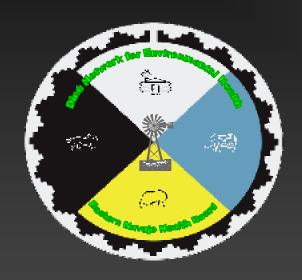
# Diné Network for Environmental Health (DiNEH): Working Together to Understand Kidney Disease and Environmental Exposures

American Public Health Association Annual Meeting November 6, 2007



#### Johnnye Lewis, Ph.D., DABT

Director, Community Outreach and Education Program New Mexico Center for Environmental Health Sciences (funded by NIEHS 5R25ES013208; R01ES014565; & P30 ES-012072)

Eastern Navajo Health Board: Thomas Manning, co-PI; Bess Seschillie, Project Coordinator; Jeremy DeGroat, Sandy Ramone

#### Southwest Research and Information Center:

Chris Shuey, MPH, co-PI; Sarah Henio-Adeky, Teddy Nez; Harris Arthur (in memoriam)

#### **UNM/CEHP:**

Mallery Downs, RN; Miranda Cajero, BCH; Margaret Menache, Ph.D.; Bernadette Pacheco

Crownpoint Service Unit, Navajo Area Indian Health Service:

Fanessa Comer, CEO; Harry Goldenberg, CMO

#### Disclaimer

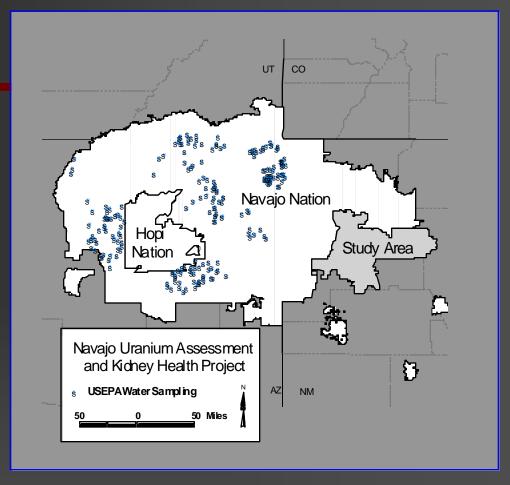
Dr. Lewis is President and CEO of Environmental Health Associates, Inc. (EHA)

There is no financial or intellectual property conflict with EHA in any of the information presented here

Dr. Lewis's work at UNM is routinely monitored by the Conflict of Interest Committee to manage any potential conflicts

## **Overview**

- Project goals
- Project partners and their roles
- History: Navajo uranium mining
- Elements of Success
- Role of NIEHS support

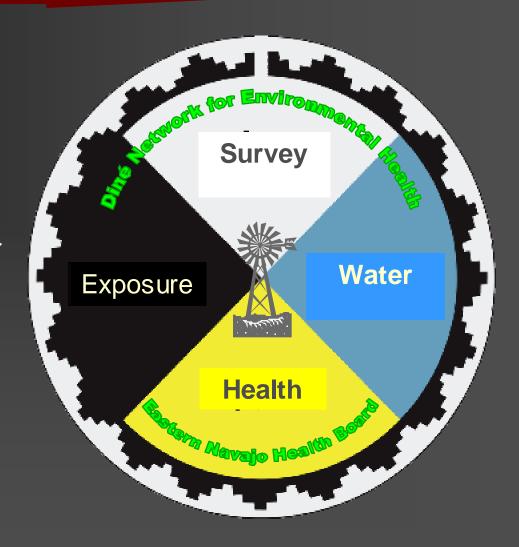






## Goals of DINEH Project

- Build environmental health research capacity
- Test water quality in 60 unregulated water sources
- Conduct 500 surveys on water use, land use and health
- Hire community environmental health workers
- Increase communication



