How Building Social Capital Creates Momentum For Policy Change: Findings From Oakland, California

American Public Health Association Conference November 6, 2007

> Mia Luluquisen, DrPH, MPH, RN Liz Maker, DrPH Tammy H. Lee, MPH

Presentation Overview

- City-County Neighborhood Initiative (CCNI)
 Description
- Defining Social Capital
- Social Capital Development in the CCNI
 - Relationship-Building
 - Civic Participation
 - Collective Efficacy
- Relating social capital development to policy change
- Discussion





What is CCNI?

- City of Oakland
- AlamedaCounty
- Neighborhood groups and community organizations

Joining together in an initiative to create safe and healthy conditions in Sobrante Park and West Oakland



History and Background

- Mobilizing Action for Planning and Partnerships (MAPP) (2003)
- City-County Violence Prevention Initiative
- Grant Proposals to the Centers for Disease Control for Youth Violence Prevention through Community Capacity-Building ('04 and '05)
- Formation of the Community Capacity-Building Leadership Team ('05 & '06)

CCNI Model

Grassroots community organizing and neighborhood development

Community Mobilization

Resident Action
Councils and
Committees

Partnership Development

Youth programs

Accessible Health Services

Residents empowered to speak and act on their own behalf

More Civic Engagement

Increased knowledge, skills and leadership

Stronger relationships within and outside of neighborhood

Greater access to health and social services

More youth engagement

Local organizations are stronger

Greater resources & linkages

Residents experience concrete improvements in their lives

Improved neighborhood conditions

Less Violence

Improved health and well-being

Institutions are more responsive to residents

Share power & resources

Key CCB Components

- Door-to-door outreach
- Health education and services
- Resident empowerment
- Increased social capital
- Improved physical environment

Pathways to Improved Health and Well-being

- Greater sense of personal and collective efficacy
- More social support
- Better coping with stress
- Reduced environmental hazards and allergens
- Safer places to walk and exercise
- Access to more fruits and vegetables
- Greater access to policy makers and "power-holders"
- Greater access to resources, i.e. health and social services
- More youth protective factors
- Youth education and employment

What is Social Capital? It Depends Who You Ask

- Credit for term given to:
 - Pierre Bourdieu (1970, 1986)
 - Popularized by James Coleman (1990) and Robert Putnam (1993)
- Putnam's definition:
 - Most widely used in public health
 - "Social capital is a <u>feature</u> of social organizations such as networks, norms and trust that <u>facilitates</u> coordination and cooperation for mutual benefit"

Broad Definitions of Social Capital

- "Social capital appears to be an umbrella concept that includes anything that helps to remove the barriers to collective action in communities." (Wallack 2000)
- Social capital in all its facets is a necessary and critical ingredient for building healthy communities."

(Daniel Schulgasser, 1997)

Elements Found in All Definitions of Social Capital:

- Benefits are available to anyone in a community
 - Even people who are not directly involved in civic life
- Definitions include both:
 - Structure relationships and networks
 - Function working towards the common good

Dimensions and Indicators of Social Capital

- Trust and norms of reciprocity
- Breadth and depth of civic participation
- Relationships among groups
 - Bonding (similar); bridging (dissimilar)
- Relationships between people and groups
- Opportunity and ability to collaboratively solve common problems (See Sampson)
- Public and social provision of goods and human services

Collective Efficacy: A Redefinition of Social Capital

- Robert Sampson et. al. 1997
- Focus away from what social capital is to what it does
- Focus away from face-to-face, emotional interactions (Bowling Alone)
- Definition has 2 components:
 - Social cohesion and trust
 - People's willingness to intervene on behalf of the common good

Social capital research: Sampson et. al. (1997)

