

Reference sources for New York City Health and Hospital Corporation's
Breastfeeding Promotion Policy

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- American College of Obstetricians and Gynecologists and Committees on Health Care for Underserved Women and Obstetric Practice. Breastfeeding: Maternal and Infant Aspects. Queenan, J. T. 258, 1-15. 2000. Washington, DC, The American College of Obstetricians and Gynecologists. ACOG Educational Bulletin.
- The American Academy of Family Physicians. Family Physicians Supporting Breastfeeding: Breastfeeding Position Paper 2002. The American Academy of Family Physicians. Compendium of AAFP positions on selected health issues. at:<http://www.aafp.org/policy/x1641.xml> . 2002. Kansas City, MO, The American Academy of Family Physicians.
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- Academy of Breastfeeding Medicine Board of Directors. ABM Mission Statement. www.bfmed.org . 2003.
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- World Health Organization and United Nations Children's Fund. Innocenti Declaration on the Protection, Promotion and Support of Breastfeeding. 1990. New York, NY, UNICEF.
- Committee on Drugs, The American Academy of Pediatrics. The transfer of drugs and other chemicals into human milk. Pediatrics. 2001;108:776-89.
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- Lawrence, R. 'Breastfeeding: A Guide for the Medical Profession 6th Ed. St. Louis, Mosby 2005
- ILCA - Evidence – Based Guidelines for Breastfeeding Management During the First Fourteen Days
- Best Practices for Breastfeeding, Breastfeeding Promotion Guidelines for Hospitals, New York State Department of Health.
- <http://toxnet.nlm.nih.gov>
- Hale, T. :Medications and Mothers' Milk, 13th edition. Amarillo, TX, Hale Publishing, 2008
- American Academy of Pediatrics. Breastfeeding and the Use of Human Milk. AAP Section on Breastfeeding. Pediatrics. 2005;115: 496-506



Breastfeeding Promotion Initiative Helpful web resources

About New York City Health and Hospitals Corporation

<http://www.nyc.gov/hhc>
<http://www.thehhcfoundation.org/history.html>
<http://www.nyc.gov/html/hhc/html/about/mission.shtml>
<http://www.nyc.gov/html/hhc/html/facilities/directory.shtml>

American Academy of Pediatrics Breastfeeding Section

<http://www.aap.org/breastfeeding/>
<http://www.aap.org/breastfeeding/curriculum/>
<http://www.aap.org/breastfeeding/files/pdf/TenStepswoSig.pdf>

Baby Friendly USA®

<http://www.babyfriendlyusa.org/>

Ten Steps

<http://www.babyfriendlyusa.org/eng/10steps.html>

Baby Friendly® Hospitals

<http://www.babyfriendlyusa.org/eng/03.html>

Healthy Children's Center for Breastfeeding

<http://www.healthychildren.cc>

Breastfeeding counseling course information

http://www.who.int/child_adolescent_health/documents/who_cdr_93_3/en/

Healthy People 2010

<http://www.healthypeople.gov>

- Breastfeeding, Newborn Screening, and Service Systems
http://www.healthypeople.gov/Document/HTML/Volume2/16MICH.htm#_Toc494699668

