

*Is Prophylactic Removal
of Wisdom Teeth
A Public Health Hazard?*

Evidently!

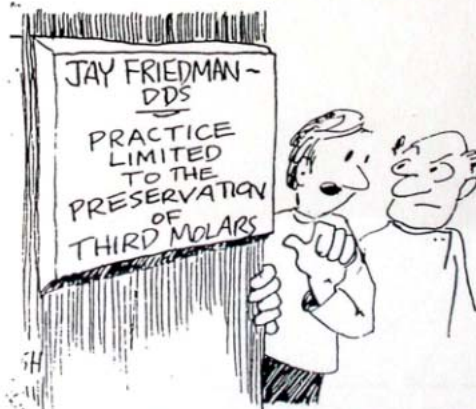
Jay W. Friedman, DDS, MPH

drfriedman@sbcglobal.net

NCAGD REBUTAL TO JAY FRIEDMAN



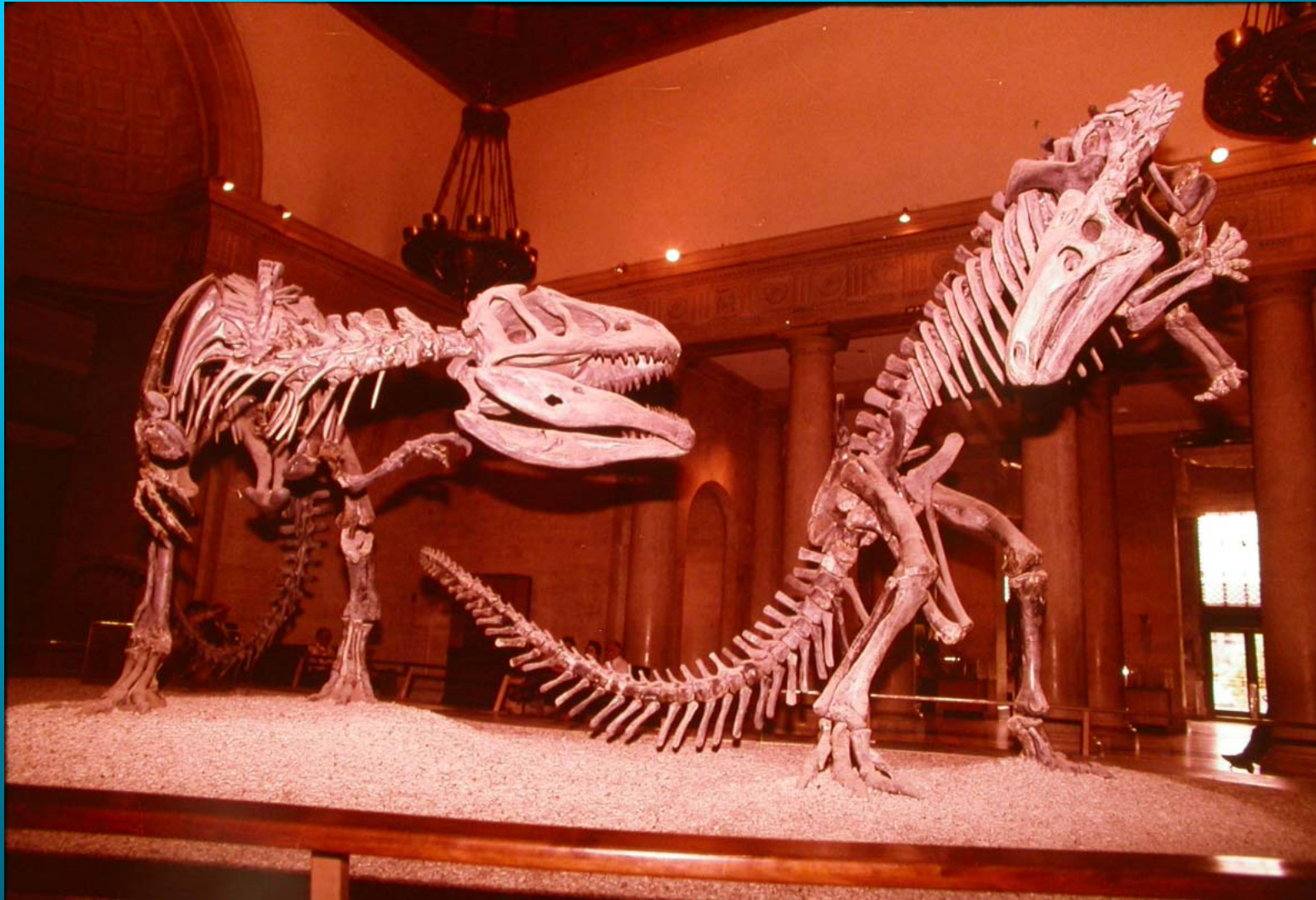
MOVE OVER, GOD! MY WAY IS BETTER!



- GEE, I DIDN'T THINK THAT WAS AN A.D.A.-RECOGNIZED SPECIALTY!

CIRCA 1975

Evidence Based Practice Relegating Predators to Posterity



The Public Needs to be Informed

We have an obligation – as public health and consumer advocates – to inform the public of the hazards of treatment that is not Evidence-based.

