

# Pregnancy and Dental Care

Continue to see a dentist and dental hygienist for check-ups even when you are pregnant.

Having healthy teeth and gums when you are pregnant will help keep you healthy.

There are germs in your mouth that cause tooth decay. These germs can be passed to your baby.

Moms with healthy teeth and gums are less likely to pass these germs to their babies.

Learn more at  
<http://www.nyhealth.gov/publications/0824.pdf>

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