## Sexual Behavior of Middle and High School Students: Baseline Data from Project Connect

Christine J. De Rosa, Jacqueline Porcel, Peter R. Kerndt, Ric Loya, Emily Q. Chung, Laura E. Stroud, Kathleen A. Ethier

For the Project Connect Study Team
Funding provided by Centers for Disease Control and Prevention, Cooperative Agreement No. U30/CCU922283.

## Adolescent Pregnancy and STDs

- Decline in adolescent pregnancy
- 2002 birth rates to 15-19 year old mothers in study high school catchment areas: 43 to 95 per 1,000
- Half of new STDs in 2005 among people age 15-24
- 63\% of Chlamydia cases in Los Angeles County among persons 1024 years old


## Purpose

- To investigate adolescents' experience with sexual intercourse and oral sex
- To explore differences in experience of sexual intercourse and oral sex by gender and grade in school


## Methods

- Analyses utilized baseline data from Project Connect
- Surveyed $6{ }^{\text {th }}-12^{\text {th }}$ grade students at 26 public middle and high schools
- Randomly selected classes by grade in each school
- Consented/assented students completed self-administered survey in one class period


## Measures and Analysis

- Ever had sexual intercourse (no/yes)
- Ever had oral sex (no/yes based on four response options):
- No
- Yes (given only, received only, or both)
- Lifetime number of intercourse partners
- Condom use at last intercourse
o Analysis: Frequency counts, Chi-squares, univariate logistic regression


## - <br> Participants by Grade



Total $\mathrm{N}=10,487$ ( $\mathrm{n}=24$ missing grade variable)

## Gender and Race/Ethnicity

|  |  | Overall <br> $\mathrm{N}=10,487$ <br> $\%$ | Middle School <br> $\mathrm{n}=4,557$ <br> $\%$ | High School <br> $\mathrm{n}=5,930$ <br> $\%$ |
| :--- | :--- | :---: | :---: | :---: |
| Gender |  |  |  |  |
|  | Female | 55.5 | 55.6 | 55.3 |
|  | Male | 44.5 | 44.4 | 44.7 |
| Ethnicity |  |  |  |  |
|  |  |  |  |  |
|  | Latino/a | 71.7 | 68.7 | 74.0 |
|  | African-American | 12.1 | 14.3 | 10.5 |
|  | Asian | 7.6 | 7.6 | 7.6 |
|  | Caucasian | 1.9 | 1.7 | 2.1 |
|  | Other/Mixed | 6.6 | 7.8 | 5.7 |

[^0]
## Ever Had Sexual Intercourse or Oral Sex, by Gender

| Overall | Middle School | High School |
| :---: | :---: | :---: |
| $\mathrm{N}=10,487$ | $\mathrm{n}=4,557$ | $\mathrm{n}=5,930$ |
| $\%$ | $\%$ | $\%$ |


| Ever had sexual intercourse |  |  |  |
| :---: | :---: | :---: | :---: |
| Both genders | 30 | 9 | 48 |
| Females | 27 | 5 | 45 |
| Males | 35 | 15 | 51 |
| Ever had oral sex |  |  |  |
| Both genders | 25 | 8 | 40 |
| Females | 22 | 5 | 35 |
| Males | 30 | 11 | 45 |

Note: Significantly different by gender overall, in middle and high school ( $p<.0001$ ) based on Chi-square analyses.

## Sexual Intercourse and Oral Sex by Grade



Significant differences between consecutive grades: sexual intercourse except 6-7; oral sex, all grades (Based on 2X2 Chi-square analyses, all $p$-values <.05)

## Sexual Intercourse by Gender and Grade



Significant difference in sexual intercourse by gender except in grades 10 and 11 (Based on 2X2 Chi-square analyses within each grade, p's<.01)

## Lifetime Intercourse Partners: More than 1



In all grades except $8^{\text {th }}$, males more likely to report multiple partners, all p-values $<.05$. Odds of multiple partners increases with grade (OR=1.10, 95\% CI 1.05, 1.15; p<.0001).

## Lifetime Intercourse Partners: 4 or More



In all high school grades, males more likely to report 4+ partners; all p-values <.05. No gender differences in middle school grades.
Odds of 4+ partners increases with grade (OR=1.16, 95\% CI 1.09, 1.23; p<.0001).

## Condom Use at Last Intercourse


*Grade not significantly associated with condom use.
Overall, males more frequently reported condom use at last intercourse
(71\% vs. 62\%; p<.0001)

## Findings

- Overall, prevalence of sexual experience in effect doubled between $7^{\text {th }}-8^{\text {th }}, 8^{\text {th }}-9^{\text {th }}$, and $9^{\text {th }}-10^{\text {th }}$ grades
- Sharper incline in sexual experience among girls between $8^{\text {th }}$ and $10^{\text {th }}$ grades
- Oral sex almost as commonly reported as sexual intercourse
- Younger sexually active participants equally likely to use condoms as older participants
- Multiple partners commonly reported


## Implications for Interventions

o Interventions must:

- Reach adolescents well before $9^{\text {th }}$ grade
- Address a full range of sexual behavior, not just intercourse
- Emphasize the importance of limiting the number of sexual partners
- Boys may need to be targeted for intervention earlier than girls
- Condom use appears to be a viable strategy in this sample, even with young adolescents


## -•• <br> Thank you!



# Project Connect 

Christine De Rosa, PhD
Health Research Association
1111 N. Las Palmas Avenue
Los Angeles, CA 90038
(323) 957-4140
cderosa@hra-paramount.org


[^0]:    a95\% of participants reported only one race/ethnicity. Subsequent analyses use three race/ethnicity categories: Latino, African-American, and Other/mixed.

