### Strategy: Youth Led Action Research

- \*A multi-semester projects
- \*Youth receive training, identify issues of interest, conduct research
- Youth develop presentations/projects to convey or address findings
- \*For more information on process, see Youth In Focus: youthinfocus.net



Participants:

21 youth from

3 high schools



### Youth Led Action Research Cross-Sector Engagement

\*Adult advisors include:

Teachers, Public Health, college interns, community group





Cross-Sector Engagement

Youth present to:

**\***School boards

\*Administration



- **<b>\***Student Council
- **\***City Council

### Youth Led Action Research Results - in progress:

- \*Healthy foods to be offered in high school vending machines.
- \*City and high school district commit to jointly build a gymnasium for shared use by school (1/3) and community (2/3.)

## Strategy: PhotoVoice a particular form of action-research where the research tool is a camera

- \* Email for a copy of our PhotoVoice Guide
  - healthy@shasta.com

### PhotoVoice: Cross-Sector Engagement

- Youth & parents
- \* Schools
- **☀** Public Health
- City planner
- City Council
- \* Parks Director
- **☀** Private Sector







#### **PhotoVoice**

One project that has taken off beyond

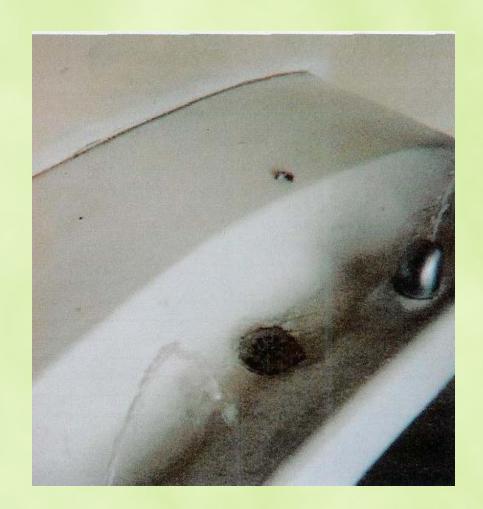
expectations:

\*Wal-Mart healthy choices checkout stands



### **PhotoVoice**

And one we're still working on!



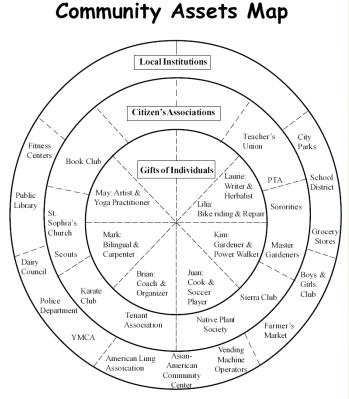
### Participatory Park Planning

**Asset Mapping** 



Participatory Park Planning

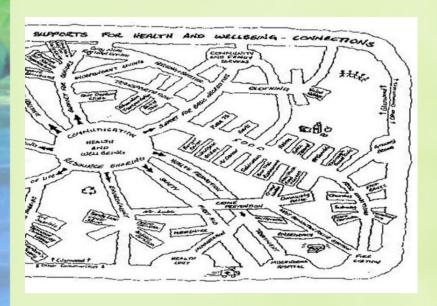
KaBoom – kaboom.org



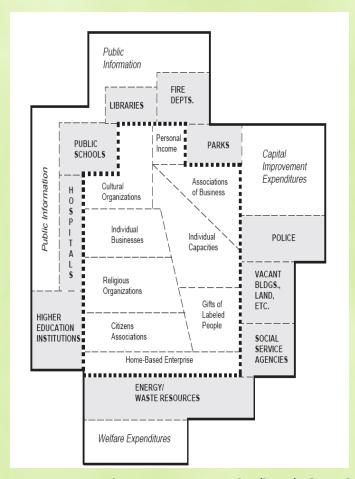
Center for Collaborative
Planning
Connectcop.org

### Asset Mapping Asset Map Styles & Resources

Policy Link: policylink.org



Community Building Resources (CBR): cbraimhigh.com



www.northwestern.edu/ipr/abcd

### Participatory Park Planning Park Design/Art Auction



Parents come out to bid on their child's art work – and learn about the park project!

- Sectors Engaged in Park Project:
  - Youth & community
  - Schools
  - Public Health
  - Builders
  - Water District

### Participatory Park Planning

#### \*Some interim wins

- Broad community support for park project
  - willingness to pay for maintenance.
- Local supervisor proposed, park committee members advocated for & County authorized \$50,000 for a Parks, Trails and Open Space Plan.
- Verbal commitment from developer for 11 acre land donation

#### ★ Still on the advocacy agenda

- 20 acres instead of 11
- Extend Safe Routes path to connect with Park and link 16 miles of proposed trails to existing community

## Participatory Assessment & Working Across Sectors

#### Advantages and Challenges

- \* Advantages
  - Many players pooling resources, opportunities to forge new connections/relationships
  - Broadens community buy-in.
  - Capacity building leadership, advocacy, community awareness

# Participatory Assessment & Working Across Sectors

- Advantages and Challenges
- ★ More Advantages
  - More impact on decision makers -
    - Nouth-irresistible to public officials
    - More constituencies heard from greater impact
    - Press pays more attention when youth/community involved

## Participatory Assessment & Working Across Sectors

Advantages and Challenges

- \* Challenges
  - Many players messy, time consuming
  - High Potential for "mission drift" varying priorities
  - Unequal resources/influence among players
  - It's no place for purists!

### Thank You!

Please feel free to contact me if you have questions:

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