The Most Common FUN (*Functionally Unnecessary*) Extractions

**Removal of normally erupting,
erupted or unerupted
asymptomatic, nonpathologic
third molars.**

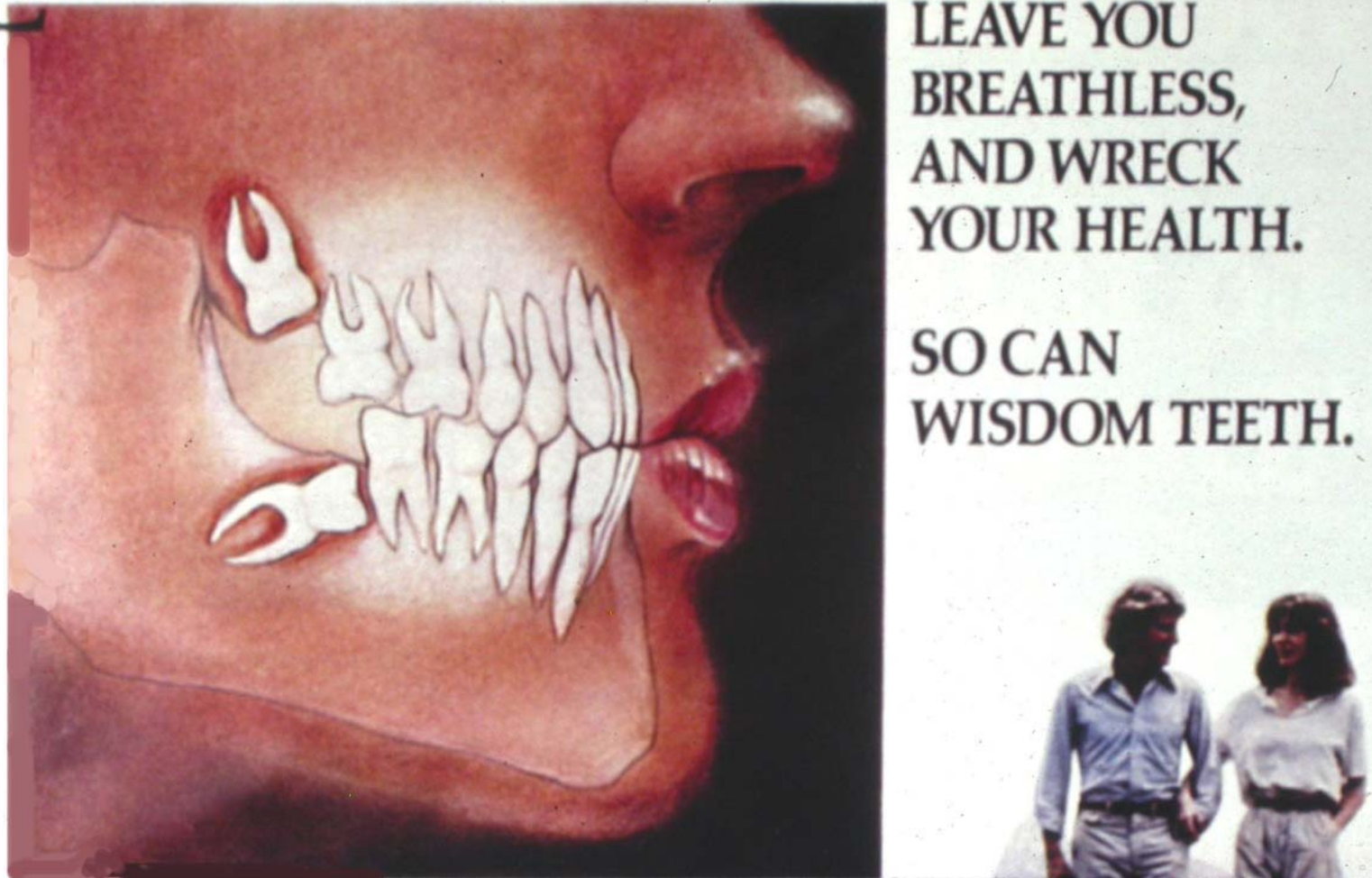
Creating & Perpetuating The Myths

AAOMS at Work

“Trouble with a Capital T”

AAOMS Advertisement (Time, Newsweek, etc., 1981)

LOVE CAN MAKE YOUR EARS RING, YOUR HEART SICK,
LEAVE YOU BREATHLESS,
AND WRECK YOUR HEALTH.
SO CAN WISDOM TEETH.



Time Bombs

“Most wisdom teeth are like little
time bombs. The question isn’t
will they go off,
it’s when.”

The Same Advertisement

AAOMS Advertisement (Time, Newsweek, etc., **1981**)

“Trouble with a Capital I”

“nine out of ten wisdom teeth come in only partially, and worse, crooked....

- Not to mention serious gum infection...
- unnecessary ailments...
- ringing in the ears...
- all the way to heart disease.”

The Same Advertisement

AAOMS Advertisement (Time, Newsweek, etc., **1981**)

2005

AAOMS Pamphlet*: “Wisdom Teeth”

“No one can predict when third molar complications will occur, but when they do, the circumstances can be much more painful and the teeth more difficult to treat.

It is estimated that about

85% of third molars will eventually need to be removed.”

*Wisdom teeth [pamphlet]. Rosemont, Ill: American Association of Oral and Maxillofacial Surgeons, 2005.

AAOMS 1 of 4-page Advertisement USA Today (Sept. 28, 2007)

[AMOS Special Advertising Section
Advertising Supplement to USA Today
September 27, 2007]

**Oral and Maxillofacial Surgeons:
The Wisdom Teeth Experts**

Oral and Maxillofacial Surgeons treat conditions, defects, injuries, and the esthetic aspects of the mouth, teeth, jaws, and face, including the chin, nose, cheeks and brows around the eyes. They complete four years of dental school and a minimum of four years of training in a hospital-based surgical residency program that includes extensive inpatient and outpatient anesthesia training. Their specialized surgical expertise, along with a thorough understanding of both esthetics and function, uniquely qualify Oral and Maxillofacial Surgeons as wisdom teeth specialists.

INSIDE

Page 1
Ladies, even wisdom teeth do not improve with age.

Page 2
If I can't have my wisdom teeth removed what's the worst that can happen?

Page 4
A non-dietritional source of silver teeth?



A GUIDE TO WISDOM TEETH HEALTH

Wisdom Teeth ~ RESEARCH



Pain free does not necessarily mean disease free.

What are impacted wisdom teeth... and why are they a health problem?

A wisdom tooth, or third molar, that is blocked from erupting into the mouth in a normal fashion is said to be "impacted." A tooth may only be partially impacted, meaning it can erupt only partially into the mouth, or completely impacted, totally covered by bone and not likely to erupt. Nine out of 10 people have at least one completely impacted wisdom tooth, generally resulting from a lack of space in the mouth.

Impacted teeth can lead to a variety of problems including pain, infection, crowding or damage to adjacent teeth, and can contribute to more significant health problems. For example, the sac that surrounds an impacted tooth may become cystic and fill with fluid that allows it to enlarge, causing damage to adjacent tissues such as the neighboring teeth, jawbone and other structures. Occasionally a tumor may develop from the tissues surrounding the impacted tooth requiring a more involved surgical procedure to treat it.

Given that wisdom teeth rarely contribute to function in most patients, waiting for problems to develop generally makes their removal more difficult. As a wisdom tooth develops, their roots grow longer and the jawbone becomes more dense, making them more difficult to remove and complications more apt to occur.

It is not wise to wait until your wisdom teeth start to bother you. Very often people are unaware of problems with their wisdom teeth because they experience few, if no, symptoms. The fact is that damage often occurs before you are aware of it. In fact, studies have found that even wisdom teeth that have broken through the tissue and erupted into the mouth in an apparently normal, upright position may be as prone to disease as impacted wisdom teeth.

Complications are impossible to predict. The longer the wisdom teeth remain in your mouth, the more likely they are to cause problems. Researchers strongly recommend that in order to prevent future problems, wisdom teeth, even those that appear problem free, be removed during early adulthood. They found that as patients age they may be at greater risk for developing disease, including bacterial infections in the tissues surrounding the wisdom teeth and adjacent teeth. As clinical trials and other research suggest, bacteria from gumline infections can enter the bloodstream and may adversely affect your general health. They may also be a contributing factor to preterm or low birthweight infants.

Impacted wisdom teeth may become painful for the patient, and may crowd the rest of the mouth. Have them removed before they become a problem.

Normal and impacted wisdom teeth



Normal eruption
Normal eruption of wisdom teeth.

Distal impaction
Distal impaction of wisdom teeth.

Horizontal impaction
Horizontal impaction of wisdom teeth.

Mesial impaction
Mesial impaction of wisdom teeth.

10 Top Ten Health Reasons to remove your wisdom teeth

1. Lack of space for eruption.
2. Pain and inflammation associated with wisdom teeth may lead to swelling, gum disease, deterioration of the jawbone and tooth loss.
3. Wisdom teeth may contribute to swelling of nearby teeth.
4. Even wisdom teeth that seem to be problem free asymptotically remain a breeding ground for oral infection and inflammation. Research suggests the concept that such inflammation may enter the bloodstream and contribute to the development (and/or progression) of a variety of diseases, including diabetes, cardiovascular disease and stroke.
5. There it has been determined that a wisdom tooth will not successfully erupt into your mouth and be maintained in a healthy state, early removal of wisdom teeth is associated with faster and easier recovery.
6. The National Oral Facial and Maxillary Jaw Surgery Association's Peace of Mind.
7. In some cases, impact of wisdom teeth develop associated cysts and/or tumors. Removal of such tumors may require extensive procedures to repair and restore jaw function and appearance.
8. With age, the chance for complications related to the removal of wisdom teeth increases.
9. Research suggests that oral inflammation associated with wisdom teeth may contribute to preterm or low birthweight infants.
10. Even when wisdom teeth erupt through the gum tissues, they rarely provide any meaningful function and are always difficult to keep clean.