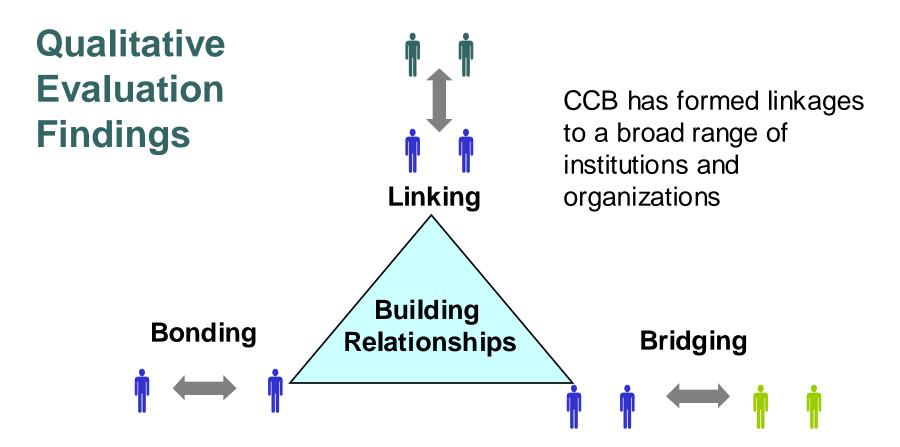
- Cross-sectional, ecological study design
- Data from a survey in 343 Chicago neighborhoods
- Independent Variables:
 - Concentrated disadvantage
 - % below poverty line, on public assistance, femaleheaded families, unemployed, less than age 18, African-American
 - Residential stability
 - Immigrant concentration
- Dependent variables:
 - Perceived crime; violent crime statistics

Sampson et. al. (1997)

- Mediating variables: Collective Efficacy
 - Informal social control, trust
- Controlled for:
 - Gender, marital status, homeownership, ethnicity, mobility, age, years in neighborhood, SES
 - Average homicide rates
- Collective efficacy was negatively correlated with violent crime

CCNI Fosters 4 dimensions of social capital

- Relationship-Building bonds, bridges & linkages
- Civic participation level of involvement in neighborhood activities and personal/collective action to improve neighborhood conditions
- Social cohesion extent to which neighbors trust and get along with each other; solidarity among neighbors and between racial/ethnic groups
- Informal social control capacity of group to regulate its members to realize collective goals; willingness to intervene to prevent deviant behaviors.



CCB has fostered bonds between people through community activities and events

CCB has built bridges across racial/ethnic groups through cultural events and working together on various projects

CCNI Linking Social Capital

Alameda County Public Health Department

- · Office of the Director
- Community Assessment, Planning & Evaluation (CAPE)
- Public Health Nursing
- Nutrition Services
- Immunization
- Community Health Services
- Improving Pregnancy Outcomes Program (IPOP)
- Interagency Children's Policy Council (ICPC)
- Emergency Medical Services
- Project YES Youth Uprising

City of Oakland

- · Parks and Recreation
- Human Services
- Neighborhood Services
- Community Programs
- Police Department
- Community and Economic Development Agency
- Fire Department
- Workforce Investment Board

UC Berkeley School of Public Health



Oakland City Council

- District 7 Larry Reid
- District 3 Nancy Nadel

Community-Based Organizations and Grassroots Groups

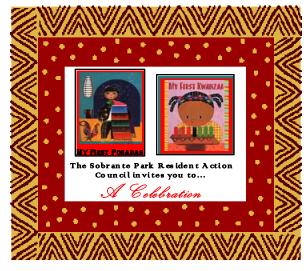
- Habitat for Humanity
- · Rebuilding Together
- Oakland Community Organizations
- · School of Urban Missions
- Alcohol Policy Network
- Attitudinal Healing
- Healthy Oakland
- Safe Passages
- YMCA

Oakland Unified School District

- Madison Middle School
- · Lionel Wilson School
- Sobrante Park Elementary School
- · Hoover Elementary School
- · McClymond's High School

Bridging Social Capital – A Resident's View

"Now there is more unity than before between African-Americans and Latinos. Before there was a wall between the groups and more racism and stereotypes. Now we work together more and understand each other's culture more – for example they like our food. Now we are closer."





