



# American Time Use Survey Data (ATUS, 2003)

## Theoretical Model of US Walking Duration and Validation

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# Overview

Dataset

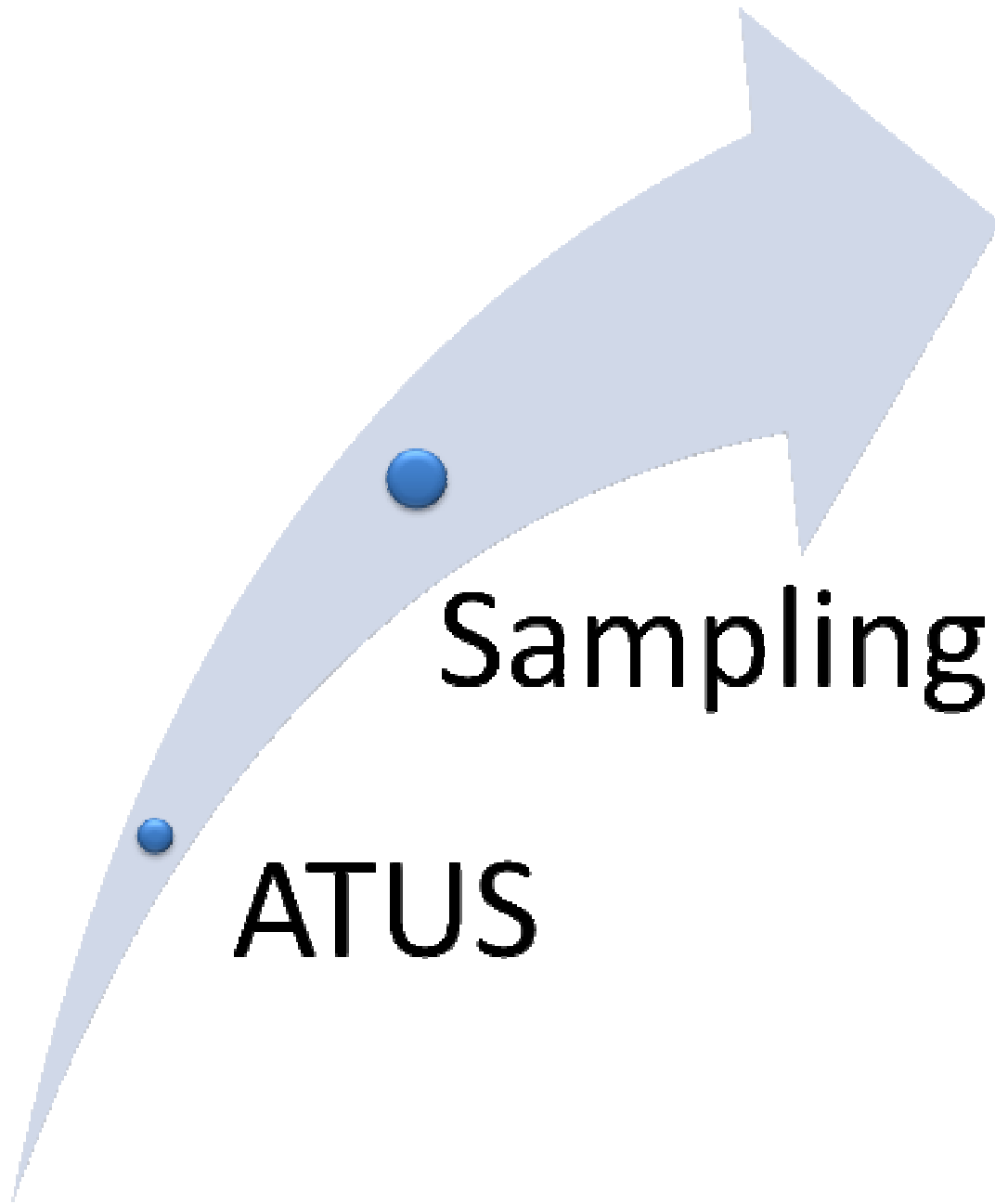
Hypothesis

Modeling Effort

Findings/ Conclusions

# Purpose of Research

To test the theories of walking duration  
for Americans captured in the  
American Time Use Survey (2003)



