



Substance Abuse and Mental Health Services Administration



A Website Promoting Early Detection and Screening Practice:



<http://sbirt.samhsa.gov>

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Purpose



This presentation

- helps learners navigate **sbirt.samhsa.gov**
- discusses opportunities for future website development

The SBIRT site provides a single, comprehensive repository of SBIRT information to promote screening and brief intervention practice



Screening, Brief Intervention, Referral, and Treatment



CSAT
Center for Substance
Abuse Treatment

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**Screening and
Brief Intervention
Training For
Trauma Care Providers**

Screening, Brief Intervention, Referral, and Treatment

What is SBIRT?

SBIRT is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders. Primary care centers, hospital emergency rooms, trauma centers, and other community settings provide opportunities for early intervention with at-risk substance users before more severe consequences occur.

- [Screening](#) quickly assesses the severity of substance use and identifies the appropriate level of treatment.
- [Brief intervention](#) focuses on increasing insight and awareness regarding substance use and motivation toward behavioral change.
- [Referral to treatment](#) provides those identified as needing more extensive treatment with access to speciality care.

A key aspect of SBIRT is the integration and coordination of screening and treatment components into a system of services. This system links a community's



Learning Objectives

- Understand the requirements of an information website promoting screening and brief intervention practice
- Describe and understand the architecture of the website
- Know how to access training curricula, screening instruments, clinical guidelines, conference proceedings, and other online resources maintained on the website
- Locate at least one other website with links to resources for brief intervention and/or motivational interviewing
- Identify at least two online manuals for brief treatment



Website Goals

- Clearly describe the core clinical components of SBIRT
 - Be a useful repository of clinical tools and resources
 - Describe individual SAMHSA grantees
 - Provide information support to both SAMHSA grantees and the community of SBIRT providers
 - Be flexible to address emerging needs
-



SBIRT: Core Clinical Components

- **Screening:** Very brief screening that identifies substance-related problems
- **Brief Intervention:** Raises awareness of risks and motivation of client toward acknowledgment of problem
- **Brief Treatment:** Cognitive behavioral work with clients who acknowledge risks and are seeking help
- **Referral:** Referral of those with more serious addictions





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A key aspect of SBIRT is the integration and coordination of screening and treatment components into a system of services. This system links a community's specialized treatment programs with a network of early intervention and referral activities that are conducted in medical and social service settings.

Is SBIRT Effective?

SBIRT research has shown that large numbers of individuals at risk of developing serious alcohol or other drug problems may be identified through primary care screening. Interventions such as SBIRT have been found to:

- Decrease the frequency and severity of drug and alcohol use,
- Reduce the risk of trauma, and
- Increase the percentage of patients who enter specialized substance



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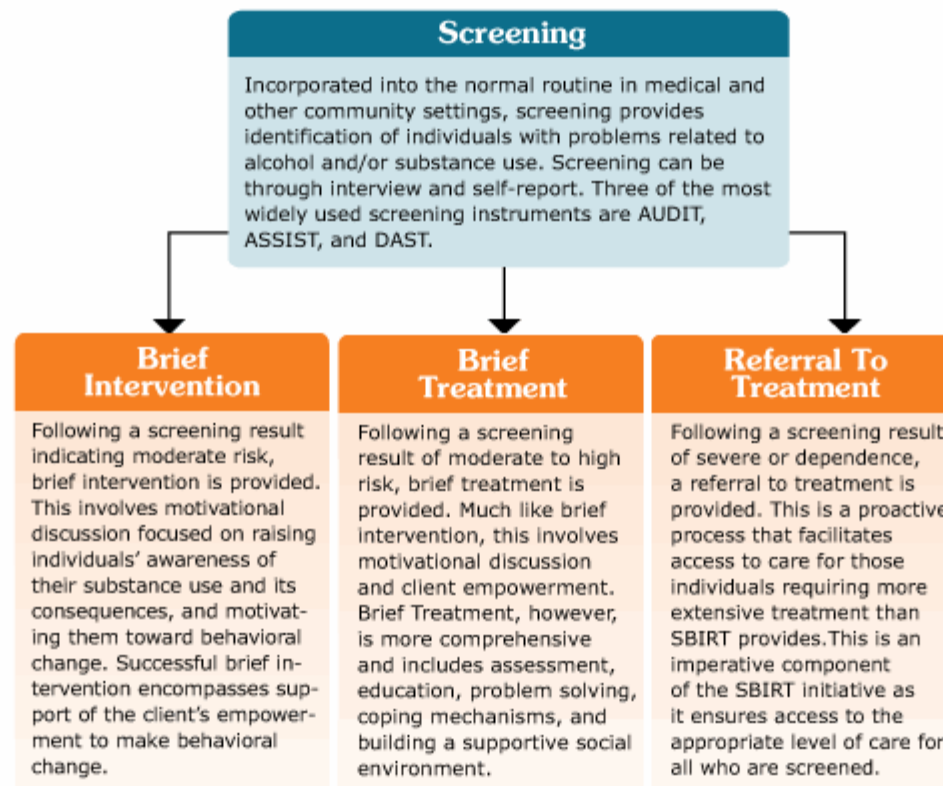
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SBIRT Core Components

