**Psychometric Evaluation** of an Instrument for Assessing Policy Outcomes for Families with Children Who Have Severe Developmental Disabilities: The Beach Center Family Quality of Life Scale

by

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## Acknowledgements Dissertation Committee

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## Introduction Purpose of the Study

- to evaluate the psychometric properties of the Beach Center Family Quality of Life Scale (BCFQLS)
- to determine whether or not the scale can be used to differentiate between two types of families
- to assist in developing evidence-based policies

Introduction Research Questions

- Does the BCFQLS produce a floor effect?
- Does the BCFQLS have adequate reliability?
- Does the BCFQLS have adequate validity?
- Are the BCFQLS reliability and validity measures stable among families that differ based on child residence?

# Methods The Study Design

- observational and cross-sectional
- qualitative methods two open-ended statements
- quantitative methods:
  - one statement
  - the BCFQLS, the Family Resource Scale (FRS), and the Family APGAR

## Methods The Study Sample

- local public school districts:
  - all children born between March 2, 1988 March 2, 2000
  - special education disability category is severe disability
- Iocal residential facility:
  - all age-eligible children
  - excluded those admitted after September 2, 2005
  - excluded those who attend local public schools

Methods Description of Sample Response Rate

- phase one:
  - in the family home: 25/55 (46.3%)
  - outside the family home: 29/56 (52.4%)

#### • phase two:

- in the family home: 19/24 (79.2%)
- outside the family home: 20/26 (76.9%)

Methods Description of Sample Demographic Data – Respondent

- gender: male = 13.0%, female = 87.0%
- race:
  - black: 44.4%
  - white: 51.9%
  - other: 3.7%

• age: range = 21-66 years, mean = 37.74 years (8.237)

marital status: 61.1% married, 38.9% not married

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# Methods Description of Sample Demographic Data – Respondent (continued)

- highest educational level attained:
  - < high school = 13.2%
  - high school = 60.4%
  - college degree = 26.4%
- employment status:
  - not employed = 36.0%
  - employed part-time = 12.0%
  - employed full-time = 52.0%

Methods Description of Sample Demographic Data – Child

• gender: male = 55.6%, female = 44.4%

- child's age at onset of disability:
  - birth to < one year = 90.4%
  - -1-7 years = 9.6%

current age of child: mean = 13.44 years (3.462)
- 6-11 years = 40.7%
- 12-21 years = 59.3%

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Results Floor Effect Mean (sd)

#### • BCFQLS:

disability-related support:

emotional well-being:

family interaction:

parenting

physical/material well-being:

in family home
 3.94 (0.667)
 3.98 (1.036)
 3.47 (1.066)
 4.16 (0.700)
 3.98 (0.662)
 3.96 (0.689)

outside family home 3.60 (0.884) 3.94 (0.865) 3.36 (1.147) 3.45 (1.084) 3.48 (1.082) 3.86 (0.929) Results Reliability Internal Consistency

	in family home	outside family home
• BCFQLS:	0.905	0.950
<ul> <li>disability-related support:</li> </ul>	0.761	0.738
– emotional well-being:	0.608	0.885
– family interaction:	0.754	0.884
– parenting:	0.717	0.904
<ul> <li>physical/material well-bei</li> </ul>	ng: 0.574	0.765

Results Reliability Test-Retest Reliability

#### • BCFQLS:

- disability-related support:

emotional well-being:

family interaction:

parenting

physical/material well-being:

in family home 0.804\*\* 0.777\*\* 0.765\*\* 0.754\*\* 0.791\*\* 0.422 outside family home 0.533\*\* 0.255 0.518\* 0.842\*\* 0.504\* 0.626\* Results Validity Face Validity

"On a scale of 1-5, with one meaning 'not at all' and five meaning 'perfectly', please circle the number that describes how well this survey measured the degree to which your family enjoys its life together, has its needs met, and is able to do things it likes and wants to do."

Results
Validity
Face Validity (continued)

in family home 4.05 (0.789)

outside family home 3.55 (0.759)

1 ("not at all")
2
3
4
5 ("perfectly")

0 (00.0%) 0 (00.0%) 5 (26.3%) 8 (42.1%) 6 (31.6%) 0 (00.0%) 1 (05.0%) 9 (45.0%) 8 (40.0%) 2 (10.0%) Results Validity Content Validity

"Please tell us anything else that is important to your family's quality of life that this survey did not ask."

	Results				
Validity					
Content Validity (continued)					
in fa	mily home	outside family home			
1	n = 11	<i>n</i> = 15			
• adequate	4	4			
• emotional well-being	1	3			
• physical/material well-being	2	2			
• spirituality	1	2			
		17			

# Results Validity Content Validity (continued)

"Please tell us anything that this survey asked that is <u>not</u> important to your family's quality of life."

	Results Validity			
Content Validity (continued)				
	mily home $n = 9$	outside family home $n = 11$		
• all items relevant	8	б		
- dental care	0	1		
spend time together	0	1		
• feeling safe	0	1		
• "some" not applicable	1	2		

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Results Validity Criterion Validity

in family home outside family home family interaction 0.654\*\* 0.601\*\* physical/material well-being 0.391 0.241

## Results Stability Across Family Groups

#### • BCFQLS:

- internal consistency: comparable
- test-retest reliability: comparable, although correlation coefficient higher with in-home group
- face validity: comparable, although mean score higher with in-home group
- content validity: comparable, although results slightly better with in-home group
- criterion validity: comparable

#### • subscales:

- disability-related support: performed better with in-home group
- emotional well-being: comparable
- family interaction: performed equally well in both groups
- parenting: performed equally well in both groups
- physical/material well-being: performed better in the outside-the-home group

#### Conclusions

- The BCFQLS is a reliable and valid scale for identifying the needs of individual families with children who have severe developmental disabilities, although data obtained from responses to the physical/material well-being subscale should be interpreted with caution.
- The BCFQLS is a reliable and valid scale for use by service agencies in the evaluation of their programs that serve families with children who have severe developmental disabilities.

## Conclusions (continued)

- With modification, the scale has the potential to be useful for assessing the impact of disability policy on families with children who have severe developmental disabilities.
  - suggested modifications include:
    - minor changes to scale instructions
    - rewording of some demographic items
    - refinement of the physical/material well-being subscale

## Conclusions Recommendations for Future Research Families Whose Child Lives at Home

- conduct focus groups:
  - review problematic items
  - discuss need for additional items
  - discuss creating separate physical and material well-being subscales
- revise scale based on focus group input
- pilot test and psychometrically evaluate the revised scale

#### Conclusions

Recommendations for Future Research Families Whose Child Lives Outside the Home

- conduct focus groups:
  - discuss differing family needs
  - review all scale items
- revise scale based on focus group input
- pilot test and psychometrically evaluate the revised scale

Conclusions Policy Implications

• measure quality of life of both family groups

challenge or support policy

• used to enact evidence-based policies