

40 Years of Progress in Cancer Control Monitoring: NHIS and NCI

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NCI web link: <http://appliedresearch.cancer.gov/surveys/nhis/>

NCI Has Worked with the National Health Interview Survey to:

- Monitor trends and patterns
- Answer key research questions
- Provoke further scientific inquiry

Three main topics of surveillance

- Tobacco control
- Cancer screening
- Diet and physical activity

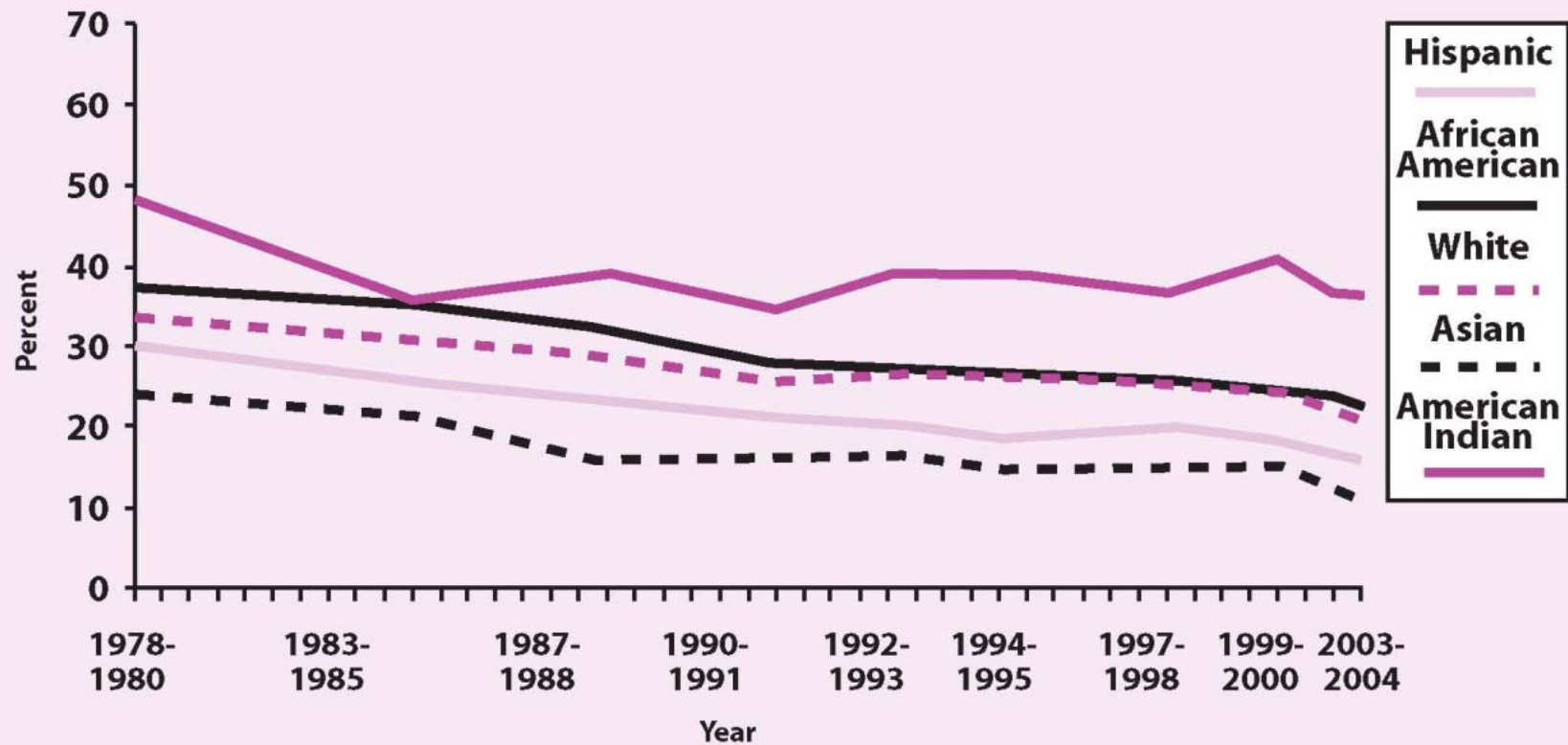
Cancer Control Data: Evolved Over Time to Meet Scientific, Program, and Policy Needs

