

# IMPROVING ACCESS to HEALTHCARE in NEW ORLEANS:

An up-to-date guide of free or low-cost clinics and medication assistance.

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## Learning Objectives:

- 1. List five requirements that improve the utility of a healthcare guide for the homeless.
- 2. Identify two major target populations for healthcare guides, given the limited access to internet for homeless individuals.
- 3. Describe how physicians can quickly and easily improve the likelihood that homeless patients will fill their prescriptions.

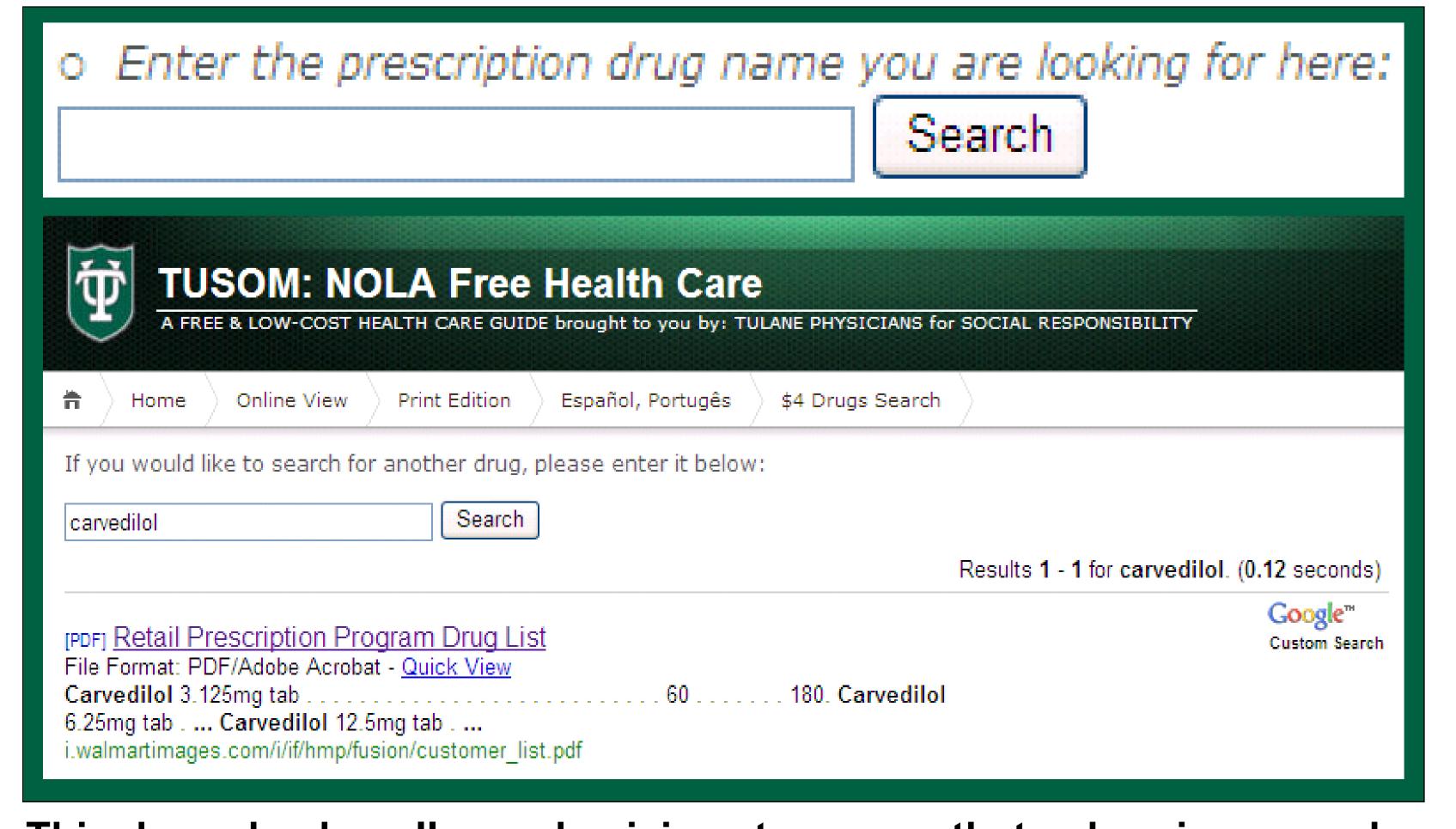
## Why did NolaFreeHealthCare.com develop?

