Emergency and Scheduled Respite Care for Caregivers of Persons with Dementia: A Model

Piyush Gupta, Benjamin King, Kathy McBride, Damoon Rajaei, Jennifer Springer, Tyler Stewart, Diane Swett, Dr. William Pendlebury, Linda Martinez, RN University of Vermont College of Medicine, VNA

lssues

- Physical/emotional fatigue
- Financial problems
- Keeping their loved one's dignity and independence intact while doing everything for them
- Depression
- Guilt/self blame
- Unable to manage own physical health

Need

- Burnout
- Need time to take care of themselves
- Some things can't be done by one person
- Emergencies arise!

Model

- Trained volunteers
- Flexible care for up to 66 hours
- Affordable
- "Match program"
- Location
- Coordination via VNA/UVM Center on Aging

Thoughts

- Need is present
- Would ensure their loved one is treated with dignity
- Would not be overly stimulating

Concerns

- Persons with dementia often have trust issues
- Familiarity of environment
- Stage appropriate services
- Cost

Piyush Gupta, MS III University of Vermont College of Medicine <u>Piyush.Gupta@uvm.edu</u> 203-685-1653