# Reducing access barriers through transportation innovations

Jeff Muschell, ME, MPH
The Children's Health Fund



# **Child Health Transportation Initiative (CHTI)**

- Three year project designed to address the health care access needs of transportation-disadvantaged children and their families
- Supported by the W.K. Kellogg Foundation and the Federal Transit Administration (FTA)
- Three components:
  - Research
  - Public education & advocacy
  - PILOT PROJECT DEVELOPMENT



#### **Problem statement**

Lack of access to reliable transportation is one of the most pervasive barriers to health care for children in the United States

#### The result:

- missed opportunities for immunizations and routine well-child care
- increased incidence of untreated chronic illnesses
- increased use of emergency rooms (and ambulances) for non-emergency care
- increase in preventable hospitalizations

Acute problem in HPSAs and DHPSAs, as such areas are also likely to be transportation-disadvantaged

# CHTI "working assumptions" for pilot projects

- Additional investments in transportation resources for health care access are likely to be cost-beneficial or cost-effective
- Additional resources actually available for transportation are likely to be minimal
- Pilot project development should focus on solutions that increase EFFICIENCY and/or demonstrate COST-EFFECTIVE alternatives to existing practices



#### Federal effort to coordinate transportation resources

- Executive Order 13330 of Feb '04
  - Coordinating Committee on Access and Mobility (CCAM)

An interagency group charged with integrating 62 separate federal human services transportation funding streams

 United We Ride initiative, implemented by CTAA, working with states to develop coordinated transportation plans (collaborative process with state DOTs)

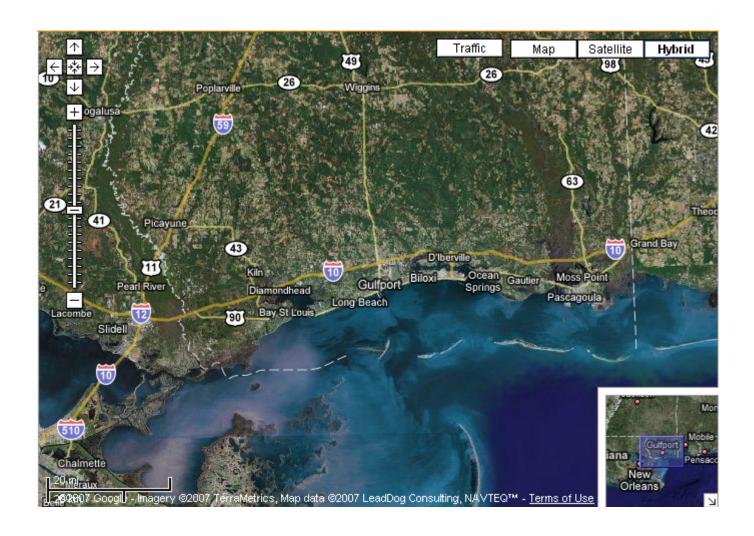


# Overarching objectives for pilot projects

- Identify and bring together local stakeholders in health and transportation sectors
- Initiate or enhance high-impact child health care transportation solutions
- Evaluate for potential applicability in other communities, in other states



# **Gulf Coast region**



# Mississippi Gulf Coast Children's Health Project Gulfport & Biloxi, MS

#### **Specific Objectives:**

- Increase health care access for populations displaced by Hurricane Katrina by offering transportation support
- Provide a means for displaced populations to gain access to other public services and employment opportunities