Social Capital Indicators in Survey

Civic Participation

In the past year, have you:

- Attended a neighborhood social event*
- Met with neighbors or neighborhood group to do or change something*
- Voiced opinion about a neighborhood issue to City official*
- Participated in a community or volunteer group†

* Adult community survey only † Youth survey only

Social Cohesion

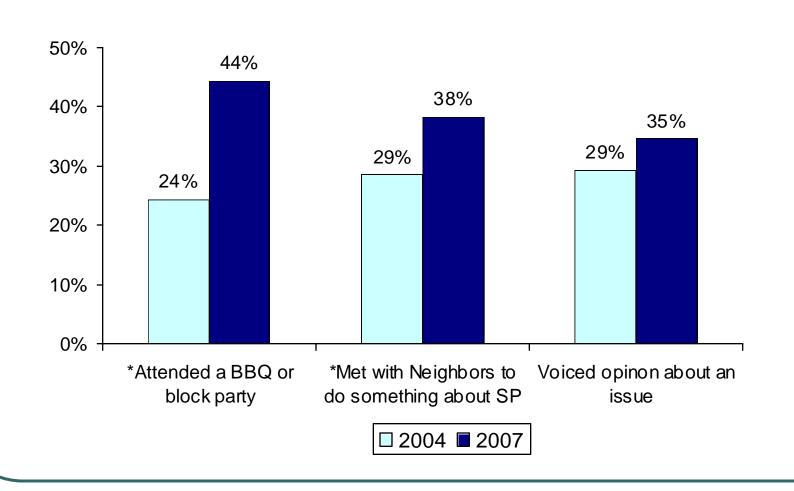
- People in this neighborhood can be trusted
- People around here are willing to help their neighbors
- People of different racial/ethnic groups get along well here*
- Youth feel like they are part of the neighborhood†

Informal Social Control

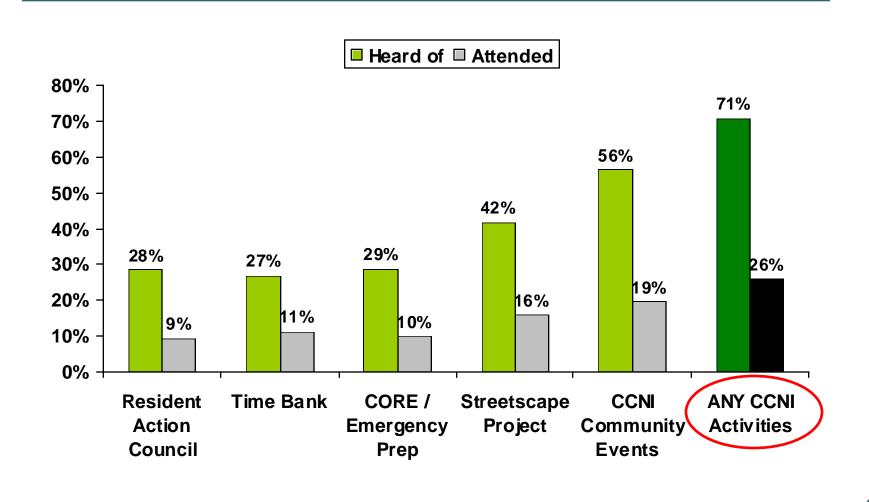
- People around here would do something if youth are skipping school*
- People around here would do something if youth are harming others or the community †

Collective Efficacy

Civic Participation Increased in Sobrante Park Between '04 and '07



Civic Participation Through CCNI



Collective Efficacy - "Feet on the Street" Seniors

- Weekly walks around neighborhood
- Purpose:
 - "Eyes" and "ears" supplement police
 - Look for blight
 - Let drug dealers know they are watching
 - Collective efficacy watch out for each other
- Accomplishments
 - More crossing guards
 - Less litter
 - Less prostitution and drugs in daylight
 - Got City to pay for "bulb-outs" to make Crossing the street safer for everyone



Friends of Durant Park





- Strategy: Meetings, letter writing, calls
- Secured improvements from Public Works:
 - Permanent garbage cans
 - Lights
 - Clean-up
 - Community bulletin board
- Met together to draw up architectural plans for the park