Innocenti Declaration on the Protection, Promotion and Support of Breastfeeding

<http://www.unicef.org/programme/breastfeeding/innocenti.htm>

<http://www.unicef.org/programme/breastfeeding/code.htm>

International Board of Lactation Consultants Examiners

<http://www.iblce.org/home.php>



International Lactation Consultant Association

<http://www.ilca.org>

New York State Department of Health Breastfeeding Curriculum for Grades K-12

<http://www.health.state.ny.us/community/pregnancy/breastfeeding/level4.htm>

New York State Department of Health Best Practices for Breastfeeding

www.health.state.ny.us/community/pregnancy/breastfeeding/best_practices.htm

- Best Practices for Breastfeeding Promotion in Managed Care Settings
www.health.state.ny.us/community/pregnancy/breastfeeding/docs/breastfeeding_practices_managedcare.pdf
- Best Practices for Breastfeeding Promotion in Hospitals
http://www.health.state.ny.us/community/pregnancy/breastfeeding/docs/breastfeeding_practices_hospitals.pdf
- Breastfeeding Promotion Guidelines for Ambulatory Care Settings
(Physician Offices, Health Centers, PCAP, WIC)
http://www.health.state.ny.us/community/pregnancy/breastfeeding/docs/breastfeeding_practices_ambulatory.pdf
- Breastfeeding Promotion Guidelines for Child Care Settings
http://www.health.state.ny.us/community/pregnancy/breastfeeding/docs/breastfeeding_practices_childcare.pdf
- Best Practices for Breastfeeding Promotion in the Workplace
http://www.health.state.ny.us/community/pregnancy/breastfeeding/docs/breastfeeding_practices_workplace.pdf

United States Preventive Services Task Force (USPSTF)

Promote and Support Breastfeeding – Recommendation B

<http://www.ahrq.gov/clinic/uspstf08/breastfeeding/brfeedrs.htm>

What recommendation grade/levels mean:

<http://www.ahrq.gov/clinic/uspstf/gradespost.htm#brec>

World Alliance for Breastfeeding (WABA)

<http://www.waba.org.my/>



American Academy of Pediatrics

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Dear Dr Chan and Ms Veneman,

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I am pleased to inform you that the Executive Committee of the Board of Directors of the American Academy of Pediatrics (AAP) extends AAP endorsement to the *WHO/UNICEF Ten Steps to Successful Breastfeeding* with the following footnote related to the ninth step, "Give no artificial teats or pacifiers (also called dummies or soothers) to breastfeeding infants."

The AAP does not support a categorical ban on pacifiers due to their role in SIDS risk reduction and their analgesic benefit during painful procedures when breastfeeding cannot provide the analgesia. Pacifier use in the hospital in the neonatal period should be limited to specific medical indications such as pain reduction, calming in a drug exposed infant etc. Mothers of healthy term breastfed infants should be instructed to delay pacifier use until breastfeeding is well-established usually about 3 - 4 weeks after birth.

The AAP is not suggesting that WHO/UNICEF change the original document. However, because we feel that there is sufficient scientific evidence to support the use of pacifiers for medical indications, this foot note will be included whenever the Ten Steps are referenced in AAP materials.

After carefully reviewing the *Ten Steps*, the AAP strongly supports all other recommendations contained therein. I would therefore like to request that the AAP be included as an organization that is endorsing this document. As you are well aware, the endorsement of these *Ten Steps* is integral to improving the overall care that mothers and babies receive in maternity facilities in the United States and is particularly helpful to our national effort to promote breastfeeding.

The AAP endorsement of this document is especially important because of our recent experience with the new *AAP Breastfeeding Residency Curriculum*. Through testing this curriculum it became evident that in order for residents to effectively learn about the care of breastfeeding families they need to be taught in a breastfeeding supportive environment. Ensuring that the *Ten Steps* are in place is a vital step towards creating this atmosphere for our future pediatricians. This curriculum is now available on the AAP website (www.aap.org/breastfeeding/curriculum) for downloading without charge.

The AAP is already putting this endorsement in to practice through its recent publication of the *Sample Hospital Breastfeeding Policy for Newborns*

http://www.aap.org/breastfeeding/curriculum/documents/pdf/Hospital%20Breastfeeding%20Policy_FIN_AL.pdf by the AAP Section on Breastfeeding and the Section on Perinatal Pediatrics and included in the *AAP Safe and Healthy Beginnings Toolkit*.

We believe that these *Ten Steps* improve the care of mothers and their infants both in the United States and worldwide and look forward to promoting and endorsing this document in the future.

Sincerely,

/s/

David T. Tayloe, Jr., MD, FAAP
President

DTT/lfb

cc: Errol R. Alden, MD, FAAP, AAP Executive Director/Chief Executive Officer
Ala Alwan, MD, WHO Assistant Director-General for Noncommunicable Diseases and Mental Health
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