# Family Occupational Pesticide Exposure in the Fresh-cut Flower Industry and Acetylcholinesterase (AChE) in Children

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#### INTRODUCTION

- Children of agricultural workers are at increased risk of pesticide exposure from pesticide take-home pathways
- Organophosphates and carbamates are commonly used agricultural pesticides that inhibit AChE, an enzyme that regulates acetylcholine concentration and is used as a marker of cholinesterase inhibitor exposure.
- It is unclear whether secondary pesticide exposure is sufficient to inhibit AChE among children

#### **HYPOTHESIS**

 Cohabitation with a flower plantation worker introduces sufficient cholinesterase inhibitor pesticides to suppress AChE concentrations in children

#### **METHODS**

- Participants: Effects of Secondary Pesticide Exposures in Infants, Children and Adolescents (ESPINA) study.
  - 313 mestizo and indigenous boys and girls, 4-10 years of age in 2008. Most were identified from participation in the Survey of Access and Demand of Health Services in Pedro Moncayo County in 2004
  - 55% cohabited with ≥1 flower plantation worker, mean duration of cohabitation= 5.2 y
  - Location: Pedro Moncayo County, Pichincha, Ecuador, an area with year-round floricultural activity

#### Measurements:

- Erythrocyte AChE and hemoglobin concentrations (EQM Testmate system: finger-stick blood sample)
- Analysis:
  - Multiple linear regression and multiple logistic regression
  - Concurrent flower worker cohabitation (dichotomous) and length of cohabitation (continuous and categorical) were analyzed
  - AChE concentrations were analyzed continuously and categorically.

Table 1. Adjusted* mean AChE concen	tration by cohabitation
status	

	ACHE Mean	
Cohabitation With	U/ml	P-Value
Flower plantation worker	3.09	0.039
Non-agricultural worker	3.19	

Table 2. Adjusted\* odds ratios (OR) of AChE concentration by flower worker (FW) cohabitation and duration of cohabitation Independent Dependent OR 95% CI 2.92 Low<sup>1</sup> AChE 1.12 - 7.63 FW Cohabitation Cohabitation Low<sup>1</sup> AChE 1.15 0.98 - 1.35 Duration (per yr) AChE Tertiles <sup>2</sup> 3rd (Ref.) 1 2<sup>nd</sup> FW Cohabitation 1.78 0.82 - 3.82 FW Cohabitation 1<sup>st</sup> 2.82 1.22 - 6.54 Cohabitation 2<sup>nd</sup> 1.07 0.94 - 1.22 Duration (per vr) Cohabitation 1<sup>st</sup> 1.23 1.07 - 1.41 Duration (per vr)

\* Adjusted for: gender, age, z-score height for age, hemoglobin concentration, parish of residence, income, pesticide use within household lot, pesticide use by contiguous neighbors.

<sup>1</sup> AChE ≤2.63 U/ml ≈ 1.2 SD below non-cohabitant mean <sup>2</sup> AChE tertiles: 1: <2.94 U/ml, 2<sup>nd</sup>: 2.94-3.32 U/ml, 3<sup>rd</sup>: >3.32 U/ml



### RESULTS

### Cohabitation with flower workers inversely associated with AChE

- Cohabitation with a flower worker was associated with a mean AChE decrease of 0.1 U/ml
  - AChE overall mean: 3.14 U/ml, SD: 0.49
- Compared to non-agricultural worker cohabitation, flower worker cohabitation was associated with 2.8 times the odds of low AChE

## Duration of cohabitation inversely associated with AChE

- Every year of cohabitation was associated with:
  - An AChE DECREASE of 0.02 U/ml (p=0.04)
  - 1.2 times the odds of AChE in lowest tertile
- Cohabitation ≥6 years was associated with 4.3 times the odds that AChE was in its lowest tertile

#### CONCLUSION

- Cohabitation with a flower worker exposed children to enough pesticide to suppress AChE activity.
- Greater AChE suppression was associated with longer cohabitation which may be explained by:
  - a) pesticide accumulation within households
  - b) decreased practice of take-home reduction methods with longer work experience

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