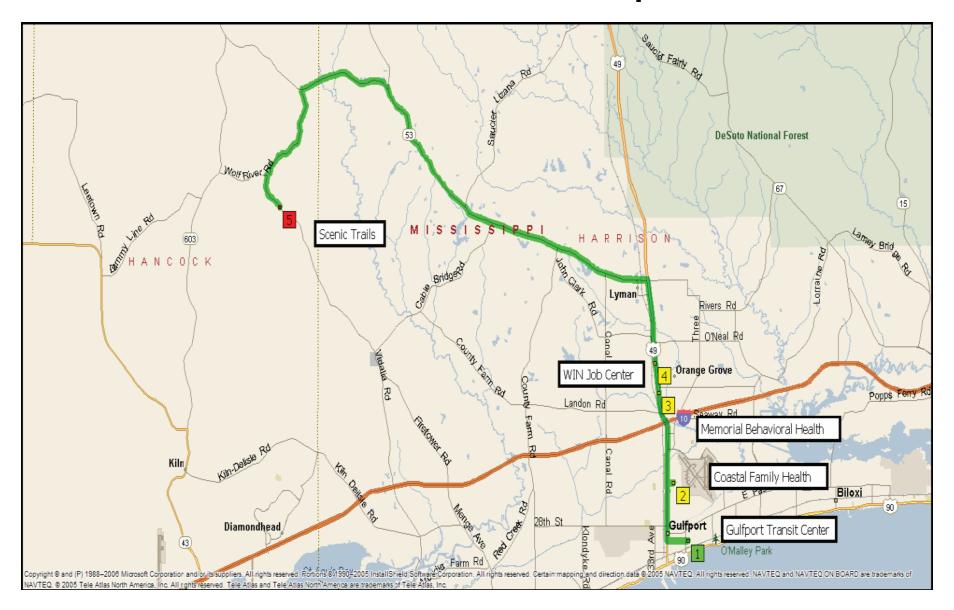


# Project characteristics: Gulfport & Biloxi

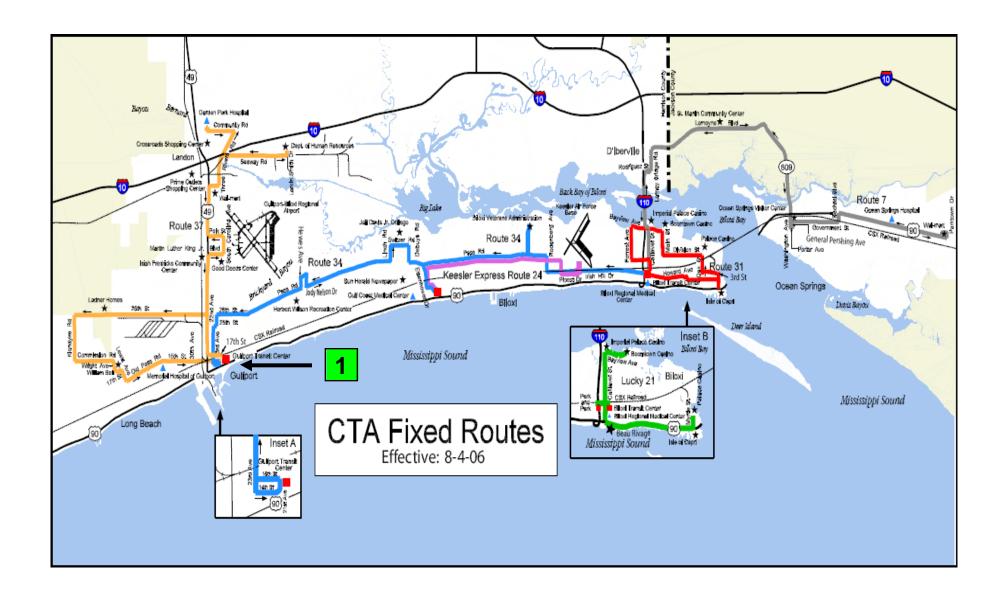
- Establishment of "feeder route" running from large FEMA trailer park into Gulfport, using 15-passenger van supplied by the Coast Transit Authority
- Local stops at health care facilities, job center and shopping, plus linkage to fixed routes of Coast Transit Authority



# "Feeder Route" into Gulfport



# **Link to fixed routes of Coast Transit Authority**



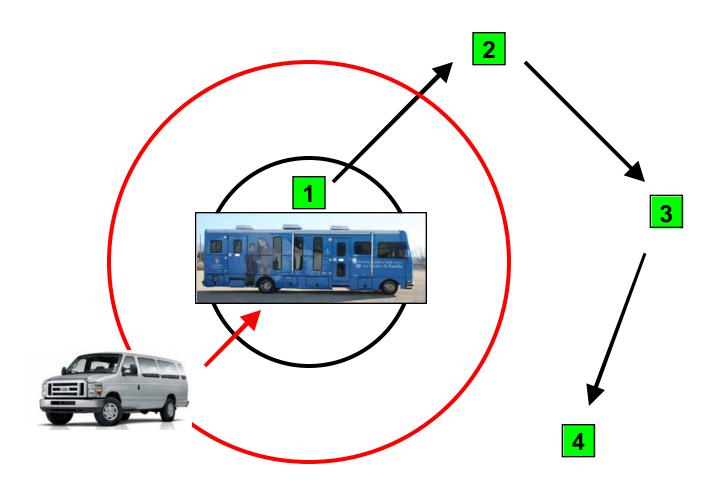
# Interim outcomes: Gulf Coast project

- Consolidation of other FEMA parks into Scenic Trails is not occurring; park population lower than when service was planned
- Ridership not sufficient to maintain thrice-weekly service