- Initiated cigarette monitoring in response to Surgeon General's report (1965)
- Initiated cancer control supplements in response to congressional mandate to understand patterns and trends in incidence, survival and mortality
- Monitor *Healthy People 2010* objectives
- Established long-term agreement to promote sufficient sample size: 2000-2010

Tobacco Control Was First

- NHIS is a major source of national tobacco control monitoring
 - NHIS routinely monitors cigarette smoking
 - NCI has sponsored questions on cigars, snuff, chewing tobacco, bidis, and tobacco control policies
- Over 100 publications

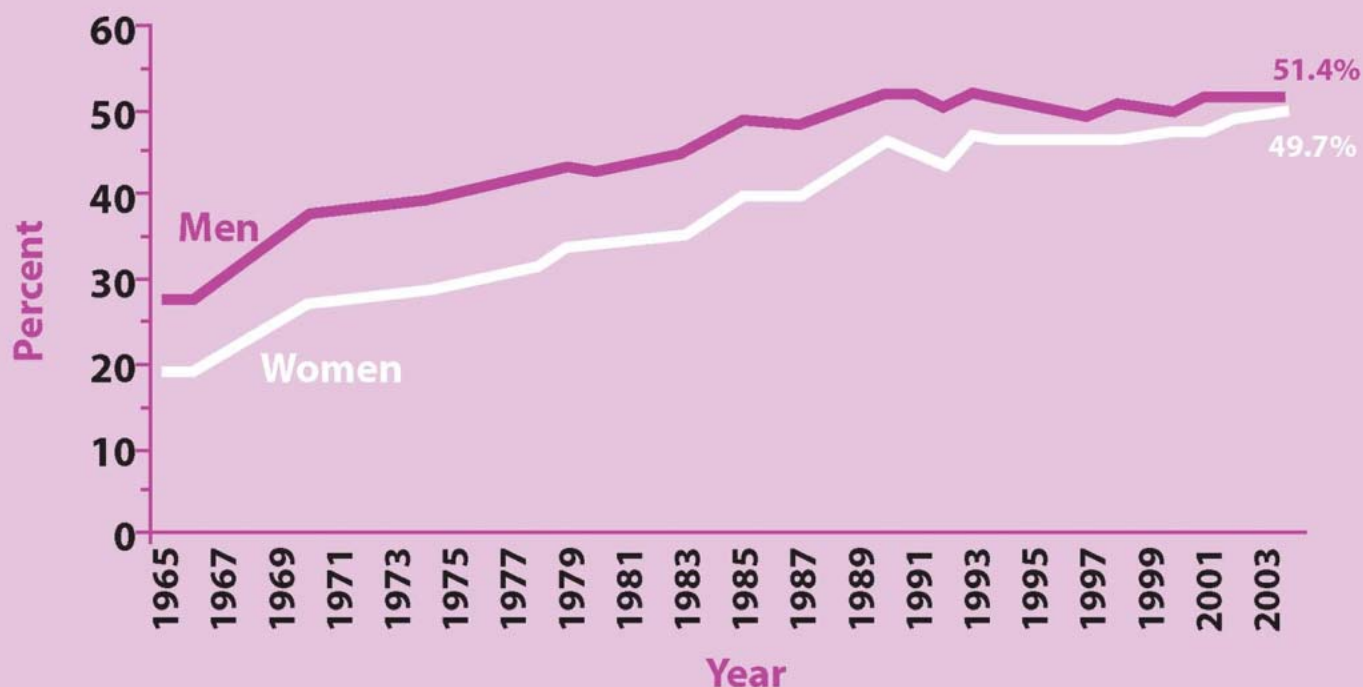
Cigarette Smoking Trends among Adults, by Race/Ethnicity, 1978-2004



Source: National Health Interview Surveys, 1978-2004, selected years, aggregate data

Slide provided by Gary Giovino, PhD, University of Buffalo and Stephen Marcus, PhD, NCI

Percentage of Ever Smokers* Who Have Quit⁺, Adults Aged ≥ 18 Years, by Sex-United States, 1965-2004



Source: National Health Interview Surveys, 1965-2004;

Centers for Disease Control and Prevention: National Center for Health Statistics and Office on Smoking and Health.

