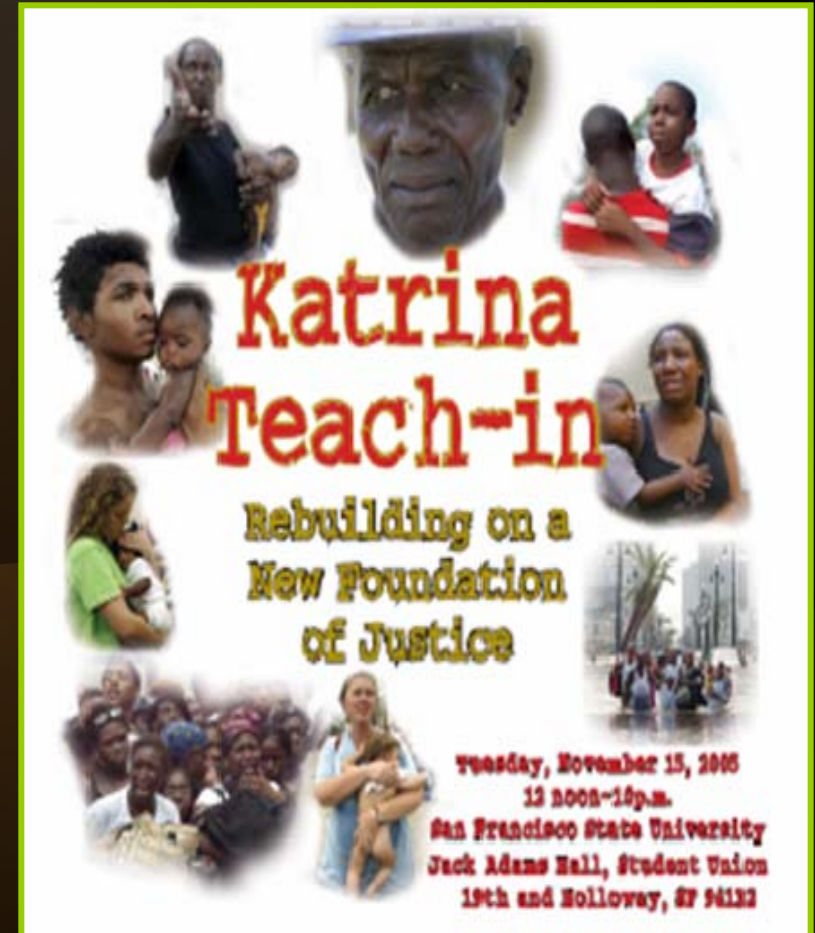


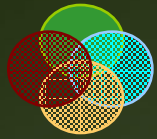




# Katrina Teach-In

- University-wide co-sponsorship, 600 attend
- Speakers: PHRF, Common Ground, faculty
- New Orleans jazz group & food
- Outcome: New Orleans work delegation





# Master in Public Health at SFSU

LINKING THEORY WITH PRACTICE

SAN FRANCISCO STATE UNIVERSITY



## MASTER OF PUBLIC HEALTH

IN COMMUNITY HEALTH EDUCATION

### THE MISSION OF THE MASTER OF PUBLIC HEALTH PROGRAM

in Community Health Education at San Francisco State University

is to promote **health and social justice in urban communities.**

Central to this vision is an emphasis on a community-based approach that builds diverse, collaborative leadership and recognizes the importance of understanding the multiple determinants of health to design effective, comprehensive solutions. The ultimate aim is to develop culturally and professionally competent leaders in public health who are able to apply systems theory to enhance community health.

To fulfill our mission, we engage students through contextual and participatory teaching approaches integrating theory and practice, with an emphasis on developing team, leadership, and communication skills in our graduates.