The theoretical framework and programmatic structure of SBIRT programs may vary, but the core components of SBIRT remain and can be defined as follows:





Resources: Screening & Brief Intervention

Screening

- Links to the Alcohol and Drug Abuse Institute at the University of Washington
- Alcohol Screening and Brief Intervention Curriculum, a product of the Alcohol Clinical Screening Project, BU School of Medicine
- Screening for Alcohol Use and Alcohol Related Problems, an *NIAAA Alcohol Alert*

Brief Intervention

- Brief Alcohol Screening and Intervention of College Students (BASICS)
- Brief Interventions and therapies for substance abuse: SAMHSA Tip #34
- Brief Intervention for Hazardous and Harmful Drinking, a WHO manual for primary care

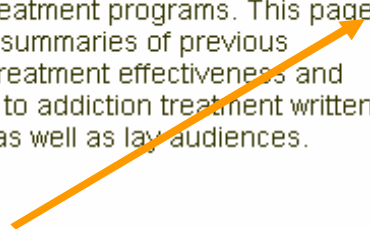
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Referral to Treatment

Referral to specialized treatment is provided to those identified as needing more extensive treatment than offered by the SBIRT program. The effectiveness of the referral process to specialty treatment is a strong measure of SBIRT success and involves a proactive and collaborative effort between SBIRT providers and those providing specialty treatment to ensure access to the appropriate level of care.

This page has a number of resources for referral to treatment. It includes the SAMHSA Treatment Locator, a national directory of treatment programs. This page also includes summaries of previous research on treatment effectiveness and useful guides to addiction treatment written for clinicians as well as lay audiences.



Resources

[Substance Abuse Treatment Facility Locator](#)

SAMHSA's searchable directory of more than 10,000 addiction treatment programs, including residential treatment centers, outpatient treatment programs, and hospital inpatient programs for drug addiction and alcoholism.

[Help with the Treatment Locator](#)

A SAMHSA-sponsored Web page that helps interested persons locate treatment providers in their local area. The [background information](#) is a helpful introduction.

[Principles of Drug Addiction Treatment: A Research Based Guide](#)

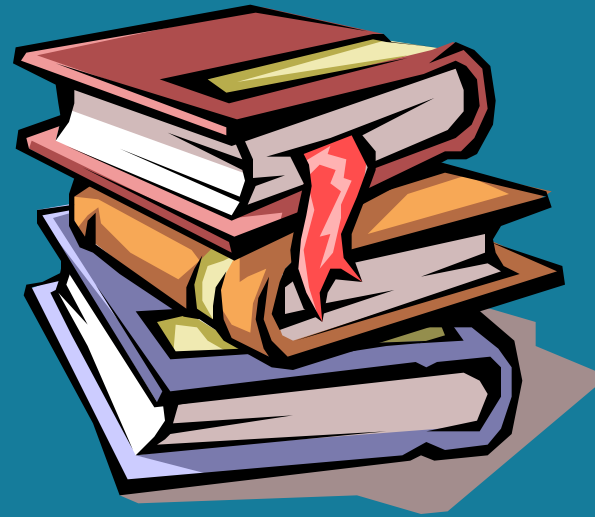
NIDA's guide based on results of an

- SAMHSA Treatment Locator
- NIDA' Principles of Addiction Treatment
- CPDD's Behavioral and Psychosocial Treatment for Drug Abuse
- ONDCP's overview of addiction treatment
- HBO's website on addiction treatment
- CSAT's homepage