10

Normal and impacted wisdom teeth

Normal eruption
Normal eruption of wisdom teeth.

Distal impaction
Distal impaction of wisdom teeth.

Horizontal impaction
Horizontal impaction of wisdom teeth.

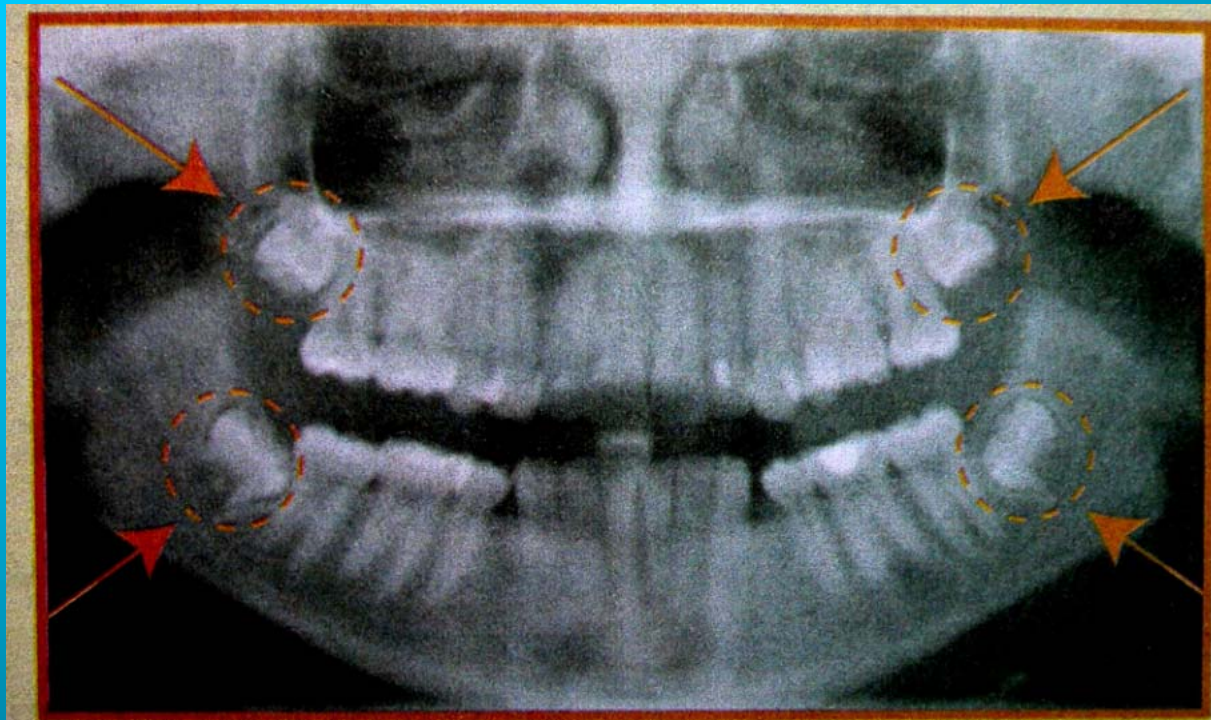
Mesial impaction
Mesial impaction of wisdom teeth.

10

Peace of Mind.

Same Adv: True & False

A Pan will show Impacted Teeth-
But These are not Impacted!!

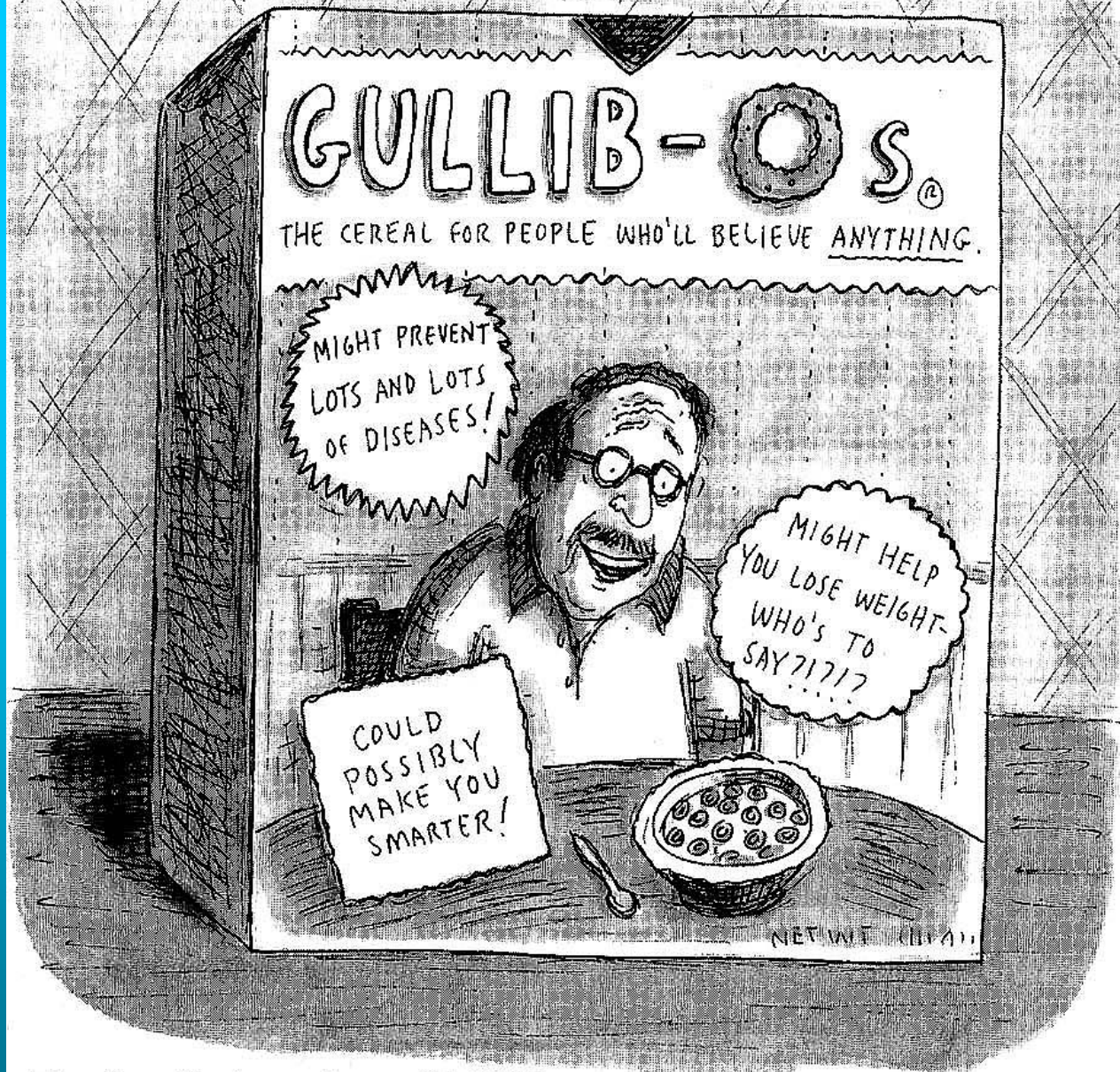


A panoramic x-ray will show the presence of impacted wisdom teeth and any problems they may present for neighboring teeth, the jawbone and other structures.

Top 10 Health Reasons to Remove Wisdom Teeth

10. “difficult to keep clean”
9. “contribute to...low birthweight”
8. “rarely...meaningful function”
7. “develop...cysts and/or tumors”
6. “With age...[extraction] complications increase”
5. “receding gum tissues, deterioration of the jawbone and tooth loss”
4. “contribute to crowding of nearby teeth”
3. “breeding ground...contributing to...diseases”
2. “early removal...faster and easier recovery”
1. **“Peace of Mind”** [emphasis added]

We are being fed....



