

Presenter Disclosures

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The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

No relationships to disclose

Goals For Gals



*A Public Health and Juvenile
Justice Partnership*

Judy Didion PhD, RN

Objectives

- *Describe the process of devising and implementing effective methods that will engage high risk female teens in discussion about personal risk reduction and prevention of STI's, HIV, unintended pregnancy and dating violence.*



Objectives

- *Identify ways to develop collaboration between public health departments and the juvenile court system for the purpose of promoting sexual health and resiliency among adolescent females on probation.*



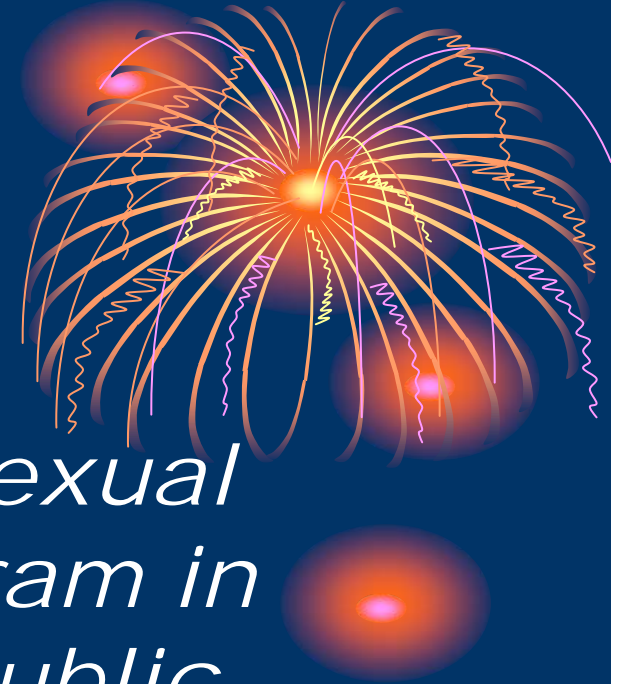
Objectives

- *Discuss program outcomes related to the improvement of sexual health and decision making for adolescent females who are on probation*



Goals for Gals

A female adolescent sexual health promotion program in partnership with the public health department and the juvenile justice system in a rural community in Wood County, Ohio.



Purpose

- *To provide a supportive sexual health education program for vulnerable adolescent females on probation.*
- *To promote Youth Asset Development.*



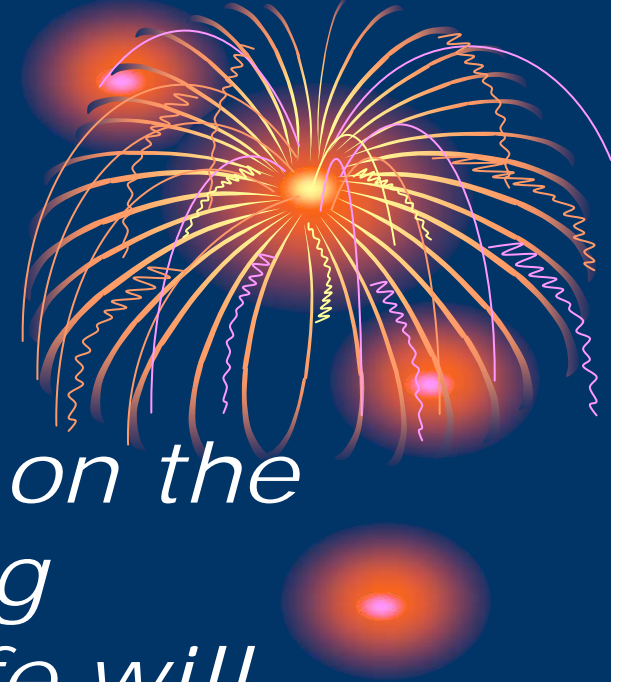
Purpose

- *Ultimately, to decrease the risk of teen pregnancy, sexually transmitted infections and*
- *To increase healthy relationships.*



How?

- *The program was built on the philosophy that building resources in a teens life will reduce their risks and ultimately decrease unhealthy behaviors.*



How?

