

# Structural Variables Leading to Childhood Lead Poisoning, Teen Pregnancy, and Tobacco Use

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# Purpose of the Study

- To investigate the persistent relationships between childhood lead exposure and:
  - Repeat teen pregnancy
  - Tobacco use

# Hypotheses

1. Among females, childhood lead poisoning is associated with repeat teen pregnancy.
2. Among females, childhood lead poisoning is associated with cigarette smoking.

In our prior research we found that teens who give birth are likely to:

- Suffer from additional health problems
- Have repeat pregnancies
- Live in impoverished neighborhoods
- Live in poorly maintained housing, increasing the risk of lead exposure
- Have limited access to health care

# Lead Poisoning in Syracuse

- 2nd highest prevalence of elevated blood level (EBL) in NY in 2001-2002.
- 5 zip codes in Syracuse had
  - 76% of the total number of lead poisoning cases
  - 7.7% of the *entire incidence* of EBL in NY.

# Highest Risk Exposures

- Old lead-based paint in dilapidated buildings
  - Around windowsills
  - In the soil around buildings
  - In lead-tainted water

NYSDOH, 2004. Schilling & Bain, 1988.

# Effects of Lead Exposure

- Decreased

- intelligence levels

- Increased

- neurological impairments
- premature sexual maturation
- impulsive or aggressive behavior
- delinquency

Canfield et al, 2003a, 2003b. Espy, 2004. Needleman et al, 2002. Bellinger, 2001, 2003, 2004.

# Neurotoxicity from lead poisoning affects the ability to:

- Plan
- Learn from prior experience
- Control impulsive behavior
- Use executive functioning skills

Canfield et al, 2003a, 2003b. Espy, 2004. Needleman et al, 2002. Bellinger, 2001, 2003, 2004



## Lead Levels and Birth rates by Race/Ethnicity in Syracuse 15-19 year olds

	Lead levels (per mcb/dl)	Birth rates (per 100,000)
White	7.38	32.9
African American	11.35	91.7
Hispanic	9.83	N/A

# Syracuse Healthy Start Database

- 15 - 19 year olds
- 1998 - 2002
  - > 75% of all mothers < 20 years old
- Routine screening included:
  - Childhood lead levels
  - Tobacco use
- EBL reported to woman's obstetrician

# Dichotomous measures

1. Maternal race: White, African American
2. Childhood BLL:  $<20$ ,  $\geq 20$ mcg/dl
3. Tobacco use: none, any
4. Previous pregnancy: first, repeat pregnancy
5. Maternal age: 15-17, 18-19 years