## Supporting Organizations/Agencies

- > Funding:
  - National Institute of Environmental Health Sciences
- > Approvals:
  - ➤ Navajo and UNM IRBs
- Supporting Resolutions:
  - ➤ Baca-Prewitt-Haystack, Becenti, Casamero Lake, Church Rock, Coyote Canyon, Crownpoint, Iyanbito, Lake Valley, Littlewater, Mariano Lake, Nahodishgish, Ojo Encino, Pinedale, Pueblo Pintado, Smith Lake, Standing Rock, Thoreau, Torreon-Star Lake, Whitehorse Lake, White Rock

- Other Support
  - Navajo Nation President Joe Shirley Jr.
  - Eastern Navajo Agency Council
  - Navajo Nation Department. of Water Resources
  - Former Navajo Nation President Kelsey Begay
  - Former Navajo Nation Vice President Dr. Taylor McKenzie
  - Navajo Tribal Utility Authority
  - Navajo Area Indian Health Board
  - Crownpoint Service Unit
  - Floyd Thompson, CEO-Gallup Indian Medical Center
  - Gallup Indian Medical Center Advisory Health Board
  - USEPA Region IX
  - New Mexico Environment Department

## DiNEH Project Collaborators

- Southwest Research and Information Center
- Eastern Navajo Health Board
  - Environmental Health Committee
- University of New Mexico Community Environmental Health Program
  - Housed in UNM College of Pharmacy
  - Community Outreach and Education Core, NIEHS New Mexico Center for Environmental Health Sciences
- Crownpoint Service Unit, Navajo Area Indian Health Service

## SRIC's Role

- Non-profit educational, scientific group founded in Albuquerque in 1971
- Training, capacity-building, policy analysis, targeted advocacy
- 30+ years of technical assistance on uranium impacts to Navajo and other communities
- Environmental assessments
  - Worker, community health
  - Technical review of reclamation plans
  - Puerco River Education Project
  - Environmental Health Training, ENHB
  - Church Rock Uranium Monitoring Project





## Diné Uranium History

#### Environmental Impacts —

- > >1,300 abandoned mines
- > 5 abandoned mills
- > Active mining, milling, 1950s thru mid-'80s
- Church Rock Dam Break, Tailings Spill, July '79
- Safety hazards addressed at mines
- Little or no environmental restoration.
- New uranium mining proposed in Eastern Navajo Agency in NM

#### Health impacts —

- Navajo miners: high risks for lung cancer, nonmalignant respiratory diseases
- Radiation Exposure Compensation Act, 1990, amended in 2000; compensation process difficult for Native Americans
- Birth defects study, Shiprock area, 1983-1992
- NO comprehensive evaluation of community health with respect to cumulative environmental and occupational exposures





## Eastern Navajo Health Board

(Thomas Manning, Co-P.I., Crownpoint, NM)

- ENHB represents 16 Navajo communities, called "chapters"
- Advises I H S in Crownpoint, NM
- ENHB concerns:
  - high rate of kidney disease
  - community members hauling water from unregulated wells
  - many abandoned mines
- 2001 Community meeting
  - DiNEH partnership formed
  - UNM-Dr. Lewis asked to write proposal
- 2002-2003 -- Trainings with SRIC, others
  - Navajo language
  - Survey methods
  - Tours of abandoned mines

