

# Wabanaki Generations – Addressing HIV/AIDS in tribal communities in Maine

A project of GENERATIONS: Strengthening Women and Families Affected by HIV/AIDS

- •Wabanaki Mental Health Association
- Maine Migrant Health Program
- Maine Community AIDS Partnership









## Background

- HIV in tribal communities is still a hidden problem surrounded by lack of knowledge and stigma
- Focus on women taps into matriarchal culture in Wabanaki tribes









# Collaborative Description

#### Three agencies

- 8 days of training for outreach workers
- Management team: email and phone calls as needed (at least monthly)
- "All hands" meetings bi-monthly, alternating conference calls /in person
- Monthly outreach worker contact sheets
- We are a team









# Program Overview

- Capacity building with tribes in Maine
- Focus on women and families
- Goals
  - •reduce stigma
  - bring topic into consciousness
- Awareness of risks & protective behaviors









# " I have a gift for you."











# "We are the program"



Investing in the wisdom, training, capacity and empowerment of key individuals is the cornerstone of both the intervention and the transformation.







## Program Features

#### Outreach –

## bring messages to audience

- One on One
- Small groups
- Health Fairs
- Large Gatherings











## Program Features

## Strategies

- Education and information
- Testimonials and storytelling
- Counseling and testing
- Referrals











# Program Sites

Laundromats	Grocery Stores	Raker Center
Campfires	Blueberry Barrens	Health Fairs
Camps	Gatherings	Social Networks
Senior Centers	Boys & Girls Clubs	People's Homes
Community Kitchen	Methadone Clinics	Schools









## Evaluation Description

#### **Process Measures**

- Number of events, contacts
- Number of tests, referrals
- Feedback from Champions and community leaders
- Instances of community initiated contact









## Contacts

#### **Outreach Contacts:**

- 1x1 = 232
- 17 Groups = 220
- 8 Gatherings = 300
- Testing = 160 women
- Exposure to information
  - =>1,000 additional people











# Findings

- Eventually, we were welcomed
- Indigenous and ingenious outreach generated large volume of testing
- Stigma has gone down
- Issue awareness has increased
- Collective acceptance in community









## Lessons Learned

- Invest in training and team building
- Hiring / Staffing decisions are key
  - HIV+ women willing to speak
  - Traditional healers for outreach and education encounters
- Part time / Full time doesn't matter because eventually they're always working because they become community resources









## Reflections

- Senior Center
- "How do you build trust"
- Stigma, capacity
- Evolution









## Thank You

Donna Augustine

Sharon Paul

Patty Neptune

Mulian Dana

Sharon Tomah

Stephanie Brady

Barbara Ginley

NATIONAL AIDS FUND

A National Catalyst for Local Action

Miigam'agan

Kate Perkins

Lauren Stevens

Amy Joseph

**RMCL** 

**DEAN** 

Jill Devereaux

Johnson Johnson



# Wool-lun-kay-uzz

Take good care of yourself



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