# Data Analysis

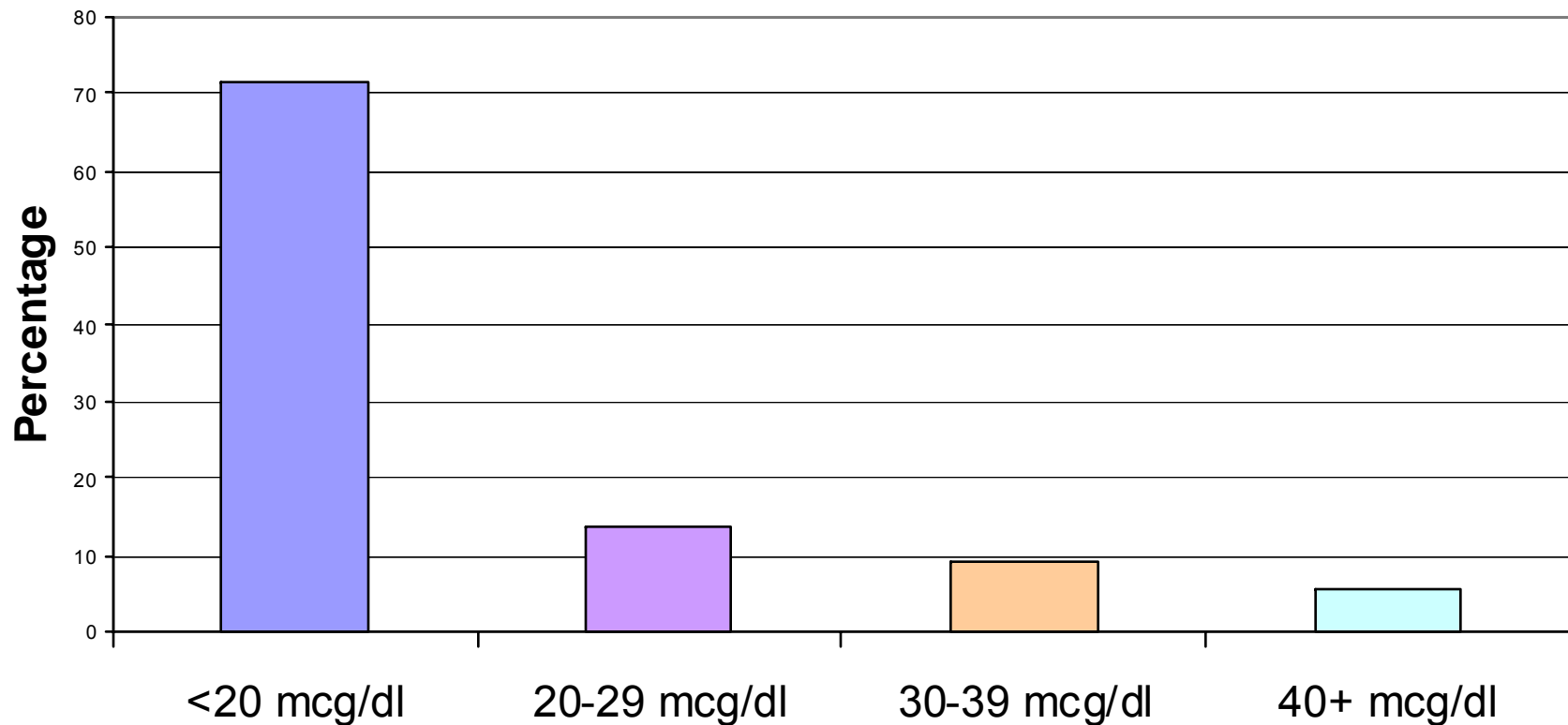
- Univariate and bivariate associations
- Multivariate logistic regression
  - Controlling for maternal race and Medicaid use

# Sample: 536 pregnant teens

- 64.6% were African American
- 47.0% were between 18-19 years old
- 76.1% were on Medicaid
- 39.6% second or higher order pregnancy
- 37.5% were smokers