Using a behavior change framework

- *Increase knowledge*
- *Significance to self*
- *Cost vs. Benefits*
- *Capacity Building*
- *Provisional Goal Setting*



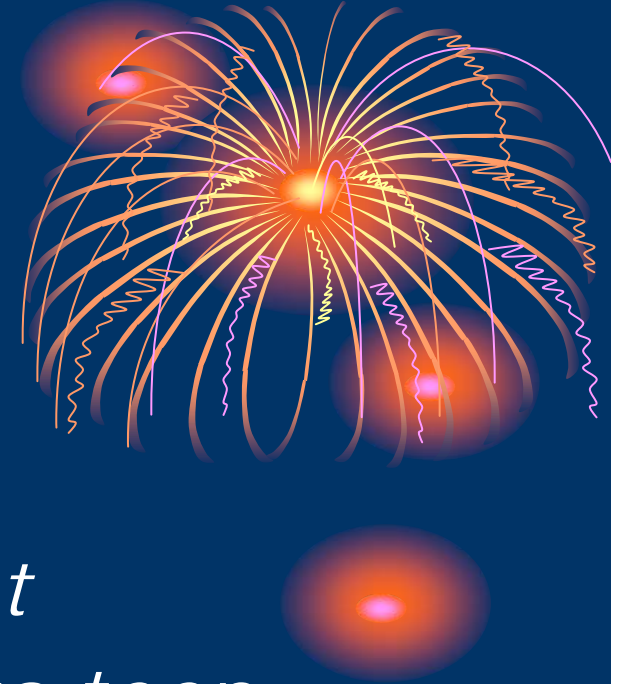
Capacity Building

- *Decision making skills*
- *Conflict management*
- *Communication skills*
- *Relationship building*



Goals for Gals

- *Program Design*
 - *Adolescent Development*
 - *Multifaceted Approach to teen pregnancy and sexual health promotion*
 - *Youth Engagement and Empowerment*



Goals for Gals



- *A summer program for female teens who are on probation.*
- *Ages 13-17 (Junior and Senior High School)*
- *Rural County in the Midwest*
- *Started in June, 2003*
- *The program served youth referred by Wood County Jobs and Family Services who live in foster care and youth referred by Wood County Juvenile Courts who are on probation.*

Collaboration

- *The program was a by-product of a county level interdisciplinary task force called PALS (Positive Adolescent Lifestyles) which was developed for the purpose of preventing teen pregnancy.*



Reaching the most Vulnerable



- *Identified the most vulnerable groups in the community*
 - *Teenagers who are in the criminal justice system*

Planning Process



- *Membership of PALS included a representative of the Juvenile Court System.*
- *Willingness by the probation officer in charge to approach the Juvenile Court Judge for support and collaboration.*
- *Recruitment of the probation officers as referral sources for teens.*

Process of Planning

- *Probation officers invited the teens to attend the program as a means to fulfill their probation.*
- *Parents and guardians were requested to provide permission and transportation.*
- *Health Department provided funding for incentives to persuade teen involvement.*



Goals

- *What do you want to be and how do you get there?*
- *Where have you been.*



Program Strategies to Engage Youth

- *Scrap booking*
- *Conversations over food*
- *Open Discussions and sharing*
- *Minimal lecturing*
- *Humor*
- *Guests like them*
- *Reflections on strengths*
- *Simulations*