The New Yorker, Aug. 27, 2007

R. Chart

False & Misleading Advertising?

Should not the same Truth in Advertising apply to
all health professions?

Not one word on Risks of Surgery.

Commercial **Advertisements For Drugs**, in Print/TV
list adverse effects and contra-indications.

Why Not AAOMS?

Because... money, money, money,,,

2007 Update: The American Association of Oral and Maxillofacial Surgeons:

“...if there is insufficient...space to accommodate normal eruption....***removal of such impacted third molar teeth at an early age is a valid and scientifically sound treatment rationale based on medical necessity.***” [emphasis added]

What Scientific Evidence?

What Medical Necessity?

Statements by the American Association of Oral and Maxillofacial surgeons Concerning the Management of Selected Clinical Conditions and Associated Clinical Procedures: The management of impacted third molar teeth. Rosemont, Ill: American Association of Oral and Maxillofacial Surgeons, 2007.

Definition of Impaction

A tooth that has failed to grow into its functional position in the dental arch beyond the time normally expected for its eruption.

Normal eruption period for 3rd Molars

Age \pm 16 to 25

When an Impaction Is not an Impaction

“It seems inappropriate to define impaction as a stationary event because many impacted [sic] third molars may become erupted to the occlusal level after age 19.”

Mesioangular inclination	5-10 degrees --	76% uprighted in 4 years
	15-20 degrees --	64% uprighted " " "
	25-30 degrees --	14% uprighted " " "

Hattab FN, et al. Third molar dilemma: an overview. Dental News 1999; 6 (3):43-47.

Hattab FN. Positional changes and eruption of impacted mandibular third molars in young adults: a radiographic 4-year follow-up study., Oral Surg Oral Med Oral Pathol Radiol Endod 1997;84:604-608.

Normally developing, erupting or erupted
3rd molars
frequently classified as “impactions”

Normally Erupting Third Molars

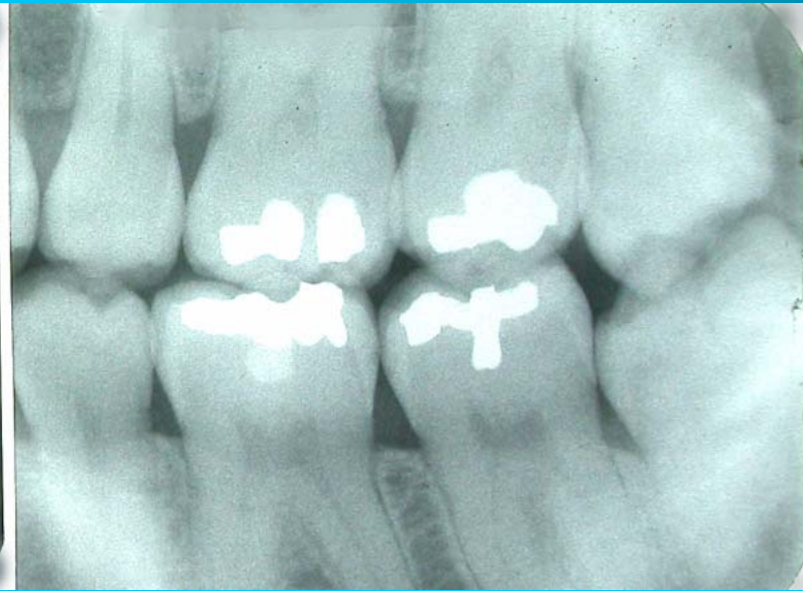
Classified as 4 full bony impactions
when extracted by oral surgeon



“MesioAngular” Impaction or Normal Eruption



Age 14



Age 22

Impaction? Wait & See



Age 15



Age 17

From “Impaction” to Eruption



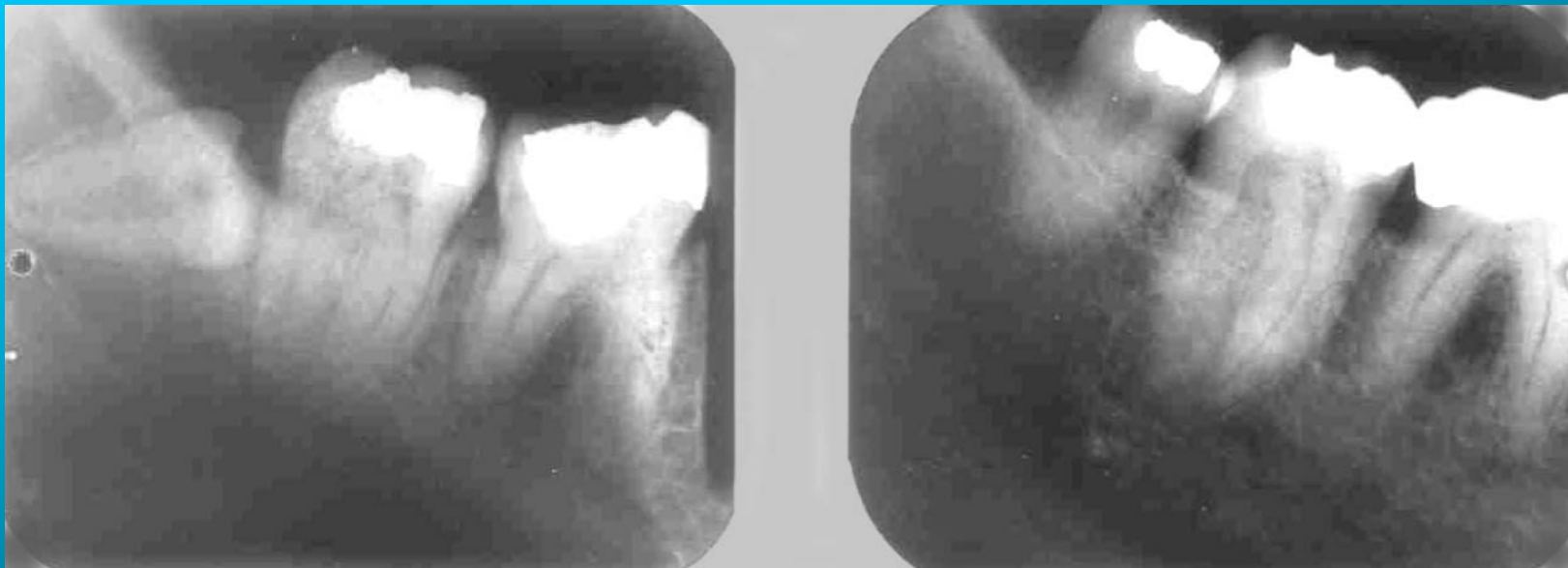
Age 13

Age 16

Age 18

Really Delayed Eruption

Courtesy of Harold L. Clarke, DMD, circa 1984



Age 26

Age 55

Myth: Third molars should be removed to prevent future pathology.

Confuses incidence of pathology as it presents in the dental office with prevalence in the population.

Without relating incidence to the population at risk, it is not possible to assess the extent of the disease.

FACT: Pathological conditions are far more commonly associated with teeth other than third molars.

Should we remove them all?

It was once a “Coming of Age.”

The Evidence Minimal Pathology

“ [Only] **12 %** of impacted teeth had associated **pathology**... [excludes pericoronitis]

“no surge [in pathology] with increase in age

“similar to **10 %** risk of appendicitis and **12 %** incidence of cholecystitis, [yet]

“**prophylactic appendectomies and cholecystectomies are not advocated.**”*

Why, then, prophylactic 3rd molar extractions?

