# Determinants of women's autonomy over sexual behaviors within marital relationships in contemporary Vietnam

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### Purpose of the study

 To explore the individual and couple level determinants of Vietnamese married women's autonomy over sexual behaviors within marital relationships

### **Background and significance**

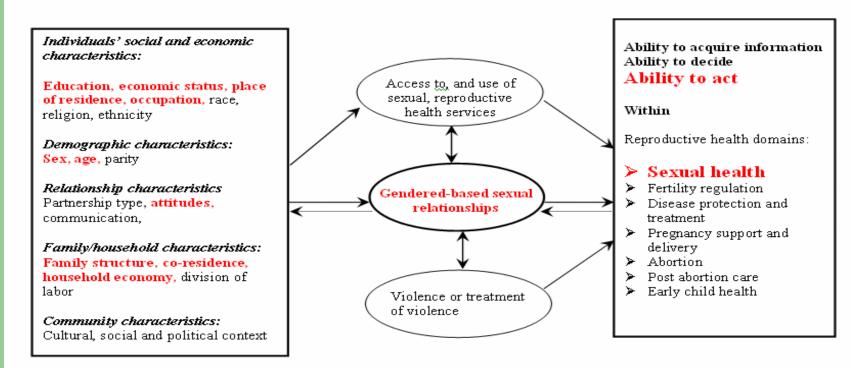
- Gender inequality in sexual relationships has negative effects on women's sexual/reproductive health.
- The majority of HIV+ women who are married were infected by their husbands.
- HIV infections are increasing among women in Vietnam; Vietnamese women seem to have limited ability to negotiate safe sex for disease protection.

### Research questions

- What is the attitude of adult Vietnamese toward a wife's negotiation of safer sex against STDs within marital relationships?
- To what degree Vietnamese women believe they have control over their sexual behaviors within marital relationships?
- What determine Vietnamese women's selfefficacy in sexual autonomy within marital relationships?

### **Conceptual framework**

Figure 1: Conceptual framework on power in relationships and women's sexual autonomy



### Data and sample

- 2005 Vietnam Population and AIIDS Indicator Survey (VPAIS 2005)
  - A nationally representative sample survey of 7369 women and 6707 men aged 15-49.
- Sample in this study:
  - A matched sample of 3,854 currently-married couples

#### **Outcome variables**

- Women's autonomy over sexual behaviors
  - Self-efficacy in asking for condom use
    - Can you ask your husband to use a condom if you want him to?
  - Self-efficacy in refusing unwanted sex
    - Can you say no to your husband if you do not want to have sexual intercourse?

### Independents variables

- Individual level variables
  - Demographic factors (age, sex, type of residence: rural versus urban)
  - SES (education, occupation, family wealth index)
  - Age at first marriage
  - Knowledge about HIV/AIDS, knowing that condom could prevent HIV, HIV testing experience

### Independent variables

- Couple level variables
  - Spousal differences on age and education
  - Family structure (household size, co-residence with parents or in-laws, having at least one son)
  - Couple's concordant acceptance to women's safe sex negotiation
    - Is a wife justified in asking the husband to use a condom during sex when she knows that her husband has STDs?

# Sample characteristics (N=3854 couples)

| Socio-demographic                 |             |              |
|-----------------------------------|-------------|--------------|
| indicators                        | Women       | Men          |
| Age                               |             |              |
| Mean/(std)                        | 34.2/(7.80) | 36.80/(7.57) |
| 15 - 24                           | 13.2%       | 6.0%         |
| 25 - 39                           | 57.0%       | 52.7%        |
| 40 - 49                           | 29.8%       | 41.3%        |
| Education                         |             |              |
| Mean (std)                        | 7.75/(4.18) | 8.40/(4.08)  |
| No education                      | 8.3%        | 4.7%         |
| Primary school                    | 22.0%       | 19.6%        |
| Secondary                         | 59.4%       | 64.6%        |
| Higher                            | 10.3%       | 11.2%        |
| Occupation                        |             |              |
| Agricultural, unskilled or not    |             |              |
| working                           | 59.0%       | 53.2%        |
| Professional, technical or        |             | 8.7%         |
| management                        | 8.0%        |              |
| Clerical, factory, skilled, sales | 33.0%       | 38.1%        |

