Do criminal HIV disclosure laws reduce transmission risk? A mathematical modeling analysis

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#### HIV disclosure laws as a structural intervention

Twenty-three US states have criminal statutes that prohibit HIV-positive persons from engaging in sexual activities without prior disclosure of their HIV status to prospective sex partners. Goals of the laws

- Decrease HIV transmission
- Protect partner autonomy
- Establish social norms
- Prosecute reckless or malicious conduct

Do these laws encourage HIV-positive serostatus disclosure?

What is the relationship between serostatus disclosure and safer sex practices?

Sexual activities

- Some states require serostatus disclosure prior to a wide range of sexual activities (e.g. MI). MCLS 333.5210 (1988)
- Some states require serostatus disclosure prior to anal, oral, and vaginal intercourse only (e.g. GA). O.C.G.A. § 16-5-60 (1988)
- One state requires disclosure prior to vaginal or anal intercourse only (KA\*). κ.s.A. § 21-3435 (1992)
- One state law requires serostatus disclosure prior to unprotected anal or vaginal intercourse only (CA\*). (Cal H & S Code § 120291) (1998)

\*statute also addresses intent

#### Michigan's statute

... As used in this section, "sexual penetration" means sexual intercourse, cunnilingus, fellatio, anal intercourse, or any other intrusion, however slight, of any part of a person's body or of any object into the genital or anal openings of another person's body...

MCLS 333.5210(1) (1988)

#### California's statute

... unprotected sexual activity...means insertive vaginal or anal intercourse on the part of an infected male, receptive consensual vaginal intercourse on the part of an infected woman with a male partner, or receptive consensual anal intercourse on the part of an infected

man or woman with a male partner.

(Cal Health & Saf Code § 120291) (1998)

#### Compare 2 approaches

#### <u>Strict</u>

Positive serostatus disclosure required prior to any sexual activity.

#### <u>Flexible</u>

Positive serostatus disclosure required prior to <u>unprotected</u> anal or vaginal sex.

What is the risk associated with postdisclosure sexual activities?

What are compliance rates?

Proportion of sexual encounters

- H = high risk sex (unprotected anal or vaginal intercourse) without disclosure
- L = low risk sex (e.g. protected anal or vaginal sex) without disclosure
- D = post-disclosure sexual activities



P, P

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Transmission probabilities

 $R_D$ ,  $R_L$ , and  $R_H$  are the transmission probabilities associated with post-disclosure sex, low risk sex, and high risk sex.

# $R = DR_{D} + LR_{L} + HR_{H}$

.

# The effectiveness of an HIV disclosure law depends in part on the relative values of $DR_D$ , $LR_L$ , and $HR_H$

We assume that post-disclosure sex (D) is less risky than high risk sex (H). (Marks & Crepaz, 2001)

### $DR_D < HR_H$

However, we do not know how  $DR_D$  or  $LR_L$  rank relative to each other.

 $DR_D < LR_L < HR_H$  and  $LR_L < DR_D < HR_H$  are both plausible.

#### Post-intervention change in HIV transmission risk

# $R - R^* = (D - D^*)R_D + (L - L^*)R_L + (H - H^*)R_H$

# A disclosure-based intervention is only effective if it reduces risk ( $R^* < R$ )

# $(D - D^*) (R_H - R_D) > (L - L^*) (R_H - R_L)$

#### Approach #1

Strict disclosure laws require HIVpositive serostatus disclosure prior to any sexual activity. Strict disclosure laws

If  $R_D < R_L$ 

strict laws will <u>decrease</u> risk (R\*) when disclosure (D) is substituted for either low risk (L) or high risk (H) sex. Strict disclosure laws cont.

If  $R_L < R_D$ 

strict laws will <u>decrease</u> risk (R\*) when disclosure (D) is substituted for high risk sex.

strict laws will <u>increase</u> risk (R\*) when disclosure (D) is substituted for low risk sex (L) only.

strict laws <u>may increase or decrease</u> risk (R\*) when disclosure is substituted for both low risk (L) and high risk (H) sex.

#### Approach #2

Flexible disclosure laws require HIVpositive serostatus disclosure prior to <u>unprotected</u> anal or vaginal sex. Flexible disclosure laws

If  $R_D < R_L$  or  $R_L < R_D$ 

flexible laws will decrease risk (R\*) when disclosure (D) is substituted for either high risk (H) or low risk (L) sex;

however, the magnitude of the risk reduction depends on  $R_D$ ,  $R_L$ , and  $R_L$ 

#### Expected Effects of the Laws

Compared to flexible laws, strict laws may produce greater increases in D but smaller increases in L.

Compared to strict laws, flexible laws may produce greater reductions in H and greater increases in L. Comparative Effectiveness

- If R<sub>L</sub> < R<sub>D</sub> then flexible laws are more effective than strict laws
- If R<sub>D</sub> < R<sub>L</sub> then which law is more effective depends on compliance rates

# Comparative Effectiveness

	RD < RL	RL < RD
Strict law	↓ R	↓ R
Flexible law	↓ R	Depends
More effective	Depends	Flexible

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