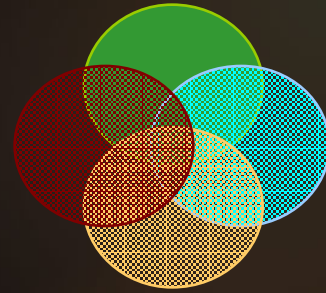
### INNOVATIVE FEATURES OF THE SFSU MPH PROGRAM

- **Educational partnerships** with Bay Area Departments of Public Health and community-based organizations to strengthen the link between theory and practice through **hands-on experience.**
- **Student e-portfolio** development.
- Students move through the program together in three years in a **"learning community."**
- **Emphasis on written and oral communication skills** development.
- **Supervised practice** with a team of community-based, experienced public health professionals.
- **Effective seminars** to strengthen students' skills in **collaborative leadership.**
- **Participatory learning** that is focused on complex contemporary problems in **diverse communities.**
- **Faculty committed to social justice** and active in advocacy and public policy work.
- **Evening classes** to accommodate working professionals.

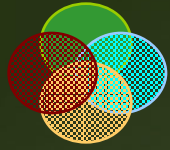
For an application and for more information on the MPH program visit us at:  
<http://www.sfsu.edu/~hed>.

SAN FRANCISCO STATE UNIVERSITY  
DEPARTMENT OF HEALTH EDUCATION  
1600 Holloway Ave., Hill 326  
San Francisco, CA, 94132-1160  
phone: 415-338-1455 email: [hed@sfsu.edu](mailto:hed@sfsu.edu)

STUDENTS PRACTITIONERS COMMUNITIES FACULTY

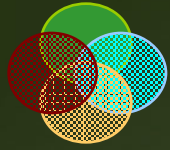


# Lessons we're learning about pedagogy and program development



# Pedagogy

- Begin with case studies (ex: AIDS, environmental justice, the drug war)
- End with more theoretical material on race/class/gender
  - Race: Power of an Illusion (Ca. Newsreel)
  - Class: Color of Wealth by United for a Fair Economy
  - Gender: Asian Communities for Reproductive Justice

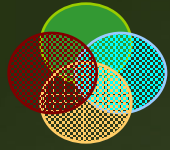


# Four lenses to use to study an issue:

1. Emotional Engagement
2. Vision
3. Analysis
4. Strategy

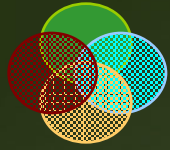
(Thanks to Project South)





# 1. Emotional Engagement

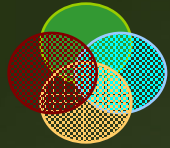
- Moving documentary films
- Dialog with people who have experienced the problem (from class or community)
- Experiential learning to get people moving, talking, listening
- Being engaged, “getting on the bus”