## **DATASET: 2003**

- 1700 Interviews
- 2,440 observations (walking)
- 14 variables



# **HYPOTHESIS**

PROXIMITY

ACCESSIBILITY

SAFETY

ATTITUDES

PHYSICAL ABILITY

TIME ALLOCATION

COMPETING ACTIVITIES

ACCESSIBILITY

TIME FLEXIBILITY

CULTURAL VIEWS

ENVIRONMENT

# Observed Data



Proximity



Accessibility



Safety/Security



Attitudes towards walking \*



Physical ability\*



Time allocation



Competing health activities



Environment

# Modeling Walking Choice

## Nature of the Data

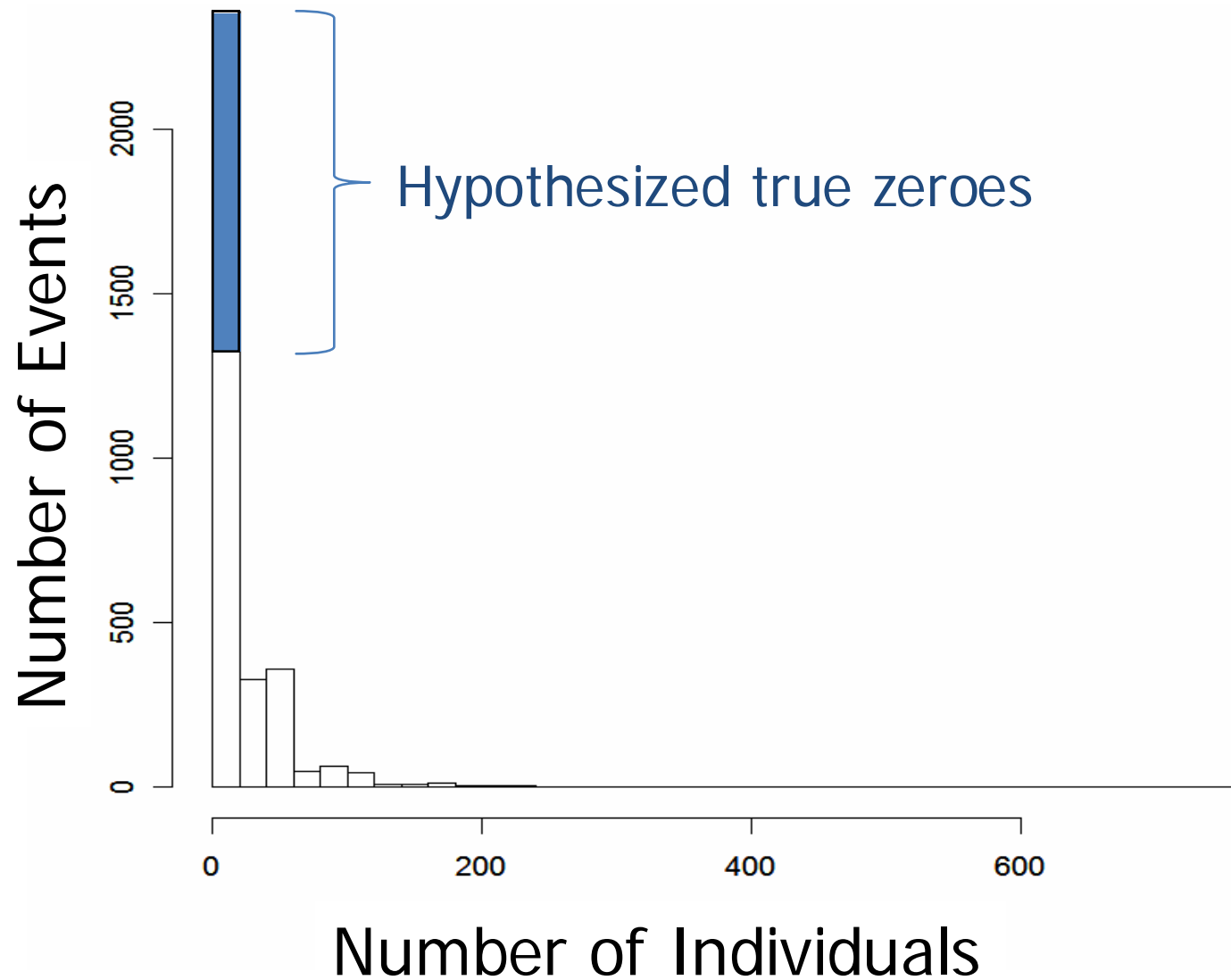
- Omitted variables
- Measurement errors
- Excess zeros
- Walking time always positive values
- Heavily skewed data
- Count data

