Job Satisfaction among Nurses, Caring for War-Victims in Sri Lanka

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Presenter Disclosures

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The following personal financial relationships with commercial interests relevant to this presentation existed during the past 12 months:

"No Relationships to Disclose"

Satisfaction and Dissatisfaction

- Factors causing job satisfaction are different from those causing job dissatisfaction
- The opposite of satisfaction is not dissatisfaction, but rather, NO-satisfaction
- Similarly, the opposite of dissatisfaction is not satisfaction, but rather, NO-dissatisfaction

Motivation – Hygiene Theory (Herzberg, 1964)

- Satisfiers are motivators and dissatisfiers are hygiene or maintenance factors
- The satisfiers relate to what a person does, while the dissatisfiers relate to the context, in which the person does what he or she does

Factors Affecting Satisfaction are Intrinsic to Job Itself, and Have a Long Term Effect

Top 6 of them, from higher to lower significance;

- 1) Achievement
- 2) Recognition
- 3) Work itself
- 4) Responsibility
- 5) Advancement
- 6) Growth

Factors Affecting Dissatisfaction are Extrinsic to Job, and Have a Short Term Effect

Top 6 of them, from higher to lower significance;

- 1) Company policy
- 2) Supervision
- 3) Relationship with boss
- 4) Work conditions
- 5) Salary
- 6) Relationship with peers

Theory of Motivation and Personality (Maslow, 1954)

- There is a general pattern of needs, recognition, and satisfaction that people follow in the same sequence usually
- Person cannot recognize or follow the next higher level need in the hierarchy until lower level need was substantially or completely satisfied → concept of prepotency

Self-actualization	morality, creativity, spontaneity, problem solving, lack of prejudice, acceptance of facts
	self-esteem, confidence, achievement,
Esteem	respect of others, respect by others
Love/Belonging	friendship, family, sexual intimacy
Safety	security of body, of employment, of resources, of morality, of the family, of health, of property
Physiological brea	athing, food, water, sex, sleep, homeostasis, excretion

Disasters and Healthcare Systems

- Increased number of disasters during last 20 years, especially in developing countries
- Health care systems have devoted extensive resources to emergency preparedness
- Health care professionals have improved awareness of their responsibility
- They make decisions, even when they themselves are at risk, to continue to care for patients

Impact of Disasters on Nurses

- Nurses can be deeply affected physically and emotionally when caring for patients in a large-scale natural or man-made disaster
- Little has been done about caring for them so far, especially in developing countries
- It is the obligation and responsibility of health care organizations and emergency preparedness programs to care for them

Nursing Profession in Sri Lanka

- All the Government Schools of Nursing offer a diploma in general nursing (3 years) → R.N.
- Nurse to Population Ratio = 1 : 1100
- Free healthcare system including tertiary care
- Transfers are arranged by the government



 Trade Union actions are very common



Methodology

- The study was performed during the last month of 26-year-long civil war of Sri Lanka
- Descriptive cross-sectional study design
- Data from 241 nurses in 2 hospitals: Teaching Hosp. Anuradhapura (233) & Base Hosp. Kabithigollewa (8)
- · Pilot study was carried out in the base hospital
- Stratified random sampling → stratified according to work-stations (departments) of each hospital
- · Self-administered anonymous questionnaire

About TH: Disaster Management

- The closest and accessible from the war-front hospital with tertiary care facilities
- Both military and civil victims were brought by airtransport due to unsafe ground transport
- Hospital has the triage system → categorizes disaster-victims into priority groups 1, 2, and 3
- During 6 months prior to data collection, hospital had managed 4697 victims (783/month)
 - − Priority group #1 \rightarrow 2977 (= 496/month)
 - Priority group #2 \rightarrow 1435 (= 248/month)
 - − Priority group #3 \rightarrow 285 (= 48/month)

Results: Overcrowding and High Turnover of the Inpatient Departments

- 3rd largest hospital of the country (1328 beds)
- Bed Occupancy Rate (#occupied-beds/#available)
 = 113.2 (the highest in Sri Lanka)
- Duration of Inpatient Stay = 4.7 days
- Bed Turnover Rate (#discharges/#beds) = 83.7
- % of nurses, NOT satisfied with their job = 65%
- NON-response rate in the study < 15%

Results: What are Associated with Low Level of Job Satisfaction? (P<0.05)

- 1) Good perceived social support (OR=5)
- 2) Working in the teaching hospital (OR=7.4)

What are Associated with Thinking of a Transfer from Department? (P<0.05)

- 1) Being integrated with triage system of war-victim management (OR=2)
- 2) Working in the teaching hospital (OR=14)
- Being married (OR=2.8) → Reason is more likely to be work related among married (OR=5)
- 4) Having more than two children (OR=3)
- 5) Overall service experience > 5 years (P<0.0001)
- 6) >1 year service in current department (P<0.0001)

What are Associated with Thinking of a Transfer from Department? (Contd.)

- 7) Cannot find a friend for cover-up duty (P<0.004)
- Cannot find a colleague in the department to discuss work-related problems (P<0.02)
- 9) Low level of self-rated work performance as a nursing professional (P<0.001)
- 10) Poor relationships with supervisors (P<0.03)
- 11) Overall working conditions are poor (P<0.004)

Conclusion

- Thinking of a transfer from the current department is a better measurement of job satisfaction than perceived job satisfaction
- Job satisfaction among nurses, who are caring for war-victims, is a function of:
 - 1) Family responsibilities
 - 2) Intensity of work in the current work-station
 - 3) Level of social support at work-station

Who Should be Addressed?

- 1) Professors, who are involved in curriculum development of Nurses' Training Schools
- 2) Policy makers and administrators in health sector planning
- 3) Continuous professional development programs in health sector
- 4) Trade unions in health sector

Especially in countries with frequent natural and politically-motivated disasters

Thank You