## 2. Vision

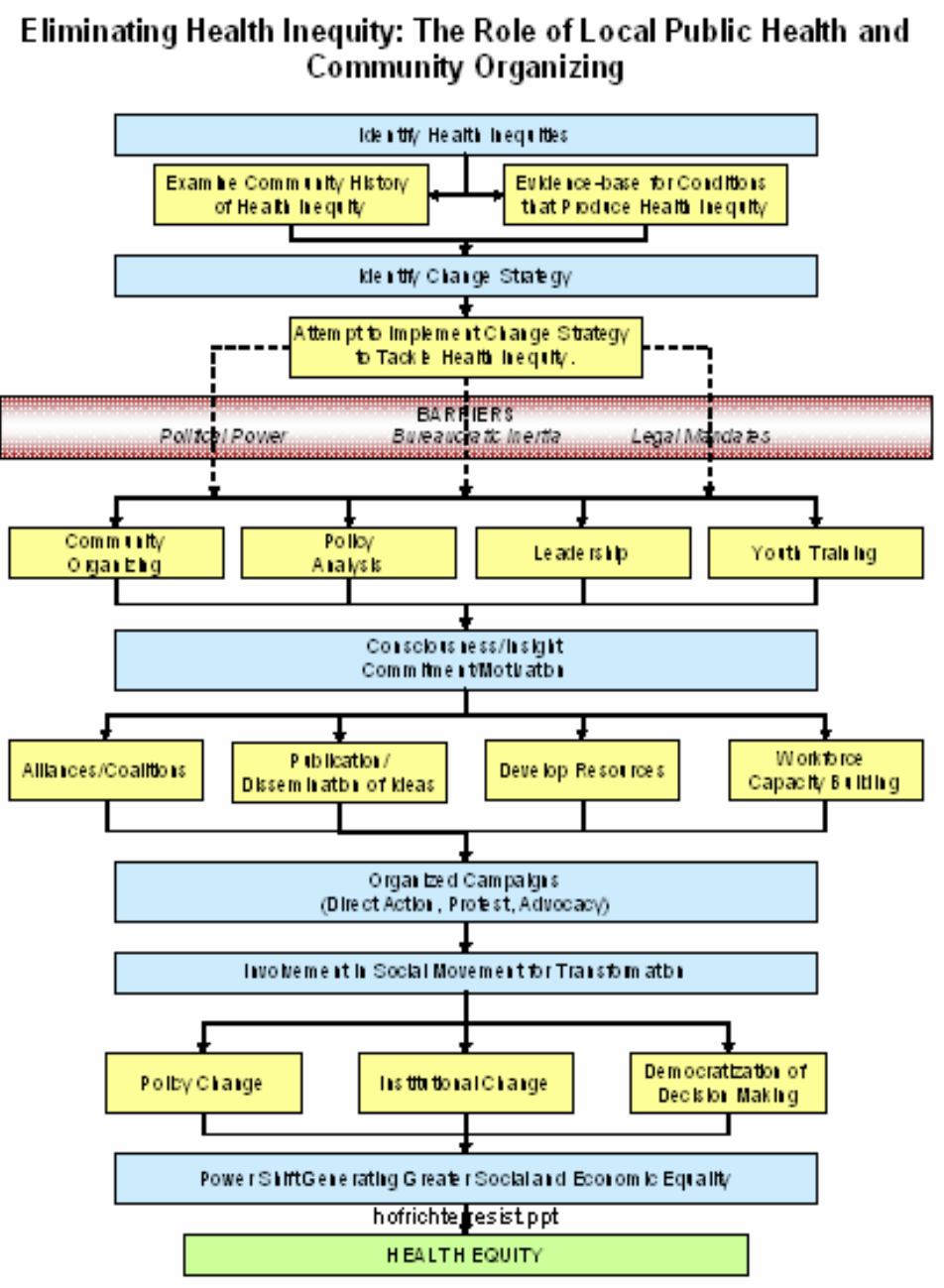
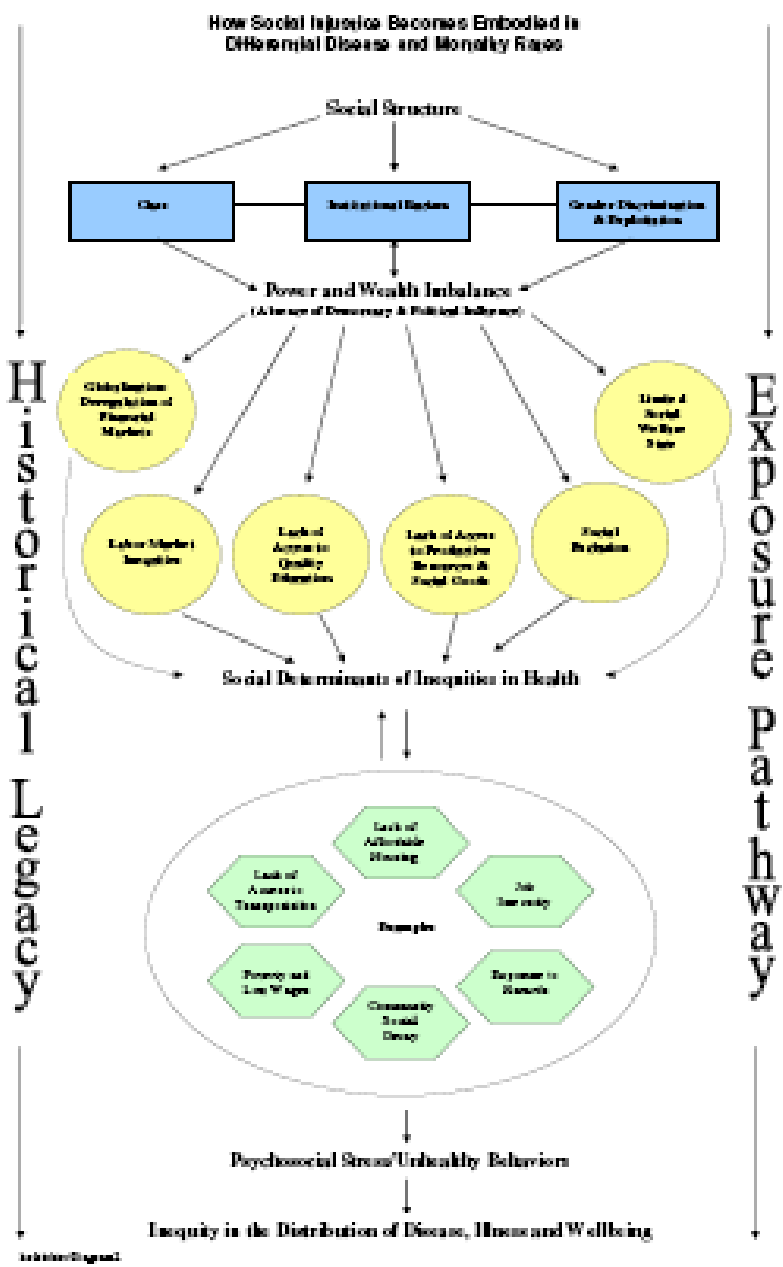
- Break the spell of “There is No Alternative.”
- How are other people handling this?  
Look internationally and to leading community organizations.
- How do we deeply want things to be?  
Articulate our values.