## Modeling Approach

- Negative Binomial
  - Predict positive counts
  - Account for over dispersion
- Zero Inflated Poisson
  - Dealing with excess zeros:
    - underlying dual-state process (theoretical and statistical)  
..individuals not walking...



# Walking for Exercise



# Conclusions.....

- Overdispersion
- True zero individuals

Given by:

$$P(\text{true zero}) = e(BX) / ((1 + e(BX)))$$

# Walking for Exercise

## Negative Binomial

NE Region	NW Region	South Region	Race: Black	Walk: Travel	Children: 10-14	Winter* NE region
+	-	-	-	+	-	-

## Logistic Zero-Inflated Model

Age	Household Income	Marital Status (Married)
-	-	-

# Predicted Walking for Exercise



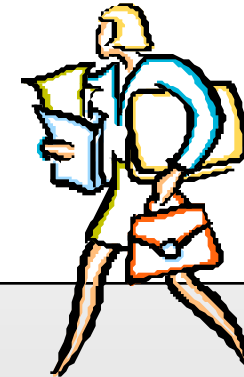
**60.6 min**

*Region: NW*  
*Race: not black*  
*Walk for travel:*  
30 min  
Children 10-15  
yrs: none



**50.1 min**

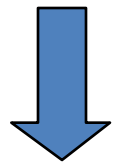
*Region: SW*  
*Race: Black*  
*Walk for travel:*  
15 minutes  
Children 10-15  
yrs: Yes



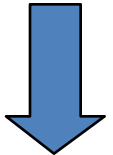
**44.3 min**

*Region: South*  
*Race: not black*  
*Walk for travel:*  
none  
Children 10-15  
yrs: Yes

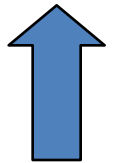
# Conclusions: (Walking duration for exercise)



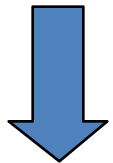
Walk for exercise, duration differs



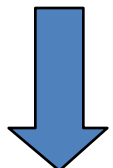
Blacks walk less for exercise



Individuals who walk for exercise are also more likely to walk for travel



Exercise walking duration reduces when you have children between the ages of 10-14 years old



Walking for exercise in the Winters in the NE are associated with slightly less walking (over and above NE region)

# **Conclusions:** **(True zeros walking duration for exercise)**

Variables negatively Associated with the ZERO-state are:

- Increase in Age
- Income between 30k and 50k
- Being married

# Walking for Travel

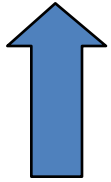
## Negative Binomial

NE Region	NW Region	South Region	Race: Black	Male	Walk: Exercise	Winter* NE region	Household Income: >5K & <10K	Household Income: >10K & <75K	Married
+	-	-	-	+	+	-	+	-	-

## Logistic Zero-Inflated Model

Age	Marital Status (Married)	Household Income	Household Income: >30K & <75K
+	+	-	+

# Conclusions: (Walking duration for travel)



Walk for travel /NE region



Walk for travel S/NW region



Walk for travel HH incomes  $\geq$ \$50K



Walk for travel HH incomes  
\$5K-19.9K



# Logistic Zero Inflated Model:

True zeros walking duration for travel/  
transportation positively associated with  
t h e   z e r o - s t a t e   a r e :

- Age
- Income between 30k and 74.9k
- Being married

# Limitations

- Attitudes
- Ability
- Proximity
- Density

# Conclusions

# Questions