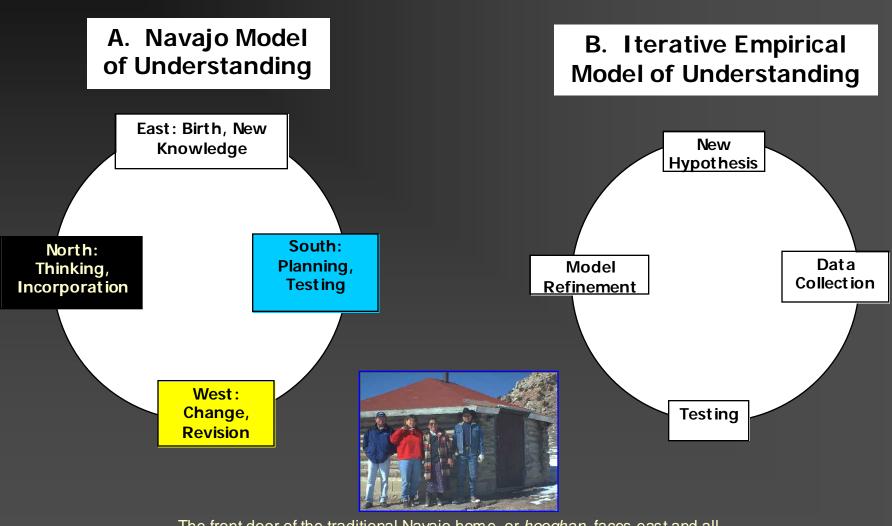






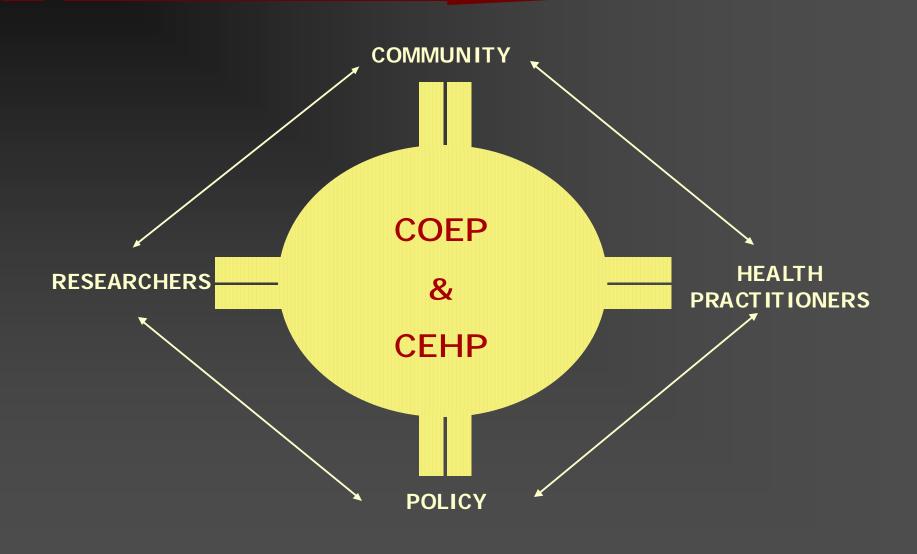
American Public Health Association Annual Meeting

# Common Models of Learning:



The front door of the traditional Navajo home, or *hooghan*, faces east and all activities are conducted clockwise around the center of the home

## **UNM's CEHP**



## CEHP History with Navajo Nation on Uranium

- 15 years, varied roles
- Assessing risk from mill tailings-contaminated groundwater (1990) (J. Lewis as consultant to UMTRA/DOE)
- EJ grant: development of Uranium Education Center, Diné College, Navajo Tribal College (1997, Mark Bauer, PI)
- DiNEH collaboration (2001)
  - How much uranium is in the water hauled from livestock windmills, private or hand-dug wells, and springs?
  - What will it do to Navajos who drink it for a long time?
  - Does drinking uranium-contaminated water, living near uranium waste sites, or having worked in the uranium industry contribute to the high level of kidney disease?