* Ever Smoked ≥ 100 cigarettes,

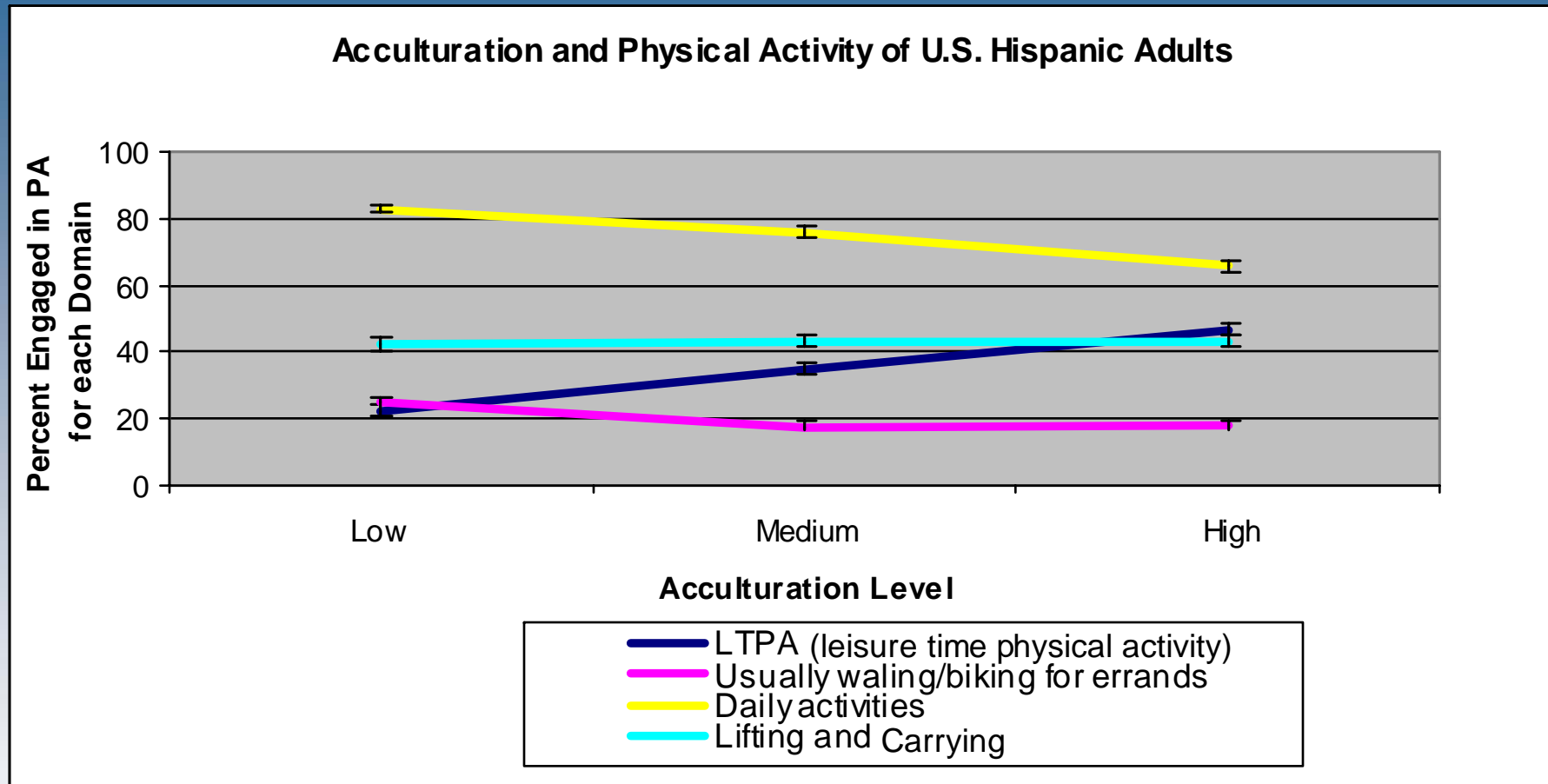
⁺ Also known as the quit ratio. Note: estimates since 1992 incorporate same day smoking

Slide provided by Gary Giovino, PhD, University of Buffalo and Stephen Marcus, PhD, NCI

