

The Faithful House Couple Handbook

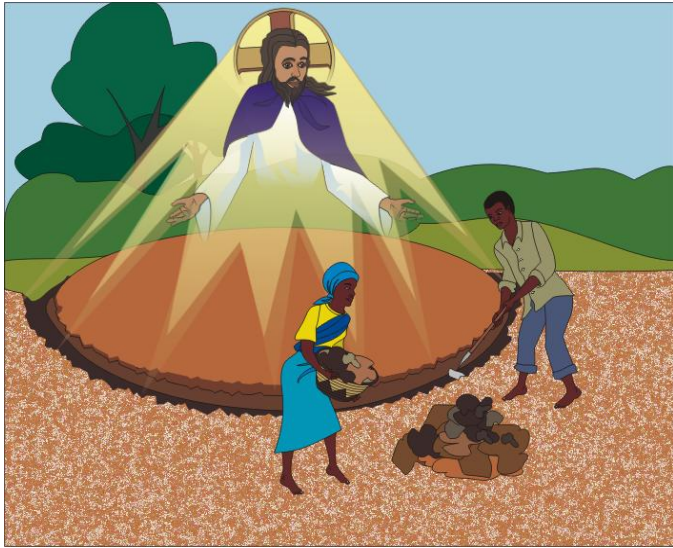
Avoiding Risk, Affirming Life



Catholic Relief Services • Maternal Life International • Maternal Life Uganda

The Faithful House Couple Handbook is a picture based summary of *The Faithful House* couple training and formation. By reviewing the pictures and the accompanying text, a couple can be refreshed as to what they learned and experienced in their training. If a couple is experiencing troubles in their marriage, they may “sort through” the house and see where the problem lies. A couple can also use the handbook to share *The Faithful House* message with others.

We hope that you will visit the handbook frequently and continue to build a Faithful House in your marriage and family!



1. A FOUNDATION IN GOD: Unless the Lord builds the house the builder toils in vain.



3. THE 2ND PILLAR, FAITHFULNESS: To be completely faithful to your spouse and to give your body to no one but your spouse.



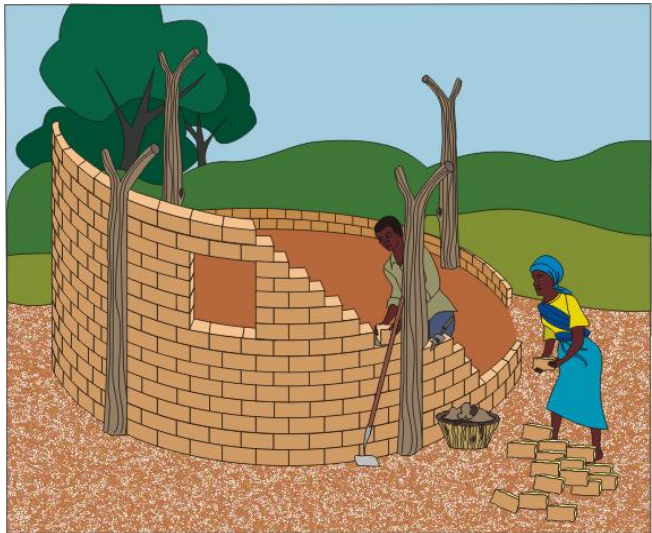
2. THE 1ST PILLAR, TRUE LOVE: To love as Jesus loves, always giving of your self.



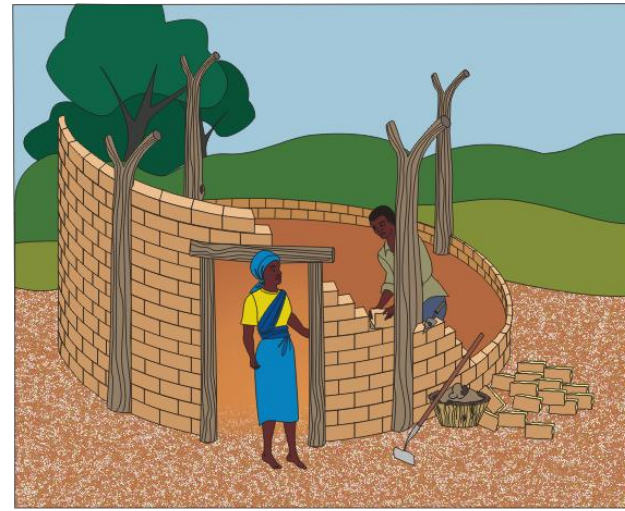
4. THE 3RD PILLAR, RESPECT: To see your spouse as beloved and always treat your spouse with respect and dignity.



