Communication Inequalities and HPV: Understanding the effects of communication barriers among Black women

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Goals for Today

- Outline theoretical model for understanding the effects of HPV communication inequalities on high-risk communities
- Describe communication barriers affecting Black women's awareness and cognitions of HPV
- Present media and community-based considerations for research and policy

Background and Motivation: HPV Awareness

- Low levels of HPV awareness noted among the **general public** (1), **nursing students** (2), **college students** (3-5), **men** (6), **women** (7,8), and **racial/ethnic minorities in the U.K.** (9).
- Increased HPV awareness associated with: past history of STI's, genital warts, or having had an abnormal pap smear, after controlling for other factors (8).
- Qualitative research suggests that minority communities are particularly concerned with a lack of information about HPV in their communities (9, 10).

Conceptual Framework

Structural Influence Model of Chempurality ication

Social Determinants

Mediating/moderating conditions

Health Outcomescation Outcomes

SEP

Income

Employment

Occupation

Education

Place

Neighborhood

Household

Socio-demographics

Age

Gender

Race/Ethnicity

Social Networks

Social capital

Resources

Health crossphit itemsess & exposure

Risk perception Internet, tv, fadio, etc.)

Preventive behaviors

Information seeking Healthcare behaviors information on

health)

Information processing

(i.e. ability to understand health information; "media images" - trust and believability in information sources)

Information utilization

(i.e. capacity for action on heath information)

For more on this model see: Viswanath, Ramanadhan, and Kontos, 2007

Quantitative Analysis Health Information National Trends Survey (HINTS) 2005

- Provides updates on changing patterns, needs, and information opportunities in health
- Identifies changing communications trends and practices
- Assesses cancer information access and usage
- Provides information about how cancer risks are perceived
- Offers a test bed to researchers to test new theories in health communication
- ➤ Sample Size: N= 5586
- Response Rate: 34.0%

Quantitative Analysis – HINTS

Structural Influence Model of Health Communication Inequality

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Health information access & exposure

(i.e. access to Internet; read newspaper/watch news on health)

Information seeking

(i.e. purposive search for information on health)

Information processing

(i.e. ability to understand health information; "media images" - trust and believability in information sources)

Information utilization

(i.e. capacity for action on health information)

Awareness/ Knowledge

Risk perception

Preventive behaviors

Healthcare behaviors

Summary HINTS Analysis

Not having heard of HPV among all women was significantly associated with being:

- Black
- Older than 55

...and having:

- Lower than college education
- Few friends/family to talk with about health
- No access to the Internet
- Lower likelihood of reading the newspaper

Among **Black women**, HPV awareness was significantly associated with:

- Lower than college education
- No access to the Internet

Logistic Stepwise Regression: SEP, SD, and Communication Factors Associated with HPV Awareness

WHERE 1= Have heard of HPV	Step 1 Logistic	Step 2 Logistic	Step 3 Logistic	Step 4 Logistic	Step 5 Logistic
Predictor	n=3,400	n=3,400	n=3,389	n=2,923	n=2,923
	OR (CI 95%)	OR (CI 95%)	OR (Cl 95%)	OR (CI 95%)	OR (CI 95%)
Race/Ethnicity (White)					
Latina	1.92 (1.35-2.73)**	1.57 (1.03-2.40)**	1.42 (.90-2.23)	1.18 (.72-1.92)	1.12 (.68-1.85)
Black	1.51 (1.11- 2.05)**	1.46 (1.04-2.04)**	1.42 (1.01-1.99)**	1.66 (1.11-2.48)*	1.65 (1.09-2.48)*
Age (55+)					
18-24		.41 (.2860)**	.39 (.2657)**	.41 (.2567)**	.41 (.2667)**
25-44		.44 (.3456)**	.43 (.3355)**	.48 (.3664)**	.48 (.3664)**
45-54		.47 (.3564)**	.47 (.3563)**	.54 (.3778)**	.54 (.3778)**
Education (College Grad)					
<hs grad<="" td=""><td></td><td>6.14 (4.08-9.22)**</td><td>5.62 (3.66-8.63)**</td><td>4.31 (2.52-7.35)**</td><td>4.34 (2.53-7.45)**</td></hs>		6.14 (4.08-9.22)**	5.62 (3.66-8.63)**	4.31 (2.52-7.35)**	4.34 (2.53-7.45)**
HS Grad/Some College		2.45 (1.95-3.07)**	2.30 (1.80-2.94)**	2.03 (1.55-2.65)**	2.04 (1.55-2.67)**
Membership in Community Organizations (None)					
One			.85 (.66-1.09)	.97 (.73-1.29)	.97 (.73-1.29)
Two			.79 (.60-1.03)	.90 (.66-1.23)	.90 (.66-1.24)
Three-Four			.86 (.58-1.27)	1.03 (.69-1.54)	1.04 (.69-1.55)
Five+			.57 (.32-1.00)	.76 (.41-1.40)	.76 (.41-1.40)
Friends/Family to talk with about health (None)			.57 (.4378)**	.69 (.5194)**	.70 (.5194)*
Watched Health Segments on Local News (No)				.82 (.57-1.17)	.82 (.57-1.17)
Have access to the Internet (No)				.54 (.4270)	.54 (.4270)**
Read Health Info in the Newspaper (No)				.51 (.3772)**	.52 (.3772)**
US Born (No)					.91 (.55-1.50)