Large Sample Size and Range of Covariates Are Key to the Utility of NHIS

- Collection of data on race-ethnicity, acculturation and translation
 - 1985 began over sampling African-Americans
 - 1995 Began over sampling Latinos
 - 2006 began over sampling Asians
 - **Web-link:**
<http://www.cdc.gov/nchs/about/major/nhis/rhoi/rhoi.htm>
- Covariates on demographic, socio-economic, insurance, health service use, health status, and medical conditions

Measuring and Monitoring Physical Activity



Adapted from *Physical Activity and Acculturation Among Adult Hispanics in the United States*. David Berrigan; Kevin Dodd; Richard P. Troiano; Bryce B. Reeve; Rachel Ballard-Barbash. *Research Quarterly for Exercise and Sport*. 2006 Jun;77 (2):147-57.

Diet and Nutrition

- Reduction in questions on sources of energy intake
 - **Until 2000:** Entire food frequency instrument administered
 - **2000 forward:** Diet screeners used to determine key sources of energy
- From 40 minutes to 4.

Questions Asked on Multifactor Food Screener: NHIS 2000

How many times per day, week, or month did you USUALLY eat (or drink):

- cold cereals?
- bacon or sausage, not including low-fat, light, or turkey varieties?
- hot dogs made of beef or pork?
- whole-grain bread including toast, rolls, and in sandwiches? Whole-grain breads include whole wheat, rye, oatmeal, and pumpernickel.
- 100% fruit juice such as orange, grapefruit, apple, and grape juices? Do NOT count fruit drinks such as Kool-Aid,^a lemonade, cranberry juice cocktail, Hi-C, and Tang.^a
- fruit? COUNT fresh, frozen, or canned fruit. Do NOT count juices.
- regular-fat salad dressing or mayonnaise, including on salad and sandwiches?
- lettuce or green leafy salad, with or without other vegetables?
- french fries, home fries, or hash brown potatoes?
- other white potatoes? COUNT baked potatoes, boiled potatoes, mashed potatoes, and potato salad.
- cooked dried beans, such as refried beans, baked beans, bean soup, and pork and beans?
- not counting what you just indicated (about lettuce salads, white potatoes, cooked dried beans), and not counting rice ...OTHER vegetables?
- any kind of pasta? COUNT spaghetti, noodles, macaroni and cheese, pasta salad, and any other kind of pasta.
- peanuts, walnuts, seeds, or other nuts, not including nut butters.
- regular fat potato chips, tortilla chips, or corn chips? Do NOT include low-fat chips.

What kind of milk did you usually use?

- milk, either to drink or on cereal?
- Response categories were: whole milk, 2% fat, 1% fat, 1/2% milk, non fat or skim milk, or other.

(Additional help was given for individual questions as the need arose.)
Response categories were recorded for 1) Number of times (0 to 94; 95=95+)
and 2) Time period (day, week, month, year)

Source: Frances E. Thompson; Douglas Midthune; Amy F. Subar; Timothy McNeel; David Berrigan; Victor Kipnis. J Am Diet Assoc. 2005 Mar; 105(3):352-363.