# New strategy: van will bring patients to MMU stops

Increase the radius of the MMU's (temporary) catchment area



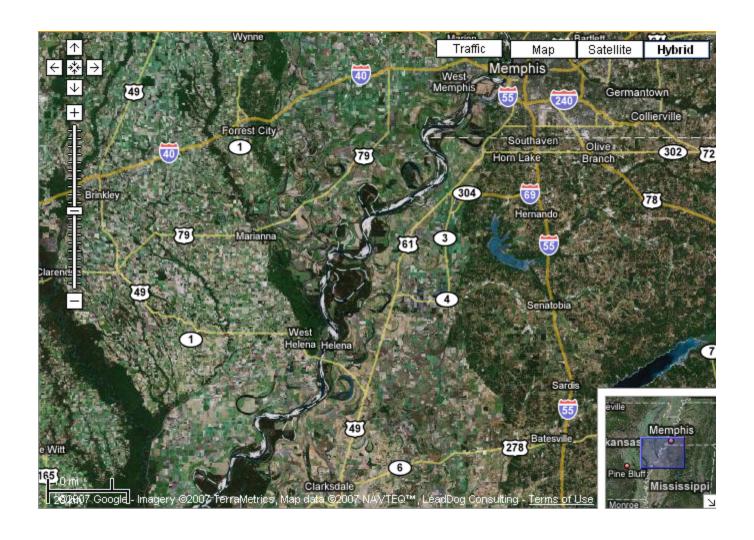
# **Indicators: Gulf Coast project**

- Pediatric patient/riders per time period
- Pediatric asthma patients presenting at MMU sites as a percentage of total pediatric patients using the service

As logistics are worked out, van will continue to serve Scenic Trails as a demand-response service



# Mississippi Delta region



# Arkansas Children's Health Project Marianna, AR

#### **Specific Objectives:**

- Strengthen management of clinic's transportation department
- Shift Medicaid NEMT-eligible patients over to local Medicaid transportation broker
- Improve health care access for pediatric patients who are transportation-disadvantaged



# **Project characteristics: Marianna**

- Establish post of Transportation Coordinator
- New tools for transportation management & training (with inputs from CTAA)
- Making use of waiver provision where feasible
- Hopefully, eventual negotiation with local Medicaid NEMT broker for a) sub-contracting Medicaid rides, b) fleet management support, or c) both
- "Kids' van" for referral to Memphis and for sweeping in kids on "pediatrician day"

#### Marianna project

#### **Indicators:**

- Average monthly ridership; average monthly Medicaid ridership; average mileage per vehicle per month
- Absolute number of pediatric patients on "pediatrician day"; successfully completed pediatric specialty referrals

#### **Progress:**

- Site visits; tools developed; training with CTAA consultant
- Initial meetings with state Medicaid Managed Care Services



# Mississippi Children's Health Project Clarksdale, MS

#### **Specific Objectives:**

- Reduce use of emergency room by patients presenting with non-emergency conditions
- Reduce preventable hospitalization and use of emergency transportation resulting from inability to access primary care



#### **Project characteristics: Clarksdale**

- Survey of patients with non-emergency conditions presenting at Northwest Regional Medical Center emergency room
- Implementation of targeted solution(s) based on survey results, possibly involving:
  - Negotiation with local Primary Care Providers to offer extended clinic hours
  - Piloting of new CHF Transportation and Referral Management System (TRMS)
  - Establishment of new route within Delta Area Rural Transit
     System (DARTS) schedule

### Clarksdale project

#### Indicators:

- Percentage of patients with non-emergency conditions presenting at the ER
- Absolute number of hospitalizations for children with asthma

#### **Progress:**

ER survey will be conducted this month (November 2007)



# Second group of pilot sites

#### **Memphis**

New relationship with Le Bonheur Children's Hospital

#### **Nashville**

New relationship with Vanderbilt University School of Nursing

#### **New Orleans**

 Availability of clinic bus will allow a duplication of the Gulf Coast "increased radius" strategy

#### Colorado

 Grant support to a new van service for health care access provided by the Local Health Initiative

#### **Contact Information**

# Jeff Muschell, ME, MPH The Children's Health Fund

212-535-9400

jmuschell@chfund.org