## Anticipated Benefits: Results since 2004

#### Anticipated benefits (2001)

- Provide the Eastern Navajo Health Board (ENHB) with expertise, experience and infrastructure to develop, plan, and implement health studies
- Train and hire community researchers

- Generate water resource and quality data
- Estimate cumulative environmental exposures

#### Results (2004-present)

Trainings in surveying methods, Navajo language translation, water quality assessment

- All staffing since 2004: 11 Navajo, 9 non-Navajo
- Current staffing:
  - 6 Navajo field workers
  - > 1 Navajo HS student, 1 Navajo grad student,
  - > 7 non-Navajo researchers
  - 2 non-Navajo grad students
- 47 water sources newly tested, >100 water sources located
- 525 water-use/health surveys conducted
- Preliminary exposure model developed

## Elements of Success

- Respond to problems already recognized
- Mutual respect, mutual learning
- Patience
- Recognition of sovereignty, culture, tradition
- Diversity of staff
- Leaving more than taking (skills, policy recommendations)
- Being there for the long-term (NIEHS Center)





## Challenges

#### Dine Community

- Not enough time -- need is immediate
- Lack of knowledge, expertise in Western science
- Difficulties working across cultures
- Lack of funding to develop technical expertise, & conduct health research

#### Advocates

- Being clear on the hat you are wearing
- Fear that scientific expertise won't be viewed as "unbiased"

#### University Scientists

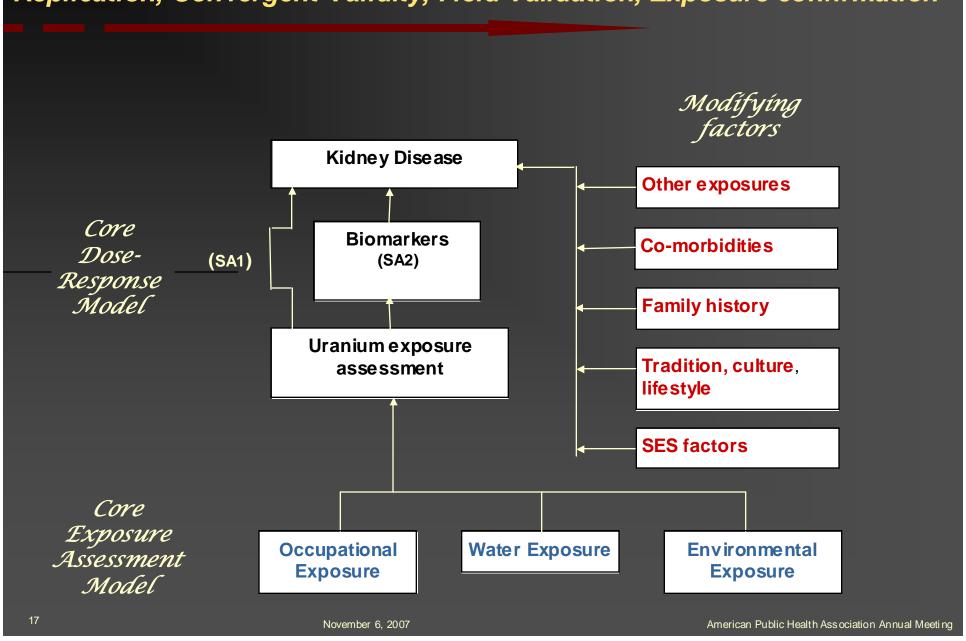
- History of abuse of Native people by researchers
- Tribal legal requirements -- respect of culture
- Lack of data can be used as evidence of no effect
- University and scientific merit process
- Time and patience

# DiNEH Project Phase II: Navajo Uranium Assessment and Kidney Health Project

- > R01, funded by NIEHS
- Reason to build capacity
- Research to answer Health Board's original questions
- ➤ Involves researchers from Univ. of Texas + DiNEH Project team + NIEHS Center Epidemiologists and Biostatisticians
- More comprehensive surveys, biomarkers of kidney damage: glomerular vs. tubular
- Create kidney surveillance program at Crownpoint Service Unit, Navajo Area I H S

## Multilevel kidney risk model

Replication, Convergent Validity, Field Validation, Exposure confirmation



## DiNEH Response to Community Emergency

- May 2007: EPA decides to remove soil around 8 homes.
- DiNEH Project: surveys, blood & urine, clinical lab, research biomarkers for kidney disease
  - Only health assessment