Leonard MS. Removing third molars: a review for the general practitioner. JADA 1992;123(8):77-86.

I - Pathology Associated With 3rd Molars

12%

Internal Resorption	0.85%
Cysts	1.65%
Periodontal Bone Loss	4.72%
Resorption on Distal of 2 nd Molar	4.78%

(Excludes Pericoronitis)

Stanley, et al. Pathologic sequelae of “neglected” impacted third molars.
J Oral Pathol 1988;17:113-7.

II - Pathology Including Pericoronitis

Three Studies -- 6%, 8% and 10% Incidence of Pericoronitis

Assume an Average Incidence of 8%

Maximum 3rd Molar Pathology
20%

6% - Hold on to your wisdom teeth. Consumer Reports Health 1993;5(8):84-85.

8% - Osborn T, et al. A prospective study of complications related to mandibular third molar surgery. J Oral Maxillofac Surg 1985;43:767-9.

10% - Von Wowern N, Nielsen HO. The fate of impacted lower third molars after the age of 20. A four year clinical follow up. International J Oral and Maxillofac Surg 1989;18:277-80.

Oral Surgeons Fight Back With Third Molar Clinical Trials

[circa 1999 to present]

Disclosure: Sponsored by AAOMS

“third molar periodontal pathology is a major contributor to chronic oral inflammation...

***potentially** contributing to systemic inflammatory response with negative consequences for overall health.”*

White, RP. Progress report on third molar clinical trials. JOMS, 65:377-83, 2007.

AAOMS Finding

25% of 300 healthy people aged 14-45 had at least
1 probing depth $\geq 5\text{mm}$ on a 3rd molar [75% Didn't!]

Spreading  Periodontal & Systemic Disease.

Is that justification for extracting 85% of 3rd molars?

Should all teeth with PD $\geq 5\text{mm}$ be extracted?

**Good Grief! Periodontists would become
Exodontists!**

Blakey, GH, et al. Periodontal pathology associated with asymptomatic third molars. JOMS. 2002:1227-33.

Periodontal Defects after Lower 3rd Molar Extraction

“Given healthy periodontal status preoperatively, **48%** had **worsening** of their [M2] periodontal measures after M3 removal....”

Richardson DT, Dodson TB. Risk of periodontal defects after third molar surgery: An exercise in evidence-based clinical decision-making. Oral Surg Oral Med Oral Pathol Oral Radiol Endod. 2005;100(2):133-7.

Myth: Prevent Carcinomas & Cysts

Impacted third molars should be removed to prevent future associated carcinomas.

- **Adenoameloblastomas & Squamous Cell Carcinomas Related to 3rd Molars**

Extremely Rare

No reliable estimates

Incidence of 3rd Molar Cysts

Very Low

- **0.68% of 1452 impactions***
- **1.65% of 3702 impactions****
- **0.81% (!) of 2000 “neglected” impacted 3rd molars retained for an average of 27 years****

* Toller PA. Origin and growth of cysts of the jaws. Ann R Coll Surg Engl 1967;40:306-36.

** Stanley HR, et al. Pathological sequelae of “neglected” impacted third molars. J. Oral Pathol 1988;17:113-7. From: Leonard MS. Removing third molars: a review for the general practitioner. JADA 1992(8);123:77-86.

Myth: Third molars cause crowding of anterior teeth

3rd molars in spongy cancellous bone have **no firm support against which to push 14 other teeth with roots implanted like pegs of a picket fence.**

Anterior component of occlusal force causes crowding if the jaw is **too small** for alignment of all the teeth.

Orthodontic relapse (crowding or overlapping) after retention is **virtually inevitable** if alignment of incisors is outside arc of basal bone support.

The Evidence or Lack Thereof

“...extracting 3rd molars...for the exclusive purpose...of preventing incisor crowding is unwarranted.”*

“**No evidence**...the impacted third molar can cause crowding and imbrication [overlapping] of the remaining teeth.”**

*Southard TE. Third molars and incisor crowding: when removal is unwarranted. JADA 1992;123(2):75-79.

**Leonard MS. Removing third molars: a review for the general practitioner. JADA 1992;123(8):77-86.

Myth: Early Extraction = Less Pain

It ain't necessarily so:

Removal of third molars before the roots are fully formed and the teeth erupt is less traumatic and painful than after eruption.

It's even less traumatic and less painful to leave them in situ !

Myth: Early Extraction = Fewer Complications

“...incidence of dry socket, secondary infection and paresthesia...lower in the group aged 35 to 83 than in the 12 to 24 group.”

Highest risk in the group aged 25 to 34.

Leonard MS. Removing third molars: a review for the general practitioner. JADA 1992(8);123:77-86. [Quote in reference to: Osborn TP, et al. A prospective study of complications related to mandibular third molar surgery. J Oral Maxillofac Surg 1985;43:767-9.]

Days of Standard Discomfort or Disability (DSD)*

Based on a Delphi Study
(Estimation of 46 Clinicians)

“defined...[as] the **disability normally associated** with an uncomplicated surgical extraction of a mandibular third molar: namely, **pain, swelling, bruising and malaise.**”

Avg = 2.27 DSD (sic & sick)

Tulloch JFC, Antczak-Bouckoms AA, Ung N. Evaluation of the costs and relative effectiveness of alternative strategies for the removal of mandibular third molars. Intl. J. of Technology Assessment in Health Care. 1990;6:505-515

2005-06 ADA Survey of Dental Services*

Over **10 million “Impactions”**
Removed **Annually** in the U.S.
94% By Oral Surgeons

46.3 Million Total Extractions – all Dentists
62% by GPs 28% by OMS

*ADA Survey Center. 2005-06 Survey of Dental Services Rendered. American Dental Association, Chicago, Illinois. August 2007.

Myth: Removal of 3rd Molars Is Safe and Harmless Except for Complications

Trismus

Hemorrhage

Alveolar osteitis

Damage to teeth

Periodontal damage

Injury to TMJ

Soft Tissue Infection

Temporary dyesthesia

Permanent dyesthesia

Anesthetic complications

Mandible/Maxilla fracture

Oroantral communication

Tulloch, JF, Antczak-Bouckoms, Ung N. Evaluation of the costs and relative effectiveness of alternative strategies for the removal of mandibular third molars. Intl. J. of Technology Assessment in Health Care 6 (1990); 505-515.

The Brits Have it Right

“Surgical Removal of Impacted Third Molars Should be Limited to Patients with Evidence of Pathology”

Unrestorable caries

Non-treatable pulpal
or periapical pathology

Cellulitis

Abscess

Osteomyelitis

Internal/external
resorption of the tooth
or adjacent teeth

Fracture of tooth

Disease of follicle including
cyst/tumour

Tooth impeding surgery or
reconstructive jaw surgery

When a tooth is involved in
or within the field of tumour
resection

Recurrent hyperculitis/pericoronitis
if hyperculectomy is not feasible

United Kingdom National Institute for Clinical Excellence 2000. Guidance on the extraction of wisdom teeth.

How Many 3rd Molar Extractions Annually by Oral Surgeons?*

- Average **52.7 3rd Molar Cases per Month****
- **3.8 Million Cases (people) per Year**
- Average **2.6 Teeth per Case**

Nearly 10 Million “Impactions” Annually

*Source: Calculated from American Dental Association, Survey Center, 2005-06 Survey of Dental Services Rendered. (CDT Codes D7220-D7241= 9.9 million “impacted” teeth)

**Moore PA, et al. Dental therapeutic practice patterns in the U.S. I. Anesthesia and sedation. General Dentistry 2006;54:92-98.