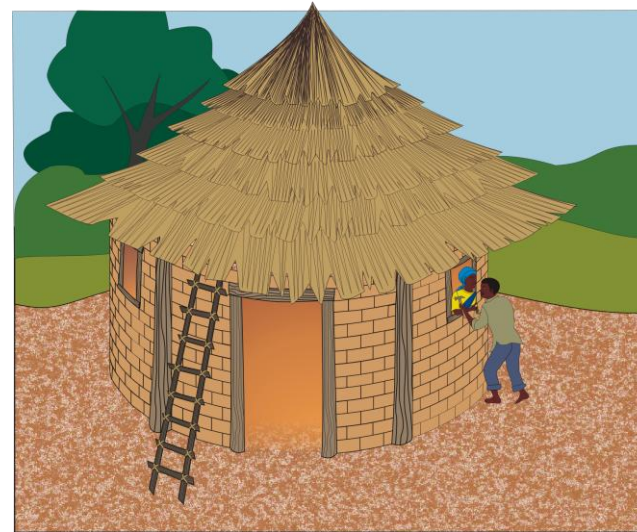
5. THE 4TH PILLAR, COMMUNICATION: To give and receive, to share willingly, to listen with love.



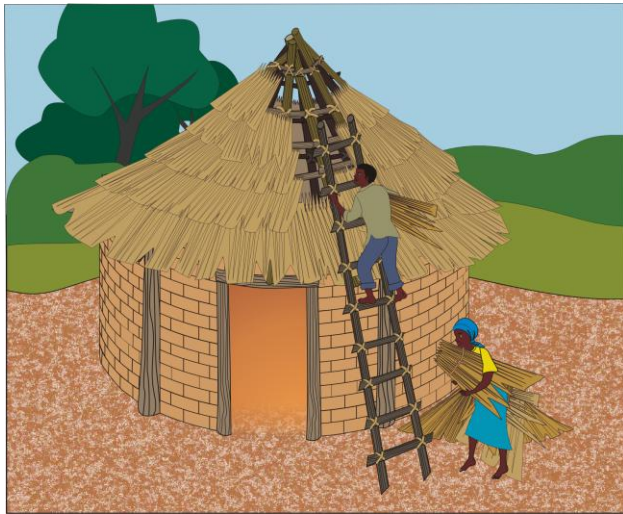
6. OUR VALUES: What are the deepest values we have? How do we build them into our houses?



7. THE DOOR: “Submit yourself to each other out of reverence for Christ Jesus.” Do we live out authority, responsibility and accountability as God wants?”



8. WINDOWS OF LIGHT AND FORGIVENESS: In marriage we all fail at times; be willing to open the windows of light and forgiveness.



9. THE ROOF: Consciousness is our deep loving awareness of God and others. Consciousness is our capacity to know, to act and to love.



10. HIV AWARENESS: Know what HIV is and how it is transmitted, and how “A & B” can stop the HIV epidemic.



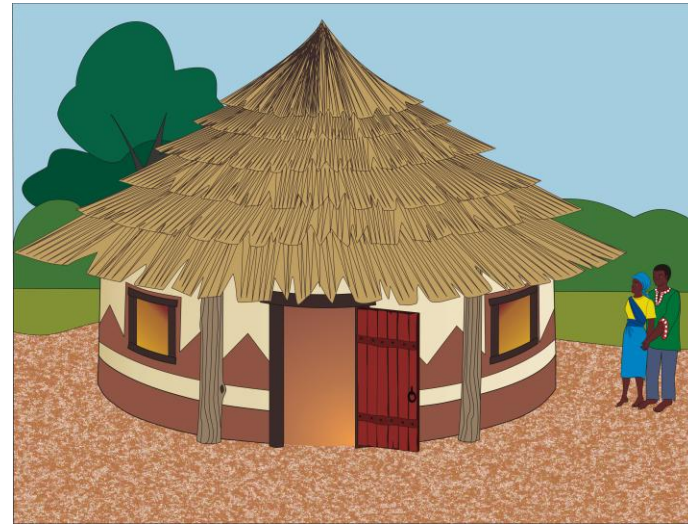
11. HIV TESTING: Knowing our HIV status allows us to use our consciousness and change our behaviors appropriately.



