

INTERNSHIP PREREQUISITES

- **Guided Imagery & Expressive Arts**

Applicants are students or graduates of Master's level programs in Counseling Psychology, Social Work, other related health professions, or licensed psychotherapists. Previous counseling internships experience with imagery or art is recommended. The program meets the BBS requirements for an internship site.

- **Healing Harp**

Applicants must be proficient enough at the harp to play several musical pieces without sheet music, learn music aurally, and be able to perform. Applicants should also have some experience or training in conventional or integrative medicine.

- **Holistic Nursing**

Applicants must have a current California Registered Nurse License. Healthcare experience in an in-patient setting is recommended; and BLS is required by the hospital. CEU credit for applicable classes is pending.

- **Massage Therapy**

Applicants are graduates of a state-approved school of massage therapy and hold a certification in massage therapy (CMT). A minimum of six months experience as a massage practitioner is preferred. Registered nurses or physical therapists will also be considered.

- **Spiritual Care**

Applicants must submit a written ACPE application for Clinical Pastoral Education to be considered for the dual program. Selected applicants will receive an admissions interview to assess their ability to participate.

ENROLLMENT

We invite you to apply to the Integrative Medicine Education program. The program begins in September, and applications are accepted starting in January. The program requires a 500-hour commitment over a one year period for training and clinical practice. Because students often find the program to be rigorous, the application process favors experienced health professionals or those who want to learn in a supervised clinical setting. Clinical placement is dependent on hospital priority, department need and student requests.

Enrollment is limited to ensure that each participant receives appropriate individual attention from the clinical faculty.

Meeting the pre-requisites for each specialization is required for you to provide clinical services in a hospital setting.

APPLICATION

The application process includes submitting a written application and a personal interview. There is a \$65 application fee.

PROGRAM FEES

The fee for the program is \$2,800; payable in advance. There is a *non-refundable* deposit of \$600 due upon acceptance.

CONTACT

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INSTITUTE FOR HEALTH & HEALING

Integrative Medicine Education

A Training for Health Professionals



"Understanding the depth of healing resources within."

Jeff Draisin, MD

Clinical Education Program Leader

www.myhealthandhealing.org

INTEGRATIVE MEDICINE EDUCATION

The Integrative Medicine Education program is a 500 hour interdisciplinary clinical educational program for massage therapists, psychology and expressive arts therapists, nurses, and spiritual care providers interested in integrative medical care. The program includes discipline specific didactic and experiential curriculum, a multidisciplinary integrative medicine seminar, and incorporates individual and collaborative team clinical work, and self directed learning through directed readings, written papers and research. Clinical work focuses on an acute and semi acute ill medical population seen in the hospital and linked ambulatory care settings. Clinical care is supervised directly at the clinical site and in a weekly supervision group.

The Institute for Health & Healing is the largest provider of hospital-based integrative medicine in the United States. Today, the Institute's programs serve more than 60,000 patients a year at four hospitals in the Bay Area.

PROGRAMS

Our program offers specializations in the following disciplines:

- **Guided Imagery & Expressive Arts**
- **Healing Harp**
- **Holistic Nursing**
- **Massage Therapy**
- **Spiritual Care**

Internship sites are located at California Pacific Medical Center in San Francisco or Marin General Hospital and Novato Community Hospital in Marin County.

CORE CURRICULUM

The Integrative Medicine Education program requires a 500-hour commitment over one year for training and clinical practice.

The program starts with training in your specialization so that you are able to work with patients in a hospital setting. Building on your expertise as a practitioner, we teach three domains of focus so that your unique healing abilities are fully embodied in patient care. Developing these skills and insights enables you to actively participate in a multi-disciplinary team of health professionals, including interns from our Clinical Pastoral Education Program.

DOMAINS

- **Discipline-Specific Training** advances your understanding and proficiency in your specialization while developing a therapeutic presence.
- **Professional Development** includes the use of action/reflection model, goal setting and self care practices.
- **Collaborative Team Approach** is the program's "signature" element, giving you a unique opportunity to work within a team of conventional and integrative medicine providers to create treatment plans.

Clinical care is supervised directly at the patient care site and with weekly supervised groups. Education also includes seminars, lectures, case presentations, hands-on demonstrations, and two retreats to provide a rich environment for you to learn and grow.

The program is taught by leading professionals with diverse perspectives who offer excellence and expertise in the field of integrative medicine. They are committed to quality service, patient care and the art of healing.

CLINICAL FACULTY

Jeff Draisin, MD directs the education program, and is a physician at the Health & Healing Clinic. Jeff is a board-certified family physician and acupuncturist who has been practicing integrative medicine for more than 15 years.

Landon Bogan, M.Div. is a chaplain supervisor and an Associate Supervisor for the Association for Clinical Pastoral Education (ACPE). He is a graduate of Princeton Theological Seminary and a member of the Ethics Committee at California Pacific.

Leslie Davenport, MS, MFT is a highly regarded guided imagery practitioner and psychotherapist. She is the co-founder of the Institute for Health & Healing in Marin, and has served on the faculty of many Bay Area colleges.

Brian Dietrich, MA, MFT approach to guided imagery is psychodynamic integrating Jungian Analytic Psychology and other transpersonal approaches. He is a graduate of CIIS and certified by the Academy for Guided Imagery.

Portia Diwa's knowledge of world music, relaxed harp technique, and improvisation is the foundation for her work. She has provided healing harp music in hospitals and other healthcare facilities for 15 years.

S.S. Sat Kartar Khalsa-Ramey is Director of Hospital Chaplaincy & Clinical Pastoral Education. She is an ACPE Supervisor with 25 years experience in healthcare including chaplaincy, movement therapy and imagery. Sat Kartar is a member of the International Sikh Dharma Council of Nominees for the Western Hemisphere.

Carolyn Tague, MA, CMT is a graduate of the Integrative Medicine Education Program and has extensive knowledge of working in hospital environments. She is a graduate of the Institute for Conscious Bodywork, and received her Master's in East-West Psychology at CIIS.

Terry Tellep, RN, MS, CNS is a clinical nurse specialist with over 25 years of experience in conventional and integrative medicine. She supports patients in the Health & Healing Clinic and provides outreach for the Institute to the medical community.