Annual Estimates of “Impacted” Teeth Extracted by OMS*

D7220 – Impacted tooth, soft tissue	1,506,230	15%
D7230 – Impacted tooth, partial bony	3,201,590	32%
D7240 - Impacted tooth, completely bony	5,034,840	51%
D7241 - Impacted tooth, with complications	<u>161,470</u>	2%
Total:	9,904,130	
D0030 – Panoramic radiograph	4,946,010	(sic)

5969 OMS in Active practice
Average 52.7 3rd Molar Cases/month
Average 2.6 Third Molars per Case

*American Dental Association, Survey Center, 2005-06 Survey of Dental Services Rendered.

Prophylactic 3rd Molar Extraction Safe & Harmless?

What's the Evidence?

Incidence of 3rd Molar Mandibular Nerve Paresthesia (Two Studies)

Minimum* - **1.3% Temporary** **0.33% Permanent**

Maximum** - **4.4% Temporary** **1 % Permanent**

*Valmaseda-Castellon E, et al. Inferior alveolar nerve damage after lower third molar surgical extraction: a prospective study of 1117 extractions. Oral Surg Oral Med Oral Pathol Oral Radio Endod 2000;92:377-83

**Kipp DP, et al. Dyesthesia after mandibular third molar surgery. JADA 1980;100:185-92.

Conservative Estimate Permanent Paresthesia

9.9 Million 3rd Molar Exts by O.S.*

Assume 50% = Lower 3rds = 5 million (rounded)

1.3% Mandibular Nerve Injuries = 65,000**

0.33% permanent



**16,500 People
inflicted with
Permanent Paresthesia
Each Year**

*Moore PA, et al. Dental therapeutic practice patterns in the U.S. General Dentistry 2006;54:92-98.

**Based on: Valmaseda-Castellon E, et al. Inferior alveolar nerve damage after lower third molar surgical extraction: a prospective study of 1117 extractions. Oral Surg Oral Med Oral Pathol Oral Radio Endod 2000;92:377-83

Worst-Case Estimate Permanent Mandibular Paresthesia

4.4% Mandibular Nerve Injuries = 220,000

1% Permanent


50,000 People
inflicted with
Permanent Paresthesia
Each Year

BY Oral Surgeons ~~Alone~~ Combined!

*Kipp DP, et al. Dyesthesia after mandibular third molar surgery. JADA1980;100:185-92.

DO ~~NO~~ More HARM

Assume 2/3 of people having extractions had
no symptoms past or present*
and no pathology,
then **AT LEAST**

11,000 to 34,000 individuals are **afflicted**
EACH YEAR with **Lifetime Paresthesia**
FOR NO GOOD REASON!

*Slade GD, et al. The impact of third molar symptoms, pain, and swelling on oral health-related quality of life. J. Oral Maxillofac Surg. 2004;62(9):1118-24.

Hysterical Distortions of a Madman?

These extrapolations are based on their studies.

What **if** they are **50% wrong**?

There would still be **8000 to 25,000**

People Afflicted with **Permanent**

Mandibular Nerve **Paresthesia** each Year

For No Good Reason

Maybe we should be **Mad!**

Estimated Annual Incidence of Paresthesia of the Mandibular Nerve by OM Surgeons*

(Based on Extraction of 3.5 million Lower 3rd Molars)

Minimum No. Persons with Paresthesia		Maximum No. Persons with Paresthesia	
1.3% Temporary		4.4% Temporary	1% Permanent
65,000	17,000	220,000	50,000
Unavoidable 33% of 3rd Molars with Symptoms or Pathology			
21,000	5,000	73,000	17,000
If 50% are FUN Extractions			
33,000	8,000	110,000	25,000
If 67% are FUN Extractions			
44,000	11,000	147,000	34,000

* **Rounded to nearest thousand**

Not to Mention TMD -Temporomandibular Disorder

For age 15-20, “...**risk of experiencing TMD** after third-molar extraction was **1.6[%]**”

Assume 25% of 3.5 million OMS 3rd molar cases are in this age group, most of whom have IV Sedation or GA

- Translates to **14,000 TMJ Injuries in this age group alone Each Year!**

Contributing Factor: “...intravenous sedation or general anesthesia ... decrease a patient’s protective mechanism.”

Haug GJ, Rue TC. Third-molar extractions as a risk factor for temporomandibular disorder. JADA 2006;137(11);1547-1554

Better than Implants

AAOMS: “rarely...meaningful function”*

The Value of Retained Wisdom Teeth

- **Certainly, They Have Value to Oral Surgeons**
 - **And to others ?**

*AAOMS Adv Page 1 Sidebar (Sept. 28, 2007)

3rd Molar Erupted Following Extraction of #18



Age 17



Age 19

Impacted 3rd Molar Utilized as Abutment

(Donald G. MacQueen DDS)

J So Cal Dent Ass July 1972

1



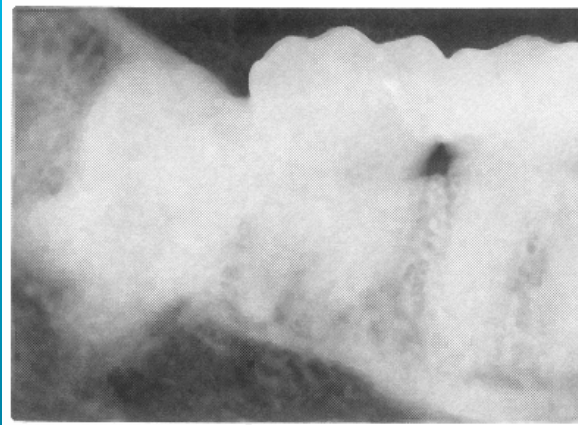
1948



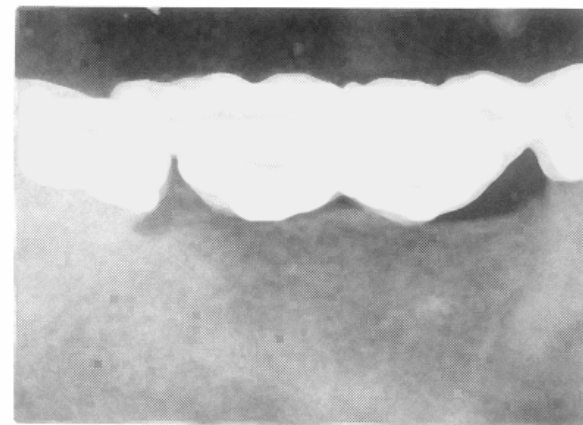
Abutment Retainer - 1962

3

2



#30,31-cracked, extracted
1962



Bridge 10 Years Later

4

Assisted Eruption



1981

1982

1983

Discretion is the Better Part of Valor



Mesioangular “Impaction”

Risk of Temporary Paresthesia = 35%*

Risk of Permanent Paresthesia = 6.8%**

When Roots in Close Proximity to Mandibular Canal

*Howe GI and Poyton HG. Prevention of damage to the inferior dental nerve during the extraction of mandibular third molars. Brit. Dent J 1960;109:355-63.

**Friedman JW. Containing the cost of third-molar extractions: a dilemma for health insurance. Public Health Reports 1983; 98(4):379-84.

Redundant Radiographs

Unnecessary Radiation Exposure & Cost

“Nearly everything a dentist needs to know about a person’s oral health is revealed by full mouth periapical Xrays...dispensing with the usefulness of the routine panoramic view.”*

Most Oral Surgeons take a **FUN Panoramic instead of utilizing the GPs xray films.**

*News Release, University of Buffalo Dental School, March 11, 2005
Re: study by Dr. Lida Radfar.

