# Interventions Recommended By Students To Address Sexual Violence Risk Reduction Programming On Campus

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#### **ABSTRACT**

- Rape / sexual assault accounts for an estimated 6% of all college student violent crime. It is estimated that 65% of attacks are unreported, making sexual assault an underreported crime. Sexual assault prevention is included as an objective to be addressed in Healthy People 2010. The objective proposes a "0.1 reduction of the annual rate of rape or attempted rape from 0.8 in 1998 to 0.7 per 1000 persons aged 12 and older by 2010." This study assessed student preferred methods for sexual violence prevention programming at a university system in the southeastern United States.
- A random stratified sampling technique was used and data were gathered via an online survey. Questions were asked about student experiences, perceptions and beliefs related to relationship and sexual violence and their preferred methods on how to receive information on sexual violence risk reduction programming. 1551 students responded to the survey. Respondents were primarily White, single, full time, and from the main campus.
- Results indicated that similar approaches could be used to address intimate partner violence and sexual coercion/assault. Students recommended to advertise campus resources for sexual assault, utilize guest speakers to talk on the topic, and skill building sessions for women alone and combined sessions for both men and women. This session will provide an overview of how this information will be used to develop more effective programming and services for students related to relationship and sexual violence risk reduction on campus. Traditional methods remain relevant for today's high tech student population.

# **RATES OF SEXUAL VIOLENCE**

- Rates of sexual violence at target university are lower than would be expected based on reported data (Reported Rape)
- In 2003 1 In 2004 0
- In 2005 3 In 2006 1
- In 2007 3 In 2008 7

### (Campus Annual Crime Report, 2009)

# **PURPOSE**

• To assess students' preferred methods for receiving sexual violence prevention programming at a university system in the Southeast.

## **THEORETICAL FRAMEWORK FOR SURVEY**



# MODEL DEVELOPMENT BASED ON ... SOCIAL ECOLOGICAL MODEL

#### <u>Settings</u>

- WKU campus location
- On campus or off campus
- Time of day

#### Values and Beliefs

- Is sexual assault/abuse acceptable or not acceptable
- Do they act on it or not
- Is it situational --- related to how we act at a party or on a date

#### Social Relationships

• On campus / off campus

Modifying factors

- Alcohol and drugs
- Familial experiences
- Porn / media

## **METHODS --- DATA COLLECTION**

- Information Technology provided us with a random, stratified (full vs part time) sample of 8000 student emails.
- The survey was distributed by Student Voice and available for a 3 week period.
- Students were contacted through email to take part in the on-line survey and were sent weekly reminders.
- Students who completed the survey were eligible to be included in a drawing for 1 of 10 prizes, I phone, Wii, \$100 gift cards for academic use (8)

## Responding Sample (N=1551)

| Characteristic                     | %  |
|------------------------------------|----|
| Main Campus                        | 84 |
| Live in apartment in Bowling Green | 38 |
| Live in residence hall             | 26 |
| Full-time student                  | 82 |
| International student              | 4  |
| Heterosexual orientation           | 95 |
| Single/Never married               | 71 |
| Married                            | 20 |
| White/Caucasian                    | 85 |
| Have a disability                  | 3  |

## Address Intimate Partner Violence

| WKU should   | n   | %  |
|--|-----|----|
| Hand out brochures on violence in relationships          | 666 | 43 |
| Peer presentations                                       | 597 | 39 |
| Skill building sessions for women only                   | 831 | 54 |
| Skill building sessions for men only                     | 615 | 40 |
| Combined sessions for women & men                        | 771 | 50 |
| Guest speaker on violence in relationships               | 890 | 57 |
| Strategic plan to address violence in relationships      | 609 | 39 |
| Advertise campus resources for intimate partner violence | 945 | 61 |

### Address Sexual Coercion / Assault

| WKU should                                    | Ν   | %  |
|---|-----|----|
| Brochures on sexual coercion / assault        | 683 | 44 |
| Peer presentations                            | 563 | 36 |
| Skill building sessions for women             | 783 | 51 |
| Skill building sessions for men               | 606 | 39 |
| Combined sessions for women & men             | 775 | 50 |
| Guest speakers to talk on the topic           | 848 | 55 |
| Strategic Plan for sexual coercion / assault  | 713 | 46 |
| Advertise campus resources for sexual assault | 886 | 57 |

# **CONCLUSION**

- Brochures will be published in English, Hindi, Chinese, Korean, Arabic, and Vietnamese.
- Tailor outreach projects and presentations to student needs.
- Develop educational and promotional materials, for example key chains, postcards and door hangers that include contact information for the counseling center and also bear the university logo.