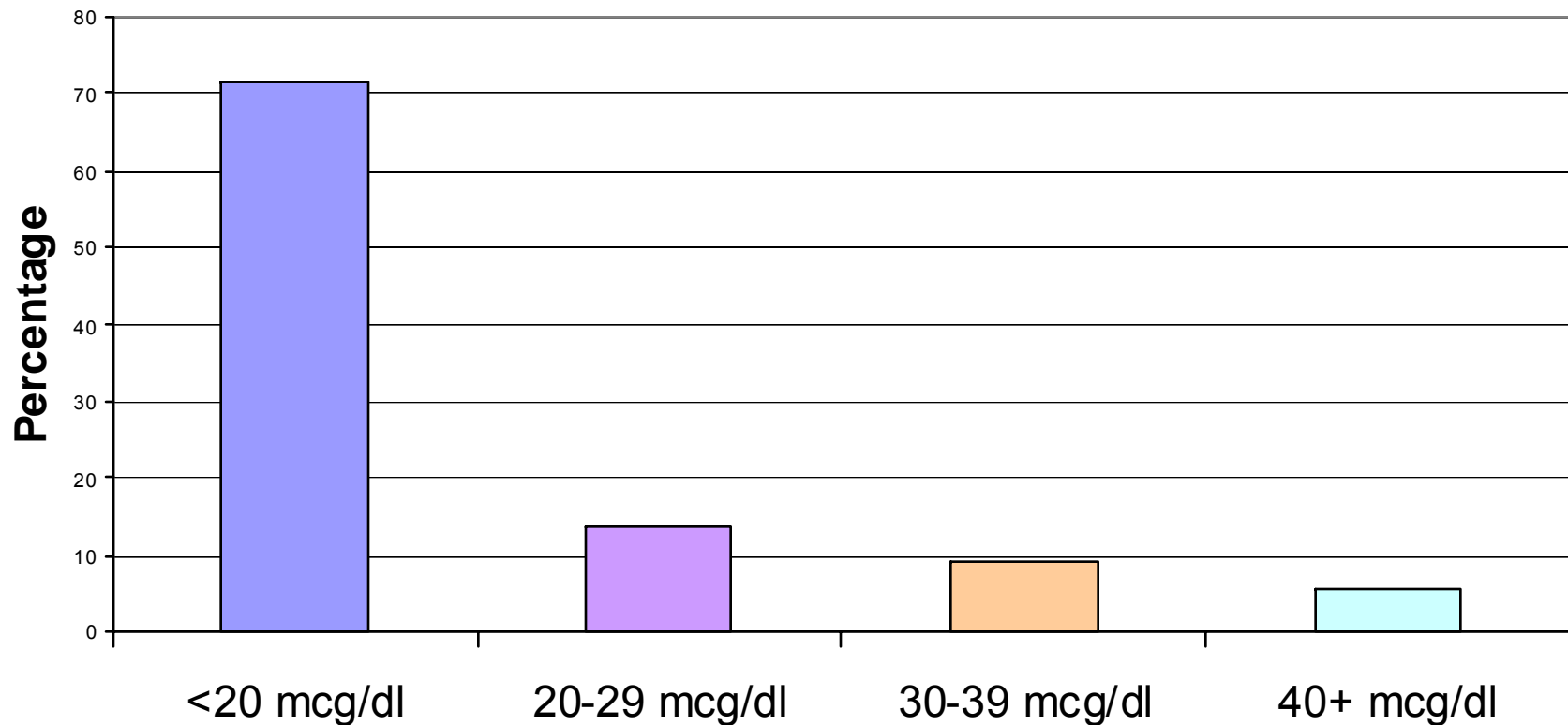
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Childhood blood lead levels of sample