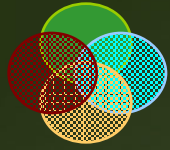




## 3. Analysis

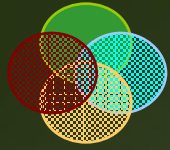
- History and policies are made and can be re-made by people.
- Who wins, who loses?
- Deconstruct the cover stories.
- Study key concepts.
- Learn the history ~ use Project South timelines, put our individual histories in the context of the “big history.”





## 4. Strategy

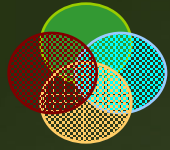
- Power analysis: Who are the forces on both sides of this issue?
- What are the plans of leading organizations? What are their short and long-term demands?
- What can we do, how can we “get on the bus”?



# Teaching challenge

“This stuff is so heavy and depressing. It’s not an article, it’s my life.”

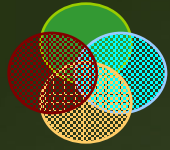
- Build small community in class
- Hook up with large community
- Bring in an experience of culture through art, poetry, music, flowers
- Teach positive action steps to make a difference



# Teaching challenge

Too much great content crowds out the interactive pedagogy.

- Solution: Spread the content over more time.



# Lessons on program development

- Use external off-campus allies to legitimize your work on campus.
- Keep your institution well informed, cultivate long-term administrative allies.
- Use grants for start-up and plan for institutionalization on day one.

*"Of all the civil rights for which the world has struggled and fought for 5,000 years, the right to learn is undoubtedly the most fundamental . . . The freedom to learn . . . has been bought by bitter sacrifice. And whatever we may think of the curtailment of other civil rights we should fight to the last ditch to keep open the right to learn."*

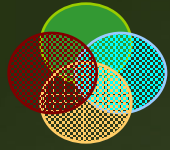
—W.E.B. DUBOIS



***we should fight to the last ditch  
to keep open the right to learn ...***

Community Health Worker (CHW) thanks you for your dedication and hard work.





# Contact Information:

Mary Beth Love and Vicki Legion  
Community Health Works

The partnership of SFSU and CCSF

[www.communityhealthworks.org](http://www.communityhealthworks.org)

[chw@sfsu.edu](mailto:chw@sfsu.edu)

Credit: Ingrid Ochoa, slideshow design and production