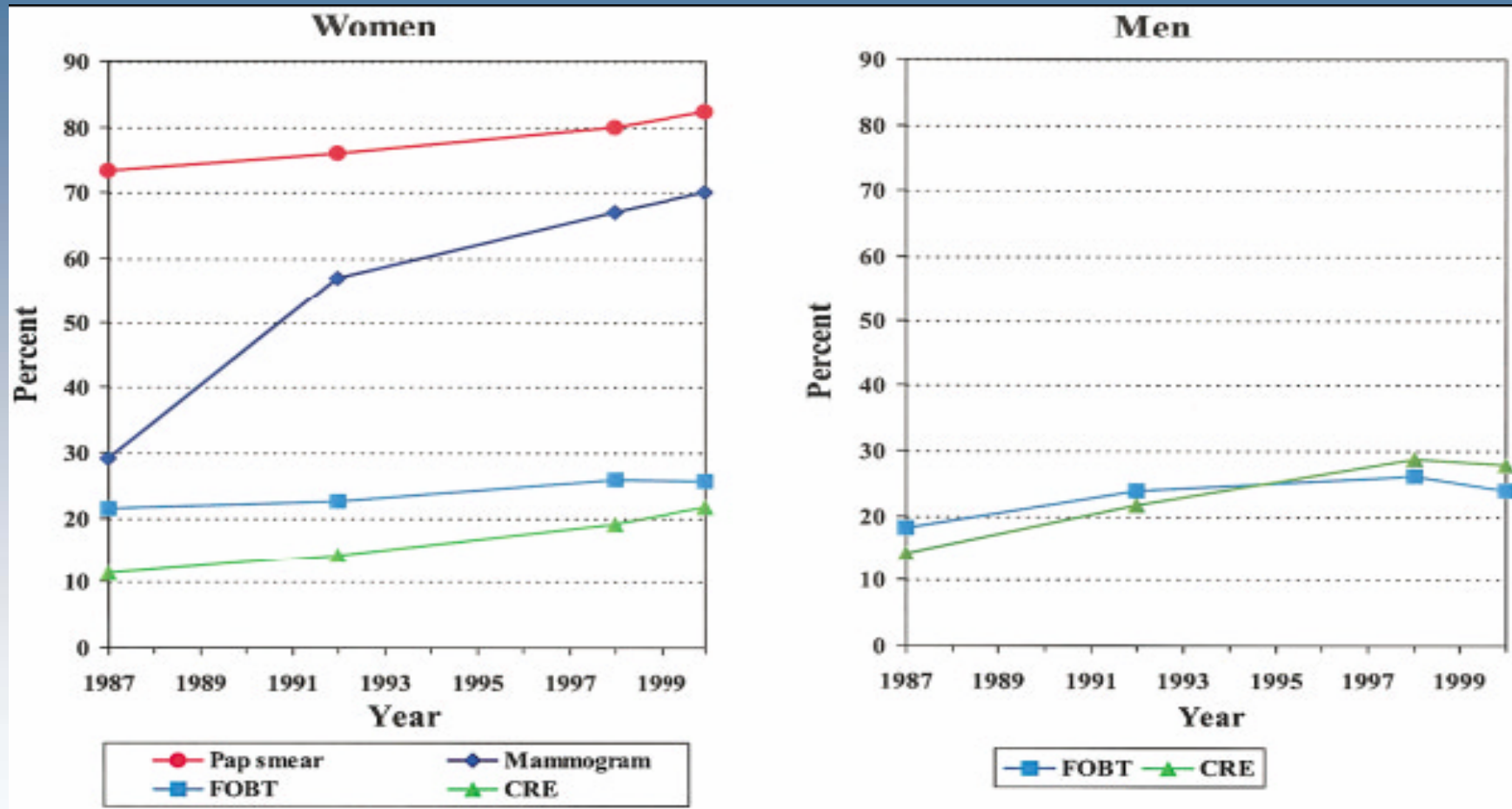
Other 2000 NHIS Cancer Control Advances

- Narrowed focus of questions on behavior or practices
- Updated questions on colorectal cancer
- Added questions on PSA screening
- Condensed the nutrition section
- Added first-degree family history of cancer questions

Results

- Condensed supplement from 40 to 20 minutes
- Traded split sample design for full sample so that estimates were more robust

Recent Use of Cancer Screening Tests: 1987, 1992, 1998, and 2000.



Percentages are standardized to the 2000 standard million. Pap smear: within the last 3 years, age 25 years; Mammogram: within the last 2 years, age 40 years; FOBT: fecal occult blood test within the last year, age 50 years; CRE: colorectal endoscopy within the last 3 years, age 50 years.

Source: Judith Swan; Nancy Breen; Ralph Coates; Barbara Rimer; Nancy Lee. Cancer 2003; 97:1528-40

Cancer Screening in the US: Where Are the Disparities?