# Sample characteristics (N=3854 couples)

| Socio-demographic indicators |       |
|------------------------------|-------|
| Residence                    |       |
| Rural                        | 70.3% |
| Urban                        | 29.7% |
| Family wealth index          |       |
| Poorest                      | 19.7% |
| Poorer                       | 16.4% |
| Middle                       | 17.3% |
| Richer                       | 20.1% |
| Richest                      | 26.5% |

## Sample characteristics on selected independent variables (N=3854 couples)

|                              | Women | Men   |
|------------------------------|-------|-------|
| Heard about STDs             |       |       |
| Yes                          | 92.0% | 94.5% |
| Couple's concordance yes     | 90%   |       |
| Knowing using condom         |       |       |
| during sex could prevent HIV |       |       |
| Yes                          | 60.7% | 67.0% |
| Couple's concordance yes     | 47%   |       |
| Ever tested for HIV          |       |       |
| Yes                          | 9.9%  | 9.7%  |
| Couple's concordance yes     | 4%    |       |
| Acceptance to a wife's       |       |       |
| condom use negotiation       |       |       |
| Yes                          | 90.8% | 94.0% |
| Couple's concordance yes     | 87.9% |       |

# Outcome variables on sexual autonomy

- Women's self efficacy in sexual autonomy
  - Asking husband to use a condom use

Yes: 66.2%

- Refusing to have unwanted sex
  - Yes: 72.1%

#### **Multivariate results**

|                                | Women's self-efficacy in refusing unwanted sex (Model A) | Women's self- efficacy in asking for condom use (Model B) |
|--------------------------------|--|---|
| Individual<br>and couple level | Odds Ratio/CI  | Odds Ratio/CI   |
| Woman's age                    | 0.97*/ (0.94-0.99)                                       | 0.96**/(0.93-0.99)  |
| Husband's age                  | 1.03*/(1.00 -1.07)                                       | 1.03/(0.99-1.06)  |
| Women's education              | 1.10***/(1.06-1.13)                                      | 1.08***/1.05-1.12)  |
| <u>Having a son</u>            | 1.15/ (0.95-1.39)  | 1.33*(1.11-1.60)  |

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Notes: \*\*\*Sig at 0.001, \*\*Sig at 0.01, \*Sig at 0.05.

#### Multivariate results cont.

Women's refusing unwanted sex self-efficacy (Model A) Women's condom use self-efficacy (Model B)

Odds Ratio/CI Odds Ratio/CI

**Knowledge on STDs** 

Relationship level

Both know 1.50/(1.13-1.99) 1.64\*\*/(1.22-2.20)

Either one does not know (refer)

Knowledge on condom protection against HIV

Both know 1.31\*\*\*/(1.12-1.54) 1.59\*\*/(1.36-1.86)

Either on side does not know (refer)

Couple's concordant acceptance to women's sex negotiation

Both yes 2.24\*\*\*/(1.77-2.84) 2.57\*\*\*(2.02-3.29)

Either on side no (refer)

Notes: \*\*\*Sig at 0.001, \*\*Sig at 0.01, \*Sig at 0.05.

#### Conclusions

- Higher sexual autonomy within marital relationships is found among women who have better education, higher occupational status, having at least one son and living in smaller household.
- Knowledge on STDs, condom and HIV testing experience are positively related to women's sexual autonomy.
- Couple's concordant acceptance to women's safe sex negotiation is associated with increased women's sexual autonomy.

### **Implications**

- Women who are empowered in social and economic spheres will also be more empowered in marital and sexual relationships.
- Provision of information on HIV/AIDS, condoms, and counseling on HIV testing are still essential to the protection of Vietnamese married women from HIV infection.
- The recognition of male's involvement in women's decision making and an emphasis on spousal relationships dynamics could contribute to the promotion of women's sexual health in Vietnam.

Thank you very much!