

# Drug tracer estimates of Parkinson's disease prevalence in British Columbia (Canada): Validation of specificity

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### Background/Rationale

- Parkinson's disease:
  - Neurodegenerative illness precipitated by loss of dopaminergic neurons in substantia nigra.
- Estimating prevalence
  - Diagnosis records (denominator?)
  - Door-to-door survey (small N error?)
  - Drug usage rates

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# Drug Tracer Analyses of Parkinson's Disease Prevalence

#### Assume:

- "Specific" drug use (drugs used primarily for one disease)
- "Sensitive" drug use (most true cases treated)
- Methods and formulae developed in 1980s.
- Previously estimated that >60% of patients treated with antiparkinsonian drugs were true Pakinson's cases.
- Method has been used in several prevalence studies worldwide.
- A previous (2003) study in British Columbia estimated crude prevalence at approximately 135 per 100 000.

### Study Questions

What proportion of people traced by antiparkinsonian drug use actually have Parkinson's disease?

What are the characteristics of non-Parkinson's users of antiparkinsonian drugs?

Locate a sample of clients (aged 40-69) of the British Columbia PharmaCare drug plan taking antiparkinsonian drugs (1995-2002).

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  - Pergolide (Permax®)
  - Selegiline (Eldepryl®)
  - Bromocriptine (Parlodel®)

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Specificity?

Bromocriptine (Parlodel®)

- Screen traced participants for actual Parkinson's disease.
  - Self-reported PD status.
  - PD status verified against clinical criteria in interview.
- Request self-report of:
  - Specific drugs taken.
  - Chronic conditions treated.

# Results: Overall Proportions

Total eligible subjects contacted: 877

Total true cases: 427

(Confirmed with clinical criteria)

Total users without Parkinson's disease: 450
 (Self-reported non-PD status)

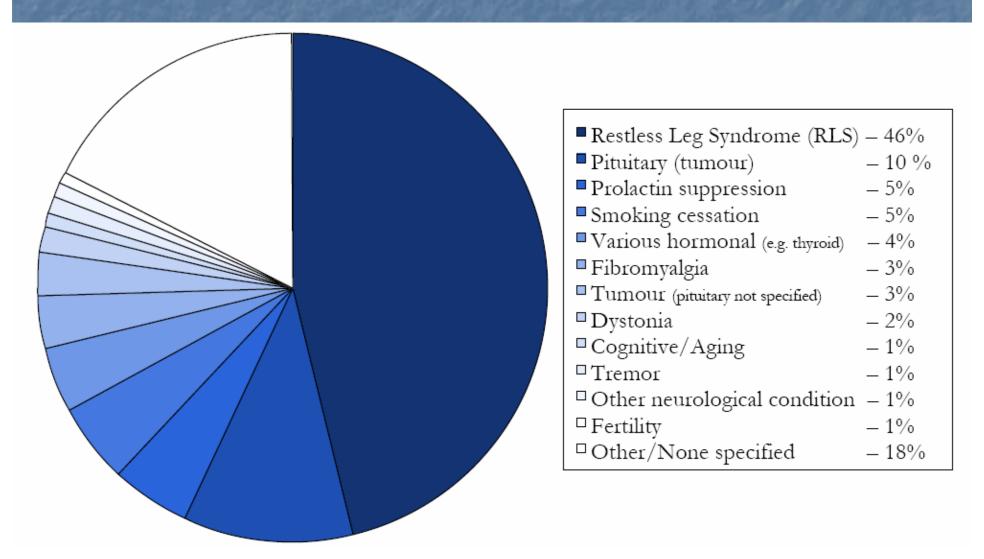
51% of recruited anti-parkinsonian users were not true Parkinson's Disease cases.