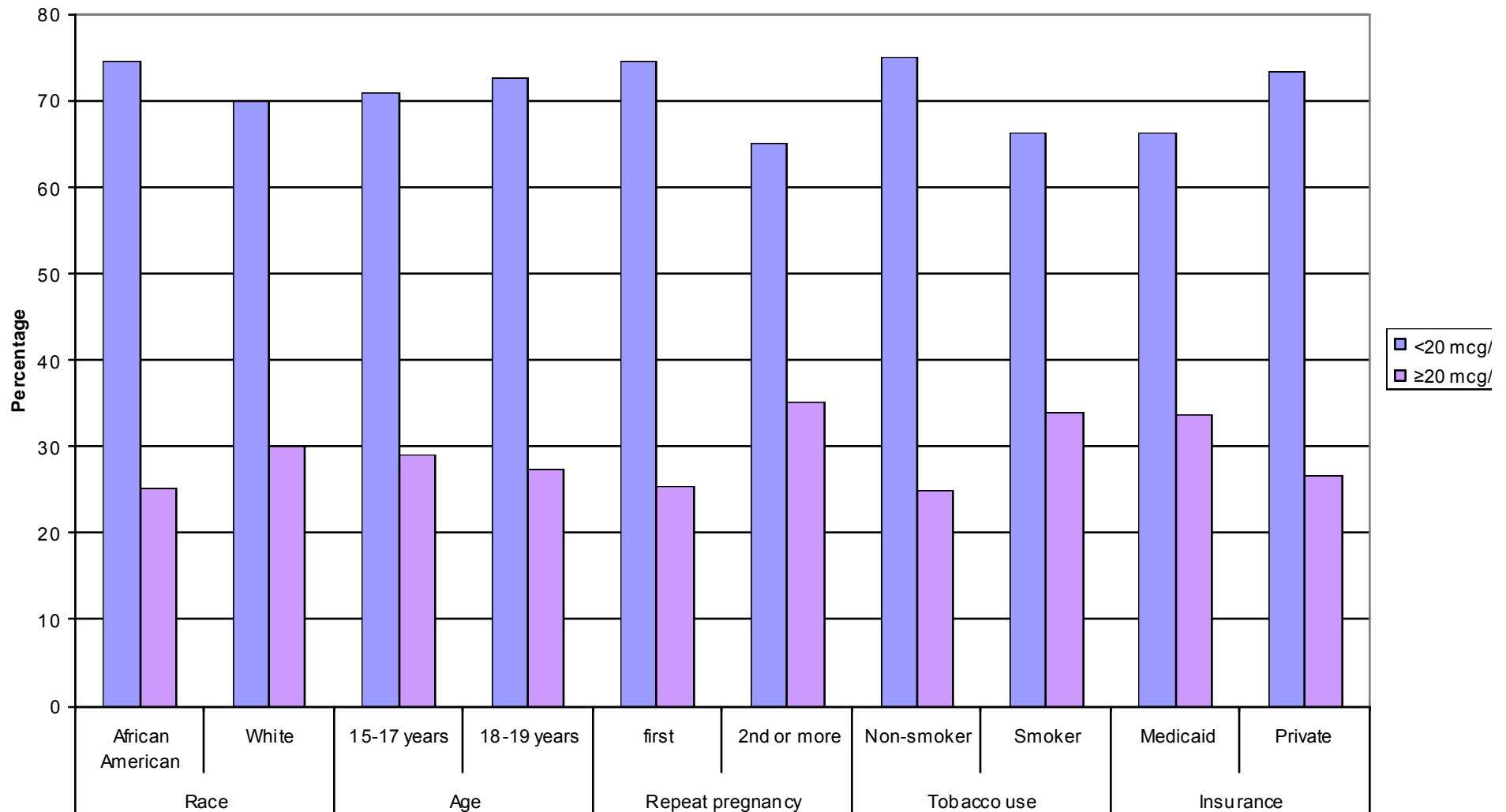
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