



## Out-of-hospital Births with Utah Licensed Direct-entry Midwives

Outcomes of Women Planning a Vaginal Birth After Cesarean

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 Denver, Colorado  
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## The number of home births is on the rise



Most of these births are attended by midwives.

Physicians groups such as the American College of Obstetricians & Gynecologists (ACOG) and the American Medical Association oppose the practice of home birth

**ACOG NEWS RELEASE**  
 American College of Obstetricians and Gynecologists  
 500 Duane Street, Suite 1000  
 Washington, DC 20001  
 (202) 638-2000  
 www.acog.org

**ACOG Statement on Home Births**

The American College of Obstetricians and Gynecologists (ACOG) reiterates its long-standing opposition to home births. Home births are not safe for women and babies, and the practice is on the rise. Home births are often promoted as a safe and healthy choice, but they are not. Home births are often attended by untrained individuals, and the lack of medical supervision can lead to serious complications. Home births are also often promoted as a more natural and less painful way to give birth, but they are not. Home births are often attended by individuals who are not trained to handle complications, and the lack of medical supervision can lead to serious complications. Home births are also often promoted as a more natural and less painful way to give birth, but they are not. Home births are often attended by individuals who are not trained to handle complications, and the lack of medical supervision can lead to serious complications.

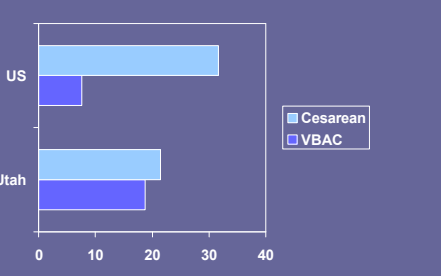
**AMA NEWS RELEASE**  
 American Medical Association  
 535 North Dearborn Street, Suite 500  
 Chicago, IL 60610  
 (312) 462-5000  
 www.ama-assn.org

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## Who are these midwives?

Title	Certificate	Education	"Direct-entry"?	Practice	Legal?
CNM	AMCB	MSN	No	Hospital (mostly)	All 50 states
CM	AMCB	MS	Yes	Hospital (mostly)	NY, NJ, RI
CPM	NARM	Varies	Yes	Homes, centers	24 states
"lay"	None	Varies	Yes	Homes (mostly)	Unregulated or illegal

## Vaginal Birth After Cesarean

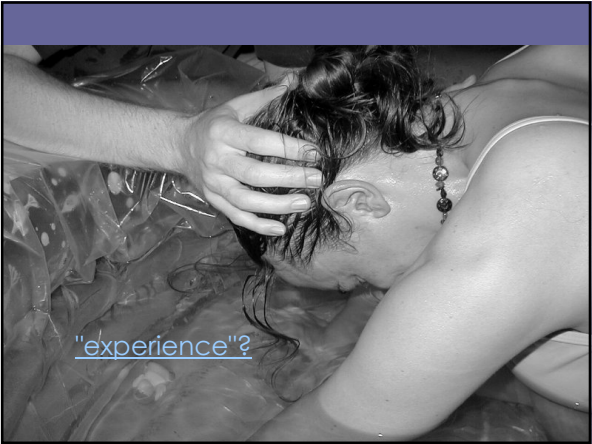


Location	Cesarean (%)	VBAC (%)
US	~32	~8
Utah	~22	~18

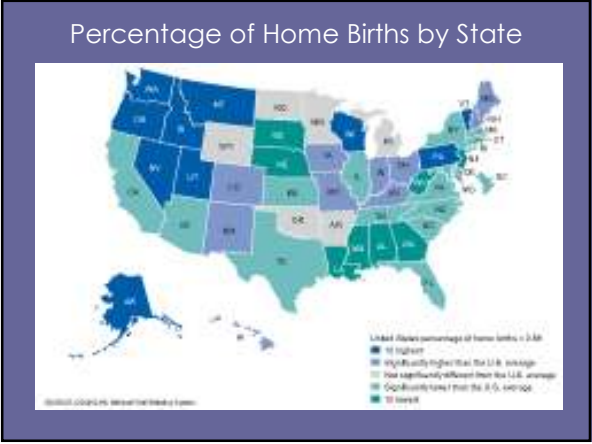


VBAC has irreducible risk

Fewer hospitals are permitting them



Safety is the minimum requirement.





## Recommendations

- Improve data collection and storage
- Continue to collect outcomes beyond mandated 5-year reporting period
- Move forward with licensing CPMs in other states
- Follow Utah's lead for data collection and reporting

Thank you to VBAC mothers  
Heidi, Darby, Pam,  
Annabelle and Francine  
for allowing me to use  
their photographs.