Scrap Booking

Reflection and Goal Setting Strategy

Allows a peek into their world

Brings value to their lives

Takes the edge off during sensitive discussion

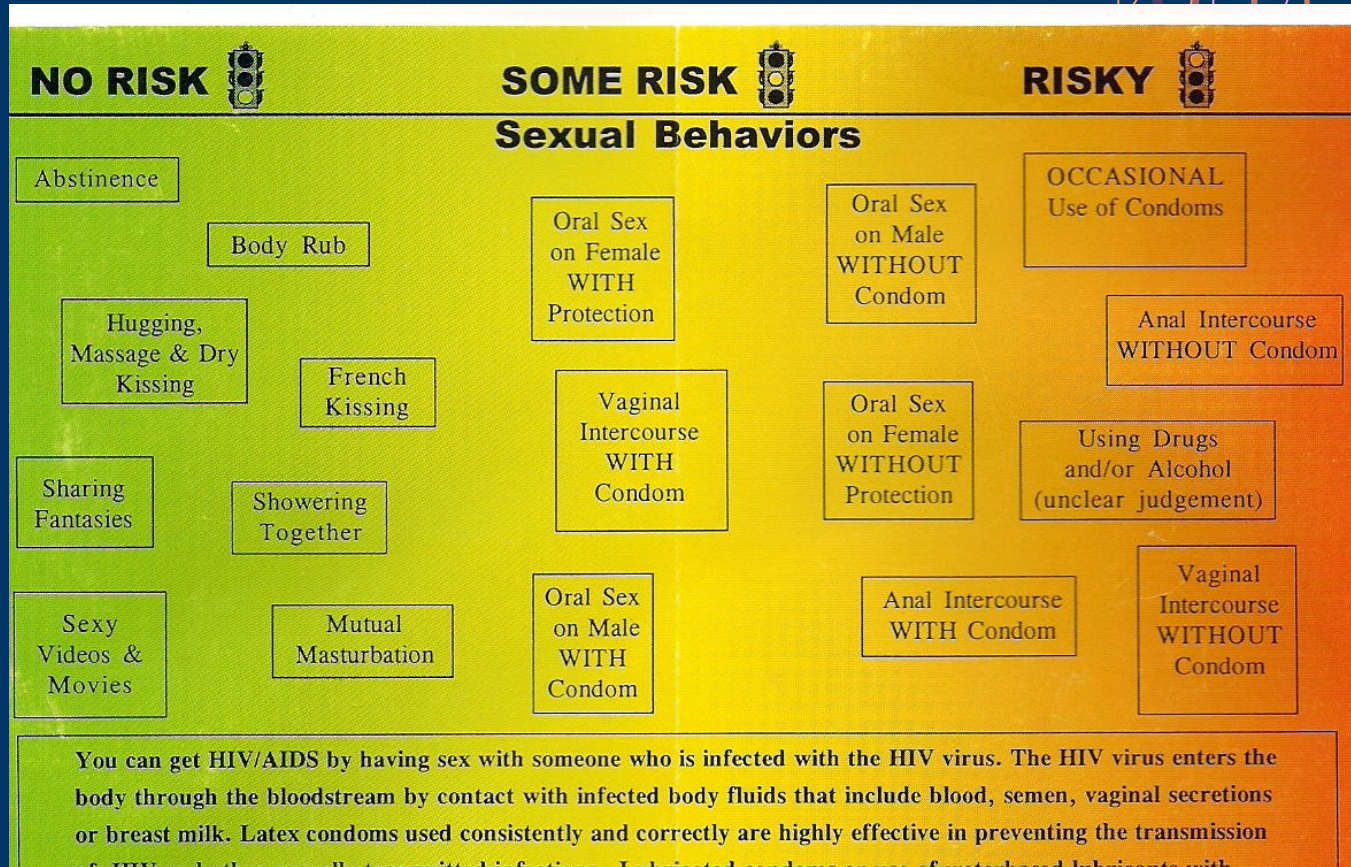
Sensitive Discussions

Part 1

- *The Basics of Sexual Health*
 - *Puberty*
 - *Sexually Transmitted Infections*
 - *HIV*
 - *Pregnancy risks and prevention*



Risk



Reality

- *Discussions with someone with HIV who they can identify with in their own life.*
 - *Infected at 16*
 - *Involved in the Juvenile Justice system*



Reactions along the way

- *Disbelief and denial*
- *....HIV Testing*

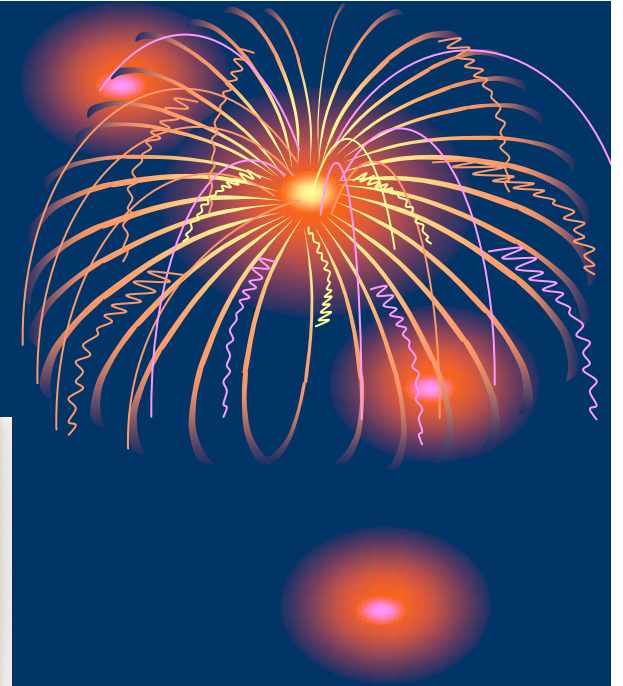


The Basics of Parenting




- *Parenting Roles*
- *Babies, babies and babies*

Girl to Girl Talk




Medicines To Help You



Birth Control Guide

This guide gives the basic facts about the different kinds of FDA-approved medicines and devices for birth control. Ask your doctor to tell you about all of the risks and benefits of using these products.