2000 National Health Interview Survey

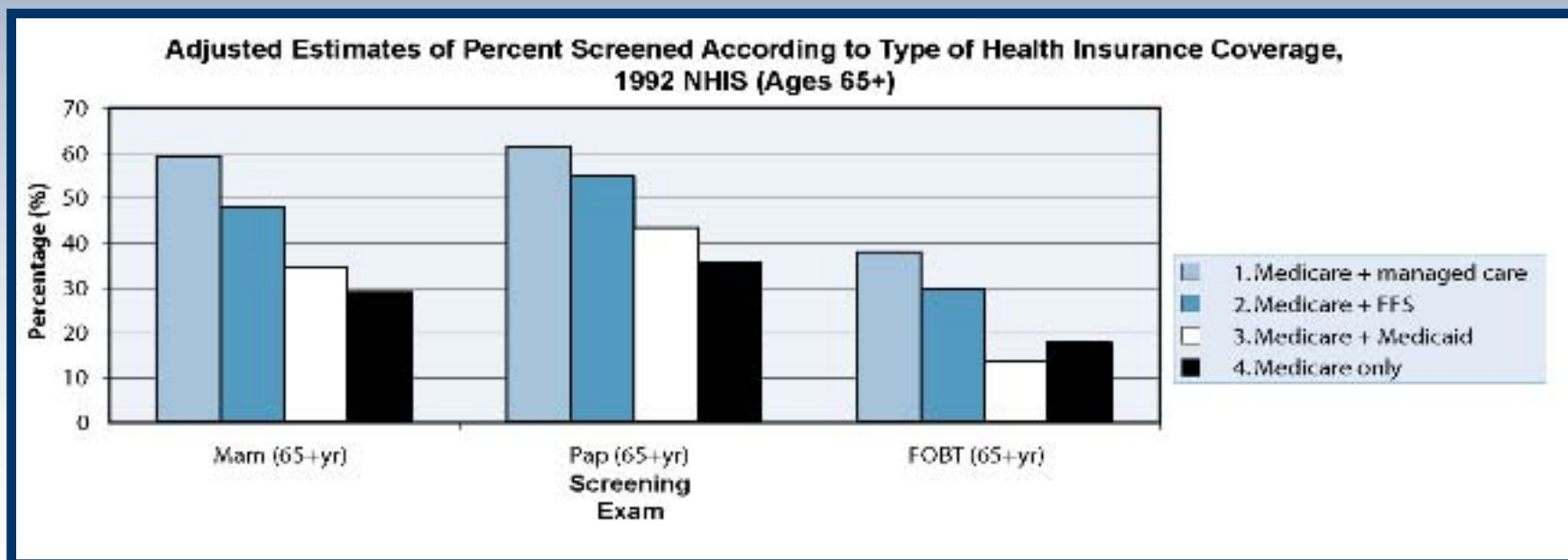
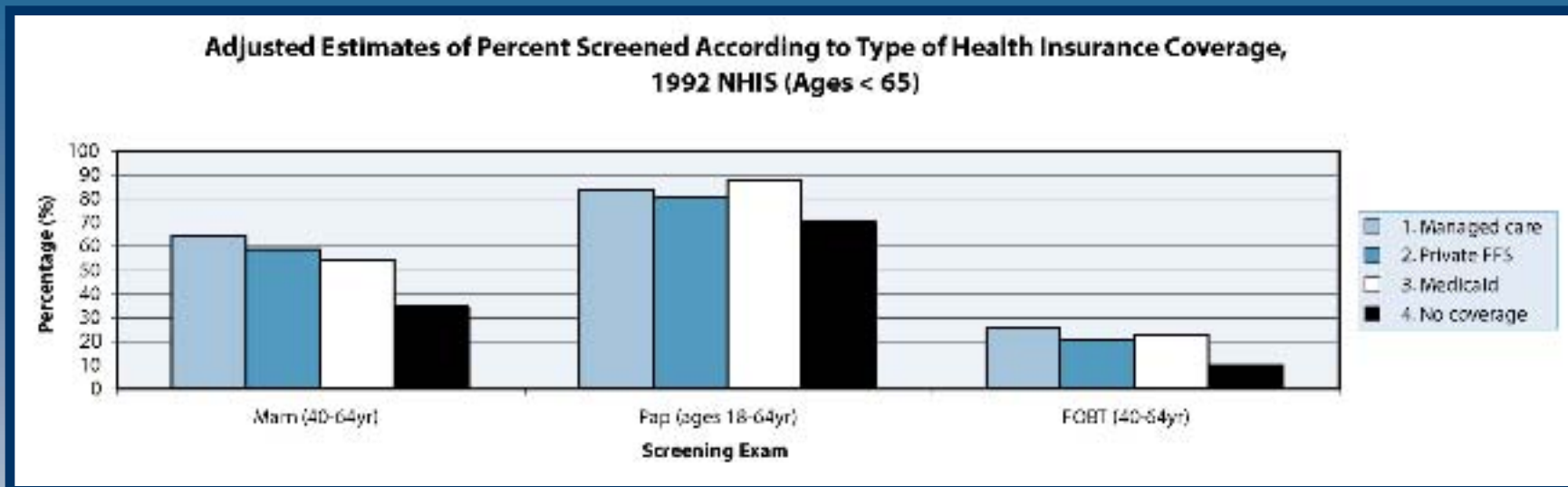
	Pap Test	Mammogram	Colorectal (Women)	Colorectal (Men)
Total	82%	70%	38%	41%
No health insurance	62%	38%	18%	20%
No usual source of care	58%	35%	13%	14%
Recent immigration	61%	39%	16%	20%

