



Interventions: *Individual Teaching*

Client Name _____
Date of Birth _____
Medical Record ID _____

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Date of Birth _____
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Additional family members: Client Name	Date of Birth	Medical Record ID

Date	Visit #	✓ MCM CM Visit	Initials	Date	Visit #	✓ MCM CM Visit	Initials	Date	Visit #	✓ MCM CM Visit	Initials	Date	Visit #	✓ MCM CM Visit	Initials
	A				4				9				14		
	(A)				5				10				15		
	1				6				11				16		
	2				7				12				17		
	3				8				13				18		
Closing only: original signature on copies _____													19		

Document at least two topics taught to bill MCM

Mandatory Topics:

- _____ 1. Alcohol, tobacco and other drugs
- _____ 2. Maternal oral health
- _____ 3. Breastfeeding promotion
- _____ 4. Perinatal mood disorders
- _____ 5. Prematurity and pre-term birth risks
- _____ 6. Maternal/fetal HIV and hepatitis B transmission
- _____ 7. Nutrition, healthy weight and physical activity
- _____ 8. Intimate partner violence

Environmental/Basic Needs:

- _____ Community resources/basic needs
- _____ Health insurance
- _____ Medical home
- _____ Safety (home, work, neighborhood)
- _____ Lead exposure and screening
- _____ Exposure to plastics

Psychosocial:

- _____ Parental role
- _____ Social support
- _____ Family violence/ safety plan
- _____ Coping skills
- _____ Self-care/ relaxation
- _____ Self-advocacy
- _____ Assertiveness
- _____ Problem solving skills
- _____ Personal boundaries

Health Related Behaviors:

- _____ Vitamins/folic acid
- _____ P.N/P.P. food safety



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Pregnancy:

- _____ Feelings about
- _____ Prenatal care
- _____ Body changes
- _____ Discomforts
- _____ Medication use
- _____ Common tests in pg (HIV, hep B)
- _____ Fetal growth & development
- _____ Pregnancy complications
- _____ Emergency/danger signs
- _____ Braxton-Hicks contractions

Labor and birth:

- _____ Hospital procedures
- _____ Circumcision plans
- _____ Cultural considerations
- _____ Pain management
- _____ Labor positions
- _____ Labor support
- _____ Stages of labor

Postpartum:

- _____ Postpartum medical care
- _____ Pelvic rest/perineal care
- _____ Postpartum danger signs
- _____ Post cesarean birth care

Women's Health:

- _____ Reproductive anatomy
- _____ Family planning
- _____ Birth control options
- _____ BCM side effects
- _____ Safer sex
- _____ Immunizations

Breastfeeding:

- _____ Benefits
- _____ Positioning/latch
- _____ Sore nipples
- _____ Normal challenges
- _____ Weaning
- _____ Milk supply
- _____ Milk collection/storage
- _____ Engorgement
- _____ Feeding patterns
- _____ Return to work

Parenting:

- _____ Preparation for baby
- _____ Newborn characteristics
- _____ Newborn handling/care
- _____ Cord care
- _____ Newborn temperament/ crying
- _____ Circumcision care
- _____ Growth grid reviewed
- _____ Normal growth patterns
- _____ Parental coping skills
- _____ Age appropriate expectations
- _____ Infant cues
- _____ Sleep cycles
- _____ Safer sleep
- _____ Floor time
- _____ Brain development/ stimulation
- _____ Age appropriate development
- _____ Toddler behavior
- _____ Age appropriate nutrition
- _____ Spit up
- _____ Acid reflux
- _____ Elimination
- _____ Infant/child food safety
- _____ Establishing paternity
- _____ Well child care
- _____ Illness prevention/care
- _____ Immunizations
- _____ Early childhood caries prevention
- _____ Age appropriate discipline
- _____ Teething
- _____ Other