Logistic Regression –

SD, SEP, and Communication Factors Associated with

Black Women's HPV Awareness

Logistic Regression WHERE 1- Have heard of HPV	Black Women	
	n=253 OR (CI 95%)	
Age (55+)	p <u><</u> .7527	
Education	p <u><</u> .0022	
<hs grad<="" td=""><td>19.97 (3.38-117.95)**</td></hs>	19.97 (3.38-117.95)**	
HS Grad/Some College	5.67 (1.89-17.06)**	
Membership in community organization (None)	p <u><</u> .1.064	
Friends/Family to talk with about health (None)	p <u><</u> .3521	
Watched health segments on local news (No)	p <u><</u> .3985	
Have access to the Internet (No)	p <u><</u> .32 (.1194)*	
Read health info in the newspaper (No)	p <u><</u> .7562	

Focus Groups on Health Communication Inequalities

- Data collected from four (4) focus groups in two
 (2) Massachusetts communities, October 2006
- Participants screened for low-SEP (including: incomes ≤ 200% FPL; high school graduates or less)
- Over-sample of racial/ethnic minorities and women
- Two (2) groups conducted in Spanish

Qualitative Analysis – Focus Groups

Structural Influence Model of Health Communication Inequality





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Resources

Health media exposure & access

(i.e. current channels and sources of health information; access to information channels, such as Internet)

Information seeking

(i.e. purposive search for information on health)

Information processing

(i.e. ability to understand health information; "media images" and preferred formats of information; trust and believability in information channels and sources)

Information utilization

(i.e. community and individual capacity for action on health information)

Internet Access and Processing: Challenges

Access to Internet

Not enough access to Internet ("Digital Divide")

Information Processing on Internet

- Too much information on-line
- Internet difficult to navigate ("Digital Inequality")
- Medical terminology too difficult to understand
- "Media images" and distrust in biased information sources (i.e. pharmaceutical and profit-driven interests)

Internet Processing and Utilization: Opportunities

Providing a specific URL, to which individuals can go for information can be one way to resolve 'overwhelming' Internet searches...

"Because there's so much information out there. And I had my surgeon say to me, 'Please stop looking on all these sites.'...She asked...she really did, she asked me NOT to do that. And she gave me two specific sites that were ok to...to look at. [...] Just so that, you know, it keeps you focused. [...] It keeps you on-base, because you could get out there and get lost in all of that. You know, and cause yourself to have... a mental breakdown!"

Opportunities for HPV Messaging in Black Communities









Considerations for Increasing Information Access: Non-media and Traditional Media Use

Community gatherings, churches, and 'health fairs' were named among trusted channels of communities' health information...

"Health fairs that go on through the community. That's definitely a good way you know, but ...it seems to always take an incentive to draw the people out. You know?...But, it is a good way to really bring people, and try to make them knowledgeable..."

"Well, of course, you know, it's always gonna be, the inner cities are not gonna have it (information). But, I think...what goes on, in inner cities that people don't realize is that there's a human connection, where word of mouth gets around. Um, the churches is very, very popular..."

Local newspapers and community circulars were widely trusted channels of health information...

"But what I find is that, when we're lookin' at us, as minorities, lookin' for certain information that pertain to us, we have *The Banner.*"

"You know, but I think ... when we start lookin' at issues that pertain to us, I feel that we get a more truer story about us from our paper – The Bannner – and, and ... us, and that's what I truly believe."

Summary of Considerations: Reducing Communication Inequalities among Black Women

- Libraries and community centers may be venues to increase Internet access
- Providing specific websites may reduce navigation issues
- "Plain language" and video formats are preferred forms of messaging
- Media images that represent 'people like me' are particularly important
- Non-media and traditional media remain important channels of health information for Black women

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