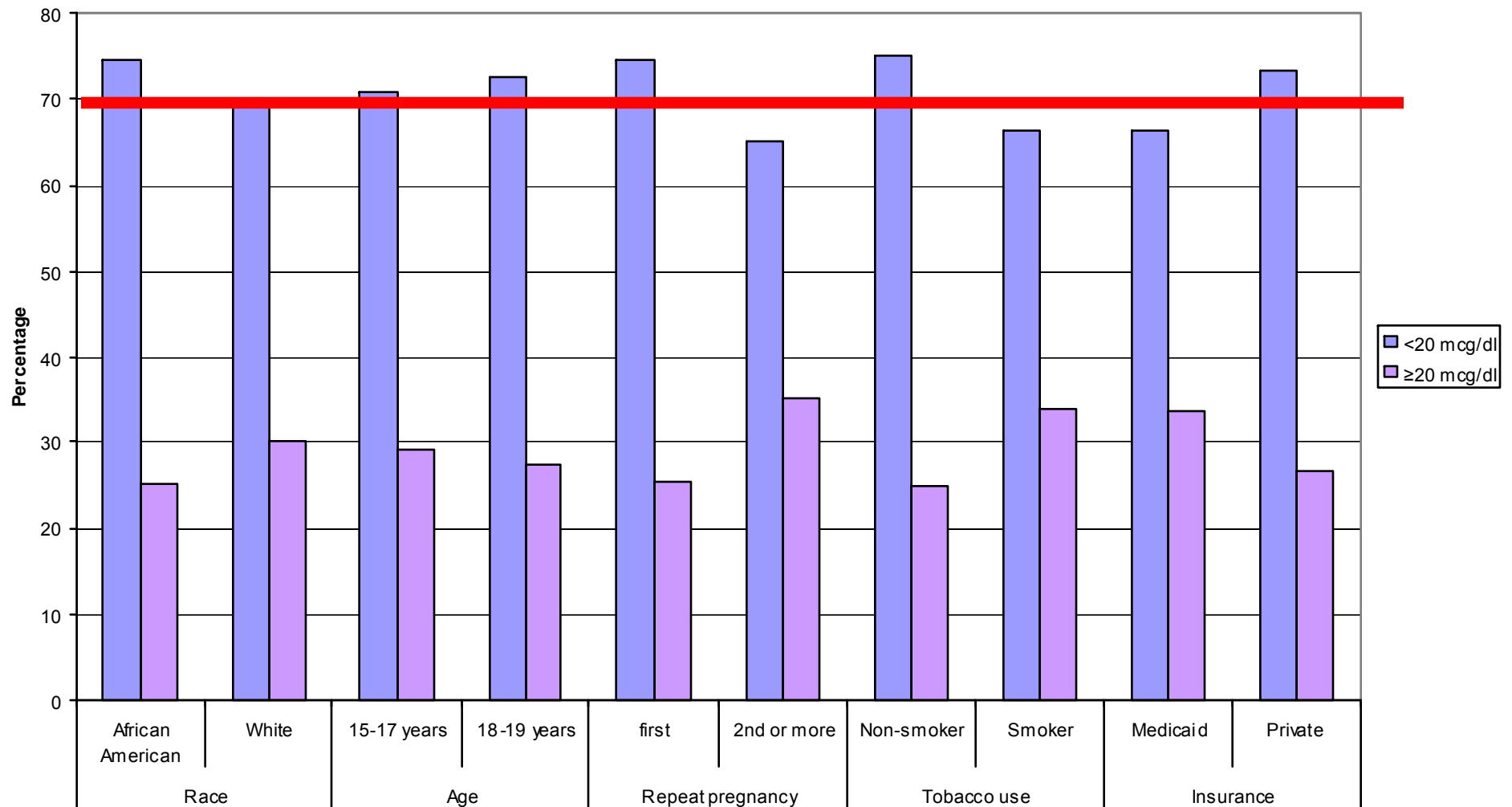
**The CDC considers 10 mcg/dl dangerous!**