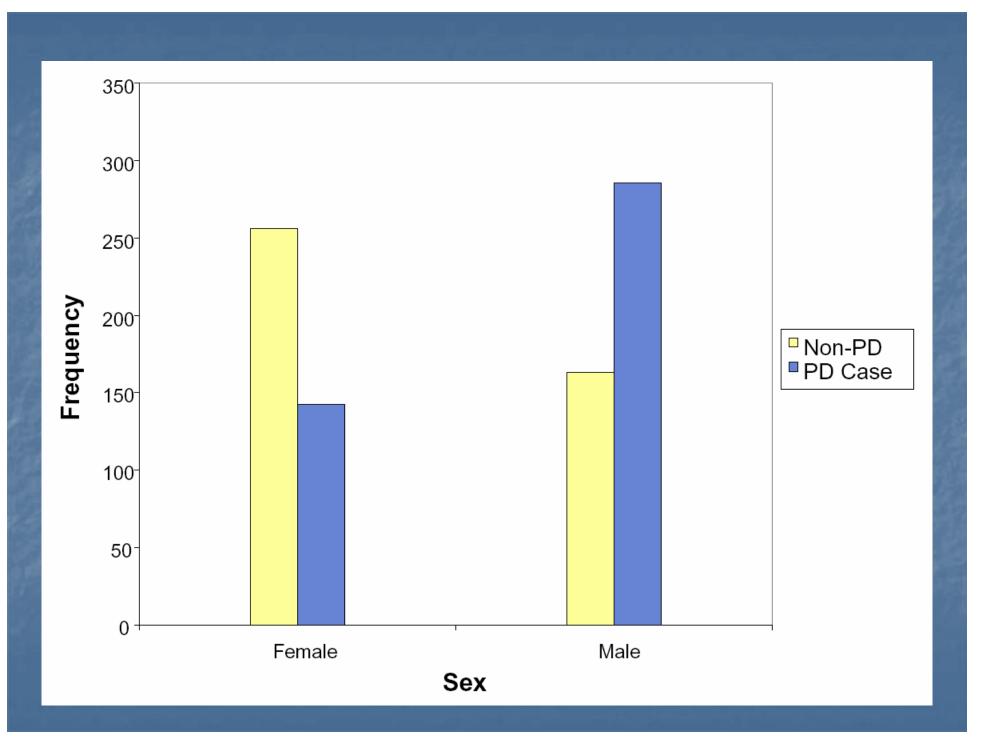
# Results: Drugs Use by Non-Cases

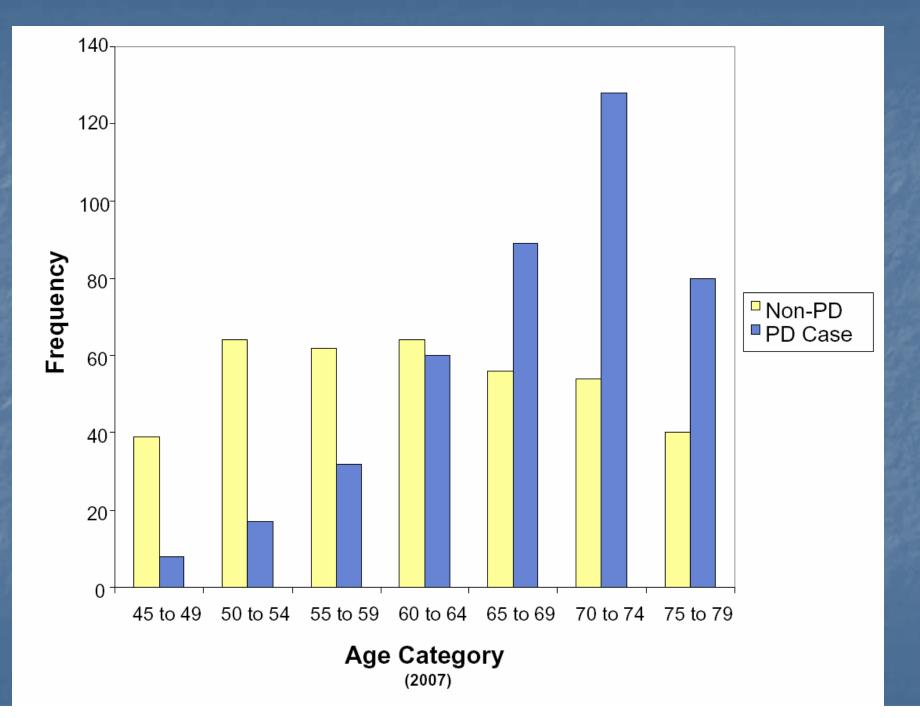
Drug use reported by 450 people reporting antiparkinsonian drug use but NOT Parkinson's disease:

	Carbidopa-levodopa (Sinemet®)	Bromocriptine (Parlodel®)	Pergolide (Permax®)	Selegiline (Eldepryl®)
Number	171	143	30	29
Percentage	41%	34%	7%	7%

# Results: Chronic Conditions of Non-Cases







### Interpretation

- Increasing diagnosis and treatment of Restless Leg Syndrome (RLS) may interfere with drug tracer estimates of Parkinson's prevalence.
- RLS unlikely to be a subtype of Parkinson's disease (distinct epidemiology).
- Future studies could:
  - Restrict tracer criteria to patients taking >1 anti-PD drug.
  - Validate traced cases with physician billing records?

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#### PD Study Team

#### Members:

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