

# Safe Medicine Disposal for ME Program

## Do you have unwanted or expired prescription medicine in your home?

Many people do not use all of the medicine they were prescribed. It is important to get rid of your unwanted or expired medicine safely.



### This can help prevent:

- Accidental poisoning of children, grandchildren, and pets
- Intentional misuse by teenagers and adults—even people you know
- Health problems from taking the wrong medicine, too much of the same medicine, or a medicine that is too old to work well
- Theft of the medicine by drug users who may break into your home



You can get rid of your unwanted or expired medicine in a way that keeps people safe and helps keep leftover prescription medicine from getting into Maine's water supply and environment.

### Some options include:

- A medicine disposal program by mail, like *Safe Medicine Disposal for ME*. This program provides Maine residents of all ages with a special envelope to mail unwanted or expired prescription medicine for safe disposal.
- A community medicine drop-off event. You can find out if there is a program in your area by contacting Northern New England Poison Center at 1-800-222-1222. You can also call them to get help identifying your medicine or for medicine-related concerns.
- Talking to your pharmacist or local law enforcement about other safe options



**For more information about safe medicine disposal, contact:**

***Safe Medicine Disposal for ME***

**1-866-ME-RX-RID**

**(1-866-637-9743)**

**[info@safemeddisposal.com](mailto:info@safemeddisposal.com)**

**[www.safemeddisposal.com](http://www.safemeddisposal.com)**

