

Improving Culturally Competent Care for Vietnamese Families with Young Children: Introducing the Vietnamese Family Health Website

Emily Feinberg ScD, CPNP Thanh Mai Nguyen, MPH



Vietnamese Family Health

Objectives Resources Contact

This website is designed as learning tool to help health care and human services providers better serve Vietnamese families with young children. It focuses on family mental health and healthy nutritional practices.



To create this website, we conducted interviews and focus groups with members of the Vietnamese community and the professionals who serve them. We found that family mental health and nutritional practices were two areas where the care and services provided to Vietnamese families with young children are affected by a lack of cultural awareness. The website includes a variety of written and multimedia materials to encourage an understanding and appreciation of Vietnamese culture. They are presented on the website in interactive form and many are available for download. We hope professionals will use this information to develop collaborative and culturally sensitive strategies that improve communication with and services provided to Vietnamese families with young children.

The website is organized around three themes.

[> Nutrition](#)
 [> Family Well-Being](#)
 [> Vietnamese Culture](#)

Nutrition

Family Well-Being

Vietnamese Culture





www.vietfamilyhealth.org

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