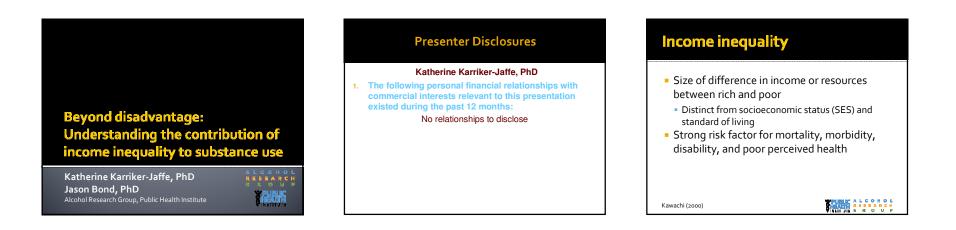
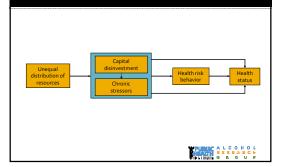
#### Presented at the 138<sup>th</sup> Annual Meeting and Exposition of the American Public Health Association November 8, 2010, Denver, Colorado



#### How inequality affects health



#### **Measuring inequality**

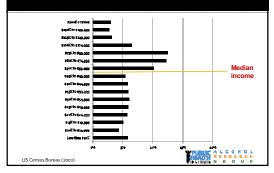
- Commonly measured for large areas (countries, states, counties) with substantial variation in residents' SES
- Can be measured overall or by comparing status of two different groups

#### **Overall measures of inequality**

- Incorporate range and distribution of incomes and extent of income inequality
- Robin Hood Index
- Proportion of income that would have to be redistributed from rich to poor households to achieve equality
- Gini coefficient
- Complex calculation that captures the difference between an observed income distribution and a condition of complete equality

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#### **Overall income distribution**



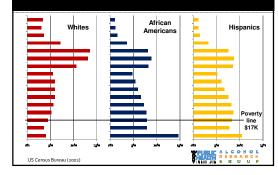
#### Race-based inequality

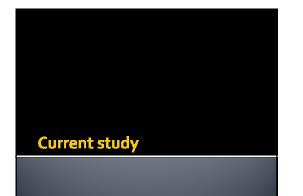
- Summarizes differentials in income between various racial or ethnic groups living in the same area
- Often used in studies of ethnicity and violence
- Relative measures
- Differences in median incomes
- Ratios of median incomes
- Poverty ratios

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#### **Relative income distributions**





# Income, inequality and substance use

- Few studies have focused on how inequality may affect health risk behaviors
- For substance use:
- Structural effects: Unequal capital investment may lead to differential exposure to alcohol outlets or illegal drug sales
- Stress hypothesis: Social comparison may lead to distress from perceived inequality and relative deprivation, which may lead to substance use

# Income, inequality and substance use

- Income inequality positively associated with
  - Frequency of drinking, volume of alcohol consumed, drinking to drunkenness
  - Marijuana use, drug overdose deaths
- These findings generally support stress hypothesis

Galea et al. (2003, 2007a); Elgar et al. (2005)

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## Income, inequality and substance use

#### There are exceptions...

- Income inequality negatively associated with alcohol dependence
- Education inequality negatively associated with volume of alcohol consumed
- Affluence hypothesis also plausible
- High inequality may reflect presence of more people with high SES, so substance use patterns may resemble those in high-income areas

NUMBER ALCOHOL

PLACE ALCOHOL

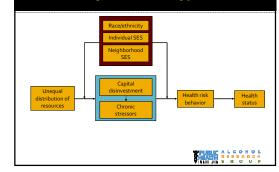
Galea et al., (2007b); Henderson et al. (2004)

#### **Research questions & hypotheses**

- Is income inequality associated with alcohol use patterns and problems, and does the measure matter?
  - H1: Effects for stress-related outcomes will be more evident for race-based measures
  - H2: Effects for wealth-related outcomes will be more evident for absolute measure (Gini coefficient)

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#### **Research questions & hypotheses**



#### **Research questions & hypotheses**

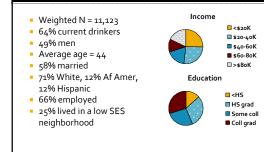
- For whom is inequality most important?
  - H3: Inequality will be most detrimental for disadvantaged individuals
  - Living in poor areas, with low household SES, or who are racial/ethnic minorities





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#### **Study sample**



#### **Outcome measures: Alcohol**

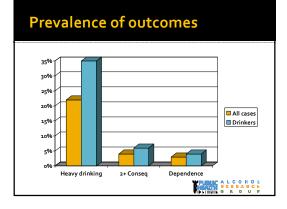
- Light-to-moderate drinking
- Volume from days drinking 1-4 drinks in past year (logged)
- Heavy drinking
- Volume from days drinking 5+ drinks in past year (logged)



