

Perceptions of Nursing Care in a Stroke and Heart Attack Prevention Program

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Presenter Disclosures

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Outline

- Introduction
- Methods
- Results
- Discussion
- Conclusion

Introduction

- Hypertension is important medical and public health issue
- High CVD mortality rates in US and in Georgia for African Americans
- Older adults and chronic disease management
- Importance of nursing care

Nursing literature

- Qualitative methods and patient surveys
- Medication noncompliance
- Focus on improving provider – patient communication & improving quality of nursing care in SHAPP program
- Few studies in Georgia and related to state Stroke and Heart Attack Prevention Program

Methods

- 29 semi-structured qualitative interviews
- At health department clinic
- African American patients
- Aged 55 and older
- Uncontrolled and controlled hypertension
- Given \$20.00 Walmart gift card prior to interview

Results

- Patients highly satisfied with nursing care and SHAPP program
- Felt treated with respect and compassion by nurses
- Treatment from nurses contrasted with treatment received from physicians previously

Discussion

- Supports the nursing literature findings and adds to qualitative research on SHAPP program
- Empathy and compassion important in patient care, especially in treating older adults
- Recall bias and selection bias
- Initial difficulty in recruitment at the clinic

Conclusion

- Empathy and compassion in patient care
- Holistic approach to healthcare
- Cultural sensitivity when treating older adults
- Motivating patients for health behavior change

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