After Hurricane Katrina, New Orleans' safety net, Charity Hospital, was closed. Numerous free or low-cost clinics opened around town. Yet homeless individuals still expressed a need for more free clinics, as they were unaware of the resources that already existed.

In August 2007, the resources available were out-dated, inaccurate, and lacked information regarding cost of medical care. Upon verifying information, print guides were assembled and thousands of copies were dispersed to homeless individuals.

A website, with both online and print guides, was created to address the difficult task of redistribution following guide updates. The master list is always available online, thus ensuring accurate, up-to-date information for health workers and community members. Additionally, the website has a \$4 drug checker, links to other useful resources, and is accessible in Spanish and Portuguese.

# How can physicians easily improve the chances that patients fill their prescriptions?



This drug checker allows physicians to ensure that a drug is covered by Walmart's \$4 Prescription Plan by searching for its generic name.

#### What are 5 essential components of a healthcare guide?

- 1. Name / Address / Location
- 2. Days / Hours
- 3. Phone Number
- 4. Detailed description of services provided / populations served
- 5. Cost

#### Medication Information: \$4 for a 30 Day Supply Wal-Mart, Winn-Dixie, and Target offer over 300 generic drugs for \$4 per 30 day supply even if you do not have any medical insurance. Please ask your doctor if the prescription is available through the Wal-Mart, Wynn Dixie or Target \$4 Prescription Program. If your prescription is for a name-brand medication, ask your doctor if a generic alternative would work. Please visit <a href="http://www.nolafreehealthcare.com">http://www.nolafreehealthcare.com</a> for a quick and simple search to see if your prescription is covered by any of the \$4 Prescription Programs. • If you are homeless, the Ozanam Inn (843 Camp) will give you a voucher for most prescriptions so that you do not have to pay. NAME ADDRESS \$10 for urgent care, \$5 for primary care, will not turn patients Covenant House **Tulane University** Covenant House Mon & Thurs: away based on ability to pay \* All medical services are by Community Health 611 N. Rampart Street 8am - 7pm. tment only. If you have urgent needs, please call or walk-in to Tues, Wed & Fri: make an urgent care appointment for the same or the next day \* each New Orleans East Covenant House patient can be assigned a primary physician to lead their medical 8 am - 5 pmNew Orleans East 4626 Alcee Fortier Blvd. **New Orleans** home team \* on-site mental health counseling \* behavioral health 504-255-8665 New Orleans East Suite D 8:30 am - 4:00 pmservices \* geriatrics care \* reproductive health services This is a low/no cost primary care clinic for clients under the age of Tulane Drop-In Pediatric Clinic 24. Appointments are encouraged but walk-ins are welcome. \* Clinic @ Covenant Mon - Fri: 9 am - 12 pmThe Pediatric Clinic provides primary care, urgent care and psychiatric services for infants, children and adolescents until age Mon - Fri: 1 pm - 5 pm611 N. Rampart St. 12. \* The Teen Clinic provides primary care and urgent care for Reproductive Health Clinic Teen Clinic dolescents and young adults until age 24. \* The Reproductive Mon & Wed: 5-9 pm Reproductive Health Clinic is for young women and men until age 24 specifically Sat: 9 am - 1 pmHealth Clinic for STD screening and treatment and family planning services. Mon: 9:30 am – 11 am & Free mental health care, behavioral health care and supportive 2 pm - 6 pmservices for homeless youth and youth at-risk for homelessness \* Tues: 3 pm - 7 pmTulane Drop-In Services include but are not limited to group activities, case 1428 N. Rampart St. 504-948-6701 Wed: 9:30 am - 12 pm management, job search assistance, substance abuse services and psychiatric services. 2009 Dates: 8-8, 8-22, 9-12, 9-26, 10-10, 10-24, 11 This is a free clinic run by Tulane Medical Students. Every patient 14, 12-12. 2010 Dates: 1-9, 1-23, 2-Fleur de Vie Clinic 611 N. Rampart St. is seen by medical students and then by the doctor \* Please call to 27, 3-13, 3-27, 4-10, 4-24, make an appointment \* Mental Health Visits \* Social Workers at Covenant House 5-8, 5-22, 6-12, 7-24. Available \* Health Education \* Prescriptions \* Servicios en Español 9am - 2pm (last patient Revised: October 31, 2009 Please e-mail updates and corrections to: nolafreehc@gmail.com Page 1 of 4

FREE HEALTHCARE GUIDE from Tulane Physicians for Social Responsibility available at WWW.NOLAFREEHEALTHCARE.COM

