

# Documenting Normal Birth

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*America's Birth Center Resource*

# Collecting Data on Normal Birth

- Challenges
  - Finding a normal birth cohort
  - Small services



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# AABC Uniform Data Set

- A national online data registry for midwifery care and normal birth.
- Provides an administrative tool for uniform data collection of outcome and utilization data.



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# AABC Uniform Data Set

- Goals:
  - Ongoing data collection on birth center care
  - Data registry for normal birth
  - User friendly
  - Provide users with reporting of own data
  - Benchmarking data



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# AABC Uniform Data Set

- Challenges:
  - Technical: advancing technology
  - Getting people to use it and become invested
  - Comprehensive vs minimum data collection
  - Collaboration and competition with other data sets
  - Funding



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## American Association of Birth Centers Uniform Data Set

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# AABC UDS: Preliminary Data

## Enrollment

28	Birth Centers + 1 Hospital Practice
5,679	Mothers
2,871	Births
2,368	Postpartum Follow-Up to 6 weeks



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# AABC UDS: Preliminary Data

## Place of Birth

49.0%	Birth Center
42.1%	Hospital
2.3%	Planned Home



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# AABC UDS: Preliminary Data

Type of Birth

N=2871

87.6% Spontaneous Vaginal Delivery

8.3% Primary C-Section



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# AABC UDS: Preliminary Data

Pain Relief: Non-Pharmacologic N=2871

13.2%	Position/Ambulation Only
10.1%	Hydrotherapy Only
10.7%	Massage/Pressure Only
10.2%	Hydrotherapy plus 1 Other Method
35.1%	Greater than 2 Methods
14.8%	None



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# AABC UDS: Preliminary Data

## Pain Relief: Pharmacologic

N=2805

55.0% None

5.8% Local Anesthesia Only

10.4% Narcotics Only

14.2% Epidural Only

8.0% Narcotics & Epidural

3.1% Spinal Only



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# What's Next?

- Continue to Refine Instrument
- Collaboration With Other Researchers
- Quality Assurance
  - User Training and Feedback
  - Site Visits & Data Cleaning
- National Study of Optimal Birth



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