Infant Simulation
The Realities of Parenting



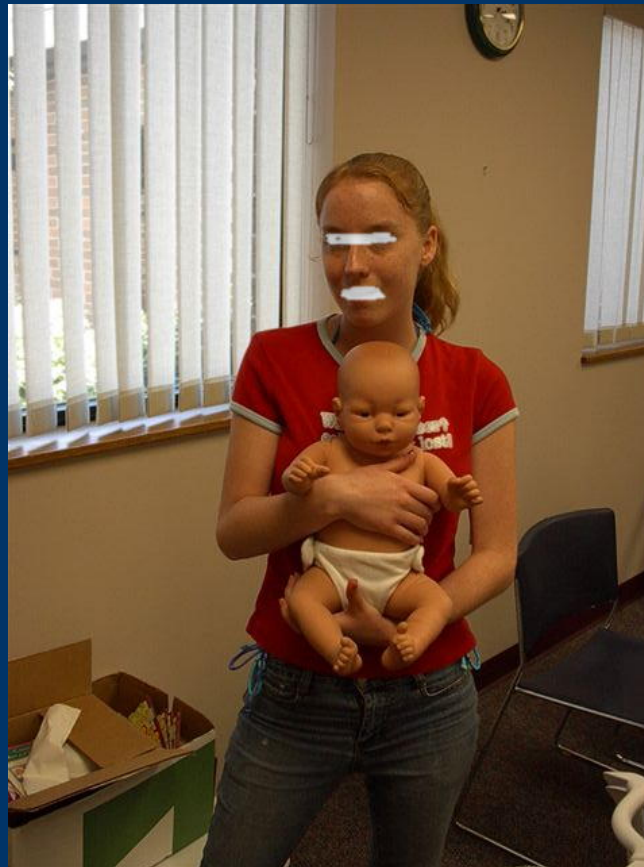
*Excitement and Energy
Planning for Parenting
Emotional, Social and Financial*



After the project debriefing?

Sleep deprivation, annoyance to family, support patterns, how did I do?

What are their Goals?



Relationships

Part 2

- *Relationships between girls and boys*
- *Friendship and Dating*
- *Respect and self esteem.*
- *When a relationship goes sour: Early Signs of abuse.*
- *How to get out of an abusive relationship.*



Dating Violence

- *What can I expect in a relationship?*
- *What should I expect?*






Officer from the Domestic Violence Program Talks with the Girls about the Cycle of Violence

Reality


- *A mother's story*




Alicia's Story



Alicia Castillon
3/3/1977 - 3/29/2007




Domestic Violence
Awareness & Prevention



1424 Tumbery Court
Bowling Green, Ohio 43402
Ph. 419.354.4314
www.aliciasvoice.org

Together We Can



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Outcome

- *Discussion of personal family violence*
- *Self disclosure of current relationships*
- *A sense of Hope*
- *A sign of caring*



What have we Learned?



- *There was very little understanding about their human physiology in relation to reproduction and sexual health.*
- *There was less and less understanding about HIV/AIDS*



What have we learned?



- *Majority have witnessed violence in their home.*
- *Majority are already sexually active*
- *Majority hope to be a mom by 21*



IN YOUR CARE
STUDY JOURNAL for
Gray

Day One

LIST YOUR ACTIVITIES THAT PROMOTE INDIVIDUALIZED ACTIVITIES
FEEDING AND/OR THESE PATTERNS

Time/Activity	Feeding	Activity/Response	Time/Activity
7:20 AM			7:30 AM
7:30 AM			8:20 AM
8:20 AM			11:15 AM
11:15 AM			11:30 AM
11:30 AM			2:10 PM
2:10 PM			

TELEPHONE RECORDS
Handwritten notes and dates.



What have we Learned?



- *Many have experienced early signs of emotional and physical abuse by their boyfriends.*
- *Many assumed that this was how it had to be.*

What have we Learned?



- *They all have goals.*
- *Their reality is not always ours.*
- *Their relationships with adults are tenuous.*



Children of Promise?



Stumbling along the Way



Constructing their Lives



How can We Write on their Pages?