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#### **Outcome measures: Problems**

- Alcohol-related consequences past year
- Experienced 2 or more of 15 negative consequences (interpersonal, work, legal, health problems)
- Alcohol dependence past year
- Endorsed at least 1 criterion from 3 different symptom domains established in DSM-IV



# Gini coefficient Calculated using family income Mean=0.40, range: 0.36-0.50 Poverty ratios Calculated for African Americans/Whites (BWPR) and Hispanics/Whites (HWPR) BWPR: Mean = 2.51, range: 0.93-4.37 HWPR: Mean = 2.33, range: 1.30-4.30 Ratio of logged % residents below poverty level Only calculated for areas with residents of both

## Only calculated for areas with residents of both racial/ethnic groups

### Analyses

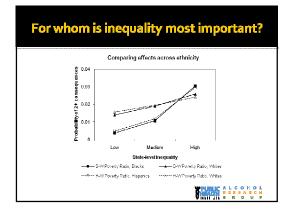
- Multi-level models using survey weights
- Multivariate models adjusted for:
  - Sex, age, marital status, race/ethnicity, income, education, employment, geocoding accuracy, neighborhood disadvantage, state urbanicity, median state income

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	Results								For whom is inequality most important
	Multilevel models *		ight drinkir ni BW PR			/ drinking BW PR			3.00
	State inequa	uality .07	7 .07†		04	.08*	.06*		256 200 <b>•</b>
	State urbani	nicityo	2 .05	.04	.06	.06	.03		
	State media income		.12*	.02	02	03	03		
	NBH pover	erty27	**26**	25**	10*	10 <sup>†</sup>	10†		0.00
lesults	Below pover	erty32	**32**	32**	01	01	01		Low Medium High
esuits	African Amer	erican65	**65**	65**	60**	61**	60**		Hispanic-White Poverty Ratio (State level)
	Hispanic	ic56	**55**	41**	28**	. 28**	- 28**		+ Volume from Light, White=- Volume from Light, Hispanics
	Inequality * R	-					10 <sup>†</sup>		Volume from Heavy, Whites     Volume from Heavy, Hispanics
	* adjusted for sex, age, marital status, e * $p < .10$ ; * $p < .05$ ; ** $p < .01$	education, e	employment,	geocodir	ig accurac	y. 💦		H O L R C H U P	

Result	ts							
	ſ							1
	Multilevel models*	Gini	equence BW PR		Dependence Gini BW PR		(OR) HW PR	
	State inequality	0.85	1.17*	1.12	0.88	1.05	1.02	
	State urbanicity	1.20	1.18	1.12	1.15	1.11	1.06	
	State median income	0.89	0.88	o.88	0.93	0.97	1.00	
	NBH poverty	1.25	1.23	1.23*	1.16	1.13	1.14	
	Below poverty	1.23	1.25	1.24	1.21	1.22	1.22	
	African American	0.68*	0.56**	0.66*	0.98	0.81	0.96	
	Hispanic	0.62**	0.64**	0.61**	1.35	1.32	1.34	
	Inequality * Race		1.45**	1.42**		1.51*	-	
* adjusted for sex, age, * p < .10; * p < .05; ** p		ation, err	nploymen	t, geocodi	ng accu	acy.		ALCOHOL RESEARCH G R G U P



## **Results summary**

- Mixed support for hypotheses
- Inequality positively associated with light-to-moderate and heavy drinking • Relationships stronger for Whites than Hispanics
- Suggests affluence hypothesis may be valid
- Black-White and Hispanic-White poverty ratios associated with increased consequences for non-Whites in high-inequality areas
- Effects of inequality independent from any of neighborhood and household poverty

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#### **Limitations and strengths**

#### Limitations

- Response rates, incomplete geocoding
- Restricted ranges of inequality variables
- Interplay of segregation and inequality
- Strengths
- National samples with ethnic and lowpopulation oversamples
- Good measures of variety of outcomes

PLACE ALCOHOL

#### **Future research**

- Use measures of race-based inequality and consider a range of outcomes
- Examine covariation of inequality and indicators of drinking culture
- Determine types of consequences experienced in states with high race-based inequality

#### **Policy implications**

- Gaps between rich and poor widen during recessions
- "Health in every policy"
- Study effects of economic downturn and changing income distribution on drinking patterns and consequences of use
- Support alcohol abuse prevention and treatment programs to mitigate negative consequences

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