



Presented by:

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Project Coordinator

Healthy Eating, Active Communities

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Healthy Eating Active Communities

Problem:

- ✓ Few or no bike lanes or safe walking routes
- ✓ Not enough green space or parks for families to recreate
- ✓ Overabundance of fast food restaurants
- ✓ Flight of supermarkets
- ✓ Food access has diminished to corner “mom and pop” stores

Healthy Eating Active Communities

Solution:

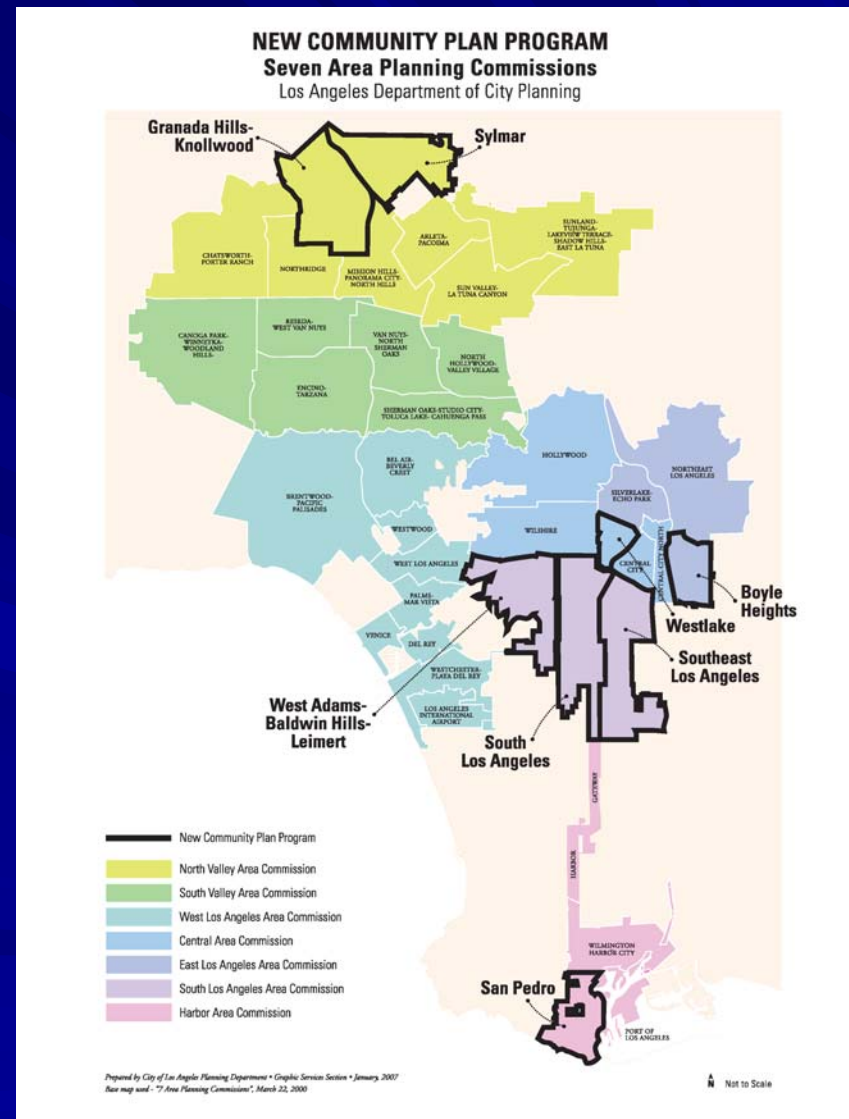
- ✓ Develop community-driven, policy-oriented strategies
- ✓ Increase awareness of the link between built environment and health consequences
- ✓ Obtain constituency of supporters for policy strategies
- ✓ Cultivate relationships with community residents, business owners, elected officials, government officials, school officials
- ✓ Involve HEAC Youth Ambassadors in all efforts

Walkability Assessment

- Assess ability to walk safely in neighborhoods
- Involved parents, community residents, schools, LADHS, police department, council district office
- Developed policy brief with recommendations for improving the neighborhood landscape

LA City Plan Revisions

- South LA, Southeast LA, West Adams city planning areas
- Planning process involves community input to identify issues and opportunities and set goals for development



Planning School

- Strategic Actions for a Just Economy (SAJE)
- Figueroa Corridor Land Trust
- LA County DPH PLACE (Policies for Livable, Active Communities and Environments) Program



Market Makeover



Market Makeover



Market Makeover



Market Makeover







Market Grand “Re-opening”

- In collaboration with:
 - Councilwoman Jan Perry (CD9)
 - LAC Health Department
 - LAUSD
 - Nutrition Network for a Healthy California
 - Community residents
 - Youth
 - Community Organizations

CREATIVE LICENSE

#: HEAC5



NAME: LAENCIA SCHMIDT
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SCHOOL: THE ACCELERATED SCHOOL
CITY: LOS ANGELES
STATE: CALIFORNIA

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#: HEAC6



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STATE: CALIFORNIA

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Where Do I Get My Five?

- Created youth-led documentaries on food access inequities
- Videos cover 5 topics:
 - Marketing and advertising
 - Price
 - Quality
 - Food as culture
 - Distance/location







South L.A. HEAC

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