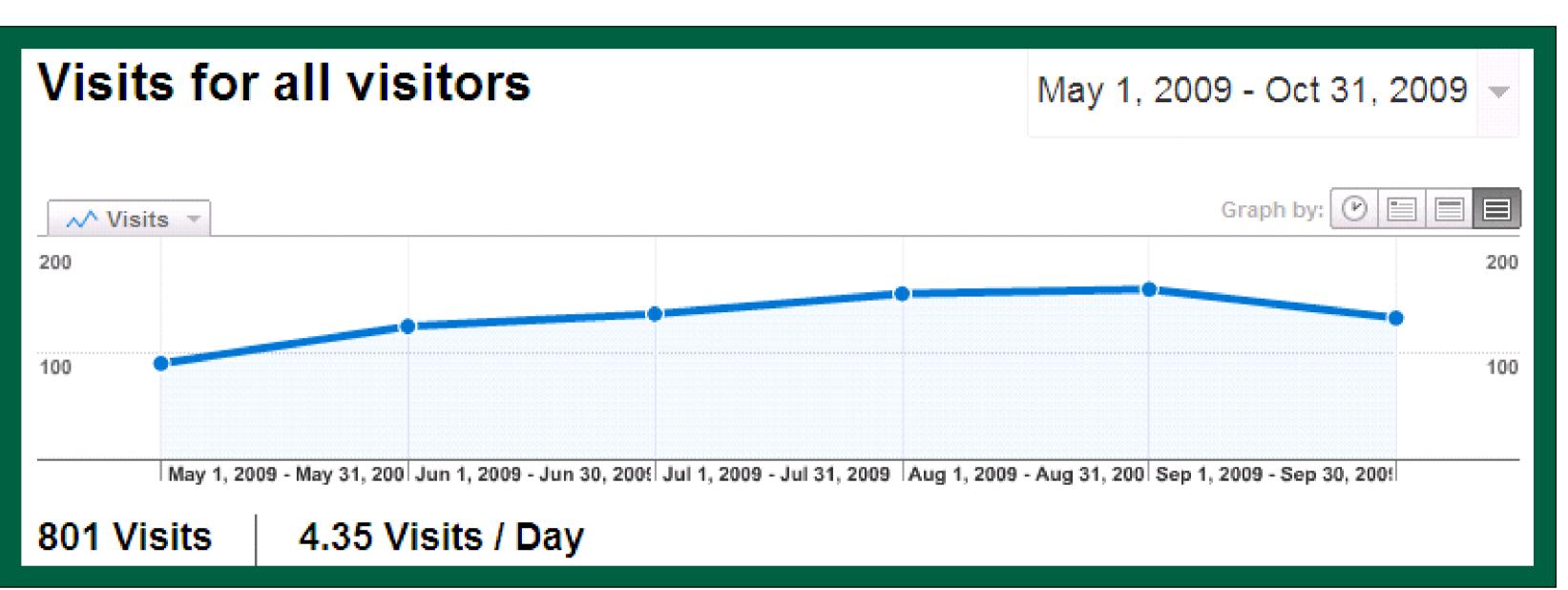
The clinics listed below are the free clinics in town. Read the descriptions of each to see about any limitations.

# What are some other components needed to make a guide more useful?

- 1. Date the guide was last updated.
- 2. E-mail address for updates and corrections.
- 3. Requirement that clinics will see patients regardless of their ability to pay.
- 4. A readily available, updated, print version of the online guide.

This website is funded by the Tulane University School of Medicine's Medical Student Government

#### Is this resource used?



In the past 6 months (May—October) www.nolafreehealthcare.com was visited 133.5 times per month and 4.35 times each day. Of these visits 31.5% were returning visitors and the average time spent on the site was 2 minutes and 30 seconds.

# Who are the major target populations for healthcare guide?

- 1. Healthcare Providers
  - A. Staff Physicians
  - B. Interns / Residents
  - C. Medical Students
  - D. Nurses
- E. Social Workers
- 2. Homeless Outreach Agencies
  - A. Food Banks
  - **B.** Homeless Shelters
  - C. Religious Organizations

# What challenges need to be addressed?

- 1. Making sure that healthcare providers and homeless outreach agencies print and disperse the most current guides instead of photocopying old guides.
- 2. Working with clinics to ensure that the information on the guide is accurate.
- 3. Increasing the publicity of the guide amongst homeless individuals and those involved in homeless healthcare.

## For further information:

Feel free to contact Richard at rbrucker@tulane.edu