# Baseline characteristics of pregnant teens by childhood BLL

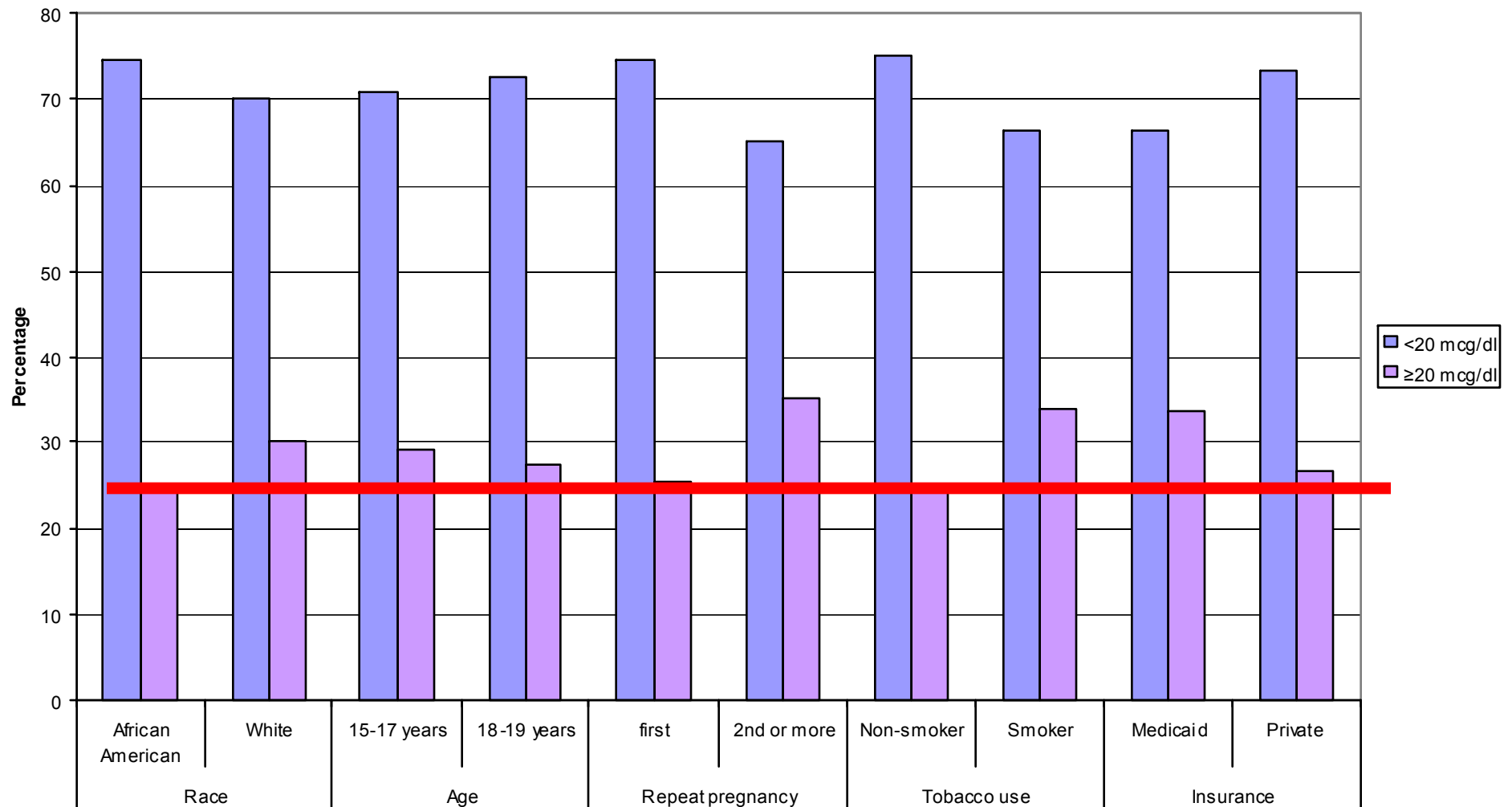




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- Repeat pregnancy was associated with elevated childhood lead and mother's age ( $p < .05$ )
- Tobacco use was significantly associated with maternal race ( $p < .05$ )

# Logistic regression results

- One exposure: childhood BLL
- Two outcomes:
  - repeat teen pregnancy
    - Controlled for race, age and insurance type
  - Tobacco use
    - Stratified by insurance type
    - Controlled for race & age

# Outcome: repeat pregnancy

<b>Predictor variables</b>	
<b>Childhood lead level</b> (20+ mcg/dl vs. 0-19mcg/dl,)	1.59 (95% CI 1.04, 2.43)
<b>Mother's Race</b> (African American vs. white)	1.46 (95% CI 1.25, 1.71)
<b>Mother's Age</b> (18-19 vs. 15-17 years)	1.45 (95% CI 0.95, 2.21)
<b>Medicaid</b> (Medicaid vs. Private insurance)	1.70 (95% CI 1.06, 2.73)

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# Outcome: tobacco use

Predictor variables	Medicaid non-users	Medicaid users
<b>Childhood lead level</b> (20+ mcg/dl vs. 0-19mcg/dl)	4.25 (95% CI 1.89, 9.57)	1.25 (95% CI 0.78,2.00)
<b>Mother's Race</b> (African American vs. white)	0.32 (95% CI 0.15, 0.72)	0.29 (95% CI 0.19, 0.45)
<b>Mother's Age</b> (18-19 vs. 15-17 years)	0.93 (95% CI 0.42, 2.05)	1.35 (95% CI 0.88, 2.05)

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# Discussion: Repeat Pregnancy

- Community factors
- Family factors
- Individual factors
- Developmental delays

All may lead to residence in older housing  
with peeling paint

# Discussion: Addiction

- Smoking and race are determinants of EBL among women of reproductive age
- Early lead exposure associated with decreased ability to delay gratification and alterations in dopamine system and other neurochemicals

# Limitations

- Small sample size
- Other community factors as potential confounders
  - Poverty
  - Community stress
  - Residence location
  - Family level factors

# Further research

- Inclusion of community-level factors
- Individual vs. community level responsibility