Tyrone Carney Park

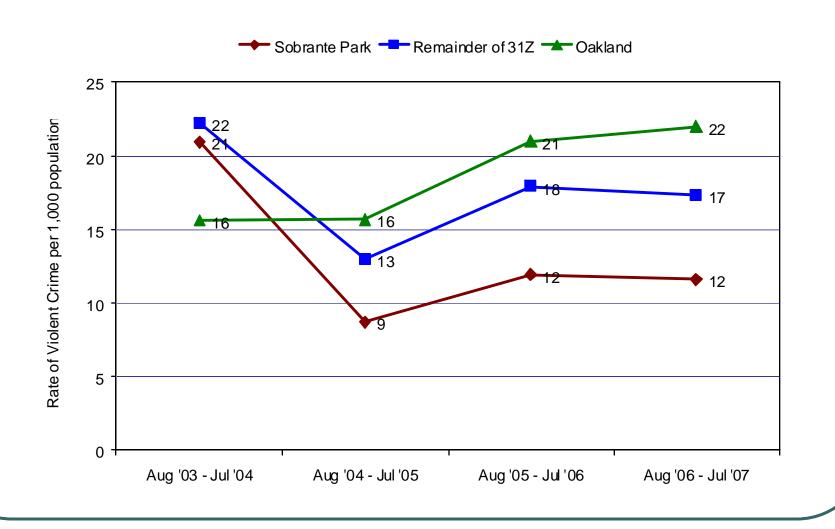


 Strategy: Neighborhood assessment, community organizing, working with City Council, grant writing, meetings, letter writing, calls; secured grant for redesign of park and neighborhood gateway.

Civic Participation Workshops

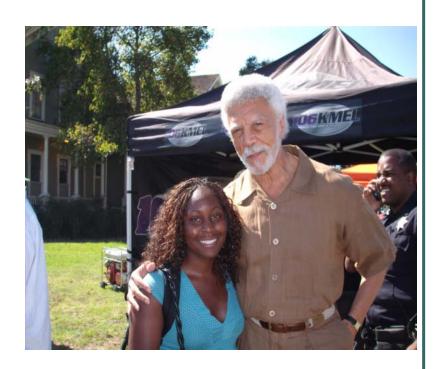
- Module 1: Introduction to City Government
 - Contacting local officials to make change
- Module 2: Can We Talk (and should we...)?
 - Media advocacy
 - Practiced crafting media messages
- Module 3: You Plan It!
 - Learned about planning community events
 - Worked together on Earth Day 2007

Change in Violent Crime: '03-'07



Examples of Altered Power Relations

- City responded to SP residents' pressure to clean up the park after Mayor's Forum
- Residents got \$20k for an architectural plan for the neighborhood entrance;
 - Pressure on City for additional \$200k to begin implementation



 Resident: "Seeing change. I thought it couldn't happen, but it's really starting and I'm part of it. That inspires me."

Challenges

- Implementation:
 - Resources
 - "Buy-in" to model and theory
- Evaluation:
 - Assessing the contribution of social capital to various outcomes
 - Cause vs. effect

Some references

- Sabol WJ, Coulton CH, Korbin JE. Building Community Capacity for Violence Prevention. Presented at: National Network for Applied Research on Violence Prevention Workshop; January 17-18, 2002; San Diego, CA.
- Sampson RJ, Raudenbush SW, Earls F. Neighborhoods and violent crime: a multilevel study of collective efficacy. The Am Assoc for the Advancement of Science. 1997;277(5328:15)918-924.

Acknowledgments



CCNI LEADERSHIP AND STAFF:

Claudia Albano, Alex Desautels, Joe Devries, Arlette Flores-Medina, Deborah Fowler-Jones, Sandi Galvez, Anthony Iton, Tammy Lee, Mia Luluquisen, Liz Maker, German Martinez, Ashley Odokoya, Sheila Proctor, Anita Siegel, Andres Soto, Valerie Street, Sheryl Walton, Africa Williams, Sandra Witt

YOUTH SURVEY GROUP:

La Toya Carroll, Jennifer Copto, Cassie Digby, Nakia Dillard, Jaron Isom, Cindy Jones, Korin Merle, Chiazo Onwasoeze

Acknowledgments



Copyright 2007, Mia Luluquisen, mia.luluquisen@acgov.org