Counting FUN Panographs

3.8 M cases @\$80 = \$304 Million

Assume **67% FUN Cases**

\$204 Million Wasted on

Mostly Worthless Panographs

Overcharging by Overclassification of Procedures An OMS Specialty

Many if not most normally developing maxillary 3rd molars are classified as Partial or Full Bony impactions.

Many if not most Routine Extractions are classified as Surgical Extractions.

Many if not most Soft Tissue Extractions are classified as Partial or Full bony Impactions.

Gilding the Lily or Fraud?

Classification of Extractions

<u>ADA Procedure</u>	<u>Description</u>
D7140	Extraction (routine) - erupted tooth or exposed root (elevation and/or forceps removal)
D7210	Surgical removal of erupted tooth (elevation of mucoperiosteal flap and removal of bone and/or section of tooth)
D7220	Removal of impacted tooth – soft tissue (occlusal surface of tooth covered by soft tissue; requires mucoperiosteal flap elevation)
D7230	Removal of impacted tooth – partially bony (part of crown covered by bone; requires mucoperiosteal flap elevation and bone removal)
D7240	Removal of impacted tooth – completely bony (most or all of crown covered by bone; requires mucoperiosteal flap elevation and bone removal)

From ADA CDT 4 (Current Dental Terminology-2005)

Overclassification of “Impactions” by O.S¹

Comparison between Classification by Oral Surgeons and by Dental Consultant (JWF)

Extrapolation to 2006 Data

<u>ADA Procedure</u>	<u>Oral Surgeons</u>			<u>Consultant</u> ²
	1979 ³ (%)	2006 ⁴ (%)		(%)
7220 (Soft Tissue)	1	15	→	25
7230 (Partial Bony)	31	32	→	44
7240 (Full Bony)	68	53	→	31

¹Adapted from: Friedman JW. Containing the cost of third-molar extractions: a dilemma for health insurance. Public Health Reports 1983;98:376-84.

²California dental plans (1982) (N=6,751)

³Pennsylvania Blue Shield (1979) (N=100,664)

⁴American Dental Association, Survey Center, 2005-06 Survey of Dental Services Rendered.

The Low Cost of High Savings*
Based on Reclassification and NonPayment
For Normal Erupting 3rd Molars
(converted to 2005 Fees)

Review of 440 Oral Surgeons' Claims = 37 hrs
Review Time per Claim = 5 minutes

Gross Savings: \$98,800 = \$225/claim

Consultant 37hrs @\$150/hr \$5,550 \$13 /claim

Net Savings: \$93,000 = \$212/claim

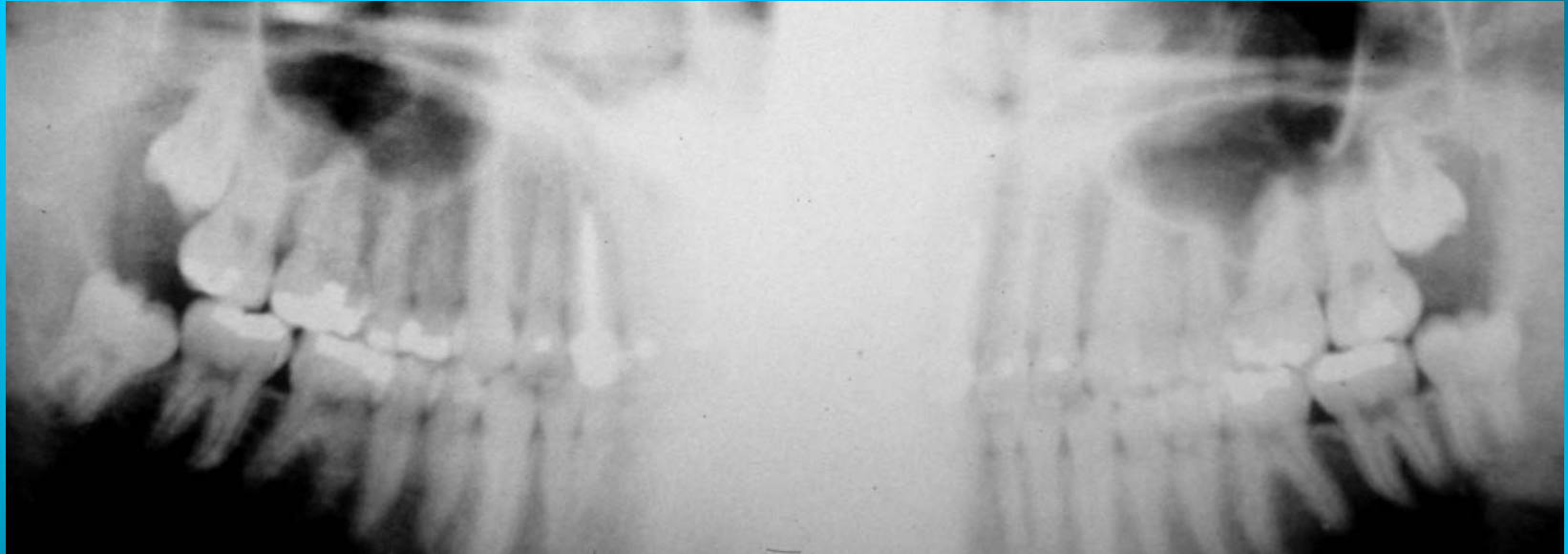
Saving \$2500/ Consultant Hour

Potential Claims Review Savings
3.8 M Claims = ± \$800 Million

*Friedman JW. The case for preservation of third molars. J.Calif. Dent. Assoc. 1977;5:50-56.

**Avg estimated fees: D7140-\$100; D7210-\$150; D7220-\$200; D7230-\$300;D7240-\$375

Typical Overclassification/Overcharge



Classification of Extraction by Procedure

By O.S.

By JWF

#1 7240



7220 (soft issue)

#16 7240 (FBI)



7220

#17 7230 (PBI)



7220

#32 7240



7220/7230

Screening Benefits

Medical & Dental Insurance Can

- **Contain the Cost**
- **Protect the Patient**

by applying

Evidence-Based Benefits

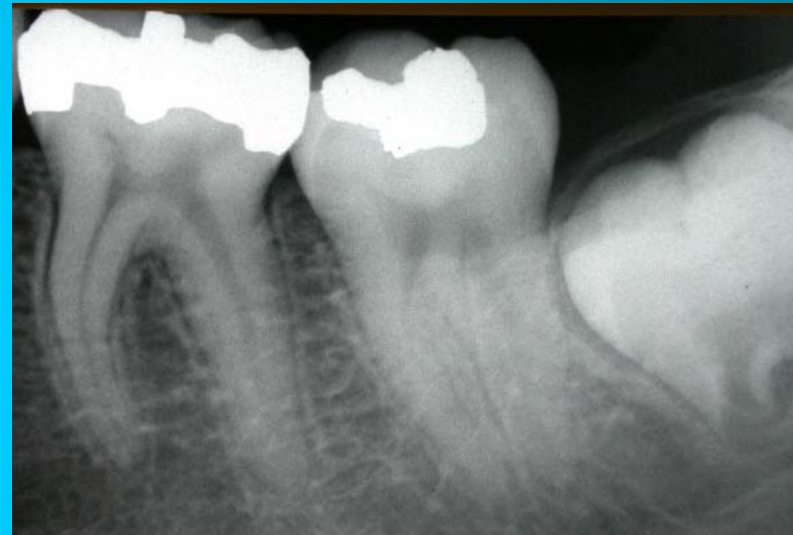
Fraudulent
Overclassification/Overcharge
as 4 Full Bony Impactions



Normally Erupting Third Molars

Extraction Should Not be a Covered Benefit

Typical Overclassification/Overcharge as 2 Full Bony Impactions



FUN Surgery

Should Not Be a Covered Benefit

Victimizing the Victim

Administrative Saving on Insurance Fraud
Does Not Protect the Patient

Oral Surgeons Force the Patient to Pay
Up Front or By Collection.