Source: Swan et al., *Cancer* 2003:1528-1540

Health Insurance Coverage

In response to findings that less extensive health care coverage and greater out-of-pocket payments were associated with lower use of preventive services, NCHS and NCI staff collaborated on questions to obtain detailed health insurance coverage information.

Estimates of Percent Screened According to Type of Health Coverage



Adapted from *The Association Between Health Care Coverage and the Use of Cancer Screening Tests: Results from the 1992 NHIS*. Arnold Potosky; Nancy Breen; Barry Graubard; Ellen Parsons. *Med Care* 1998;36(3):257-70.

National Data is National Data (a rose is a rose...)

- What we need is national data based on local data.
- A move toward more local data collection would increase the sample of respondents representing the US population and allow local level data to better inform health care delivery and interventions.



California's
HEALTH SURVEY
is happening
NOW!

The number of Asian Americans and Pacific Islanders is growing rapidly, yet very little is known about our community's health.

From now through August, you may receive a telephone call from the California Health Interview Survey. Please take the call. By answering questions about yourself and your family's health, you can help our community get better health care. Just like the Census, all your answers will be kept confidential.

Stand up for your community
TAKE THE CALL
Make your voice heard on health care

CHIS california health interview survey
<http://www.chis.aclia.edu>

Cuộc thăm dò ý kiến về sức khỏe tại California đang được tiến hành bây giờ!

In số người Mỹ gốc Á châu và đảo Thái Bình ng đang tăng triển nhanh, mặc dù vầy các tài s liệu về cộng đồng mình thì lại rất ít.

Từ tháng này, quý vị có thể được gọi qua cuộc thăm dò ý kiến về sức khỏe của quý vị nhân trẻ lại. Quý vị sẽ được nói chuyện với bằng tiếng Việt. Khi quý vị trả lời thắc của mình và gia đình, quý vị sẽ giúp của chúng ta tiếp nhận được chăm sóc sức khỏe thống kê dân số, tất cả các câu trả lời h.

**hỗ trợ cho cộng đồng
đưa lên ý kiến của
in để sức khỏe.**

california health interview survey
www.chis.aclia.edu

¡LA ENCUESTA DE SALUD de California se Está Llevando a Cabo AHORA!

lo sor que muy pronto usted reciba una llamada para la Encuesta de Salud de California. Esta encuesta para el futuro de la salud de sus hijos. Al igual que el censo, todas sus respuestas serán confidenciales.

¡llamada, por favor contestela. Sólo usted sabe para la salud de su familia. Esta encuesta para el futuro de la salud de sus hijos. Al igual que el censo, todas sus respuestas serán confidenciales.

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加州
健康訪問調查
現正進行!

亞太裔人口現正迅速的增長，但我們對太裔社區的健康情況所知甚少!

調查現正進行，您可能會收到加州健康(California Health Interview Survey)的電話訪問調查。請您接聽這個電話，我們會有訓練過的訪問員進行採訪。您對自己和他家庭的看法，可以幫助我們的社區得到更好的醫療保健。所有您的回答都是保密的。

您的社區
這個電話
對醫療保健的看法

california health interview survey
www.chis.aclia.edu

Future

- NCI plans for next fielding
 - 2008 HPV knowledge and vaccine acceptability
 - 2010 Cancer Control Supplement
 - May include module on racial-ethnic discrimination being tested on the 2007 California Health Interview Survey (CHIS)



NCI looks forward to celebrating another 50 years of the NHIS and further collaborations with NCHS on this vital resource for cancer control monitoring.