12. THE MARRIAGE BED: Let us be with each other in deep loving awareness.



13. THE MARRIAGE BANQUET: Invitation, preparation, feasting, gratitude



15. HUSBAND & WIFE AS CO-BUILDERS: The couple is primarily responsible for the health and well being of their marriage and family.



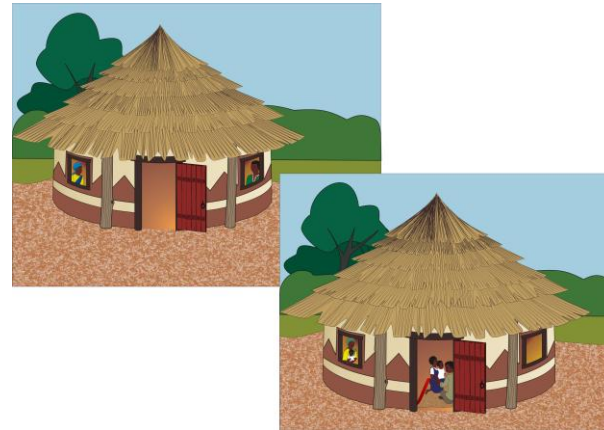
14. THE PURPOSES OF MARRIAGE: To create love and to give life.



16. TWO PATHS FROM THE HOUSE



17. BROKEN HOUSES: What must be fixed in our house in order to make it happy and secure again?



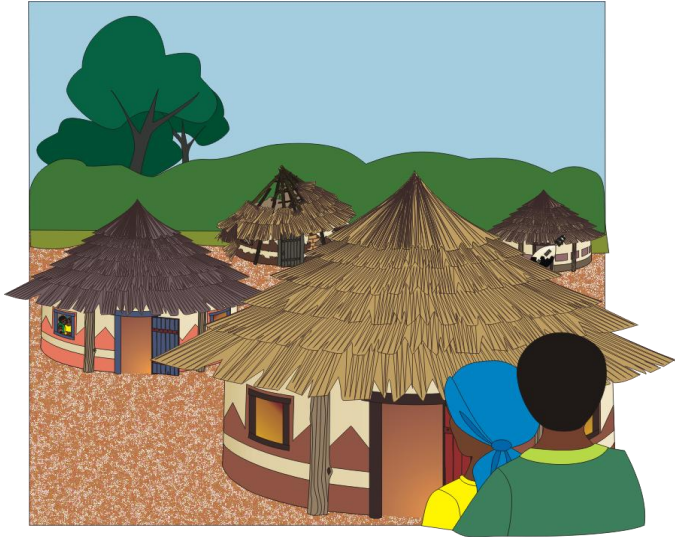
19. HOUSES THAT ARE EMPTY



18. CHASTITY AND SELF CONTROL



20. HOUSES THAT ARE POOR



21. CULTURE AND THE HOUSES AROUND US: Cultural influence can harm or protect our “Faithful Houses.”



22. ROOM FOR CHILDREN: Learn about your body and plan your family.



23. PREPARING FOR PREGNANCY, VITAL: Vitamins Iron Testing Attendant Location – Have a safe pregnancy and birth!



24. BREAST FEEDING AWARENESS: Know your HIV status; Exclusively breast feed



25. POSITIVE PARENTING, ABCDEFG: Attitude, Being Present, Communication, Development, Expectations, Failure & Forgiveness, God & Grace.



27. ALWAYS BE CHASTE, ALWAYS BE CONSCIOUS, ALWAYS BY CHRIST.



26. THE "NO TOUCH" RULE: Shout NO! and run away. Tell an adult.



28. THE GOLDEN COIN: Save your "coin" for marriage; don't give your precious coin away.



29. SECONDARY VIRGINITY: Picking the coin up again.



30. GOD'S HOUSE OF MERCY: God welcomes us, forgives us and redeems us in His house of mercy.

A Prayer for A Faithful House

“Lord, as we build our own Faithful Houses, we turn to the house you have shared with us, your house of love and divine mercy. In your house, we can always take refuge. In your house, we find the strength to follow your son Jesus: He who was most chaste; He who was most good; He who bore all things for love of us. As we have found love and mercy in you, may we be loving and merciful with one another so that in all ways your house may shine in our own.”