Employers, Unions and Insurance Companies
Are Not Strong Supporters of
Cost Containment

Evidence-Based
Vs
Economic-Based
Third Molar Surgery
Dollars Tell the Story

“There is no other major medical or dental specialty, except perhaps plastic surgery, that makes so much money out of so little pathology.”

Friedman JW. The intelligent consumer's complete guide to dental health: how to maintain your dental health and avoid being overcharged and overtreated. 2002. (www.authorhouse.com)

The Cost to the Public & The Pain

<u>9.9 Million 3rd molar Extractions</u> ¹	=	\$3,210,339,250 ²
Panoramic films (3.8 M cases)	=	304,000,000 ³
3 M cases (80%) I-V or GA	=	900,000,000 ⁴

\$4.4 Billion Gross Cost

Producing

**8 Million Days of Standard Discomfort
and/or Disability**

¹ Extrapolations from the Moore & Tulloch, et al, and ADA studies.

² Avg. fee D7220-\$200, D7230-\$300, D7240/7241-\$375 multiplied by annual number of impactions estimated by 2005-06 ADA Survey of Dental Services Rendered.

³ Estimated avg. fee of \$80/case (4.9 million annual estimate for OMS, 2005-06 ADA Survey)

⁴ Estimated avg. fee of \$300 for I-V Sedation or General Anesthesia

\$900,000,000 (sic)
**General Anesthesia, IV Sedation
& Iatrogenesis**

3 Million GA + IV Sedation **by O.S.***

Most of Which Is **FUN!**

Mortality Rate - Very Low – **1/835,000****

Or **2 Deaths a Year**

Morbidity Unknown

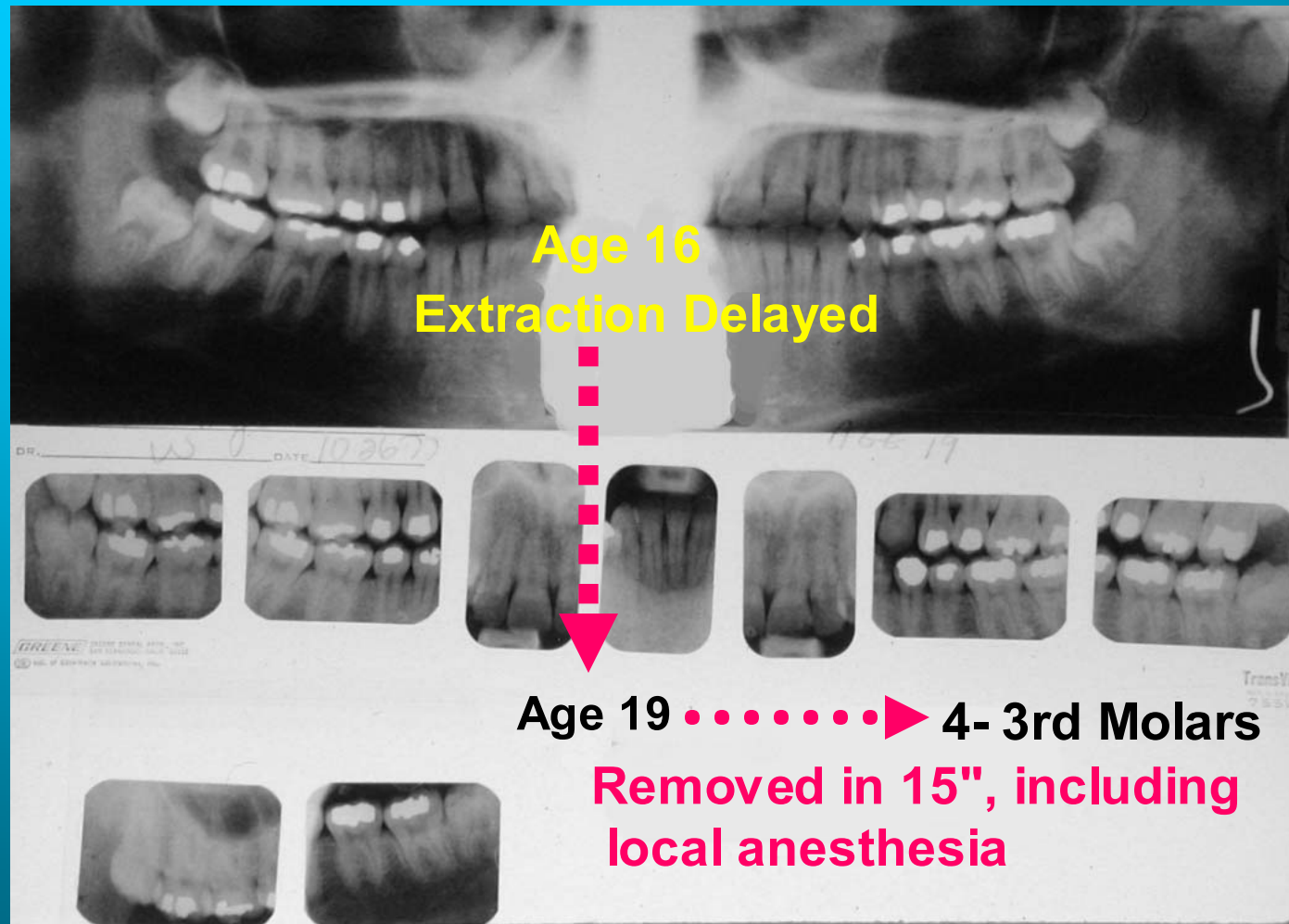
(**Fractures, TMJ, Hypoxia**)

**For Treatment, Most of Which Could Be Done
With a Local Anesthetic**

*Moore PA, et al. Dental therapeutic practice patterns in the U.S. I. Anesthesia and sedation. General Dentistry 2006;54:92-98.

**D'Eramo, EM, et al. Adverse events with outpatient anesthesia in Massachusetts. J Oral Maxillofac Surg. 2003;61(7):793-800.

Look, Ma! No General Anesthesia From Complex to Simple Extractions



On the Other Hand

Next Slide, Please

We use Nitrous Oxide in Our Office !



Circa 1975

Other Practitioners' Gullibility & Culpability

Not all, but many

- General Practitioners
- Pediatric Dentists
- Orthodontists

Initiate the Referral Process.

Is This Not Also Malpractice?

A Cute Remunerative 3rd Molar Surgery

9.9 M “Impactions” = \$4.4 Billion ÷ 5969 Active O.S.*

Average 3rd Molar Gross Income = **\$733,000**

Eliminating 67% “Impactions” would

Reduce O.S. Gross Income by \$491,000

as a result of

- **6.6 Million Fewer Extractions**
on
- **2.5 Million Fewer People**

*2005-06 ADA Survey of Dental Services Rendered.

Summing Up
The Oral Surgeons' Grand Slam Scam

Grand Total: \$4.4 Billion + 8 Million DSD

Two-Thirds FUN Surgery =

\$2.9 Billion SCAM

Inflicting

5.4 Million Avoidable

**Days of Standard Discomfort
and/or Disability**

Put an End to Economic-based Practice

If we really believe in **evidence-based practice & protecting the public** from avoidable injury, then we are morally & ethically bound to

**Eliminate
Prophylactic Removal
of
Wisdom Teeth (period).**

*Evidently,
that's all,
folks!*