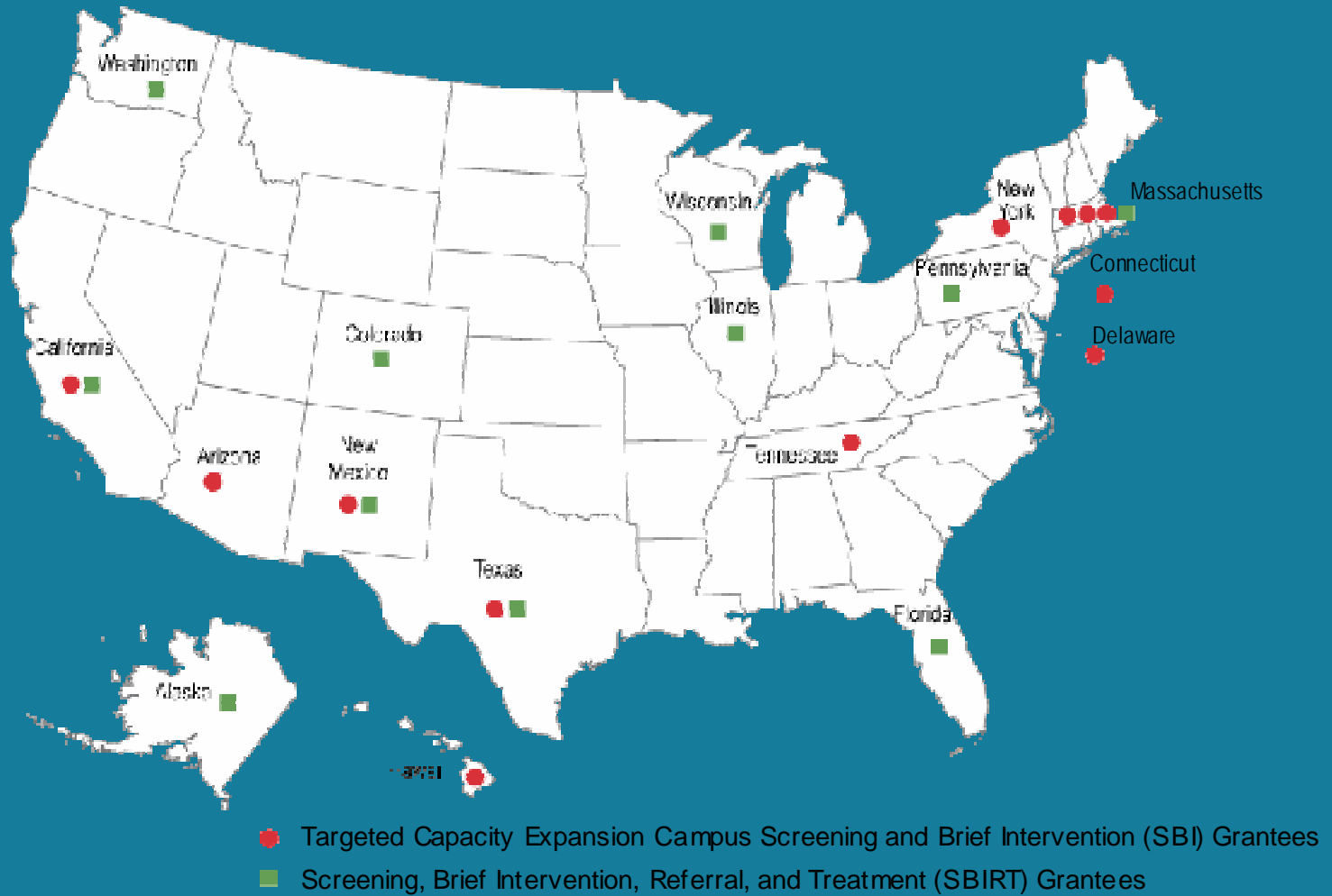
Clinical Tools and Resources

- Curricula
- Online Resources
- Organizations
- Publications





SAMHSA SBIRT/TCE-SBI Grantees by State





Grantee Profiles

- Program Description
- Program Model
- Services Features
- Program Data
- SBIRT Sites
- Contact Information





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Cook Inlet Tribal Council, Inc. Program Description

The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Treatment (CSAT) is funding Connections SBIRT—developed by Cook Inlet Tribal Council (CITC) in partnership with the Southcentral Foundation (SCF)—\$1.672 million per year for 5 years to provide screening, referral, brief intervention, and treatment services for adults and adolescents in primary health care settings and generalist community settings in Anchorage, Alaska.

Program Model Screening

Conducted by specialists using the AUDIT and one drug use question.

Brief Intervention

Consists of minimally two or maximum of five 15-minute sessions (occurring once

Grantees Profiles under SAMHSA Resources



Recent Website Development



Recent development has focused on:

- College and university health screening practice
- Online training for incorporating an SBIRT program into a trauma care setting



Future Website Development



Future web development will focus on:

- *Audience expansion* such as implementing SBIRT programs into a variety of health care settings
- *Content enhancement* such as sustainability strategies
- *E-Learning technology* to train clinicians on how to provide SBIRT to a patient



Future architecture

To ensure usability, these enhancements require a revamp of the current architecture. Top-level sections under consideration include:

- About SBIRT
- SBIRT in Your Setting
- What's New
- Federal Agency Activities
- Professional Organizations
- Tools and Resources





Future Design

In tandem with the reorganization of the architecture, a revised look and feel is under consideration including a homepage that offers:

- Audience-specific portals to content
- Quick access to “SBIRT 101” information
- Links to the latest news and research





SBIRT.SAMHSA.GOV



- A single, comprehensive repository of SBIRT information to promote screening and brief intervention practice.
- Includes information such as training manuals, online resources, links to organizations and publications, and a list of references.
- For grantees, there are portals for grants management, technical assistance and government reporting requirements (such as GPRA).
- Rapidly moving in new directions including audience expansion and content enhancement.